

Abigail S. Katz, Ph.D.

EXPERIENCE

HealthPartners, Inc., Minneapolis, MN, 2007-Present

Analytics Consultant, Health and Care Engagement (2014- present)

Research Associate, HealthPartners Institute (2010-present)

Senior Analyst (2008-2014)

Program Consultant (2007-2008)

Lead research, evaluation and informatics for employer-based health and well-being programming

- Manage HealthLead™ Data Coordinating Center, a data repository of organizational data from employers pursuing the HealthLead™ healthy workplace accreditation
- Consult with employers to interpret data and design population health strategies
- Lead strategic planning committees focused on assessment-based consultation
- Collaborate with HealthPartners Institute research investigators on health outcomes research studies regarding disease prevention and health behavior change

Blue Cross Blue Shield of MN, MN Institute of Public Health, Mounds View, MN

Public Health Program Evaluator, 2006-2007

- Managed federally-funded grant with budget of \$550,000
- Coordinated State Epidemiological Outcomes Workgroup
- Designed research strategies and questionnaires, analyzed quantitative data, wrote grant proposals
- Presented data to a variety of audiences; translated findings for practical use

University of Minnesota, Division of General Pediatrics/Adolescent Health, Minneapolis MN

Research Fellow, 2005-2006

- Oversaw all research functions within the Youth & AIDS Projects
- Managed data collection for both on-going and special projects
- Wrote grant reports and grant applications
- Supervised field workers
- Responsible for data management, quantitative analyses and presentation of data

Brandeis University, Cohen Center for Modern Jewish Studies, Waltham, MA

Research Analyst, 2002-2005

- Organized and executed large-scale research studies
- Designed and administered web-based surveys
- Supervised student workers
- Research areas ranged from adolescent religious identity formation to substance abuse treatment and prevention

EDUCATION

Brandeis University, Heller School for Social Policy & Management, Waltham, MA

- Ph.D. in Social Policy, 2009
- M.A. in Social Policy, 2005

Oberlin College, Oberlin, OH

- B.A. in Sociology, 1998

TEACHING and COMMUNITY INVOLVEMENT

Youth First, Inc., Evansville, IN

Consultant

- Served as Technical Assistance provider under multiple contracts associated with SAMHSA's *Service to Science* initiative
- Provided strategic support and evaluation consultation for Family Connections program

The Medical College of Wisconsin, Milwaukee, WI

Preceptor

- Supervised internship for Masters Degree in Public Health program (MPH)
- Collaborated with student's advisor on curriculum design
- Evaluated key deliverables

Journal Reviewer, Ongoing

- **BMJ Open**, London, England
- **International Journal of Environmental Research and Public Health**, Basel, Switzerland
- **Journal of Occupational and Environmental Medicine**, Philadelphia, PA
- **Journal of Physical Activity and Health**, Champaign, IL
- **Nutrients**, Basel, Switzerland
- **Preventing Chronic Disease**, Atlanta, GA
- **Sustainability**, Basel, Switzerland

SKILLS and TECHNIQUES

- Strategic Planning
- Organizational and Community Needs Assessments
- Research Methods
- Statistical analysis of quantitative data
- Focus group facilitation
- Logic Modeling
- Report writing
- Oral presentation

SELECT PRESENTATIONS

Katz, AS. Prevent and Manage Chronic Disease Using Patient-Reported Data. World Congress 2nd Annual Health Care Predictive Analytics Summit. October 2015. Boston, MA.

Katz, AS, Pronk, NP, Lowry, M. Optimal Lifestyle Behaviors and Employee Productivity. Paper presented at American Psychological Association Conference: Work, Stress, and Health 2013. Los Angeles, CA.

Katz, AS. Promoting Health at Work and Home Panel Presentation. Healthy Homes Statewide Convening, June 2012, Minneapolis, MN.

Katz, AS, Pronk, NP, Gallagher, J, Austin, E, Mullen, D, Kottke, TE, Lowry, M. Optimal Lifestyle Adherence and Emotional Health Indicators Among Active Employees. American Psychological Association Work, Stress and Health conference. November 2009, San Juan, Puerto Rico.

SELECT PUBLICATIONS

Katz AS, Pronk NP, Chestnut K, Pfeiffer GJ, & Childress J. Congruence of Organizational Self-Score and Audit-Based Organizational Assessments of Workplace Health Capabilities: An Analysis of the HealthLead Workplace Accreditation. *Journal of Occupational and Environmental Medicine.* 2016. 58(5):471-6.

Pronk NP, Kottke TE, Lowry M, **Katz AS,** Gallagher, JM, Knudson SM, Rauri SJ & Tillema, Juliana JO. Concordance Between Life Satisfaction and Six Elements of Well-Being Among Respondents to a Health Assessment Survey, HealthPartners Employees, Minnesota, 2011. *Preventing Chronic Disease.* 2016 (13).

Katz, AS, Pronk, NP, Lowry, M. The Association between Lifestyle-Related Health Behaviors and Employee Productivity. *Journal of Occupational and Environmental Medicine.* 2014. 56(7):708-713.

Katz, AS, Pronk, NP. The Relationship between Physical Activity and Care-Seeking Behavior Among Employed Adults. *Journal of Physical Activity and Health.* 2014. 11: 313-319.

Kottke, TE, Pronk, NP, **Katz, AS,** Tillema, JO, Flottemesch, TJ. The Effect of Price Reduction on Salad Bar Purchases at a Corporate Cafeteria. *Preventing Chronic Disease.* 2013 (10).

Pronk, NP, **Katz, AS,** Lowry, M, Payfer, JR. Reducing Occupational Sitting Time and Improving Worker Health: The Take-a-Stand Project. *Preventing Chronic Disease.* 2012 (9).

Pronk, NP, **Katz, AS,** Gallagher, J, Austin, E, Mullen, D, Lowry, M, Kottke, TE. Adherence to Optimal Lifestyle Behaviors is Related to Emotional Health Indicators among Employees. *Population Health Management.* 2010. 14 (2):59-67.

Pronk, NP, Lowry, M, Kottke, TE, Austin, E, Gallagher, J, **Katz, AS.** The Association Between Optimal Lifestyle Adherence and Short-term Incidence of Chronic Conditions Among Employees. *Population Health Management.* 2010.13(6): 289-295.