Advanced Strategies for Diabetes Educators

*In-depth focus on technologies and comorbidities*

**Dates**
Thursday and Friday
November 12 and 13, 2020

**Location**
Naegele Auditorium
Park Nicollet Clinic & Specialty Center
3800 Park Nicollet Blvd.
St. Louis Park, MN 55416
(View map and directions)

**Audience**
This advanced training program is designed for certified diabetes educators, nurses, dietitians and pharmacists who have a strong foundation in diabetes care and education. This program may also be appropriate for those who have attended *Diabetes Foundations for Health Professionals*. A minimum of five years of experience or equivalent in diabetes care and education is recommended.

**Description**
Even after years of experience in diabetes care and education, there is always more to learn. New therapies and technologies enter the marketplace, creating the need to rethink strategies for glucose management. It is exciting and demanding to stay current and cutting edge. Yet, the desire to ensure that every individual with diabetes, or at risk of diabetes, receives the best possible care motivates us to continue to grow personally and professionally.

This program is designed to fill in the knowledge gaps created by new technologies and therapies for those with years of diabetes management experience. You’ll learn more about the common complications and comorbidities faced by people with diabetes. We’ll draw on the collective experience of audience members and faculty as we work together on case studies and apply decision aids to improve glucose control. A minimum of five years of experience or equivalent in diabetes care and education is recommended.

**Tuition**
$375. Tuition includes continental breakfast and lunch. An electronic syllabus will be available for download prior to the conference. Participants have the option of purchasing a printed syllabus for $30 when ordering.

Register online

Printable registration form to fax or mail
Contact us with questions or to register.
Phone: 952-993-3531
Toll-free: 1-888-786-3119
Fax: 952-993-3033
E-mail: cme@parknicollet.com

Agenda highlights
(Note: Topics and learner outcomes may change without notice)

Day 1 (Thursday)
8:00 a.m. to 4:45 p.m.
• Advanced Topics in Diabetes
• The Journey from A1C to CGM
• Using CGM Data to Adjust Therapies
• Ask the Pharmacist
• Making Insulin Pump Adjustments: Case Presentations
• Binge Eating Disorders and Type 2 Diabetes
• Prevention, Detection and Treatment of Diabetic Kidney Disease
• Update on Diabetes Technologies

Day 2 (Friday)
8:00 a.m. to 3:15 p.m.
• Advanced Topics in Nutrition
• Insulin Management in Challenging Clinical Scenarios
• Exercise Management in Type 1 Diabetes
• Breakout Session (choose one):
  A. Keeping Up with the Kidney: Nutrition Considerations
  B. Healthy Pregnancies with Pre-Existing Diabetes
• Managing Type 2 Diabetes: Case Presentations
• What Now? When Eating Disorders and Diabetes Coexist
• Update on Diabetes Technologies

Learner outcomes
At the end of this session, the learner will self-report more confidence to:
• Assess glucose data and recommend treatment adjustments
• Describe nutrition interventions for people with diabetes
• Discuss models of diabetes care and education for specialized populations (pregnancy, eating disorders, latent autoimmune diabetes, athletes)
• Assess, select and recommend diabetes pharmaceutical therapies based on patient assessment
• Discuss evidence-based strategies to prevent, detect and treat diabetes-related complications of cardiovascular disease and kidney disease
• Identify diabetes technology products and their application to individual patients
Faculty and planning committee
Rami Almokayyad, MBBS, ECNU
Anders Carlson, MD
Nicole Carlson, PA-C
Amy Criego, MD
Mari Ekblad, RDN, CDE
Janny Gau, PharmD, BCACP
Dana Gershenoff, MS, RD, CDE
Aimee Grieme, RN, CDE*
Caitlin Hasledalen, PWD
Jill Haugen*
*Planning committee
Mary L. Johnson, RN, CDE
Alison Knutson, PharmD, BCACP
Jill Leer, PhD, LP
Janet Lima, MPH, RN, CDE*
Thomas Martens, MD
Marcia Meier, BAN, RN, CDE
Alina Punel, RN*
Diane Reader, RDN, CDE*
Gregg Simonson, PhD*

Continuing education credits
This activity has been submitted to Wisconsin Nurses Association Continuing Education Approval Committee (WNA CEAP) for approval to award contact hours. WNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Determination is pending; up to 13.0 credits may be awarded.

Continuing professional education has been applied for through the Commission on Dietetic Registration. Up to 13.0 credit hours may be awarded.

This program has been approved by the Minnesota Board of Pharmacy and is acceptable for 13.0 hours.

Cancellation and refund policy
The registration fee, less a $50 administrative fee, is refundable if cancellation is received at least five business days before the conference date.
All continuing medical education activities are subject to cancellation. In the event this conference is canceled, the Office of Continuing Education, HealthPartners Institute, is not responsible for any airfare, hotel or other costs incurred by participants.

Course location and facility
This conference will be held in the Naegle Auditorium on the seventh floor of Park Nicollet Clinic & Specialty Center at 3800 Park Nicollet Blvd., St. Louis Park, Minnesota, conveniently located at the northeast intersection of Highway 100 and Excelsior Blvd. Follow the signs off Excelsior Blvd. to park in the free parking ramp.

A map will be sent with your confirmation letter.

Please note that because our conference facilities are not equipped for infants and children, we ask that you make arrangements for childcare.
Hotel arrangements
Contact any of these conveniently located hotels:

- **Holiday Inn Express***
  6051 Golden Hills Drive
  Golden Valley, MN 55416
  763-545-8300

- **Homewood Suites***
  5305 Wayzata Blvd.
  St. Louis Park, MN 55416
  952-544-0495

- **Marriott Residence Inn***
  3400 Edinborough Way
  Edina, MN 55435
  952-893-9300

*Note: These hotels offer a special IDC/Park Nicollet rate and include shuttle. Attendees are responsible for all travel, hotel arrangements and expenses.
Thursday and Friday, November 12–13, 2020

Name: ____________________________________________________________________________
(including credentials, as you want them to appear on your name badge)

Organization: _______________________________________________________________________

Business address: ___________________________________________________________________
City: ___________________________________________ State: ________ ZIP: ________________

Business phone: _______________________________ Fax: _________________________________

Email: ______________________________________________________________________________

Dietary requirements or special needs: ____________________________________________________

Tuition and syllabus
Tuition is $375. Includes continental breakfast and lunch. An electronic syllabus will be available for
download prior to the conference. Participants have the option of purchasing a printed syllabus (check the
box).  Q Include a printed syllabus for an additional $30.

Breakout sessions
Circle the letter of the breakout you want to attend on Friday:  A or B

Payment
Q Check (enclosed, payable to International Diabetes Center)  Q Visa  Q MasterCard  Q Discover  Q American Express

Credit card number: _______________________________ Expiration date: ________________
Cardholder name (please print): ________________________________
Cardholder signature: ________________________________

Registration
If you are registered, check in and pick up your name badge and program materials the morning of the
program. New registrations will be allowed on-site, as space permits, and must include payment.

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HealthPartners Institute, is not responsible for any airfare, hotel or other costs incurred by participants.

Location
Naegele Auditorium
Park Nicollet Clinic & Specialty Center
3800 Park Nicollet Blvd., Seventh Floor N.
Minneapolis, MN 55416
Hwy. 100 to Excelsior Blvd.; east to Park Nicollet Blvd. (across from Miracle Mile Shopping Center). Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free. or, Hwy 169 to Excelsior Blvd.; east about three miles to Park Nicollet Blvd. Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free.