Coverage for: Individual/Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-838-4949 or visit us at www.healthpartners.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-877-838-4949 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: \$7,800 Individual/ \$15,600 Family Out-of-network: \$20,000 Individual/ \$40,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, some preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> .  amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> .  See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	There are no other specific deductibles.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network medical/pharmacy: \$7,800 Individual/\$15,600 Family There is no out-of-network <u>out-of-pocket limit</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why This Matters:
What is not included in the out-of-pocket limit?	Premium, balance-billed charges (unless balanced billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See  www.healthpartners.com/select or call 1-877-838-4949 for a list of in- network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the in-network specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, and Other Important Information	
If you visit a health care	Primary care visit to treat an injury or illness	Primary Office Visit: 0% coinsurance Convenience Care: Not covered Virtuwell: 0% coinsurance	Primary Office Visit: 50% coinsurance Convenience Care: 50% coinsurance	Convenience Care is not available as a network service.	
provider's office or clinic	Specialist visit	0% <u>coinsurance</u>	50% coinsurance	None	
	Preventive care/screening/ immunization	No charge	50% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	0% coinsurance	50% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	0% coinsurance	50% coinsurance	None	
If you need drugs to treat your illness or condition	Generic drugs	0% coinsurance	50% <u>coinsurance</u> at retail, mail not covered	30 day supply retail / 90 day supply mail order.	

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, and Other Important Information	
More information about prescription drug coverage	Preferred brand drugs	0% coinsurance	50% <u>coinsurance</u> at retail, mail not covered	Formulary insulin covered with no member cost- sharing after a \$25 benefit cap per prescription	
is available at healthpartners.com/preferredrx	Non-preferred brand drugs	0% <u>coinsurance</u>	50% <u>coinsurance</u> at retail, mail not covered	per month.  USPTF A & B recommended preventive drugs obtained with a prescription, including OTC drugs, are covered with no member cost-sharing Any amounts paid or reimbursed by a third party including but not limited to: point of service rebates, manufacturer coupons, manufacturer debit cards or other forms of direct reimbursement to an insured for a product or service, will not apply towards deductible and/or out-of-pocket maximum, to the extent permitted under state and federal law.  Drugs and drug tiers on the formulary may change with notice.	
	Specialty drugs	0% coinsurance	Not covered	Specialty drugs are limited to drugs on the specialty drug list and must be obtained from a designated vendor.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	50% coinsurance	None	
surgery	Physician/surgeon fees	0% coinsurance	50% coinsurance	None	
If you need immediate medical attention	Emergency room care	0% coinsurance	0% coinsurance	Out-of-network services follow in-network benefits.	
	Emergency medical transportation	0% coinsurance	0% coinsurance	Out-of-network services follow in-network benefits.	
	<u>Urgent care</u>	0% coinsurance	50% coinsurance	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	0% coinsurance	50% coinsurance	None	
	Physician/surgeon fees	0% coinsurance	50% <u>coinsurance</u>	None	
	Outpatient services	0% coinsurance	50% <u>coinsurance</u>	None	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information	
If you need mental health, behavioral health, or substance abuse needs	Inpatient services	0% coinsurance	50% coinsurance	None	
	Office visits	No charge	50% coinsurance	Depending on the type of services, a copayment, coinsurance, or deductible may apply.	
If you are pregnant	Childbirth/delivery professional services	0% coinsurance	50% coinsurance	None	
	Childbirth/delivery facility services	0% coinsurance	50% coinsurance	None	
If you need help recovering or have other special health needs	Home health care	0% coinsurance	50% coinsurance	120 visits per calendar year	
	Rehabilitation services	0% coinsurance	50% coinsurance	None	
	Habilitation services	0% coinsurance	50% coinsurance	None	
	Skilled nursing care	0% coinsurance	50% coinsurance	120 days per calendar year	
	Durable medical equipment	0% coinsurance	50% coinsurance	None	
	Hospice services	0% coinsurance	50% coinsurance	Respite care is limited to 5 days and respite care and continuous care combined are limited to 30 days per episode.	
If your child needs dental or eye care	Children's eye exam	No charge	50% coinsurance	None	
	Children's glasses	0% coinsurance	Not covered	Limited to one pair of eyeglasses (lenses and frames) or one pair of contact lenses per calendar year.	
	Children's dental check-up	0% coinsurance	50% coinsurance	None	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery with the exception of port wine stain removal and reconstructive surgery
- Dental care (Adults)

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
   Routine foot care
- Non-formulary drugs without a formulary exception
- Weight loss programs

Private-duty nursing

• Routine eye care (Adult)

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

Hearing aids

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Your plan at 1-800-883-2177, or the MN Dept of Health at 651-201-5100 / 1-800-657-3916, or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.mnsure.org or call 1-855-366-7873.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Your <u>plan</u> at 1-800-883-2177 or the MN Dept of Health at 651-201-5100 / 1-800-657-3916.

## Does this <u>plan</u> provide <u>Minimum Essential Coverage</u>? Yes.

Minimum Essential Coverage generally includes <u>plan</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

## Does this <u>plan</u> meet <u>Minimum Value Standards</u>? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-838-4949.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-838-4949.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-843-3461.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-838-4949.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
<ul> <li>The plan's overall deductible</li> <li>Specialist coinsurance</li> <li>Hospital (facility)</li> <li>coinsurance</li> <li>Other coinsurance</li> </ul>	\$7,800 0% 0% 0%	■ The plan's overall deductible \$7,800 ■ Specialist coinsurance 0% ■ Hospital (facility) 0% coinsurance ■ Other coinsurance 0%		<ul> <li>The plan's overall deductible</li> <li>Specialist coinsurance</li> <li>Hospital (facility)</li> <li>coinsurance</li> <li>Other coinsurance</li> </ul>	\$7,800 0% 0%
This EXAMPLE event includes services like:  Specialist office visits (prenatal care)  Childbirth/Delivery Professional Services  Childbirth/Delivery Facility Services  Diagnostic tests (ultrasounds and blood work)  Specialist visit (anesthesia)		This EXAMPLE event includes servic  Primary care physician office visits (includes seeducation)  Diagnostic tests (blood work)  Prescription drugs  Durable medical equipment (glucose medical)	uding	This EXAMPLE event includes se Emergency room care (including me Diagnostic test (x-ray) Durable medical equipment (crutche Rehabilitation services (physical the	edical supplies) es)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800

<u>Specialist</u> visit (unestriesiu)		<u>Durable medical equipment</u> (glucose meter)			
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$7,800	<u>Deductibles</u>	\$5,400	<u>Deductibles</u>	\$2,800
<u>Copayments</u>	\$0	Copayments	\$0	<u>Copayments</u>	\$0
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$70	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$7,870	The total Joe would pay is	\$5,420	The total Mia would pay is	\$2,800



#### Statement of Nondiscrimination for Health Plan Members

#### **Our Responsibilities:**

We follow Federal civil rights laws. We do not discriminate on the basis of race, color, national origin, age, disability or sex. We do not exclude people or treat them differently because of their race, color, national origin, age, disability or sex, including gender identity and sexual orientation.

- We help people with disabilities to communicate with us. This help is free. It includes:
  - Qualified sign language interpreters
  - Written information in other formats, such as large print, audio and accessible electronic formats
- We provide services for people who do not speak English or who are not comfortable speaking English. These services are free. They include:
  - Qualified interpreters
  - Information written in other languages

#### For Language or Communication Help:

Call 1-800-883-2177 if you need language or other communication help. (TTY: 711)

# If you have questions about our non-discrimination policy:

Contact the Civil Rights Coordinator at 1-844-363-8732 or integrityandcompliance@healthpartners.com.

#### To File a Grievance:

If you believe that we have not provided these services or have discriminated against you because of your race, color, national origin, age, disability or sex, you can file a grievance by contacting the Civil Rights Coordinator at 1-844-363-8732, integrityandcompliance@ healthpartners.com or Civil Rights Coordinator, Office of Integrity and Compliance, MS 21103K, 8170 33rd Ave. S., Bloomington, MN 55425.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services Room 509F, HHH Building 200 Independence Avenue SW, Washington, DC 20201 1-800-368-1019, 800-537-7697 (TDD)

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Español (Spanish) ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-883-2177. (TTY: 711)	ພາສາລາວ (Laotian) ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-800-883-2177.(TTY: 711)
Hmoob ( <i>Hmong</i> ) LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-883-2177. (TTY: 711)	Deutsch (German) ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-883-2177. (TTY: 711)
Tiếng Việt ( <i>Vietnamese)</i> CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-883-2177. (TTY: 711)	العربية (Arabic) العربية المحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر 217 كالمجان. اتصل برقم 2177-883-800 (رقم هاتف الصم والبكم: 711
繁體中文 (Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。 請致電 1-800-883-2177.(TTY:711)	Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-883-2177. (ATS: 711)
Русский ( <i>Russian</i> ) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-883-2177. (телетайп: 711)	한국어 (Korean) 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-883-2177. (TTY: 711)
Af Soomaali <i>(Somali)</i> OGAYSIIS: Haddii aad ku hadasho afka soomaaliga, Waxaa kuu diyaar ah caawimaad xagga luqadda ah oo bilaash ah. Fadlan soo wac 1-800-883-2177. (TTY: 711)	Tagalog ( <i>Tagalog</i> ) PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-883-2177. (TTY: 711)

Page 1 of 2 Additional languages listed on page 2

Oromiffa <i>(Cushite [Oromo])</i>	Italiano (Italian)
XIYYEEFFANNAA: Afaan dubbattu Oromiffa, tajaajila	ATTENZIONE: In caso la lingua parlata sia l'italiano,
gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa	sono disponibili servizi di assistenza linguistica gratuiti.
1-800-883-2177. (TTY: 711)	Chiamare il numero 1-800-883-2177. (TTY: 711)
አማርኛ (Amharic) ማስታወሻ: የሚናኅሩት ቋንቋ አማርኛ ከሆነ የትርቱም እርዲታ ድርጅቶች፤ በነጻ ሲያግዛዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ 1-800-883-2177. (መስማት ለተሳናቸው: 711)	ภาษาไทย <i>(Thai)</i> เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-883-2177. (TTY: 711)
unD (Karen)	ελληνικά (Greek)
ဟိသူဉ်ဟိသး– နမ့်ကတိၤ ကညီ ကျိဉ်အဆိ, နမၤန္၊ ကျိဉ်အတါမၢစာၤလၢ	ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας
တလက်ဘူဉ်လက်စုၤ နီတမံးဘဉ်သူနှဉ်လီၤႉ ကီး 1-800-883-2177.	βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες
(TTY: 711)	παρέχονται δωρεάν. Καλέστε 1-800-883-2177. (ΤΤΥ: 711)
ខ្មែរ (Mon-Khmer, Cambodian)	Diné Bizaad ( <i>Navajo</i> )
ប្រយ័ក្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សោជនួយផ្នែកភាសា	Díí baa akó nínízin: Díí saad bee yáníłti'go <b>Diné Bizaad</b> ,
ដោយមិនគិកឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ	saad bee áká'ánída'áwo'dé <i>é</i> ', t'áá jiik'eh, éí ná hóló, koj <u>i</u> '
1-800-883-2177. (TTY: 711)	hódíílnih 1-800-883-2177. (TTY: 711)
Deitsch ( <i>Pennsylvanian Dutch</i> )	Ikirundi <i>(Bantu – Kirundi)</i>
Wann du Deitsch schwetzscht, kannscht du mitaus Koschte	ICITONDERWA: Nimba uvuga Ikirundi, uzohabwa serivisi
ebber gricke, ass dihr helft mit die englisch Schprooch.	zo gufasha mu ndimi, ku buntu. Woterefona
Ruf selli Nummer uff: Call 1-800-883-2177. (TTY: 711)	1-800-883-2177. (TTY: 711)
Polski <i>(Polish)</i>	Kiswahili <i>(Swahili)</i>
UWAGA: Jeżeli mówisz po polsku, możesz skorzystać	KUMBUKA: Ikiwa unazungumza Kiswahili, unaweza
z bezpłatnej pomocy językowej. Zadzwoń pod numer	kupata, huduma za lugha, bila malipo. Piga simu
1-800-883-2177. (TTY: 711)	1-800-883-2177. (TTY: 711)
हिंदी (Hindi) ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-883-2177. (TTY: 711)	日本語 (Japanese) 注意事項:日本語を話される場合、 無料の言語支援をご利用いただけます。1-800-883-217: (TTY:711)まで、お電話にてご連絡ください。
Shqip <i>(Albanian)</i>	नेपाली (Nepali)
KUJDES: Nëse flitni shqip, për ju ka në dispozicion	ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता
shërbime të asistencës gjuhësore, pa pagesë. Telefononi	सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन
në 1-800-883-2177. (TTY: 711)	गर्नुहोस् 1-800-883-2177 (टिटिवाइ: 711)
Srpsko-hrvatski <i>(Serbo-Croatian)</i>	Norsk (Norwegian)
OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge	MERK: Hvis du snakker norsk, er gratis
jezičke pomoći dostupne su vam besplatno. Nazovite	språkassistansetjenester tilgjengelige for deg. Ring
1-800-883-2177. (TTY: 711)	1-800-883-2177. (TTY: 711)
ગુજરાતી <i>(Gujarati)</i>	Adamawa <i>(Fulfulde, Sudanic)</i>
સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા	MAANDO: To a waawi Adamawa, e woodi ballooji-ma to
સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો	ekkitaaki wolde caahu. Noddu 1-800-883-2177.
1-800-883-2177.(TTY: 711)	(TTY: 711)
أردُو خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال کریں 2177-883-800 (TTY: 711).	Українська <i>(Ukranian)</i> УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-883-2177. (телетайп: 711)

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