

# Clinical Diabetes Management for Primary Care Clinicians

## Dates

Thursday and Friday  
March 5–6, 2020

Thursday and Friday  
June 18–19, 2020

Thursday and Friday  
October 22–23, 2020

## Location

Naegele Auditorium  
Park Nicollet Clinic—St. Louis Park  
3800 Park Nicollet Blvd.  
St. Louis Park, MN 55416  
([View map and directions](#))

## About the program

Diabetes is a very common and serious disease. New diabetes therapies and technologies are expanding dramatically and evidence-based guidelines are continually changing, making management more challenging. Keeping current with the latest therapies and technologies for the management of diabetes and related comorbidities is difficult and time consuming.

Primary care clinicians need extensive knowledge of the natural history of diabetes and recommended treatment options, as well as the ability to teach patients how to successfully manage their disease. Given the complex and diverse nature of diabetes, education on evidence-based practice guidelines and protocols is vital to a clinician's ability to effectively treat patients.

This program uses lectures and interactive learning activities based on the latest research and clinically proven therapies. With an emphasis on application, this comprehensive program for clinicians includes practice-based case studies. This program will give clinicians increased knowledge, skills and confidence, and provide tools to manage this complex chronic disease.

## Tuition

Physicians \$575; other professionals \$475; residents and students \$300. Includes continental breakfast and lunch. An electronic syllabus will be available for download prior to the conference. Participants have the option of purchasing a printed syllabus for \$50 when registering. See registration form.

[Printable registration form](#)

Online registration:    [March 5–6, 2020](#)        [June 18–19, 2020](#)        [October 22–23, 2020](#)

**Please contact us with questions or to register.**

Phone: 952-993-3531

Toll-free: 1-888-786-3119

Fax: 952-993-3033

E-mail: [cme@parknicollet.com](mailto:cme@parknicollet.com)

**Program objectives**

Following this course, participants will be able to:

- Evaluate noninsulin diabetes therapies and identify principles for selecting, combining and advancing medications
- Initiate insulin therapy based on patient assessment and adjust insulin doses based on pattern management or using continuous glucose monitoring reports
- Develop strategies to improve adherence to diabetes self-management activities such as eating for better health and glucose monitoring
- Outline a systematic approach for managing the complications of diabetes: hypertension, dyslipidemia, renal disease, neuropathy, wound care and sexual function
- Describe diabetes management in specific circumstances such as steroid therapy, pregnancy and the elderly
- Discuss evidence-based strategies to address obesity, including diabetes prevention in adolescents

**Who should attend?**

This program is intended for primary care physicians, nurse practitioners, physician assistants and pharmacists.

**Accreditation**

HealthPartners Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Medical Education, HealthPartners Institute, designates this live activity for a maximum of 13.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This program has been approved by the Minnesota Board of Pharmacy and is acceptable for 13.75 hours. The program number assigned to this course is: #2-088-306-039.

It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

## **Tentative Agenda (subject to change without notice)**

### **Day 1 (Thursday)**

- 7:30 a.m.** Registration and light breakfast
- 8:00** **Welcome and announcements**
- 8:15** **Diabetes Management Today**
- 9:15** **Medical Nutrition Therapy for Diabetes and Commonly Asked Nutrition Questions**
- 10:15** Break
- 10:30** **Navigating the Maze of Noninsulin Therapies**
- Noon** Lunch
- 1 p.m.** **Comprehensive Diabetes Care**
- 1:30** **Moving the Needle on Insulin Therapy**
- 2:30** Break
- 2:45** **Glucose Pattern Management: Focus On Insulin**
- 3:45** **Managing Common Concerns for the Elderly Patient**
- 4:15** **How Diabetes Affects Sexual Health**
- 5:00** Adjourn

### **Day 2 (Friday)**

- 7:45 a.m.** Light breakfast
- 8:00** **Ask the Endocrinologist**
- Diabetes medication adjustments for procedures
  - Management of steroid-induced hyperglycemia
  - Using concentrated insulins
  - Diabetes and driving
  - Insulin pumps
- 9:15** **Diabetes and the Foot: Neuropathy and Wound Care**
- 10:00** Break
- 10:15** **Cardiometabolic Risk: Targeting Hypertension**
- 11:00** **Cardiometabolic Risk: Targeting Lipids**
- 11:45** **Breakout Sessions:**
- A. Diabetes and Pregnancy
  - B. Using CGM to Adjust Medications: Case Studies
- 12:30 p.m.** Lunch
- 1:15** **Type 2 Diabetes Prevention in Adolescents**
- 1:45** **Options for the Overweight Patient**
- 2:45** **Kidney Disease and Diabetes**
- 3:30** Adjourn

## **Faculty and planning committee**

Rami Almokayyad, MBBS, ECNU  
Richard Bergenstal, MD  
Michael Butcher, DO  
Anders Carlson, MD  
Kristin Christiansen, MD  
Jill Haugen\*  
Andrew Kummer, MD  
Janet Lima, MPH, RN, CDE\*  
Thomas Martens, MD  
\*Planning committee

Diane Reader, RDN, LD, CDE\*  
Laura Ross, PA-C  
Betsy Schwartz, MD  
Gregg Simonson, PhD\*  
Maiken Strohm, MD  
Sarah Tupper, NP\*  
Jennifer Vesely, MD  
Amber Winkelman, DO  
Anthony Woolley, MD

## **Cancellation and refund policy**

The registration fee, less a \$50 administrative charge, is refundable if cancellation is received at least five business days before the conference date.

All continuing medical education activities are subject to cancellation. In the event this conference is cancelled, the Office of Continuing Medical Education, HealthPartners Institute, is not responsible for airfare, hotel or other costs incurred by participants.

## **Course location and facility**

This conference will be held in the Naegele Auditorium on the seventh floor of Park Nicollet Clinic & Specialty Center at 3800 Park Nicollet Blvd., St. Louis Park, Minnesota, conveniently located at the northeast intersection of Highway 100 and Excelsior Blvd. Follow the signs off Excelsior Blvd. to park in the free parking ramp.

A map will be sent with your confirmation letter.

Please note that our conference facilities are not equipped for infants and children. We ask that you make arrangements for childcare.

## **Hotel arrangements**

Contact any of these conveniently located hotels:

- [Holiday Inn Express\\*](#)  
6051 Golden Hills Drive  
Golden Valley, MN 55416  
763-545-8300
- [Marriott Residence Inn\\*](#)  
3400 Edinborough Way  
Edina, MN 55435  
952-893-9300
- [Homewood Suites\\*](#)  
5305 Wayzata Blvd.  
St. Louis Park, MN 55416  
952-544-0495

\*Note: These hotels offer special IDC/Park Nicollet rate and include shuttle. Attendees are responsible for all travel, hotel arrangements and expenses.

# Clinical Diabetes Management

for Primary Care Clinicians

## Registration Form

Online registration is preferred. If registering by mail or fax, please copy and use a separate form for each registration.

### Select your preferred date (Thursday and Friday):

March 5–6, 2020    June 18–19, 2020    October 22–23, 2020

Name: \_\_\_\_\_  
(including credentials, as you want them to appear on your name badge)

Organization: \_\_\_\_\_

Business address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Business phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Dietary requirements or special needs: \_\_\_\_\_

Register online today!

Web  
parknicollet.com/cme/diabetes

Phone  
952-993-3531  
1-888-786-3119

Mail  
Continuing Medical Education  
HealthPartners Institute  
3800 Park Nicollet Blvd.  
Minneapolis, MN 55416

Fax  
952-993-3033

Email  
cme@parknicollet.com

Thank you! You will receive registration confirmation.

*Because our facilities are not equipped for infants and children, we ask you to make arrangements for child care.*

### Tuition and syllabus

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### Breakout session

Write in the letter of the breakout session you want to attend on Friday (A or B). \_\_\_\_\_

### Payment

Check (*enclosed, payable to International Diabetes Center*)  
 Visa    MasterCard    Discover    American Express

Credit card number: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Cardholder name (please print): \_\_\_\_\_

Cardholder signature: \_\_\_\_\_

### Registration

If you are registered, check in and pick up your name badge and program materials the morning of the program. New registrations will be allowed on-site, as space permits, and must include payment.

### Cancellation, refund policy

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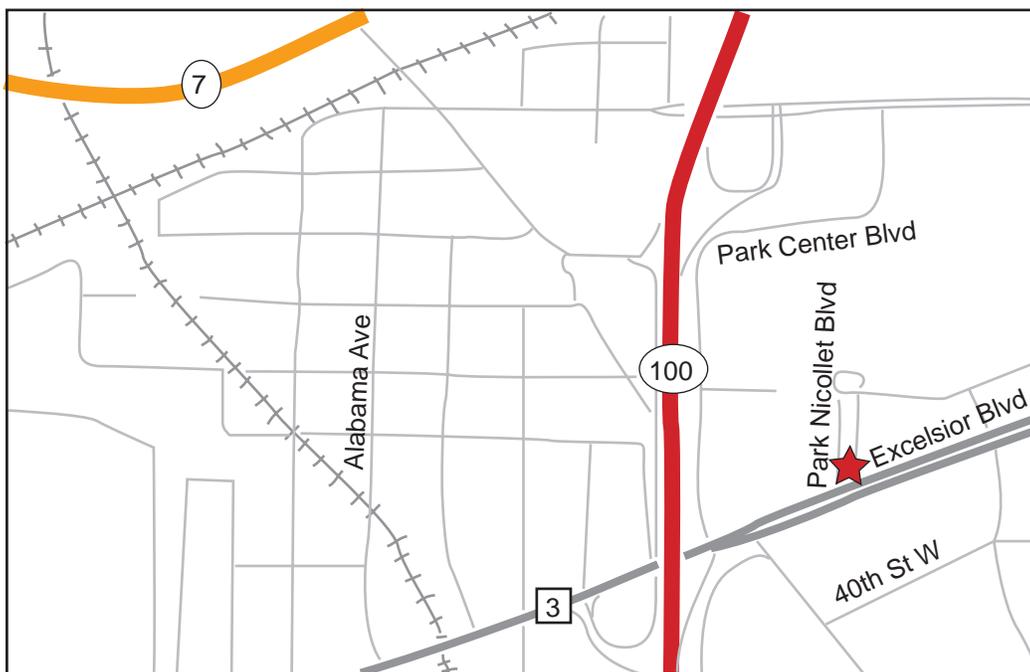
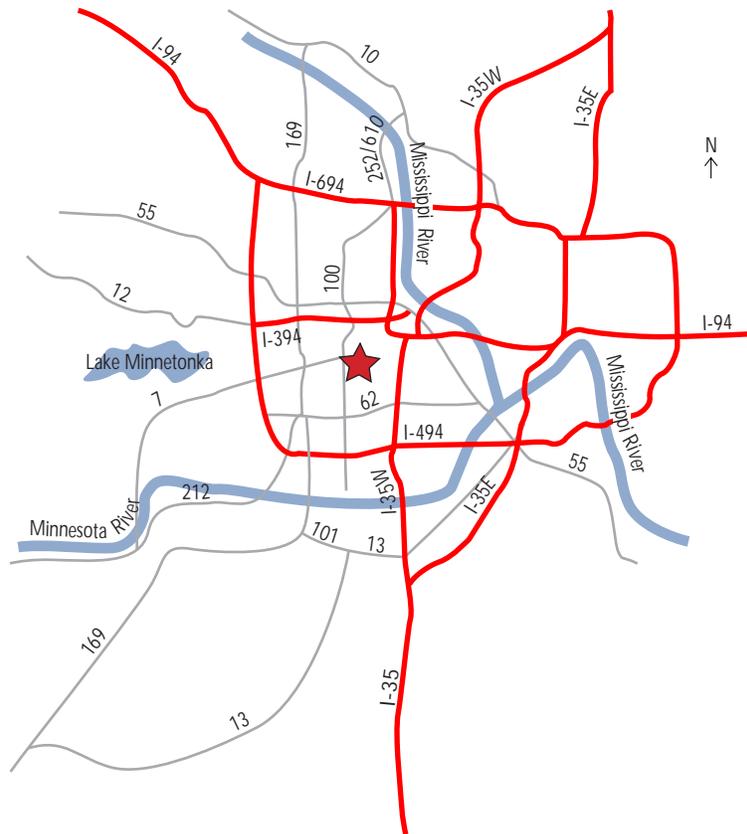
### Location

Naegele Auditorium  
Park Nicollet Clinic & Specialty Center – St. Louis Park  
3800 Park Nicollet Blvd., 7th Floor North  
Minneapolis, MN 55416



# Park Nicollet Clinic & Specialty Center

3800 Park Nicollet Boulevard  
St. Louis Park, MN 55416  
952-993-3123 (General Information)



Hwy. 100 to Excelsior Blvd.; east to Park Nicollet Blvd. (across from Miracle Mile Shopping Center). Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free. or, Hwy 169 to Excelsior Blvd.; east about three miles to Park Nicollet Blvd. Turn left into clinic and follow signs, going straight and then left to parking ramp. Parking is free.

# Park Nicollet Clinic & Specialty Center

