

Holistic Medicine

These services may or may not be covered by all HealthPartners plans. Please see your plan documents for your own coverage information. If there is a difference between this general information and your plan documents, your plan documents will be used to determine your coverage.

Administrative Process

Does not require prior approval.

Coverage

Generally not covered except as per the indications listed below.

Indications that are covered

Diagnostic procedures, physical examinations, and treatments that are considered proven standards of care established by the medical community and meet medical necessity criteria.

Indications that are not covered

1. Vitamins, nutritional supplements, or specially grown and prepared foods.
2. Hair and finger nail analysis for mineral or trace mineral deficiencies.
3. Chelation therapy for treatment of atherosclerosis or shark cartilage for treatment of cancer.

Definitions

Holistic medicine considers that a patient must be treated as a whole rather than as a collection of isolated symptoms and complaints. Both mental and physical ailments are said to be the results of one or several of the following: imbalances in the blood, imbalances in certain hormone deficiencies, in trace minerals or vitamins, unsuspected allergies to the environment, dental stress, or poor skeletal alignment. Some examples of holistic medicine are vitamin therapy and trace mineral therapy.

Products

This information is for most, but not all, HealthPartners plans. Please read your plan documents to see if your plan has limits or will not cover some items. If there is a difference between this general information and your plan documents, your plan documents will be used to determine your coverage. This information is not the same for Medicare. If you have questions or would like help, please call Member Services at 952-883-7979 or 1-800-233-9645.

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