

Abigail S. Katz, Ph.D.

EXPERIENCE

HealthPartners, Inc., Minneapolis, MN, 2007-Present

Analytics Consultant, Health and Care Engagement (2014- present)

Research Associate, HealthPartners Institute (2010-present)

Senior Analyst (2008-2014)

Program Consultant (2007-2008)

Lead research, evaluation and informatics for employer-based health and well-being programming

- Consult with employers to interpret data and design population health strategies
- Lead strategic planning committees focused on assessment-based consultation
- Collaborate with HealthPartners Institute research investigators on health outcomes research studies regarding disease prevention and health behavior change. Current studies include:
 - ChooseYourFish: Promoting safe fish consumption for women who are or could become pregnant (supported by funds awarded to Minnesota Department of Health by the US Environmental Protection Agency Great Lakes Restoration Initiative)
 - Total Worker Health®: Aligning Health, Safety & Well-being to Reach Organizational Goals (supported by funds awarded to the Harvard T.H. Chan School of Public Health Center for Work, Health and Well-being by the National Institute for Occupational Safety and Health)

Blue Cross Blue Shield of MN, MN Institute of Public Health, Mounds View, MN
Public Health Program Evaluator, 2006-2007

- Managed federally-funded grant with budget of \$550,000
- Coordinated State Epidemiological Outcomes Workgroup
- Designed research strategies and questionnaires, analyzed quantitative data, wrote grant proposals
- Presented data to a variety of audiences; translated findings for practical use

University of Minnesota, Division of General Pediatrics/Adolescent Health, Minneapolis MN
Research Fellow, 2005-2006

- Oversaw all research functions within the Youth & AIDS Projects
- Managed data collection for both on-going and special projects
- Wrote grant reports and grant applications
- Supervised field workers
- Responsible for data management, quantitative analyses and presentation of data

Brandeis University, Cohen Center for Modern Jewish Studies, Waltham, MA
Research Analyst, 2002-2005

- Organized and executed large-scale research studies
- Designed and administered web-based surveys
- Supervised student workers
- Research areas ranged from adolescent religious identity formation to substance abuse treatment and prevention

EDUCATION

Brandeis University, Heller School for Social Policy & Management, Waltham, MA

- Ph.D. in Social Policy, 2009
- M.A. in Social Policy, 2005

Oberlin College, Oberlin, OH

- B.A. in Sociology, 1998

TEACHING and COMMUNITY INVOLVEMENT

Youth First, Inc., Evansville, IN

Consultant

- Served as Technical Assistance provider under multiple contracts associated with SAMHSA's *Service to Science* initiative
- Provided strategic support and evaluation consultation for Family Connections program

The Medical College of Wisconsin, Milwaukee, WI

Preceptor

- Supervised internship for Masters Degree in Public Health program (MPH)
- Collaborated with student's advisor on curriculum design
- Evaluated key deliverables

Journal Reviewer, Ongoing

- **BMJ Open**, London, England
- **International Journal of Environmental Research and Public Health**, Basel, Switzerland
- **Journal of Occupational and Environmental Medicine**, Philadelphia, PA
- **Journal of Physical Activity and Health**, Champaign, IL
- **Nutrients**, Basel, Switzerland
- **PLOS ONE**, San Francisco, CA
- **Preventing Chronic Disease**, Atlanta, GA
- **Sustainability**, Basel, Switzerland

SKILLS and TECHNIQUES

- Strategic Planning
- Organizational and Community Needs Assessments
- Research Methods
- Statistical analysis of quantitative data
- Focus group facilitation
- Logic Modeling
- Report writing
- Oral presentation

SELECT PUBLICATIONS

Katz AS, Pronk NP, McLellan D, Dennerlein J, Katz JN. Perceived Workplace Health and Safety Climates: Associations with Worker Outcomes and Productivity. *American Journal of Preventive Medicine*. 2019. 57(4):487–494.

Pronk NP, Bender EB, **Katz AS**. The 2018 Physical Activity Guidelines for Americans: Associations between Social Determinants of Health and Meeting Guidelines for Physical Activity Among Employees. *ACSM's Health & Fitness Journal*. 2019. 23(5): 57-62.

Pronk NP, Bender EB, **Katz AS**. The 2018 Physical Activity Guidelines for Americans: Addressing Signal Events at the Workplace to Prevent Disease. *ACSM's Health & Fitness Journal*. 2019. 23(3): 38-41.

Ziegenfuss JY, Renner J, Harvey L, **Katz AS**, Mason, KA, et al. Responses to a Social Media Campaign Promoting Safe Fish Consumption Among Women. *Preventing Chronic Disease*. 2019. Research Brief. Vol. 16.

Katz AS, Pronk NP, Chestnut K, Pfeiffer GJ, & Childress J. Congruence of Organizational Self-Score and Audit-Based Organizational Assessments of Workplace Health Capabilities: An Analysis of the HealthLead Workplace Accreditation. *Journal of Occupational and Environmental Medicine*. 2016. 58(5):471-6.

Pronk NP, Kottke TE, Lowry M, **Katz AS**, Gallagher, JM, Knudson SM, Rauri SJ & Tillema, JO. Concordance Between Life Satisfaction and Six Elements of Well-Being Among Respondents to a Health Assessment Survey, HealthPartners Employees, Minnesota, 2011. *Preventing Chronic Disease*. 2016 (13).

Katz AS, Pronk NP, Lowry M. The Association between Lifestyle-Related Health Behaviors and Employee Productivity. *Journal of Occupational and Environmental Medicine*. 2014. 56(7):708-713.

Katz AS, Pronk NP. The Relationship between Physical Activity and Care-Seeking Behavior Among Employed Adults. *Journal of Physical Activity and Health*. 2014.11:313-319.

Kottke TE, Pronk NP, **Katz AS**, Tillema JO, Flottemesch TJ. The Effect of Price Reduction on Salad Bar Purchases at a Corporate Cafeteria. *Preventing Chronic Disease*. 2013 (10).

Pronk NP, **Katz AS**, Lowry M, Payfer JR. Reducing Occupational Sitting Time and Improving Worker Health: The Take-a-Stand Project. *Preventing Chronic Disease*. 2012 (9).

Pronk NP, **Katz AS**, Gallagher J, Austin E, Mullen D, Lowry M, Kottke TE. Adherence to Optimal Lifestyle Behaviors is Related to Emotional Health Indicators among Employees. *Population Health Management*. 2010. 14 (2):59-67.

Pronk NP, Lowry M, Kottke TE, Austin E, Gallagher J, **Katz AS**. The Association Between Optimal Lifestyle Adherence and Short-term Incidence of Chronic Conditions Among Employees. *Population Health Management*. 2010.13(6): 289-295.

SELECT PRESENTATIONS

Katz AS. Application of Implementation Guidelines in a health services vendor: a Total Worker Health® pilot. *Work, Stress and Health conference*. November 2019, Philadelphia, PA.

Katz AS, Pronk NP, McLellan D, Dennerlein J, Katz JN. Exploring the association between organizational safety and health climates & two productivity measures. *Health Enhancement Research Organization (HERO) conference*. September 2017. Phoenix, AZ.

Renner J, **Katz AS,** Kottke TE, et al. Developing Patient-Informed Health Education Materials in an Integrated Health System: The Case of Safe Fish Consumption. *Health Care Systems Research Network conference*, 2018. Minneapolis, MN.

Renner J, **Katz AS,** McCann P, et al. Choose your fish: An iterative process to create patient-centered health education materials. *American Public Health Association conference*. November, 2017, Atlanta, GA.

Renner J, **Katz AS,** Anderson JP, et al. Not as fishy as it seems: Promoting the complex message of safe fish consumption for women. *Society for Nutrition Education and Behavior conference*. July 2017, Washington, DC.

Katz AS. Prevent and Manage Chronic Disease Using Patient-Reported Data. World Congress *2nd Annual Health Care Predictive Analytics Summit*. October 2015. Boston, MA.

Katz AS, Pronk, NP, Lowry, M. Optimal Lifestyle Behaviors and Employee Productivity. Paper presented at *Work, Stress, and Health Conference*. 2013. Los Angeles, CA.

Katz AS. Promoting Health at Work and Home Panel Presentation. *Healthy Homes Statewide Convening*, June 2012, Minneapolis, MN.

Katz AS, Pronk NP, Gallagher J, Austin E, Mullen D, Kottke TE, Lowry, M. Optimal Lifestyle Adherence and Emotional Health Indicators Among Active Employees. *Work, Stress and Health conference*. November 2009, San Juan, Puerto Rico.