

# Wheelchair Seating and Mobility Clinic

Wheelchair seating and mobility is a specialized area of rehabilitation medicine. At Regions Hospital Rehabilitation, we have physical therapists that are highly trained in seating assessments. Our goal is to help you achieve optimal mobility and function by selecting and fitting you with the equipment that is best suited for your needs.

## Basic to complex assessments

We offer basic to complex seating assessments. An initial examination will evaluate the following:

- Balance and coordination
- Mobility and range of motion
- Sensation and skin integrity
- Strength and muscle tone

More complex seating assessments are needed if you have a medical condition that requires communication devices, alternate drive controls or other specialized equipment. Conditions include:

- Congenital disorders
- Multiple sclerosis
- Spinal cord injury
- Stroke
- Traumatic brain injury
- Other neurological conditions

The results of your assessment will be used to determine an individualized plan for you.

## Help in selecting a wheelchair and equipment

Our therapists work with trained adaptive seating specialists and durable medical equipment providers to determine the most appropriate, safe and updated wheelchairs and adaptive equipment available. In most cases, a home evaluation and trial are required for insurance coverage. Once you have been fitted with a wheelchair, we offer seating adjustments and modifications as needed.



---

We'll help ensure the proper fit and function of your wheelchair.

---

## Insurance coverage information

A referral from your doctor is required in order to be seen by one of our seating and mobility specialists. A face-to-face visit with your doctor to discuss your mobility is also required by most health plans. If you have questions, please call the phone number on the back of your health plan card.

## Directions and parking

Regions Hospital is located at the intersection of Jackson Street and University Avenue, just a few blocks away from the State Capitol and the junction of Interstates 94 and 35E. There are two parking ramps and valet parking off of Jackson Street. For automated directions, call **651-254-2377**. Parking and directions are also available at [regionshospital.com](http://regionshospital.com).

## More information

For more information or questions, call Regions Hospital Rehabilitation at **651-254-3200**.

### Regions Hospital Rehabilitation

640 Jackson St.  
St. Paul, MN 55101

**651-254-3200**

[regionshospital.com/rehabilitation](http://regionshospital.com/rehabilitation)