

2023 Impact of Giving School-Based Health Centers

Our mission is to improve the health and well-being of patients, families, and communities through partnerships and philanthropy.

Park Nicollet Foundation started investing in community health solutions in 1996 with the opening of our first school-based children’s health clinic, the St. Louis Park Central Clinic.

Today, 28 years later, thanks to donors and partners, we continue to provide no-fee medical care, mental health, dental, prescription support, insurance navigation, and more to children and youth in communities with high need and few health resources available. Our four school-based locations include: Brooklyn Center High School, Burnsville Diamondhead Clinic, Richfield High School and St. Louis Park Central Clinic.



The value of these programs is at once immediate and everlasting. Studies have conclusively and consistently shown that access to health and mental health care as a young person can transform their future and life trajectory, and positively impact the community in which they live and attend school.

Better health of children and families strengthens quality of life and healthier outcomes. Graduation rates go up, highly mobile families settle in, teenage pregnancy and suicide rates decrease, parents are less stressed and anxious, and families no longer access high-cost emergency room care for routine health issues.

4

locations: Brooklyn Center, Burnsville, Richfield and St. Louis Park

1,654

children and youth served, **936** with no insurance

7,394

health needs addressed

711

immunizations provided

Answering a cry for help



This year I had the opportunity to meet a student who was brought to the health resource center by a school staff, who knew that she needed more support than what the school staff could give. After talking for a little while with the student, I quickly realized she was suicidal.

“She stated she was planning to go home and lock herself in the bathroom and drink chemicals to ‘end it all.’ Because of the amazing partners we have at the health resource center, I was able to coordinate with an on-site therapist and we were able to talk with the patient together, help her contract for safety, work with her parents to get her set up for regular therapy through the clinic, as well as get her started on medication.

“Due to the family’s immigrant status and work schedules, they were uninsured and unable to get her to outside therapy sessions. But we were able to work with her during school hours when she was already at the building. After some weeks of therapy and new medication, she started to improve. She recently returned to the clinic cheerful, reporting that she was starting to feel more like herself.

“It’s hard to describe the looks of gratitude on these patients’ faces and on their families’ faces as they thank us for caring for their most precious offspring. Seeing the look of relief as we explain that there is no fee for the health care we are providing is quite humbling.

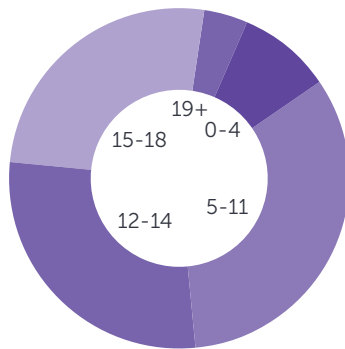
“As we are helping many families new to the country, and to our health care system, navigate their health care services, we are able to change the health literacy of a future generation and allow students the best chances for graduating high school.”

- Park Nicollet school-based health clinic clinician

Thanks to the generosity of our donors in 2023, our school-based health resource centers provided no-fee medical care and more to children in high-need communities. The health services and support provided through these centers improves a child's access to care and health and improves health equity. Providing barrier-free health care to children and youth can transform their future and life trajectory. Thank you for investing in healthier futures.

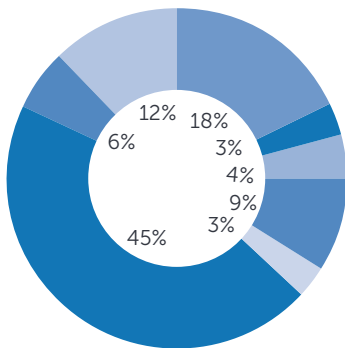
Impact of generosity

Demographics



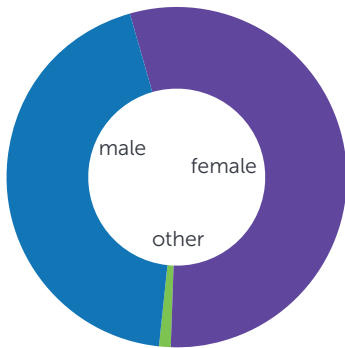
Age of patients

- 9% 0-4
- 33% 5-11
- 28% 12-14
- 26% 15-18
- 4% 19+



Ethnicity of patients

- 45% Hispanic/Latino
- 18% African American
- 12% declined/other
- 9% Caucasian/White
- 6% multiracial
- 4% American Indian
- 3% African
- 3% Asian/Pacific Islander



Gender of patients

- 55% male
- 44% female
- 1% other

Highlights

Health needs addressed

- 125 well-child visits
- 328 sport/camp physicals
- 271 acute conditions
- 73 chronic conditions
- 348 sexual health
- 37 metal health visits
- 1,568 dental services
(partner: Children's Dental Services)

Students provided care

- 1,654 individual students
- 242 assisted with insurance
(partner: Portico)
- 3,530 provided care through
clinic partners

What we see when we succeed

When we support children's health, we support learning. When we support learning, we support communities.

- Increased attendance and time in class
- Improved student behavior
- Higher graduation rates
- Improved school climate

MN SBHA



To learn more about the impact of your support, visit: parknicollet.com/impact

Park Nicollet Foundation is a 501(c)3 organization. Your gift to the foundation is tax deductible as allowable by law.

