

# E-Visits and Convenience Clinics



## The care you need at your convenience

Sometimes it seems like there are not enough hours in a day to get everything done — including going to the doctor. That's why HealthPartners offers you other ways to “see” the doctor with E-Visits and convenience clinics.

### E-Visits

Do you ever wish you could e-mail your doctor instead of going in to the clinic? You can with some of our doctors – for some types of care. Instead of taking time off work or school to see your doctor, you may be able to have your “visit” over a secure Web site.

### When To E-Visit

E-Visits can be used for managing ongoing health issues and should not take the place of urgent care or emergency care.

Use E-Visits for:

- Managing blood sugar checks and insulin changes
- Tracking blood pressure readings
- Ongoing care for Asthma
- Treating some chronic conditions

### Convenience Clinics

Did you know that you can run errands and visit the doctor — all in one stop? Many convenience clinics like Target Clinic and MinuteClinic are located at Target, Cub Foods, CVS/pharmacies and shopping malls.

When you stop in, a certified practitioner can diagnose and treat many common illnesses for patients 18 months and older. Convenience clinic practitioners can also write prescriptions if necessary.

### Find a Convenience Clinic or E-Visit Provider

To see the growing list of convenience clinics or providers that offer E-Visits, do an advanced search for a clinic at [healthpartners.com](http://healthpartners.com). On the advanced search page, click “Convenience Care” in the Specialty menu or “E-Visit” in the Clinic Services menu.

### Visit convenience clinics for a variety of issues including:

#### Common Illnesses like:

- Allergies
- Bladder Infections
- Bronchitis
- Ear and Sinus Infections
- Pink Eye and Styes
- Strep Throat

#### Skin Conditions like:

- Athlete's Foot
- Cold Sores
- Minor Skin Infections & Rashes
- Poison Ivy
- Wart Removal

#### Vaccines including:

- Diphtheria, Tetanus, Pertussis
- Flu & Pneumonia (Seasonal)
- Hepatitis A & B
- Meningitis
- Measles, Mumps, Rubella
- Polio

#### Additional Services:

- Flu Diagnosis
- Mononucleosis
- Pregnancy Testing

To learn more, please visit [healthpartners.com](http://healthpartners.com) or call Member Services at 952-883-5000 or toll-free at 1-800-883-2177.