

## Women's Health Resource Team

---

The Women's Health Resource Team is a team of mental health professionals just for women. Whether you need a counselor, educator, advocate or just a good listener, they can help.

Supportive advice and guidance can help you sort out confusing issues. It can be the first step in helping you understand your personal, health-related concerns. The Women's Health Resource team can offer suggestions for change and recovery. This can include counseling, educational materials, and referrals. They can provide decision-making support and help you develop coping skills.

Support services are offered for:

- Premenstrual syndrome (PMS)
- Reproductive organ surgery or loss
- Infertility
- Abnormal pregnancy development
- Unplanned pregnancy
- Menopause
- Sexual dysfunction
- Postpartum depression
- Pregnancy loss

### Appointments

These providers are available at two clinics. Call 952-967-7992 to make an appointment.

- Karen Kramer, LICSW      HealthPartners West Clinic (St. Louis Park)
- Sharon Engdahl, LICSW      HealthPartners Regions Behavioral Health Maplewood