

The CAGE Questionnaire – Drugs

Self-assessment tests and screening tools can be the key to identifying, understanding, and getting support for drug abuse problems. They are not designed to provide a diagnosis. If you think you or someone you know may have a drug problem, please consult a physician for a full evaluation. The goal of screening, therefore, is to determine whether a person should receive a more thorough evaluation.

The scoring is confidential and only for your eyes. The answers to the questions are scored 0 for “no” and 1 for “yes”, with a total score of 2 or greater considered indicative of an alcohol or drug problem.

The CAGE Questionnaire for drugs:

- Have you felt you ought to cut down on your drinking or drug use?
- Have people annoyed you by criticizing your drinking or drug use?
- Have you felt bad or guilty about your drinking or drug use?
- Have you ever had a drink or used drugs first thing in the morning to steady your nerves or get rid of a hangover or to get the day started?