**Program overview for intranet**

**Health on the go**

A healthy community starts with healthy individuals. That’s why we are partnering with other [insert community name here] employers to provide you with tools to improve your health and well-being, and connect you to community-wide well-being opportunities. When life gets busy, your own health isn’t always top of mind. But, when schedules are tight, you can still make health and well-being part of your day – at work, at home, or on the go in your community. Your health and well-being program is here to help.

Use this program to help make your health a priority. And the best part is you are surrounded by a community that is supporting your health initiatives. Here’s a quick overview of how you can reach your health and well-being goals and earn [reward].

Here’s what you need to do:

1. **Assess your health.** Take your health assessment by [insert date]. It’s quick, easy, completely confidential, and takes about 10 minutes to complete. Plus, you get a snapshot of your current health status.
2. **Take action to improve your health.** Complete your well-being activities by [insert date]. Use your health assessment results to choose activities that best align with your health needs.
3. **Feel great. Get rewarded.** By completing your [program requirements] on time, you’llearn [reward].

Healthy living on the go is simple. For more information, visit **[link to more information].**

You probably have your phone handy, so let’s get started:

* Go to [**healthpartners.com/wellbeing**](https://www.healthpartners.com/wellbeing/login.html)
* Enter your information or [***Register now***](https://www.healthpartners.com/wellbeing/register-company.html)
* Log on, complete your health assessment, click ***Finish***
* ***Download your results*** and chart a course toward better health

**Need to set up an account?**
It only takes a minute. Use the ***Register now*** link to get started. If you have questions or need help signing in, call HealthPartners at **800-311-1052.** Or send them an [email](https://www.healthpartners.com/wellbeing-registration/wellbeing/contact-us).