

# Allergy Testing Immunotherapy

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## Administrative Process

Does not require prior approval.

## Definitions

**Sublingual immunotherapy (SLIT)** refers to allergy testing and treatment performed under the tongue (sublingual). (See indications that are not covered.)

## Coverage

Allergy testing is generally covered subject to the indications listed below. Testing methods not generally considered standard medical procedure are generally not covered. - See the indications section below.

Immunotherapy (desensitization) is generally covered as long as it is consistent with generally accepted standard medical procedure.

## Indications that are covered

1. RAST testing
2. Puncture tests (scratch, puncture, pricks)
3. Patch application tests
4. Intradermal tests
5. Provocative testing for antibiotics and biologicals

## Indications that are not covered

1. Cytotoxicity testing (Bryans test)
2. Urine autoinjection (autogenous urine immunization)
3. Skin titration (rinkel method)
4. Provocative and neutralization testing that is done subcutaneously
5. Provocative testing done **sublingually (SLIT)** (including the drop bottle for sublingual allergy)

## Products

These coverage criteria apply to:

- All commercial products underwritten by HealthPartners and/or its related organizations not specifically excepted below.
- Some HealthPartners Care or MSHO (Minnesota Senior Health Options) products not specifically excepted below.
- All self-insured products administered by HealthPartners and/or its related organizations unless the applicable Summary Plan Description indicates otherwise. Members may check with the HealthPartners Member Services department to verify the coverage by your health plan.
- Some individual or group products underwritten by HealthPartners Insurance Company (e.g., NationalONE, Major Medical, Out of Network), except that limits on where the procedure may be performed may not apply.
- Members may check with the HealthPartners Member Services department to verify the coverage by your health plan.

These coverage criteria may not apply to Medicare Products if Medicare requires different coverage:

- HealthPartners Medicare Products include:
  - HealthPartners Classic products
  - HealthPartners Freedom products
  - HealthPartners Senior Health Advantage products
  - HealthPartners Medicare Supplement Plan products



- For more information regarding Medicare coverage criteria or for a copy of a Medicare coverage policy contact Member Services at 952-883-7979 or 800-233-9645.

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