

**Thomas W. Martens MD**  
**Park Nicollet Clinic**  
**6000 Earle Brown Drive**  
**Brooklyn Center, MN 55430**  
**(952) 993-4865**

### **Certification**

1994-Present American Board of Internal Medicine

1992-Present State of Minnesota Medical License

1994-Present Active DEA certification

Active CPR certification  
Basic Life Support certification  
Advanced Cardiac Life Support certification

### **Employment**

Oct 2015-Present Associate Medical Director  
International Diabetes Center  
3800 Park Nicollet Blvd.  
Minneapolis, MN 55416  
Research clinician supporting ongoing research studies sponsored by  
International Diabetes Center and HealthPartners Institute

1995-Present Department of Internal Medicine  
Park Nicollet Clinic- Brookdale Office  
Brooklyn Center, MN  
Primary Care Internal Medicine Practice

1995-Present Park Nicollet Hospitalist Service  
Hospitalist Service Physician  
Active staff membership- Methodist Hospital, Saint Louis Park, MN

2003-2005 Consultant  
Methodist Hospital Wound Clinic, St. Louis Park, MN  
Provided adjunct medical consultation in a multi-disciplinary wound  
clinic setting

1993-1995 Extended Care Department  
Hennepin County Medical Center, Minneapolis, MN  
Primary Care MD for nursing home residents

1988 University of Wisconsin Clinical Cancer Center American Cancer Society  
Summer Research Fellowship

Worked in the laboratory of Dr. Michael N. Gould developing techniques to quantify intercellular communication in cultured mammary epithelium

1986-1987 University of Wisconsin School of Pharmacy  
Research Specialist  
Worked in the laboratory of Dr. Joseph Robinson developing a bioadhesive patch for delivery of peptides across buccal mucosa

## **Leadership**

Oct 2015-Present Medical Director  
International Diabetes Center  
3800 Park Nicollet Blvd.  
Minneapolis, MN 55416  
Research clinician supporting ongoing research studies sponsored by International Diabetes Center and HealthPartners Institute

2013- 2017 Internal Medicine Team Lead- Park-Nicollet Brookdale Office  
Facilitate clinical practice management for 5 Internal Medicine physicians and 2 mid-level providers at Park Nicollet's Brookdale Office

2011-2014 Clinical Practice Director- Park Nicollet Brookdale Office  
Oversaw and managed professional staff of 25 providers at Park Nicollet's Brookdale Office  
-Oversaw successful implementation of Health Care Home care-integration at the Brookdale site  
-Oversaw building remodel 2012-2013  
-Oversaw EPIC implementation 2011  
-Facilitated day-to-day management of clinical staff

Summer 2010 Interim Clinical Practice Director- Park Nicollet Brookdale Office

## **Education**

Jan-Jun 2017 Park Nicollet sponsored "Improve Well: Quality Improvement Leadership Training"  
Ongoing Park Nicollet sponsored quality improvement project to improve T2DM management during transitions from the hospital to the outpatient setting, using LEAN methodologies

Jan-Apr 2014 Park Nicollet Clinical Quality Advanced Training Program (ATP) Graduate  
Advanced Training Program project addressing racial/ethnic breast cancer screening/ mammography disparities at Park Nicollet Clinic

1994-1995 Chief Resident in Internal Medicine  
Hennepin County Medical Center, Minneapolis, MN

1991-1994 Internal Medicine Resident  
Hennepin County Medical Center, Minneapolis, MN

1987-1991 University of Wisconsin Medical School  
Madison, WI

1981-1985 Lawrence University, Appleton, WI  
BA degree in English, cum laude

1981 University of Minnesota, Minneapolis, MN  
1984 (summer) Natural science coursework  
1985-1986

### **Teaching**

2004-2010 Continuity Clinic Preceptor, University of Minnesota Internal Medicine  
Residency  
Preceptor for University of Minnesota Internal Medicine Residency  
outpatient continuity clinic (half-day per week)

2006 (summer) Outpatient Internal Medicine Rotation Preceptor, University of Minnesota  
Medical School  
Preceptor for 3rd year medical student outpatient Internal Medicine  
rotation (1 month daily shared commitment- supervised a medical  
student doing outpatient Internal Medicine rotation)

2000 (academic year) Outpatient Clinic Mentor, College of St. Catherine Nurse Practitioner Program  
(St. Paul, Minnesota)  
Clinical preceptor for Nurse Practitioner student in her final clinical  
year (two half-days per week)

### **Professional Societies**

Jan 2008- Present Fellow of the American College of Physicians (FACP)

Oct 2000- Jan 2008 Member, American College of Physicians

Jan 2016- Present Member, American Diabetes Association

### **Presentations**

22 September 2017 “What’s New in Clinical Type 2 Diabetes Management: 2017 Update”  
Minnesota Society of Health System Pharmacists Midyear Clinical  
Meeting: Clinical Update

- 15 September 2017 “Wound Triage 101”  
HealthPartners-sponsored CME conference “Wound Care Update” accredited conference for Primary Care physicians and wound care clinicians
- 22 February 2017 “What’s New in Type II Diabetes Management-2017 Update for Primary Care”  
Park Nicollet Primary Care-sponsored Webex for combined Park Nicollet and HealthPartners Group primary care providers, Park Nicollet Primary Care Noon Webex series, an accredited primary care conference series
- 7 December 2016 “Hypertension and Diabetes: Treating to Target”  
International Diabetes Center-sponsored Webex for primary care staff at Carl T Curtis Health Education Center, Omaha Tribe of the Sioux, Macy, Nebraska
- 4 November 2016 “Non-Insulin Therapies in T2DM: Therapeutic Choices and Shared Decision Making “  
International Diabetes Center-sponsored CME conference “Advanced Strategies for Diabetes Educators” accredited conference for advanced diabetes educators.
- 4 November 2016 “Inpatient Glucose Management “  
International Diabetes Center-sponsored CME conference “Advanced Strategies for Diabetes Educators” accredited conference for advanced diabetes educators.
- 18 April 2016 “Diabetes Treatment Plans after Bariatric Surgery”  
International Diabetes Center-sponsored CME conference “Symposium for Advanced Diabetes Educators” accredited conference for advanced diabetes educators and pharmacists
- 3 March 2016- Present  
(3 times annually) “Starting and Titrating Insulin Therapy”  
International Diabetes Center-sponsored CME conference “Clinical Diabetes Management for Primary Care Clinicians” accredited conference for primary care clinicians
- 3 March 2016- Present  
(3 times annually) “Improving your Diabetes Outcomes”  
International Diabetes Center-sponsored CME conference “Clinical Diabetes Management for Primary Care Clinicians” accredited conference for primary care clinicians
- 5 November 2015 “Type 2 Diabetes: Using Shared Decision Making to Select Medications or Advance Therapies”  
International Diabetes Center-sponsored CME conference “Advanced Strategies for Diabetes Educators” accredited conference for advanced diabetes educators.

- 1-2 December 2005 “Managing Chronic Wound Problems”  
Park Nicollet Clinic-sponsored CME conference “Geriatric Update”-  
ACCME-accredited conference for primary care providers.
- 22-23 September 2005 “Managing Chronic Wound Problems”  
Park Nicollet Clinic-sponsored CME conference “Chronic Disease  
Update”- ACCME-accredited conference for primary care providers.
- 28-29 April 2005 “New Options in Wound Care: Picking and Choosing”  
Park Nicollet Clinic-sponsored CME conference “New and Old Drugs:  
Best Choices”- ACCME-accredited conference for primary care  
providers.

### **Publications**

- 2013 Co-authored Park Nicollet Primary Care Sinusitis Management Protocol
- 1989 Eldridge SR, Martens TW, Sattler CA, Gould MN. Association of decreased intracellular communication with the immortal but not the tumorigenic phenotype in human mammary epithelial cells. Cancer Research. 49 (1989), 4326-4331.
- 1987 Veillard MM, Longer MA, Martens TW, Robinson JR. Preliminary studies of oral mucosal delivery of peptide drugs. Journal of Controlled Release. 6 (1987) 123-131.