



Asthma and COPD Resource Information

Visits are available with the Respiratory Nurse Clinician for patients who are seen at HealthPartners Clinics and need asthma or COPD education.

Information covered includes:

- What is asthma/COPD?
- Triggers/irritants and prevention tips
- Medications
- Review of inhaler technique
- Monitoring- peak flow/symptoms
- Asthma Action Plan

To schedule a visit with the Respiratory Nurse Clinician, please call (952) 967- 7886.