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## About Regions Hospital

Established in 1872, Regions Hospital is a private, not-for-profit organization. The hospital provides health care services in St. Paul and its surrounding communities, as well as for patients who come from throughout Minnesota, western Wisconsin and other Midwestern states. Regions is part of the HealthPartners family of care.

### Part of HealthPartners family of care.

HealthPartners also has medical and dental health plans with 1.3 million members, 25 HealthPartners medical clinics, 16 HealthPartners dental clinics, HealthPartners Research Foundation, HealthPartners Central Minnesota Clinics, Hudson Hospital and Clinics, Westfields Hospital, HealthPartners Institute for Medical Education, and HealthPartners pharmacy services. Regions is the largest private employer in St. Paul with 3,360 full time staff members and 647 physicians on the active medical staff.

### Certified Level I Trauma Center for adults & children.

Regions is one of only four Level I Trauma Centers for Adults in Minnesota and one of only two Level 1 Pediatric Trauma Centers in Minnesota.

### Nationally recognized burn center.

The Burn Center at Regions Hospital was one of the first in the nation and is one of three specialized burn centers in Minnesota.

### Broad range of specialty care.

Regions Hospital staff includes 700 HealthPartners Medical Group physicians and other providers who offer more

specialty services including cardiology, cancer care, orthopaedics, neurology, sleep medicine, physical medicine and rehabilitation, ob/gyn, palliative care and care for Alzheimer's and dementia.

### Averages about 75 percent bed occupancy.

Regions Hospital has 454 licensed beds with an average daily inpatient census of 316. Regions emergency department had more than 70,000 visits in 2009. The Medical Resource Control Center (MRCC) for the east metro, providing ambulance service communications, is located in Regions Hospital's emergency department.

### Largest provider of mental health services.

Regions Hospital has the largest number of mental health beds (96) of any hospital in the east metro.

### Second largest provider of charity care.

Regions is one of two safety net hospitals in Minnesota, dedicated to caring for all patients regardless of their ability to pay. In 2008, Regions provided uncompensated care for 27,000 patients.

### Strong commitment to medical education.

The Regions Hospital emergency medicine residency program is sponsored by the HealthPartners Institute for Medical Education (IME), which has a formal affiliation agreement with the University of Minnesota.

### Award winning care.

Regions is rated as one of the nation's "Highest Value" hospitals by the Leapfrog Group, an independent group that measures the quality and safety of care. The Regions Hospital stroke program has been awarded the Silver Performance Achievement Award by the American Stroke Association and it is a Thomson-Reuters Top 100 Heart Hospital. Regions also won four 2010 Minnesota Hospital Association awards, including Best Minnesota Hospital Workplace in the large hospitals category.

### Net margin less than three percent of revenue.

Regions Hospital net margin was \$14 million in 2009, 2.7 percent of revenue which is a smaller margin than that of other metro area hospitals.

## Specialized Services

**Behavioral Health** provides mental health services on an inpatient and outpatient basis, including alcohol and drug abuse programs for adults and teens.

**The Birth Center** has physicians, certified nurse midwives, nurses and certified lactation consultants who deliver a safe and healthy birth experience.

**The Breast Health Center** offers a comprehensive range of services, including the latest in diagnostic technology and treatment therapies in a comforting, patient-centered environment.

**The Burn Center** is nationally recognized and verified as a regional burn center.

**The Cancer Care Center** offers multi-disciplinary care in one convenient location. Services include diagnostic, oncology, hematology, radiology, surgery and pharmacy, as well as patient education and support groups.

**Center for Dementia and Alzheimer's Care** provides family-centered dementia care that augments the groundbreaking research conducted by the Alzheimer's Research Center.

**The Digestive Care Center** provides diagnostic procedures and therapeutic interventions for gastrointestinal and pulmonary system disorders.

**The Emergency Center** provides care of the ill and injured in a state-of-the-art facility featuring private, comfortable rooms.

**The Heart Center** offers a full range of services to treat heart disease including diagnosis and treatment, cardiac surgery, critical care and cardiac rehabilitation. The Heart Center features cutting-edge technology, including digital, biplane cardiac catheterization suites and da Vinci robotic technology.

**The Level I Trauma Center** provides the most critically injured patients with the highest level of care available in the east metro and western Wisconsin.

**The Level I Pediatric Trauma Center** provides critically injured children with the highest level of care available in the region. Regions was the first hospital in the upper Midwest to earn this certification.

**Neurosciences** provides complete care for all neurological conditions including brain tumor surgery, spine surgery and treatment of other related spinal, neurological and cerebrovascular problems. It also includes work with Alzheimer's research, which focuses on improved treatments and identifying a cure.

**Orthopaedics** offers the latest techniques and equipment to treat patients with chronic problems, acute injuries and sports-related conditions.

**Palliative Care** supports patients who are in any state of chronic disease or life-threatening illness, including those who may still be receiving curative or life-prolonging treatment.

**Radiation Therapy** offers comprehensive consultation and radiation treatments for inpatients and outpatients.

**The Rehabilitation Institute** combines physical medicine and rehabilitation services for inpatients and outpatients.

**The Stroke Center** is nationally-certified and focuses on the urgent needs of stroke patients to make sure treatment is provided timely, when it matters most.

**The Surgery Center** offers laser and micrographic skin surgery, same-day surgery, plastic and reconstructive surgery, heart surgery, neurosurgery, orthopaedic surgery, eye surgery including laser and radial keratotomy, general surgery, burn surgery, vascular surgery and trauma surgery.

### The Facts

	2009	2008
Licensed Beds	454	443
Available Beds	426	426
Admissions	24,477	24,507
Average Length of Stay (Days)	4.7	4.8
Patient Days	115,404	117,674
Average Daily Census	316	322
Percentage Occupancy	74.2	75.9
Emergency Center Visits	70,881	66,832
Newborn Deliveries	2,329	2,454
Clinic Procedures	39,074	35,252
The Surgery Center Cases	11,549	10,929
HP Same Day Surgery Center Cases	7,781	6,794
Radiological Procedures	192,339	267,369
Full-time Equivalents (FTEs)	3,360	3,386
Volunteer Hours	60,402	58,277
Active Medical Staff	647	646
Medical Staff (Physicians with Privileges)	855	907
Resident Physicians (FTEs)	129	127
Revenues (thousands)	521,229	\$ 492,691
Expenses (thousands)	503,452	\$ 488,580

\*\* Data 2009 and 2008 – all numbers are historical and subject to change after publication date

### Mission

Our mission is to improve the health of our patients and community by providing high-quality health care that meets the needs of all people.

### Vision

Our vision is to be the patient-centered hospital of choice for our community.

