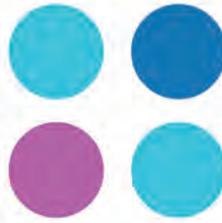


# OHPE Update:

A Newsletter for Residents, Students,  
& Clinician Educators



April 2020

## From the Office of Health Professional Education

This past month has been filled with uncertainty and in the midst of rapid change, stress, and chaos, our trainees, clinician educators, and staff members have worked tirelessly to care for our patients and prepare our care systems for a patient surge. We are proud to work with you and thank you for your courage and commitment to the health of our community.

In this issue, we provide several resources and updates to help navigate these changes, including: COVID-19 clinician education resources; Advanced Practice Connect Online Sessions; and information on the impact of COVID-19 on health professional education. We've also included resources for well-being, a tip sheet about using WebEx, and research resources at the Regions Hospital Library.

## OHPE Announcements

### COVID-19 resources and impact to health professional education environment

#### Trainee COVID-19 Resources

Residents and fellows are essential members of the care team and we want to ensure all residents have adequate education on the use of PPE to keep themselves safe.

For a review of PPE donning and doffing, click on the videos below:

[PPE Donning and Doffing with N95](#)

[PPE Donning and Doffing with PAPR](#)

- Latest information and guidelines on COVID-19 (Coronavirus) is available on HealthPartners intranet site here: [COVID-19 Preparedness](#). This health advisory includes information from CDC, as well as our local facility contacts if you have questions.
- For the latest updates from the Accreditation Council for Graduate Medical Education (ACGME), access the [COVID-19 topic on the website newsroom section](#).

## OHPE Announcements (continued)

### Student clinician rotations continue to be suspended through 5/15/20

We recognize this is disruptive to the students' education but given limited PPE supplies and the need to ensure the safety of our staff, patients, and trainees, we are not able to provide clinical rotations.

Students may continue rotations if departments/preceptors are able to provide non-clinical opportunities, such as independent study or projects outside of the clinical environment. We are exploring opportunities to pilot new learning experiences using telehealth. As we look to the summer and fall, we will assess our organization's readiness to host students and provide quality education.

Please contact Michelle Noltimier, Director of APC Education, at [Michelle.T.Noltimier@HealthPartners.com](mailto:Michelle.T.Noltimier@HealthPartners.com) with questions or inquiries.

### Clinical Simulation Update



To maintain social distancing, most clinical simulation courses have been cancelled until May 15, 2020.

Our team has been involved in discussions with simulationists around the country, learning how to adapt simulation education during the pandemic. We are exploring the technological component of virtual simulation as well as identifying how the methodology itself could transform in order to meet the needs of learners. Our team is still supporting essential training needs within the organization as the need arises.

Please contact Heather Anderson at [Heather.A.Anderson@HealthPartners.Com](mailto:Heather.A.Anderson@HealthPartners.Com) with questions or inquiries related to Clinical Simulation.

### Important new retrieval and return process for PAPRs:

PAPRs are an important PPE device and are in limited quantity here and across the nation. With your safety in mind, Regions Hospital is implementing a more accountable way to obtain and return PAPRs.

Beginning April 20th anyone who uses a PAPR must return it to Supply Chain (first floor, East Section, across from the morgue) in person at the end of their use or shift – whichever comes first. This includes all health care workers requiring the use of a PAPR.

## PAPR RETRIEVAL & RETURN UPDATES

April 17, 2020

### Why is Regions Hospital changing its process?

- Consistent lack of returning PAPR blower motors to soiled utility rooms.
- Supply Chain, for regulatory purposes, must run testing between **each** user.
- Battery must be recharged to ensure proper functioning **for your safety**.

### PAPR Retrieval

**Step 1:** Submit order to Supply Chain via EPIC for type of PAPR blower motor, **and** include full name of staff/provider requesting the PAPR.

### Do you know what PAPR you need?



#### AIR MATE

- Hose kept with hood
- Hood has orange warning label



#### VERSAFLO

- Hose not compatible with Air Mate- stays with blower
- Hood has red 3M label & gray foam forehead band

**Step 2:** SCS will deliver equipment. Authorization of proper use and return of the PAPR includes printing the **name** and **department** of the person needing it for retrieval.

\* A HUC may sign for PAPR, but must include the *information of the person using the PAPR\**

### PAPR Return

**Step 1:** Properly clean the PAPR after use prior to returning

\*\* Tubing for Versaflo is reusable. Do not remove.

\*\* Tubing for Air Mate can be disconnected & kept with PAPR hood.

**Step 2:** Return the PAPR directly to Supply Chain Storage Room E1839 (across from Morgue) when you are finished using, and no later than at the end of your shift. **You can do this on your way out.**

Signs and a designated cart with return log are in place.

Find your name in the log and sign when returning.

**Your Safety Matters!**

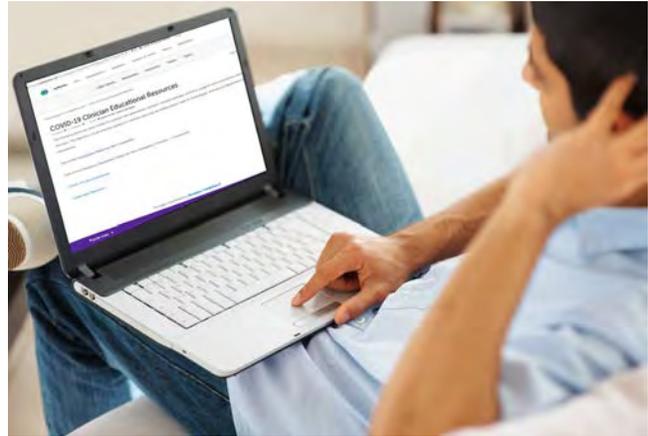
**Avoid Delays in receiving a PAPR- everyone who needs a PAPR needs it within a timely fashion!**

## OHPE Announcements (continued)



### OHPE supports development of COVID-19 clinician education resources

We've teamed up with operational leaders and content experts to create resources for primary care ambulatory clinicians, medical specialty clinicians, surgeons, and community senior care clinicians. These resources provide key updates to clinicians who may be redeployed to care for hospitalized, emergency department, and critical care patients. Access any of the following on the new myPartner intranet page titled, [COVID-19 Clinician Education Resources](#).



- Care of the Hospitalized Patient for Non-Hospitalists
- Care of the Emergency Department Patient for Non-Emergency Clinician - coming soon
- COVID-19 Case Conferences
- Critical Care Resources

### OHPE hosts new APC Connect Sessions

In an effort to support the creation of a community of learning for advanced practice students, educators, and learners during the COVID-19 crisis, we have started hosting APC Connect sessions for schools, programs, preceptors, and clinical sites.

Through these sessions, we aim to collaborate with content experts, stay connected, and establish a support system across our community of learning. For more details on how to join these sessions and on-going connection in the APC Community Slack group, visit [our website](#) for more details.



## OHPE Announcements (continued)



### Join COVID-19 Case Conferences, or view later!

Over 360 clinicians and trainees attended the first weekly COVID-19 Case Conference session designed for HealthPartners clinicians and trainees on April 16th. Case presentations include recent or current patients from our care system and provide up-to-date education on approaches to care and workflows within our system.

Case presentations will be co-lead by Tarrek Hegab, MD (Hospital Medicine) and Meredith Wold, PA-C (Institute) and held every Thursday morning from 7:00-8:00 am via WebEx.

#### Objectives:

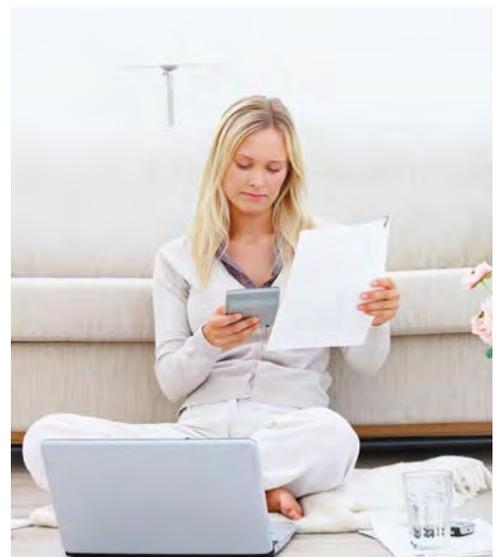
- Apply educational content related to COVID-19
- Provide education from content experts including hospital medicine, critical care, emergency medicine, infectious disease, etc.
- Discuss “real time” clinical cases from our system to apply changing workflows and approaches to clinical care
- Apply updates presented on the Tuesday morning Clinician WebEx sessions

To request a calendar invitation with login information for these sessions, contact [Monica.M.Hoepfner@healthpartners.com](mailto:Monica.M.Hoepfner@healthpartners.com).

You can also access recorded sessions and claim CME credits on the [COVID-19 Case Conference myPartner intranet page](#).

### Focus on wellness

When your new normal asks you to step into some big unknowns, Be Well is here to give you a boost. This guide is a list of resources that are intended to help with the effects of social distancing that we are all feeling, whether we are still on-site at our work locations or working from home. The guide provides both internal and external resources to help you care for yourself, your family, and household members during this time. Access the guide [here](#).





### Regions Hospital Library access and COVID-19 research information



The library is open for employees to work or study. For after-hours access, [fill out this form](#). Interlibrary loans may be delayed, especially if they are older and only published in print. If you have questions, contact the Regions Library at [medicallibrary@healthpartners.com](mailto:medicallibrary@healthpartners.com)

The library's resources can be accessed remotely within the HealthPartners network (in-person or via VPN, Citrix) from the [library site](#).

[Open Athens](#) – click here if you need access to library resources through proxy server

Browzine app – to register: begin by using your phone or tablet on campus, download the Browzine app (guest network is fine) and register (using your HealthPartners email). Pair Browzine with Regions Library. You will be able to use the Browzine app from home for 90 days before you have to use it again within the network.

[Other databases](#) – visit this site for instructions on how to access specific resources. Most have you create a user profile while in the network, and then you can use it remotely.

Explore the library's [COVID-19 page](#) for the latest journal articles from JAMA, NEJM, and other major publications. The page also includes search strategy links to PubMed on more specific coronavirus topics, like pediatrics, pregnancy, etc.

### HealthPartners Institute's Knowledge Exchange provides easy access to scholarly materials

The [Knowledge Exchange](#) repository provides easy access to findings and scholarly materials from across HealthPartners. It currently includes research articles, books, and chapters, as well as citations for conference papers, posters, and abstracts. Future phases include the addition of or connection to educational and other improvement materials. The [FAQ](#) provides more details.

Knowledge Exchange supports our learning health organization by making connections. Looking for someone to collaborate with on a project or trying to find an expert on a particular topic? Want to see what work has already been done on a topic you're going to study? Or do you want to learn more from the amazing amount of expertise published by your colleagues? Knowledge Exchange provides these connections not only internally, but to external partners as well.



## Brad Gordon, MD shares advice to help navigate your digital lives at work and home

To assist faculty and trainees who present via WebEx you might find this tip sheet useful.

### Tech Tips for WebEx for Faculty, Fellows and Residents

Webex can be frustrating. Here are my top suggestions. **These tips assume you aren't 'hosting' the meeting: as a faculty or learner, you just want to grab the screen, do your thing and walk away.**

Test run with the coordinator / conference facilitator ahead of time.

This can be hard to make the time, but worth it.

- One option (the best) is to ask the moderator (like a program coordinator) to quickly open up their 'webex personal room' with you and test out the meeting. This might be better than hanging up the whole meeting troubleshooting.
- Another option is to use the Webex test meeting site: <https://www.webex.com/test-meeting.html#>. I don't know of a way to 'see' what others see without having a second computer.

Use a computer to present, not a tablet.

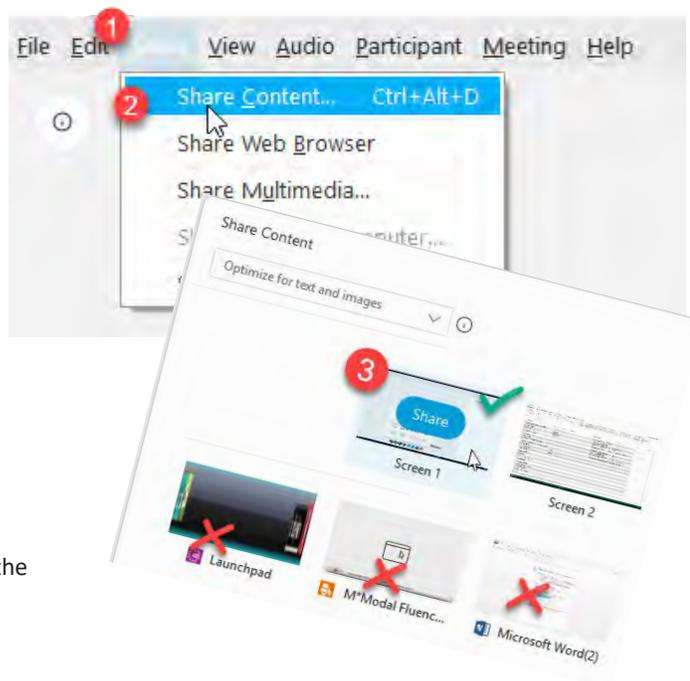
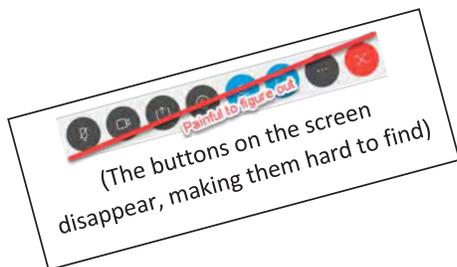
Unless you know what you are doing.

Use a headset, rather than your computer's built in speaker and audio

99% of audio issues in conferences are due to the computer trying to act like a speakerphone causing feedback. [Buying suggestions](#)

Share your [Screen](#) via the [Share](#) menu, don't bother use the buttons

The buttons are the same place. (unlike the round buttons)



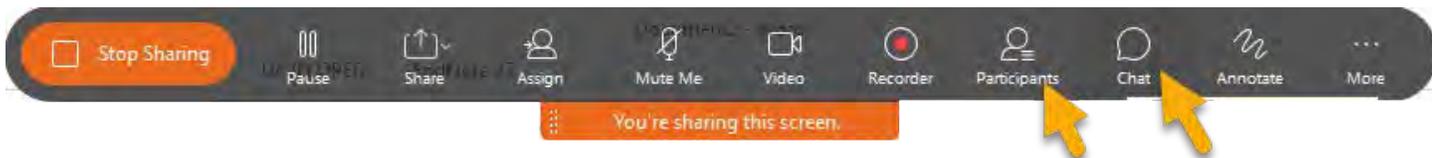
In the box that appears, share your **screen**, not one of the applications.

Learn the Presenter Toolbar, especially the 'Chat' button.

Often conversations are happening in the chat, and this disappears when you become the presenter.



If you click on this tab at the top of the sharing monitor ...



The Chat button will pop the window open on top of what you are presenting. You can then watch the comments while you are presenting. You can also pull the participants list up, but that's less useful unless you're the host on Mute Patrol.

### PowerPoint Presenter Tools can get annoying.

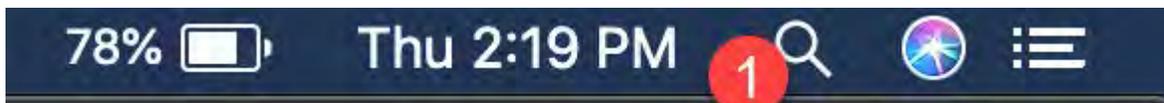
If you have multiple monitors, expect that PowerPoint Presenter view will occur when you click 'share screen'. The easiest way to know is to test your powerpoint before you have to present and learn which screen it will display upon and then share that screen. You can also disable Presenter View easily in the Slideshow ribbon.



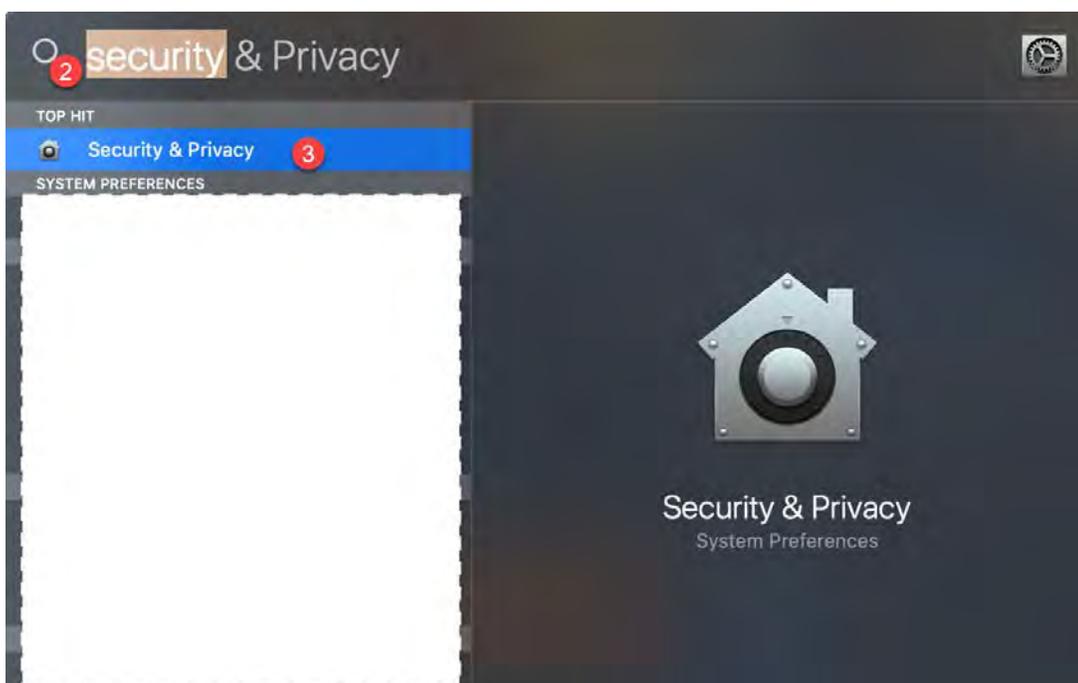
### If presenting from a Mac, Webex needs to have permissions to share screen.

Often this is a pop up that gets ignored (like a phone app asking 'can we send you notifications')

Go System Preferences Security & Privacy preference pane by clicking the Spotlight Magnifying glass in the upper right corner. (1)



Type "Security" to quickly find the right preference pane and select it (2), (3)



Once on the preference pane, click on the Privacy tab (4)

On the list of settings on the left, scroll down to "Screen Recording" (5)

Click on the Lock to make changes (6)

Enable Cisco WebEx Meeting Center (or Zoom.us) (7), (8)

Close the window (9)



## People Update

*Get to know OHPE – Learn a little about us, so we can support you. We are strongest when we work together with those we serve.*

Michelle Noltmier, RN, BSN, MBA is the Director for Physician Assistant and Nurse Practitioner Education at HealthPartners.

Learn more about Michelle and how she is connecting with internal and external partners to create community for advanced practice clinicians.



# Program Updates

## Match Day!

March 20th was the National Resident Matching Program (NRMP) Match Day for thousands of medical students and graduates from the US and around the world. Match Day is one of the most important dates for medical students, signifying the end of medical school and the transition to full-time clinical training.

There is always a great deal of anticipation and excitement on Match Day as participants are notified of the residency program in which they will train for the next 3-7 years.

Introducing our new colleagues...

## Dermatology

Beginning July 1, 2020 Samantha Gardeen and Anna Kozlowski will be starting their training in our program.



Samantha Gardeen is currently in the Internal Medicine residency at Hennepin County Medical Center.



Anna Kozlowski is currently participating in a post graduate research position in the Dermatology Department at the University of Miami. Prior to this Anna completed a transitional year at Gunderson Health.

Beginning July 1, 2021 Lauren Cutler and Megan O'Connor will be starting their training in our program.



Lauren Cutler is currently in the Emergency Medicine residency at the LAC + USC Medical Center.



Megan O'Connor is expected to graduate from the Eastern Virginia Medical School this May.

# Program Updates (continued)

Emergency Medicine



## Welcomes EM Resident Class of 2023



**Mckinzy Butler**  
University of Minnesota



**Sean Condon**  
University of South Dakota



**River Cook**  
University of Kansas



**Elizabeth DeYoung**  
Michigan State University



**Alec Haug**  
University of Minnesota-Duluth



**Josh Loiseau**  
University of Washington



**Nick Maleska**  
University of Minnesota



**Brett Milbrandt**  
University of Minnesota



**Sam Southgate**  
University of Connecticut



**Dan Stone**  
Oregon Health & Science  
University



**Annika Strand**  
University of North Dakota

# Program Updates (continued)

## Family Medicine

### U of MN / Methodist Hospital FM Residency program



**Maggie Abraham**  
University of Minnesota  
Medical School



**Mariah Eggebraaten**  
University of Minnesota  
Medical School



**Molly Favour**  
Virginia Commonwealth  
University School of Medicine



**Anil Gherau**  
Des Moines University College  
of Osteopathic Medicine



**Paul McManus**  
Kansas City University of  
Medicine and Biosciences  
College of Osteopathic Medicine

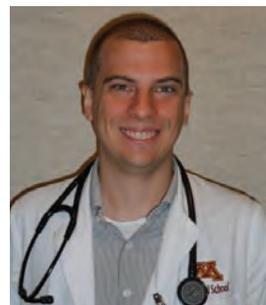


**Kelsey Simmons**  
University of Minnesota  
Medical School

### HPI/Western Wisconsin Rural



**Dwijesh Sheth**  
Tianjin Medical University



**Adam Strohschein**  
University of Minnesota  
Medical School

## WELCOME CLASS OF 2023!



**Garrett Nelson**

Kent State University College of Podiatric Medicine

**Hometown:** Lincoln, NE



**Chloe Sakow**

Dr. William M. Scholl College of Podiatric Medicine

**Hometown:** Closter, NJ



**Kristen Brett**

Kent State University College of Podiatric Medicine

**Hometown:** Hebron, CT



## Occupational Medicine Residents Class of 2022



### Curt Grob, MD

BS Biochemistry, SUNY Stony Brook  
Medical School: Medical University of South Carolina  
Fellowship: Hypertension, MUSC  
Internship: Surgery, MUSC

Originally from Upstate New York, Dr. Grob pursued his Bachelor's in Biochemistry at SUNY Stony Brook. He then studied Public Health at SUNY Albany but left to attend Medical School at MUSC in Charleston, SC. After completing a Hypertension Fellowship and Surgical Internship, Curt spent the last 13 years practicing Occupational Medicine as the Medical Director and Staff Physician at the Federal Law Enforcement Training Center in Charleston, SC. His research interests include applying predictive modeling, Artificial Intelligence, and advanced computing to Occupational Medicine in order to optimize health outcomes. In his spare time Curt enjoys spending time with his wife and daughter, skiing and snowboarding, playing with expensive sports cars, developing Apps and living the dolce vita.



### Ambica Nakhasi, MD

BA: International Studies (Global Health), University of Iowa  
Medical School: Ross University School of Medicine  
Residency: Int. Medicine/Neurology, Cooper University Hospital, NJ

Dr. Nakhasi is from Waterloo, Iowa where she graduated Valedictorian of her high school class. She earned her B.A. in international studies with emphasis in global health at the University of Iowa. She earned her M.D. at Ross University School of Medicine in the Caribbean. Dr. Nakhasi continued her medical training in Internal Medicine/Neurology at Cooper University Hospital in New Jersey. Her academic research has been published in Neurology, BMJ, and Academic Pediatrics. Dr. Nakhasi's interests are to provide cost-effective medicine, correct health inequality, and advance medical education.

# Program Updates (continued)

Psychiatry

## Hennepin-Regions Psychiatry Training Program 2020-2021 PGY1 Intern Class



Sonnie Lee  
Creighton University



Elizabeth Lieske  
University of Minnesota

John-Caleb "Gus" O'Malley  
University of Washington

Elizabeth Roeske  
University of Minnesota



Erin Poncin  
American University  
of the Caribbean



Sophie Scharner  
Charité-Universitätsmedizin  
Berlin



Joshua Tomashek  
Des Moines University

## Program Updates (continued)

### REACH students win \$5000 grant for Higher Ground project



Regions Equitable & Affordable Community Health Longitudinal Integrated Clerkship, (REACH LIC) students Diana Rubio, Allie Atkins, and Chelsey Petrich were recently awarded a grant for \$5000 from the Paulson Community Enrichment Program. The grant was awarded for a QI project to improve health and wellness for residents of the Higher Ground homeless shelter in St. Paul.

The medical students volunteer at Higher Ground weekly throughout their 10 month program at Regions Hospital. The project will consist of weekly interactive health and wellness workshops including educational experiences with end stages of alcoholism, shelter-wide flu shot administration, and individualized medication education. The workshops will be approved by REACH medical faculty mentors and led by REACH medical students.

## Connect with us

Visit the Institute website to learn more about Health Professional Education at HealthPartners:  
<https://www.healthpartners.com/institute/education/ohpe/>

If you have a story you would like to contribute to the monthly OHPE Update, email submissions to: [Pratakshya.x.Bhandari@healthpartners.com](mailto:Pratakshya.x.Bhandari@healthpartners.com)