

Disease and Condition Management



Helping you manage your health

If you have a disease or condition impacting your health, we're here to help. HealthPartners CareSpan® disease management services are free for eligible members, voluntary and confidential. These personalized programs provide you with valuable support to help you manage your health.

How the program works

Our disease and condition management programs are tailored to your needs and health condition. We will invite you to participate in the program that is right for you. Services available to you include:

- Mailed information and resources specific to your condition
- Online tools and resources for additional support

Depending upon your health status and needs, you may be contacted by phone by a personal health coach who is knowledgeable about your condition.

Your personal health coach will work one-on-one with you over the phone to help you:

- Better understand your role in managing your disease or condition
- Manage medical, personal and emotional issues
- Improve communication and relationships with your doctor and pharmacist
- Understand and take your medications as prescribed
- Get the support you need
- Make healthy lifestyle choices

HealthPartners has disease and condition management programs for members with the following conditions:

- Asthma
- Cancer
- Coronary artery disease (CAD)
- Chronic obstructive pulmonary disease (COPD)
- Depression and alcohol use disorder
- Diabetes
- Healthy Pregnancy
- Heart failure

Rare and chronic diseases, including:

- Amyotrophic lateral sclerosis (ALS)
- Chronic inflammatory demyelinating polyradiculoneuropathy (CIDP)
- Cystic fibrosis
- Dermatomyositis
- Gaucher's disease
- Hemophilia
- Multiple sclerosis
- Myasthenia gravis
- Parkinson's disease
- Polymyositis
- Rheumatoid arthritis
- Scleroderma
- Sickle cell disease
- Systemic lupus erythematosus (SLE)



For more information, call HealthPartners Member Services at 952-883-5000, 1-800-883-2177 or 952-883-5127 (TTY). You can find more information on our disease and condition management programs, and even self refer into the program, by visiting healthpartners.com.