

Esophageal manometry and pH instructions

You are going to have an esophageal manometry and pH test done. Before the test, you must stop taking the medications that are listed here.

- Stop taking the following medications **five** days before the study
 - Reglan
 - Erythromycin
 - Morphine
 - Codeine
 - Zofran
 - Methadone
 - Zelnorm

- If you are diabetic and take any form of insulin, check with your primary doctor to learn how you should take your insulin during these five days. If you take medicine by mouth for diabetes, do not take your morning dose the day of your test.

- **Do not eat or drink for eight hours before the test.**

- If you have a defibrillator or pacemaker, tell the Digestive Care Center before the test. They will have to make some changes for you.

Please call **(651) 254-8600** with any questions.

The Digestive Care Center is a department of Regions Hospital.