

INTEGRATED HOME CARE

POSITION DESCRIPTION: PHYSICAL THERAPY ASSISTANT

PRIMARY OBJECTIVE

The Physical Therapy Assistant is responsible for providing physical therapy treatments under the supervision of a qualified Physical Therapist in accordance with the Plan of Care.

MAJOR AREAS OF ACCOUNTABILITY

- Performs physical therapy procedures in the client's home, as prescribed by the physician and supervised by a qualified Physical Therapist
- Administers non-complex therapeutic exercises, therapeutic massage, traction, heat, light, cold, water and electrical modalities to clients with relatively stable conditions
- Instructs, motivates, and assists clients in learning and improving functional activities
- Teaches basic principles of good posture and body mechanics in relation to changing needs of individuals in all age groups
- Instructs patient and family members on the proper use of prosthetic devices
- Helps client utilize the resources of their community and family
- Observes client's progress and response to treatment and reports findings to the Physical Therapist
- Reports changes in the client's condition to the supervising Physical Therapist
- Modifies Plan of Treatment, as authorized by the physician, after subsequent authorization, instruction and supervision by the Physical Therapist
- Prepares clinical notes and progress reports, documenting physical therapy treatments performed, and submits them for review to the supervising Physical Therapist
- Communicates effectively with all members of the interdisciplinary team

QUALIFICATIONS/REQUIREMENTS

Must have solid knowledge of principles and practices of physical therapy, good written and verbal communication skills, ability to develop good interpersonal relationships with patients, staff and other healthcare providers and the ability to work with patients in a home setting.

Education and/or Experience:

- Graduate of a two-year college level program approved by the American Physical Therapy Association
- Licensure as a Physical Therapy Assistant with the State of Minnesota
- Minimum one year experience as a Physical Therapy Assistant