



A workout for you, not your wallet

HealthPartners members get a special fitness discount program with GlobalFit. GlobalFit offers discounts for memberships at over 10,000 health clubs across the country. You can save up to 60 percent on a new membership.

Plus, you can use their online weight-loss programs, exclusive discounts on home exercise equipment, health coaching and more.

GlobalFit is great for your entire family, too. The program is open to your immediate family members, including your spouse and dependent children (ages 18-23) who are in school or living at home. Different membership options mean that everyone in your family can find a plan that fits their needs.

How to get started:

- 1 Find a club. Visit globalfit.com/healthpartners and enter your ZIP code.
- 2 Select your club from the search results.
- 3 Register for a FREE account and select the type of membership you want — or request a guest pass from a club you want to try out.

You'll get discounts on new member fees and up to 60 percent off monthly dues. And there's no minimum number of workouts required.

These special GlobalFit rates are available only to HealthPartners members and are not offered through the fitness clubs or to the general public.



With GlobalFit, you choose from over 10,000 clubs across the country, including clubs like:

- Bally Total Fitness
- Curves
- Fitness Formula
- Ladies Workout Express
- The Sports Clubs of Boston, New York, Philadelphia and Washington
- And more!

America's health experts recommend getting 30 minutes of *moderate* activity most days of the week.



For more information

- Call GlobalFit at **1-800-294-1500**
- Visit globalfit.com/healthpartners
- Members can visit the "Healthy Discounts" page at healthpartners.com

The HealthPartners family of health plans are underwritten and/or administered by HealthPartners, Inc., Group Health, Inc., HealthPartners Insurance Company or HealthPartners Administrators, Inc. Fully insured Wisconsin plans are underwritten by HealthPartners Insurance Company.

GlobalFit eligibility is limited to immediate family members, including spouse and dependent children under the age of 23 in school or living at home. Limit of one family membership per household. Some restrictions apply. See globalfit.com for program details. HealthPartners reserves the right to modify or discontinue its discount programs at any time.

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