**Well-being activities talking points for managers**

Healthy employees are happy employees. [Company name] supports and encourages employee health and well-being. That’s why we are partnering with other [insert community name here] employers to connect employees to community-wide well-being opportunities. We offer [program name] to help employees focus on their health and earn a [reward].

It’s time to start your health and well-being activities. First, take your health assessment. It only takes 10 minutes. Then, grab your smartphone and check out your options to get started. There are a variety of well-being activities to choose from and you can track your progress right from your phone. Some activities take longer than others to complete so get started early.

Improving your health and earning your [reward] is easy when you can do it on the go.

[Add information about your company’s reward]

**Ready to get healthy on the go?**

Get started by logging on at **healthpartners.com/wellbeing**.