**Well-being activities last chance for internal communications**

**Finish strong… on the go**

Between meeting deadlines, shuffling the kids to and from activities, and social events, life can get pretty busy. But doing activities to improve your health isn’t impossible – even for busy people (aka, you).

Finishing up your well-being activities and improving your health is simple when you can do it on the go. And, you’re not alone! Other [insert community name here] employers are encouraging their employees to take their heath assessment to participate in community-wide well-being opportunities. You are surrounded by a community working on improving health initiatives! What are you waiting for?

Two steps to healthy:

1. **Complete your health assessment.** Take your health assessment by [date]. It’s quick, easy and completely confidential.
2. **Finish your well-being activities.** Select and complete your well-being activities by [date]. Use your health assessment results to choose activities that align with your health goals.

You’re almost there! Finish these steps by [date] to earn your [reward]. [Here’s where you can add more information about the reward]

Log on to finish up: **healthpartners.com/wellbeing**

Forgot your username or password? Click the ***Forgot username*** or ***Forgot password*** links. If you don’t have an account, go to **healthpartners.com/wellbeing** and click on ***Register for an account***. You might need your member ID number or employee ID number.

**Questions?**

If you have questions or need help logging on, call HealthPartners at **800-311-1052.**