

YOUR IMPACT IN 2021

Thank you for giving hope in a challenging year

In 2021, the Regions Hospital COVID-19 Response and Relief fund continued to fill gaps in our response to the pandemic. The hospital used donations as general operating funds, giving us the flexibility to best face the ever-changing crisis. This update includes examples of how donations helped fill those gaps. Thank you for your wonderful generosity!

Staff resiliency was a key focus in 2021

At Regions Hospital, staff members responded to yet another year of the COVID-19 pandemic and surges. Many wondered whether they could continue managing burnout while responding to the call of duty. Chief Nursing Officer Chris Boese spoke with the StarTribune in September about "compassion fatigue."

Even though they faced historic challenges, our care teams, greeters, environmental services team and other hospital staff brought their A-game each and every day to serve the increased number of patients needing hospital care. That's why we focused a significant portion of the COVID-19 Response and Relief fund on staff resiliency.

View the Star Tribune article on [startribune.com](https://www.startribune.com).

Nursing education

Over the last year and a half, the Nursing Education Department has shifted gears when it comes to onboarding new staff and ongoing trainings. The traditional classroom and e-learning modalities needed to be enhanced, since in-person learning was not always possible. The COVID-19 Response and Relief fund allowed us to purchase new technology to meet the current needs of our nursing staff.

Jimmy John's sandwiches brighten the day

On November 3, staff members were surprised with 800 boxed dinners. Purchased with contributions to the COVID-19 Response and Relief fund, a nearby Jimmy John's sandwich shop delivered boxed meals to our thrilled colleagues.

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Food is a meaningful way to show care for our colleagues in the hospital and we are privileged to have donor support for these efforts.

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Tony Grundhauser

Vice President, Regions Hospital Foundation



National Nurses Week activities

National Nurses Week begins each year on May 6 and ends May 12, Florence Nightingale's birthday. Regions Hospital celebrates this week each year, and because we couldn't celebrate the festivities like normal in 2020, the hospital wanted to go the extra mile in 2021 to recognize the need for staff resiliency. With additional support from the COVID-19 Response and Relief fund, they did just that.

The week's festivities include a breakfast to recognize and thank our nursing team. This event usually feeds about 500 team members.

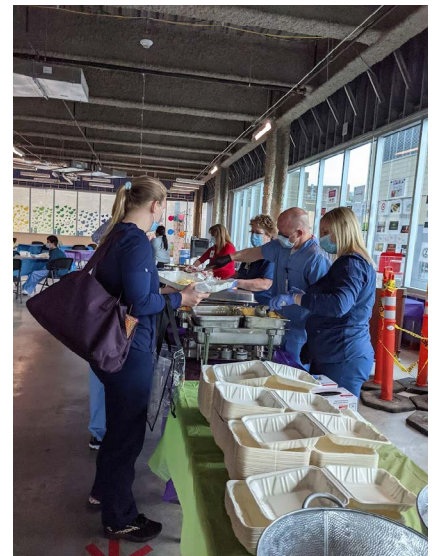
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I would say that the events and overall concept recognizes our largest group of employees – the nursing team comprises well over half of all of our employees so it's a big recognition that has a lot of meaning.

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Chris Boese

Chief Nursing Officer, Regions Hospital



Nurse managers serving breakfast to fellow nurses.

Healing Wall

Regions Hospital recognizes the extraordinary efforts of our caregivers and staff who have supported patients, families, and the community during the COVID-19 pandemic. Thanks to your generous donations, we have installed a living wall (also known as a vertical garden or green wall) that we will call the Healing Wall to show our appreciation and celebrate the extraordinary efforts of our staff while encouraging reflection and healing.



Image taken at the dedication ceremony on Wednesday, April 20.

When living walls are used on the interiors of buildings, they can improve air quality. Plants naturally remove carbon dioxide and produce oxygen-rich air. They can also filter the air around them by absorbing and cleaning pollutants. When used inside, living walls frequently act as three-dimensional, living pieces of artwork, adding beauty while promoting better health.

Staff resiliency is a big part of our ability to provide great care to our patients!

Here are a couple examples of how we supported our patients directly.

Thermometers for COVID-19+ families of newborns

Having a working thermometer is critical to keeping newborns safe and healthy. Because of donations to the COVID-19 Response and Relief fund, we provided thermometers to families who had newborns discharged with a mother who tested positive for COVID-19.

This is what one Minnesota Community Care leader said about our thermometer program:

“This relatively small outlay for each thermometer can have a huge impact. In our work at Minnesota Community Care, we care for many families who do not have a working thermometer in their home. Providing them the device, the education on how to use it and information on what to do with the results provides both increased safety for newborns and peace of mind for families in the midst of this pandemic.”

- Sonja Batalden, MS, APRN, CNM, Director of Perinatal Care at Minnesota Community Care

Technology upgrade for rehab

It's important that the families of patients participate in their rehabilitation. This occurred on a daily basis before the pandemic but was seriously reduced due to necessary restrictions on visitors. Although we created some ways to connect families virtually, there were still barriers to the technology. Generous donations to the COVID-19 Response and Relief fund allowed us to update the technology in a rehabilitation conference room to better connect care teams, patients, community resources and patient support systems.