

The Phoenix Program - A structured outpatient group therapy program for adults

Life can be hard, and at times we all need extra support. Amery Hospital & Clinic's Behavioral Health Center offers a place of comfort where you can get the care you need.

The Phoenix Program

The phoenix is a mythical bird that symbolizes renewal. The goal of the Phoenix Program is to give those struggling with mental health concerns the help and support they need to start anew.

Hope Rises Like a Phoenix

Programming and Services

The Structured Outpatient Program (SOP) Phoenix Program offers mental health care for adults (18+) who need more support than weekly therapy. The program meets Monday, Wednesday, and Friday with the choice of meeting in the morning or afternoon. Patients meet at the same time all three days for six weeks to learn new skills to improve emotions, relationships, and mental health.

Services Include:

- Individual Treatment Planning
- Psychiatric Services
- Group Therapy
- Individual/Family Therapy as needed
- Medication Management if needed

Referrals and Assessments

Anyone can refer to the program. It starts by meeting with a psychiatrist and a clinical therapist to make a treatment plan based on your needs.

Affording Care

Services are covered by most insurance plans, including Medicare. Your insurance may require you to pay some of the costs such as a co-pay. Please check with your insurance so you know how much treatment may cost you.

Call 715-268-0060 to schedule an appointment.