



## Great dental benefits to improve your health

Your dental health is important to us, and that's why we offer these benefits:

- Enhanced coverage above and beyond standard plan benefits for periodontal (gum) services, such as extra cleaning, scaling and root planing for pregnant and diabetic members.
- Coverage of dental implant prosthetics, as well as the surgical portion of treatment.

### Periodontal benefit

HealthPartners understands the connection between good oral and overall health. For those who are pregnant or diabetic, studies suggest that:

- Early treatment for pregnant women with gum disease reduced preterm births by 84 percent.
- Diabetics who have their teeth professionally cleaned are better able to control blood glucose levels. Controlling this helps prevent additional problems.
- One study says that early gum treatment cut diabetes medical costs by 9 percent.

### Dental implants

In some cases dental implants are your best bet. While a bridge to replace a missing tooth fills the empty space left behind, it means the two healthy teeth on each side of the missing tooth become supporting posts for the bridge. These two support teeth now face an increased risk of future problems such as root canals, decay or getting pulled. A dental implant to replace a tooth leaves healthy teeth whole.

Implants that are used and maintained properly by the patient can last a lifetime. Traditional crowns, bridges and dentures sometimes require replacements or adjustments. Plus, you'll have the confidence of a beautiful, natural-looking tooth.

Looking out for your health



To learn more about us, visit [healthpartners.com](http://healthpartners.com) or call Member Services at 952-883-5000, toll-free at 1-800-883-2177 or 952-883-5127 TTY.