

Volunteer Services



Volunteers are vital to our mission of improving the health and well-being of our patients, families and community. Our volunteers enhance the patient and family experience by helping thousands of people across Park Nicollet clinics, specialty centers and Methodist Hospital.

As part of Park Nicollet Foundation, Volunteer Services provides opportunities for a diverse force of individuals to put their skills to work by giving back to the community.

Music Therapy program

Each year, Park Nicollet's comprehensive Music Therapy program hosts eight interns on a quarterly basis. Interns from around the country are selected for six-month internships that provide invaluable support and healing to patients and family members. Music Therapy interns gain experience in facilitating both group and individual therapy sessions in a variety of medical settings from an experienced team of seven board-certified music therapists.



Interns Grace and Jennifer

Park Nicollet's American Music Therapy Association national roster internship program began in 1998. Since then, over 160 interns from academic Music Therapy programs across the country have completed their internships at Park Nicollet.

Music Therapy Internship Program Manager Dawn Miller looks for candidates who have strong people skills, are patient focused, talented musicians and who want to make a difference. "Grace and Jennifer are both definitely making a difference," Dawn stated. "They have a bright future in the field of music therapy and I know that they will have a positive impact on many people throughout their future music therapy careers."

2022 Earl Dresser Quality of Volunteer Service Award: Judy Vidins

Judy Vidins' work as a volunteer helps every other volunteer at Methodist Hospital—not to mention all the patients those volunteers help. So it's fitting that Judy would receive the Earl Dresser Quality of Volunteer Service Award, which was created to honor volunteers whose contributions to the Park Nicollet mission are truly notable.



Judy Vidins

Earl Dresser, for whom the award is named, was a health care leader who was instrumental in the creation of the Struthers Parkinson's Center and what are now the Frauenshuh Cancer Center and the Melrose Center for eating disorders. He also fostered 25 teaching programs at Methodist that prepared students for a variety of careers in health care.

Judy Vidins began her volunteer service in 2014, welcoming patients at Frauenshuh Cancer Center. She eventually began using her specialized, high-level analytical and technology skills within the Volunteer Services department. A whiz with numbers, she creates reports of volunteer hours and visits that help shape the best ways to utilize Park Nicollet's volunteers, which in turn benefits the patients. Whether it's improving databases, running quarterly reports or finding donor contact information, Judy is the consummate volunteer, quietly serving her community behind the scenes.

578

Active
volunteers

62,665

Hours of support
provided by
volunteers



7,260

Handcrafted items
donated

\$1.88 M

Value of support
provided by
volunteers

Thank you to all of our dedicated, generous and compassionate volunteers and partners who give hope, care and inspiration to thousands of people in our community!

2022 Impact Report of Generosity

Patient & Family Experience

Frauenshuh Cancer Center

21 Frauenshuh Cancer Center volunteers provided 3,505 hours of support to patients and families, providing escort services, resource library and information desk support, and more.

Concierge support

17 concierge volunteers provided 2,308 of support offering warm welcomes and patient support at Park Nicollet clinics and specialty centers.

Department Aides

59 Methodist Hospital Department Aides gave 2,951 hours of support to patient, staff and visitors providing service, compassion and the personal touch to enhance the patient experience.



Methodist Hospital Hospice

78 hospice volunteers provided 24,762 hours of compassionate support to more than 187 Park Nicollet Methodist Hospital Hospice patients across our community, in their homes or at residential care facilities.



Caring Canine teams

12 Caring Canine teams provided 335 hours this year, delivering love and comfort to Methodist Hospital and Park Nicollet health-care teams.



Music Therapy interns

11 Music Therapy interns provided 7,812 hours of service to promote healing and provide comfort.



Community Partnerships

Our community stepped up with generous and creative in-kind donations to support patients, families and our health-care teams.

Day brighteners

3,915 day brightener gifts of snacks, treats and flowers were donated by community members to support the resilience, health and well-being of our care teams.

Crafting comfort items

78 volunteers provided care and comfort to patients and families with 7,260 handcrafted items: masks, quilts, bags and blankets.

Lactation clinics



Seven volunteers gave 343 hours at Park Nicollet Clinics and Specialty Centers, and at Methodist Hospital, helping to reduce disparities in breastfeeding rates and support those who choose to breastfeed.

Doulas support

Five doulas provided 354 hours of support at Methodist Hospital and four Park Nicollet specialty centers and clinics. (Doula program restarted in August 2022.)



Innovation

New ways of volunteering

Virtual meetings

Methodist Family Partnership Council and the Volunteer Services Advisory Committee continued monthly virtual meetings with 28 volunteers giving 150 hours.

Epic discharge

Using Epic Rover, 37 Discharge Aide volunteers gave 1,746 hours (starting in September, 2022). They assisted with 476 discharges and made 479 deliveries to patient rooms.

Project Specialists

42 Project Specialist volunteers gave 881 hours of services throughout Park Nicollet, helping with projects supporting staff and patients, including escorting visitors, delivering treats and flowers, and creating packets.



To learn more about the impact of your support, visit: parknicollet.com/impact

Park Nicollet Foundation is a 501(c)3 organization. Your gift to the Foundation is tax deductible as allowable by law.

