

## Participating *Freedom* Frequent Fitness Locations

Group	Club	Address	City	Phone
YMCA	Albert Lea Family YMCA	2021 W Main Street	Albert Lea, MN 56007	507-373-8228
YMCA	Andover YMCA Community Center	15200 Hanson Boulevard	Andover MN 55304	763-230-9622
YMCA	Blaisdell YMCA	3335 Blaisdell Avenue S	Minneapolis, MN 55408	612-827-5401
YMCA	Brainerd Family YMCA	602 Oak St	Brainerd, MN 56401	218-829-4767
YMCA	Chain of Lakes YMCA	7690 Village Drive	Lino Lakes, MN 55014	651-795-9622
YMCA	Downtown YMCA	30 S 9th Street	Minneapolis, MN 55402	612-371-8740
YMCA	Duluth Area Family YMCA	302 W First St	Duluth, MN 55802	218-722-4745
YMCA	East St. Paul YMCA	875 Arcade Street	St. Paul, MN 55106	651-771-8881
YMCA	Elk River YMCA	13337 Business Center Drive	Elk River, MN 55330	763-230-2800
YMCA	Emma B. Howe Northeast YMCA	2304 Jackson St. NE	Minneapolis, MN 55418	612-789-8803
YMCA	Emma B. Howe Northtown Family YMCA	8950 Springbrook Drive NW	Coon Rapids, MN 55433	763-785-7882
YMCA	Fargo-Moorhead Family YMCA	400 1st Ave S	Fargo, ND 58103	701-293-9622
YMCA	Hastings YMCA	85 Pleasant Drive	Hastings, MN 55033	651-480-8887
YMCA	Hiawatha YMCA	4100 28th Ave S	Minneapolis, MN 55406	612-729-7397
YMCA	Kandiyohi County Area Family YMCA	1000 Lakeland Dr. SE	Willmar MN 56201	320-222-9622
YMCA	Marshall Area YMCA	200 South A Street	Marshall, MN 56258	507-532-9622
YMCA	Midway Family YMCA	1761 University Avenue	St. Paul, MN 55104	651-646-4557
YMCA	Minnesota Valley Family YMCA	13850 Portland Avenue S	Burnsville, MN 55337	952-898-9622
YMCA	Northeast Family YMCA	2100 Orchard Lane	White Bear Lake, MN 55110	651-777-8103
YMCA	Northwest Family YMCA	3760 Lexington Avenue N	Shoreview, MN 55126	651-483-2671

YMCA	Northwest YMCA	7601 42nd Avenue N	New Hope, MN 55427	763-535-4800
YMCA	Red Wing Family YMCA	434 Main Street	Redwing, MN 55066	651-388-4724
YMCA	Ridgedale YMCA	12301 Ridgedale Dr.	Minnetonka, MN 55305	952-544-7708
YMCA	River Falls Area YMCA	439 West Maple Street	River Falls, WI 54022	715-425-9778
YMCA	River Valley YMCA	3575 North Berens Rd NW	Prior Lake, MN 55379	952-230-3622
YMCA	Rochester Area Family YMCA	709 1st Ave SW	Rochester, MN 55902	507-287-2260
YMCA	Skyway YMCA	194 6th Street E	St. Paul, MN 55101	651-292-4143
YMCA	South Family YMCA	150 Thompson Avenue E	West St. Paul, MN 55118	651-457-0048
YMCA	Southdale YMCA	7355 York Avenue S	Edina, MN 55435	952-835-2567
YMCA	Southeast Area YMCA	2175 Radio Drive	Woodbury, MN 55125	651-731-9507
YMCA	Southwest Area YMCA	550 Opperman Drive	Eagan, MN 55123	651-456-9622
YMCA	St Cloud Area Family YMCA	1530 Northway Drive	St. Cloud, MN 56303	320-253-2664
YMCA	St Croix Valley YMCA	2211 Vine Street	Hudson, WI 54016	715-386-1616
YMCA	University YMCA	1801 University Ave. SE	Minneapolis, MN 55414	612-676-7700
YMCA	Winona Family YMCA	207 Winona Street	Winona, MN 55987	507-454-1520
YMCA	Worthington Area YMCA	211 11th Street	Worthington, MN 56187	507-376-6197
YMCA	YMCA of Austin	704 1st Drive NW	Austin, MN 55912	507-433-1804
YWCA	Downtown Minneapolis YWCA	1130 Nicollet Mall	Minneapolis, MN 55403	612-332-0501
YWCA	Midtown Minneapolis YWCA	2121 E. Lake Street	Minneapolis, MN 55407	612-215-4333
YWCA	St. Paul YWCA Health and Fitness Center	375 Selby Avenue	St. Paul, MN 55102	651-225-9922
YWCA	Uptown Minneapolis YWCA	2808 Hennepin Avenue	Minneapolis, MN 55408	612-874-7131