



2022 MSHO Supplemental Benefits

HealthPartners Minnesota Senior Health Options (MSHO) (HMO SNP) members have access to extra services, support and health items.

Questions about these benefits?

Call Member Services at
952-967-7029 or
888-820-4285 (TTY: **711**).

Oct. 1 through March 31:
8 a.m. to 8 p.m. CT,
seven days a week

April 1 through Sept. 30:
8 a.m. to 8 p.m. CT,
Monday through Friday

Care and support

- A tablet with education and wellness tools for members with diabetes, heart disease, cognitive impairment or depression*
- RideCare transportation to/from SilverSneakers® health club, health and weight management classes, Alcoholics Anonymous or Narcotics Anonymous meetings
- Foot care visits
- Independent Living Skills*
- Home delivered meals
- Unlimited visits to Virtuwel, a 24/7 online medical clinic
- An animatronic cat or dog that gives companionship and joy; reduces anxiety and loneliness*

Turn over for more of your available benefits!

Safety and prevention

- Motion sensor night light (2)
- Pedaler
- Readmission prevention
- In-home bathroom safety devices and installation
- Personal Emergency Response System (PERS)
- First aid kit

Dental and vision

- Adult fluoride
- Periodic exams
- Scaling and root planing
- Periodontal maintenance
- Additional coverage for root canals on molars
- Crowns coverage
- An electric toothbrush
- Eyeglasses tints and coatings

Healthy living

- Weight management program
- FarmboxRx fresh produce boxes with nutrition education (delivered up to two times each month)*
- SilverSneakers® fitness program
- Healthy aging and cooking classes
- Wearable activity tracker
- Pocket hearing amplifier

For members with a Dementia diagnosis, such as Alzheimer's or other cognitive impairment

- Caregiver support including coaching and counseling through family caregiver services, short-term respite care, psychotherapy and transportation to these services*
- Adult Day Services provide supervised care for members*

**Available to members with specific diagnoses who meet eligibility criteria. Call Member Services for more information.*



or

No English?

952-967-7029 or 888-820-4285 (TTY: 711)

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