

Regions Hospital Car Seat Clinic Schedule 2023

In partnership with local fire departments, Regions Hospital is offering car seat and booster seat safety clinics. SafeKids certified car seat technicians will teach you how to properly install your car seat/booster seat and teach you how to properly harness your child into the seat. There is no charge for this clinic. Appointments are required.

Did you know...

- It is estimated that 3 out of 4 car seats are installed improperly.
- Car seat crashes remain one of the top causes of childhood injury and fatality.
- Attending a car seat clinic is a great way to reduce injury risk.
- Additional car seat clinic locations can be found on the SafeKids website: www.safekids.org/events or by visiting the MN DPS Office of Traffic Safety website: www.buckleupkids.mn.gov.

What to expect

- Please call 651-254-3564 or email carseatinfo@healthpartners.com for an appointment.
- Appointments are about 30 minutes per car seat.
- Please bring your car seat and vehicle owners manual.
- It is best to have your child present.
- We have demo dolls for expectant parents.

Fire Department Locations from 4 p.m. to 7 p.m. unless otherwise noted:

- Vadnais Heights Fire: Feb. 25 (10 a.m. to 1 p.m.)
- Maplewood Fire: Mar. 14
- Roseville Fire: April 15 (9 a.m. to noon)
- Oakdale Fire: May 22
- Stillwater Fire: June 29
- Hastings Fire: July 24
- White Bear Lake Fire: Aug. 22
- Cottage Grove Fire: Sept. 23 (10 a.m. to 1 p.m.)
- New Brighton Fire: Oct. 24
- Forest Lake Fire: Nov. 28
- Bayport Fire: Dec. 9 (10 a.m. to 1 p.m.)

Email carseatinfo@healthpartners.com or call 651-254-3564 for more information.