



# Park Nicollet Foundation

Our mission is to improve the health and well-being of our patients, families, and community through partnerships and philanthropy.

**Park Nicollet Foundation** exists to fund the margin of excellence—to provide the support and partnership to take our patient experience from excellent to extraordinary.

**Park Nicollet Foundation** is a 501(c)(3) charitable organization, and all contributions are tax-deductible to the full extent allowed by law.

**Park Nicollet Health Services** covers all foundation administrative costs, so 100% of your gift goes directly to the program area you choose.

## Fundraising and granting focused in three key areas:

### PATIENT & FAMILY EXPERIENCE

General and area-specific patient special needs funds to ensure access for things not covered by insurance

### RESEARCH & INNOVATION

Research, new innovative services and programs pilots

### COMMUNITY PARTNERSHIPS

Strategic partnerships to improve access to care and services where they are most needed, most often provided at no cost

## AREAS OF FOCUS

### Area of Greatest Need Fund



Unrestricted gifts to the Park Nicollet Foundation Area of Greatest Need Fund go where they're needed most, helping support the most immediate and urgent needs of the people we serve.

With your contributions, we're able to respond quickly and flexibly to provide crucial resources that help promote health and well-being.

**\$1,763,065 in grant funding** in 2024

### Grants



Park Nicollet Foundation remains dedicated to addressing the ever-evolving needs of our patients, staff, and community. The generosity of our supporters empowers us to continue making meaningful impacts through grants that enhance care, provide critical services, and foster innovation.

Together, we are building a healthier, more compassionate future, ensuring that every patient, regardless of their circumstances, receives the support and care they deserve.

**\$20M in grants awarded** in 2024

### Volunteerism



Volunteers are vital to our mission of improving the health and well-being of our patients, families and community.

Giving their time and talent, they enhance the experiences of thousands of people across Park Nicollet clinics, specialty centers, and Methodist

Hospital with warm welcomes, compassion, crafts, music, and so much more.

**90,838 hours of support** provided by **687 volunteers**  
**\$2.86M value of support** provided by volunteers

### Caring for Colleagues



The Park Nicollet Foundation Caring for Colleagues Fund is supported by generous contributions and provides confidential, emergency assistance to Park Nicollet Health Services employees who suffer sudden economic hardship.

Grants from the fund support employees as they navigate needs including mortgage or rent assistance, funeral or burial expenses, utilities or other essential services.

**55 colleagues supported**

## AREAS OF FOCUS (Continued)

### Birth Center



The Methodist Hospital Family Birth Center is a safe, welcoming place for mothers to deliver their babies and Park Nicollet Foundation—and your gifts—are key to creating that warm environment.

In 2024, through grants from Park Nicollet Foundation, the birth center was able to provide non-perishable late-night snacks, yoga mats for prayer, lactation experts, support groups, and more. In addition, we provide dedicated grant money to add perinatal support for Black patients as well as a community health worker to help bridge the gap in care outcomes and experience.

**2,885 babies born**

### Simulation and education



With donations made to the Area of Greatest Need Fund, we've invested in new training sessions across our health system.

In 2024, the Simulation Center was able to purchase a new, advanced patient simulator that mimics many different medical conditions and body responses, giving our team a realistic and hands-on learning experience.

**\$135,896 of grant funding**

### Patient Special Needs



Generosity sustains a variety of programs that provide patients and families with peace, comfort, and dignity at important times in life.

In 2024, Park Nicollet Foundation Patient Special Needs funding provided patients and families personal care items, meal vouchers, transportation vouchers, prescriptions, medical equipment not covered by insurance, and much more.

**\$45,000** helped support our most vulnerable patients

### Capital



Park Nicollet Foundation brings enhanced care to Park Nicollet clinics, specialty centers, and Methodist Hospital by partnering to give people the safe and caring environment they need to heal.

Thanks to donations from supporters like you, we can expand our care spaces, family lounges, and research labs to better meet our patients' needs and eliminate barriers for those who need care the most.

Foundation grant dollars recently helped fund the incredible St. Louis Park Melrose Center remodel that will convert doubles to single occupancy rooms for added privacy. It will also create new rooms, a larger dining space, and new family spaces for visits and school work.

### HeartBeet Clinic



Through your generosity, we're making sure that patients feel supported in their healing journey. Thanks to a grant from the Park Nicollet Foundation, the innovative HeartBeet Clinic program is now available.

This evidence-based approach to care aims to prevent and treat chronic diseases while promoting healthy longevity. Over 16 weeks, the program emphasizes key aspects of lifestyle medicine, including whole food, plant-forward nutrition, physical activity, stress management, substance misuse prevention, restorative sleep, and social connections.

**\$75,000 of grant funding**

### Integrative therapies



Some illnesses require more than medicine. They require care for the mind, body and spirit. And thanks to generous people like you, Park Nicollet patients are able to receive it—with integrative therapies like music therapy, spiritual care, massage, and more.

This kind of holistic care can help manage pain, nausea, depression, and anxiety and isn't typically covered by insurance. But together, we'll continue to make them available as long as possible.

**5,936 patients** received music therapy

To learn more about the impact of your support, visit: [parknicollet.com/impact](https://parknicollet.com/impact)