

## Park Nicollet Methodist Hospital Hospice



For more than 35 years, Park Nicollet Methodist Hospital Hospice has been providing compassionate and meaningful care to patients who have a life-limiting illness or are dying.

At home, in the hospital, in long-term care facilities and in residential hospice, donor and volunteer generosity sustain a variety of programs that provide patients and families with peace, comfort and dignity at an important time in life.



**6,081**

Integrative therapy visits provided



**2,450**

hours of care by specialty trained hospice volunteers supporting 225 hospice patients and families

## What your gift means to veterans

Park Nicollet HealthPartners  
Henry B. Melrose  
Veterans Honor Program



The Park Nicollet Foundation Henry B. Melrose Veteran's Honor Endowment Fund was established in 2017 to give thanks to our veterans, and provide support items and services to ensure dignity at the end of their lives.

### Caring for Robert

Robert, an Army veteran, had a simple goal for his hospice experience: "If I can fish every day until I can't, I'll be a happy man." Being oxygen dependent, his current setup did not allow him the ability to leave his house or to go fishing as often as he liked.



The Henry B. Melrose Veterans Honor Program provided the funds to support the rental of a portable oxygen concentrator, which allowed Robert to leave his house and fish. This made him very happy during his final days.

### Providing Comfort to Suzanne

Funds from the Henry B. Melrose Veterans Honor Program supported the purchase of a weighted blanket for Suzanne who regularly experienced restlessness and anxiety. As her symptoms became more acute, her family wanted to find a non-pharmacological comfort measure for her but did not have funds to cover the cost of such a specialty item. The weighted blanket did help ease her anxiety and discomfort, improving her comfort through the end of her life.



**100,997**

Days of hospice care support to patients



**1,454**

Hospice patients cared for



**446**

Veterans supported through the Henry B. Melrose Veterans Honor Program

Thanks to the generosity of our volunteers and donors in 2022, our hospice teams were able to provide patients in hospice and their families with compassionate, specialized and personalized care to help them live with peace, dignity and comfort as they faced end of life.

Because reimbursement and private insurance is insufficient to cover the wide range of essential services that people need at the end of their lives, we are grateful for the support from our generous community.

## 2022 Impact Report of Generosity

### Patient & Family Experience

#### Integrative therapies

Provided more than 6,081 integrative therapy visits—including massage, spiritual care and music therapy—to ease patients' anxiety and symptoms, and to improve quality of life.



- Supported 436 veterans through the Henry B. Melrose Veterans Honor Program, which provides gratitude to our veterans in hospice.
- Nancy Gelle Hospice Patient Special Needs Fund supported 248 patients and families in 2022 providing equipment, medications and transportation
- Translated Hospice Care Guide into five languages, including Vietnamese, Spanish, Somali, Russian and Hmong to reduce language barriers to care.



### Community Partnerships

#### In-kind support

In-kind donations to support our hospice care teams included meals, snacks, comfort items and cards of appreciation. These gestures helped to show gratitude and build resilience in our staff.

#### Grief education

Provided grief education and support services through in-person and virtual support groups and classes for 871 patients, bereaved family members and the community.

- Our Growing Through Grief program provides in-school, weekly grief support and education to children who have lost a family member or friend. Group sessions, one-to-one counseling and death-related crisis response is provided in our partnering school districts. In 2022, we supported 114 public schools in 16 partner school districts, supporting 31,923 children, families and school staff.

### Research & Innovation

#### Comfort Care Bed Program

22 days of care were provided through our Comfort Care Bed Program at Methodist Hospital, allowing fragile patients, close to death, to remain in the hospital and avoid transitions in care settings.



### Volunteer Services

#### Trained volunteers

Specially-trained hospice volunteers provided 2,450 hours of care and service to support 225 hospice patients and families.



To learn more about the impact of your support, visit: [parknicollet.com/impact](https://parknicollet.com/impact)

Park Nicollet Foundation is a 501(c)3 organization. Your gift to the Foundation is tax deductible as allowable by law.

