



Your genes explain a lot.

Like why you hate cilantro.

Some people report that cilantro leaves taste and smell bad, describing them as soapy or dirt-like in flavor. Others love the taste. But why? The answer may involve our sense of smell and how it's affected by our DNA.

Studies have found that people who report cilantro as tasting like soap tend to have inherited a "C" in their DNA sequence at a specific location. Here are the possible sequences you might have and their effect on how you taste cilantro:

CC – Not likely to enjoy cilantro

CA – Not likely to enjoy cilantro

AA – Likely to enjoy cilantro



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