**Health assessment introduction for internal communications**

**Better health. Here, there and everywhere.**

A healthier community starts with healthy individuals. Now, you can even take your health assessment and earn your [reward] right from your phone. Get started today!

**Assess your health. Start your journey.**

If you’re feeling a little lost on your health journey, your health assessment will help you understand where you are today and guide you on your path toward better health. It’s like Google Maps® for your personal health.

In just 10 minutes, you’ll get your action plan for better health, including:

* A summary of your health assessment results and where you rank compared to your peers
* A detailed and personalized health potential report
* Recommendations and resources to help you better manage your health and reach your goals

Whether you want to lose weight, sleep better, stress less, better manage a health condition or maintain your health, your health assessment can help you get started or jumpstart your current routine. And, you’re not alone! Other [insert community name here] employers are encouraging their employees to take their heath assessment to participate in community-wide well-being opportunities. You are surrounded by a community working on improving health initiatives.

**Let’s get started!**

You probably have your phone handy, so let’s get going:

* Go to **healthpartners.com/wellbeing**
* Enter your information or [***Register now***](https://www.healthpartners.com/wellbeing/register-company.html)
* Log on, complete your health assessment, click ***Finish***
* ***Download your results*** and chart a course toward better health

**Need to set up an account?**
It only takes a minute. Use the ***Register now*** link to get started. You’ll need to use [name] for Company name and have your [member ID/employee ID] handy.

**Questions?**

If you have questions or need help logging on, call HealthPartners at **800-311-1052.**