

Driving Ability Program

HELPING YOU REGAIN AS MUCH INDEPENDENCE AS POSSIBLE



Being able to drive is an important part of maintaining your independence. At the Driving Ability Program, we provide clinical pre-driving screens and on-the-road evaluation to determine your safety level when operating a motor vehicle.

We then partner with you to create a personalized plan that will maximize your safety and independence on the road and help you maintain community mobility.

Improve your driving skills

Our therapists are specially trained in evaluating and instructing people who have conditions that may impair their ability to drive safely. Some of those conditions include:

- Age challenges
- Amputation
- Dementia/Alzheimer's disease
- Developmental disabilities
- Multiple sclerosis
- Parkinson's disease
- Traumatic brain injury
- Stroke
- Other

We offer instruction in these areas

- On-road evaluation and instruction
- Traffic rules
- Signs and pavement markings
- Visual habits
- Navigation skills
- Awareness of road and critical events
- Training to use driving aids such as hand controls, steering options and foot pedal adaptations, if required

How our evaluations work

With each driver, we will evaluate the following:

- Vision
- Cognitive skills
- Reaction time
- Physical skills
- Driving skills using a driving simulator



Behind the wheel training

We use a sedan equipped with state-required safety equipment and assistive driving devices, if needed.

Driving routes in your neighborhood or community are available if you live within 30 minutes of Regions Hospital.

Our focus on safety includes helping you to master the following skills:

- Basic vehicle operation
- Ability to manage various common driving experiences

On your side

Our staff is committed to the safety of our patients and community. We can help you obtain, maintain or reinstate your Class D driver's license, or we will work with you to find alternative transportation options in your community if driving is no longer safe for you.

Insurance coverage information

Pre-driving evaluations are generally covered by health insurance. For most patients, a referral from your health care provider is needed. Please note, behind-the-wheel evaluations are not covered by health insurance.

For more information

To schedule an appointment or for more information, call 651-254-3200.

Directions and parking

The HealthPartners Neuroscience building is located at the intersection of Phalen Boulevard and Olive Street, just down the street from the HealthPartners Specialty Centers.

Parking is free in the ramp attached to the building.

