

Holistic Medicine

Administrative Process

Does not require prior approval.

Definitions

Holistic medicine considers that a patient must be treated as a whole rather than as a collection of isolated symptoms and complaints. Both mental and physical ailments are said to be the results of one or several of the following: imbalances in the blood, imbalances in certain hormone deficiencies, in trace minerals or vitamins, unsuspected allergies to the environment, dental stress, or poor skeletal alignment. Some examples of holistic medicine are vitamin therapy and trace mineral therapy.

Coverage

Generally not covered except as per the indications listed below.

Indications that are covered

Diagnostic procedures, physical examinations, and treatments that are considered proven standards of care established by the medical community and meet medical necessity criteria.

Indications that are not covered

1. Vitamins, nutritional supplements, or specially grown and prepared foods.
2. Hair and finger nail analysis for mineral or trace mineral deficiencies.
3. Chelation therapy for treatment of atherosclerosis or shark cartilage for treatment of cancer.

Products

Consult your plan documents (Membership Contract, Summary Plan Description [SPD], Evidence of coverage [EOC] or similar plan document) to determine governing contractual provisions, including exclusions and limitations relating to your specific plan. These guidelines apply to most, but not all, plans offered by HealthPartners. We strive to ensure that the contents of this site are correct and complete, but to verify your benefits, please check your contract or SPD, or contact Member Services. In the event of a conflict between your specific plan documents and this general information, the plan documents will govern. These coverage criteria may not apply to Medicare Products if Medicare requires different coverage. For more information regarding Medicare coverage criteria or for a copy of a Medicare coverage policy contact Member Services at 952-883-7979 or 800-233-9645.

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