

# OHPE Update:

A Newsletter for Residents, Students,  
& Clinician Educators



March 2020

From the Office of Health Professional Education



## COVID-19 (Coronavirus) update

### For leaders of clinical departments that teach

Please review the following direction on the role and participation of learners in the context of our COVID-19 preparations, and inform teams as appropriate.

- **Residents and fellows:** Residents and fellows are essential members of the care team. They may provide care directly for patients with confirmed or suspected COVID-19 as part of the care team in both the inpatient and ambulatory setting with appropriate supervision.
- **Students:** For all other learners, we have determined that the risks and challenges outweigh the benefit of continuing clinical rotations. Beginning **Monday, March 16**, HealthPartners is canceling all student clinical rotations until further notice. This includes medical students, advanced practice students, nursing students and all other allied health professional students. We will revisit this decision on April 1.

The Institute will communicate with medical students and advanced practice students, and asks that operational leaders communicate with any other student type scheduled for their departments. Please contact the Institute if you would like a draft email for distribution.

## COVID-19 (Coronavirus) information available on HealthPartners intranet (myPartner) and website

Latest information on the COVID-19 (Coronavirus) is available on [myPartner](#) and [HealthPartners website](#). This [health advisory](#) includes information from CDC, as well as our local facility contacts if you have questions. The [ACCME website](#) also includes a list of coronavirus activities and education resources.

# From the Office of Health Professional Education (continued)



## Upcoming events and reminders

March 17, 2020 - Graduate Medical Education Committee meeting (contact [Julie Maust](#) if interested in attending) and Graduate Medical Education Coordinator meeting (contact [Felicia Jones](#) if interested in attending.)

March 20, 2020 - Main Residency Match Day!

June 4, 2020 - Trainee Appreciation Event

## OHPE Announcements



### Simplifying Precepting Course 2020 - Key takeaways

The Simplifying Precepting Course 2020, held earlier this year, focused on key components of precepting; patient experience, role modeling, time management, and feedback. The two hour course was designed to cover the basics of teaching, regardless of specialty or learner type. We've produced videos of the sessions provided to share with those not able to attend in person. You can find them on our myPartner intranet department site.

[Time Management - Paula Skarda, MD](#)

[Giving Effective Feedback - Meredith Wold, PA](#)

[Clinical Role Modeling - Mike Paddock, DO](#)

[Teaching the Art of Empathy- Nima Desai, MD](#)



## OHPE Announcements (continued)



### Focus on wellness

Did you know, our organization offers a range of support, tools, and activities to meet your needs related to well-being? These resources cover a variety of topics, such as career, sleep, mood, and activities to help you relax and feel gratitude.

Try this mindfulness exercise to feel instant gratitude: When you eat, express gratitude for the nourishment your food brings you. Concentrate on the flavor and texture of your food and how you feel while you eat. When you drink a glass of water, sip slowly and savor how it feels in your mouth and as you swallow.

For more resources, visit [Be Well](#) on the intranet.



### Brad Gordon, MD shares advice to help navigate your digital lives at work and home

I'm frequently asked details regarding the mobile application MobileIron; the app HealthPartners uses to add security to your personal device when used for work data.

The upshot is that HealthPartners only cares about 'company data' and MobileIron doesn't let them access your personal data.

The gotcha is iPhone users often let their company account become their default calendar or contacts directory. So, if you're a MobileIron iPhone user, check out this informational [tip sheet](#) and learn how to discover if you've stored your mom's birthday on the HealthPartners Outlook server, rather than your personal iCloud or Google account.

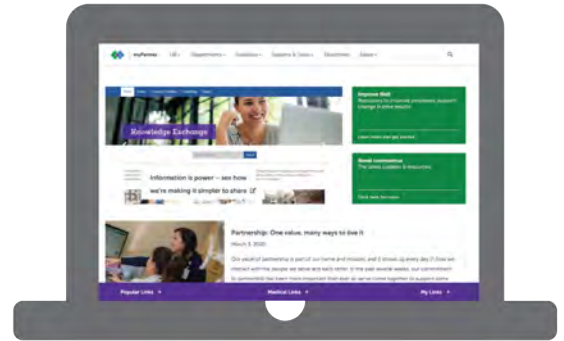


## OHPE Announcements (continued)

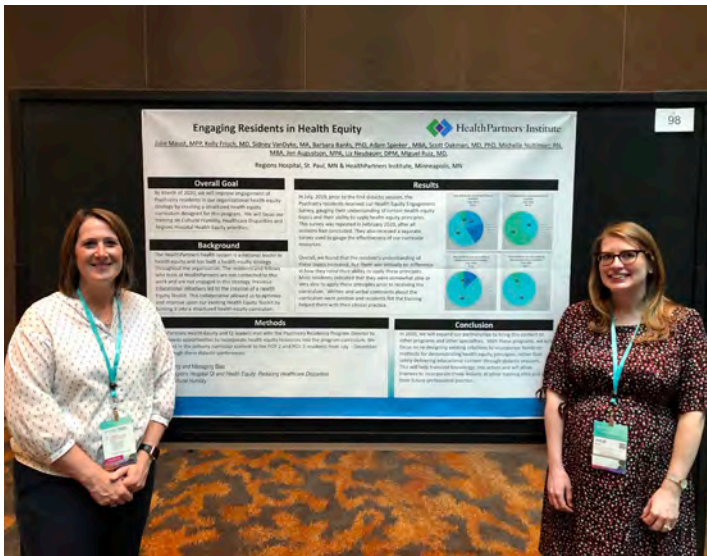


### What is myPartner?

Did you know, myPartner is the HealthPartners intranet site? The Office of Health Professional Education maintains resources and content relevant to our clinician educators and trainees on this page on the intranet: <https://intranet.healthpartners.com/Clinical-Educator-Trainee-Resources>. We have resources as well as information that is relevant to each type of trainee, educator and program leader. You can find a resource from the resource menu or deep dive into specific topics from our topics menu. You can also learn more about our team, or quickly access our collaboration sites and archives. Contact [Cecily Spencer](#) if you have questions or ideas about specific content on our page.



### HealthPartners Institute/Regions Hospital selected to participate in National Education QI Collaborative



The Accreditation Council for Graduate Medical Education (ACGME) selected HealthPartners Institute/Regions Hospital as a Pathway Leader for Quality Improvement in Healthcare Disparities. The Institute was one of nine training institutions selected to participate in this national QI collaborative. This is an 18-month initiative to develop QI and healthcare disparities curriculum for trainees. This achievement is a recognition of the great health equity and quality improvement work happening at Regions Hospital and the strong partnerships between education and hospital leadership.

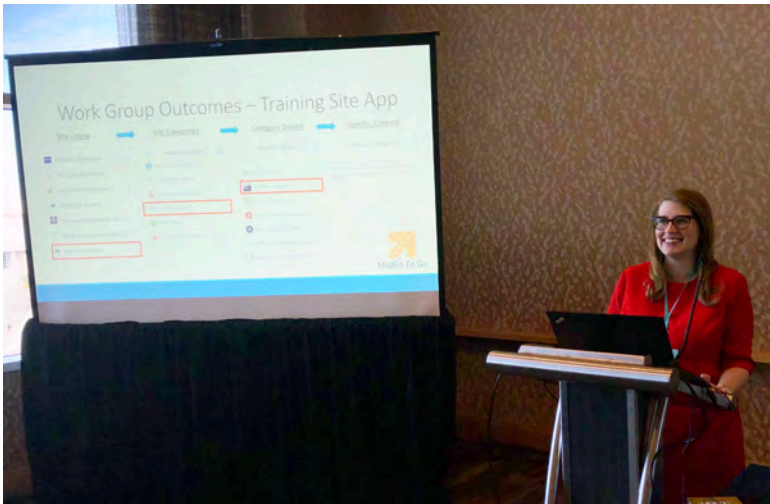
The collaborative began in November of 2018 by partnering the Regions Hospital Health Equity team and trainees from the Psychiatry Residency Program to utilize components of the OHPE Health Equity Toolkit which addresses cultural humility and health care disparities. The psychiatry residents indicated that the curriculum increased their understanding of health equity concepts as well as their ability to utilize principles learned to benefit their practice.

Kelly Frisch and Julie Maust recently presented on their work at the 2020 ACGME Annual Educational Conference, marking the end of the ACGME collaborative. Future plans include incorporating specific health care disparity tools into additional training programs within the HealthPartners clinical learning environment.

## OHPE Announcements (continued)



### Julie Maust, GME Director, gives workshop at ACGME Annual Education Conference



OHPE's graduate medical education work was featured at the 2020 Accreditation Council for Graduate Medical Education (ACGME) Annual Education Conference last month, in a workshop given by Julie Maust regarding the Minnesota Metro Council for Graduate Medical Education's (MMCGME) Operations Committee. MMCGME, a consortium of teaching hospitals in the Twin Cities, created the committee to find operational and administrative efficiencies across training sites with the common goal of improving the experiences of residents and fellows. The Twin Cities are home to 13 major

teaching sites and six sponsoring institutions, who serve 1,300 residents and fellows. Most of these trainees rotate through several different training sites and face different operational processes for the same requirements, which is often duplicative. The Operations Committee has been working for three years to reduce these redundancies.

The workshop highlighted best practices and tools developed by the committee, which Julie co-chairs with her counterpart at the University of Minnesota. Most notable was the resident/fellow training site app, Med Ed To Go, recently released in July 2019. The app offers all Twin Cities learners access to mental health and well-being resources as well as quick, relevant information about their training sites right at their fingertips.

## People Update



### Ralph Bovard, MD represents HealthPartners at the American Birkebeiner race

Dr. Ralph Bovard, Program Director of the HealthPartners Occupational Medicine Residency program, joined fellow colleagues to represent HealthPartners at the American Birkebeiner (or Birkie) cross-country ski event in Hayward, WI last month.

The American Birkebeiner is the largest cross-country ski race in North America, and one of the longest. Over 10,000 skiers from 47 states & 22 nations participated in the four days of races. Some 3,000 volunteers and over 25,000 spectators attended the event. Read more about the event [here](#).

## People Update (continued)



### REACH students honored for commitment to humanistic, patient-centered care

Allie Atkins, Chelsey Petrich, Diana Rubio, and Whitney Savage, students in the REACH LIC program, were chosen for induction into the Gold Humanism Honor Society (GHHS). They were chosen for membership by their peers because of their commitment to humanistic, patient-centered care.



The society honors UME and GME students who “demonstrate excellence in clinical care, leadership, compassion and dedication to service.” It was founded in 2002 to elevate the humanistic values of integrity, excellence, compassion, altruism, respect, and empathy within the field of medicine. GHHS has more than 160 chapters in medical schools and residency programs nationally and internationally.

**Get to know OHPE** – *Learn a little about us, so we can support you. We are strongest when we work together with those we serve.*

**Rebecca Bellefy** is a Program Associate at the Office of Health Professional Education. She coordinates and supports training at Regions for the Internal Medicine program.

To learn more fun facts about Rebecca, check out [this video](#).



## Program Updates

### Program of the month: Dermatology Residency Program

The HealthPartners Institute Dermatology Residency program is our newest sponsored residency program. The program was granted ACGME accreditation in 2018, and the first class of residents began their training in July 2019.

The program has more than 40 dermatologists with rich experience in teaching and education.

Residents in the program begin work as junior colleagues and collaborative educators. Clinics are primarily set up as a continuity model. Residents care for their own panel of patients from day one, with support and supervision appropriate to their training. With a focus on abilities of synthesis, they quickly begin to independently develop differential diagnoses, diagnose and treat their own patients.

Faculty help hone appropriate empathy in providing care, while respecting the boundaries between patient and physician. There are on-going and growing opportunities for faculty development within our program.

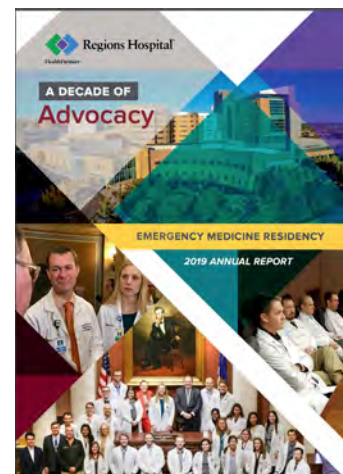
The residents have clinic weekly at Burnsville, St. Louis Park and HealthPartners Specialty Center and rotate in Dermatopathology at Regions Hospital and in the Park Nicollet Dermatology department. There is also a free-standing dedicated patch test clinic at the Airport Clinic.

Molly Goodier, one of the residents, will be presenting at Gross and Microscopic session at the American Academy of Dermatology (AAD) Annual Meeting which is March 20-24, 2020.

John Fenyk is the Program Director and Gretchen Jackson is the Program Coordinator for the HealthPartners Institute Dermatology Residency program. Visit the [program website](#) to learn more.

### Emergency Medicine Residency annual report highlights healthcare advocacy

The Regions Hospital Emergency Medicine Residency program recently published its 2019 Annual Report. The report includes updates from program leadership, trainees and highlights the program's focus on advocacy over the last decade. Read it [here](#).



## Connect with us

Visit the Institute website, to learn more about Health Professional Education at HealthPartners:  
[www.healthpartners.com/institute/education/ohpe](http://www.healthpartners.com/institute/education/ohpe)

If you have a story you would like to contribute to the OHPE Update, email submissions to: [Pratakshya.x.Bhandari@healthpartners.com](mailto:Pratakshya.x.Bhandari@healthpartners.com)