



Melrose Center

Healing eating disorders together

Melrose Center serves adults and children of all ages and genders struggling with all types of eating disorders. We strive to care for patients in their own communities through our main location in St. Louis Park and satellite locations in Burnsville, Maple Grove, St. Paul, and Woodbury.

In addition, we provide specialty programs focused on addressing diabetes with eating disorders. Through an individualized, holistic, and multidisciplinary treatment model, patients and their families recover at a pace that is right for them.



Donor and volunteer generosity at Melrose Center sustains a variety of programs that enhance the support provided to patients, families, and our professionals as they work to treat and heal eating disorders together.

MELROSE HEALS:

Information, insight & hope

Eating disorders can thrive in secrecy and shame. But by having honest conversations about eating disorders and mental health, it's possible to create opportunities for healing.

Thanks to generous donors, Melrose Center uses its podcast MELROSE HEALS to share information, insight, and hope about eating disorders and recovery.

During each episode, Karen L. Nelson, a licensed clinical psychologist at Melrose Center, hosts discussions about the topics near and dear to people and families impacted by eating disorders. We hope you'll listen and start healing.



11
new
episodes
in 2024

59
episodes
total

40,000+
downloads in
10+ countries

4,500

patients cared for
(ages **8-80**)

13.5% men and boys
cared for

78,341

patient visits
(**44%** virtual)

2,300

initial patient
assessments

60+

presentations
reaching over
2,600 attendees

To learn more about the impact of your support, visit: parknicollet.com/impact