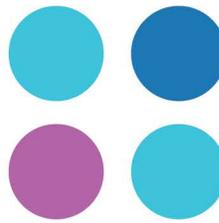


# OHPE Update:

A Newsletter for Residents, Students,  
& Clinician Educators



November 2020

## From the Office of Health Professional Education

We are excited to resume the OHPE Update Newsletter to continue highlighting the people and programs of our health professional education community, provide updates on our work, share resources, and find ways to connect. The newsletter took a hiatus to focus on key work to support our learners, staff, and colleagues and as we navigate the “new normal” during the COVID-19 pandemic.

We thank our residents, students, and educators for their resilience and commitment to education to provide the best patient care in a year that has challenged us in so many ways, including the COVID-19 pandemic, health equity and racism, and a passionate election.

Some key priorities this year included:

- Developing weekly COVID-19 case conferences and courses for redeployed clinicians to support the organization’s surge planning
- Developing resources to support clinical departments as they safely resumed student clinical rotations after cancellation in March
- Expanding support from APC students to all students with the help of our new SS4L application
- Supporting programs with virtual recruitment
- Supporting the combination of simulation programs at Methodist and Regions to create an organization-wide clinical simulation program
- Transitioning to provide clinician educator resources virtually, including the Simplifying Precepting course and the newly developed OHPE Unplugged series

Lastly, congratulations to Meredith Wold, PA-C and Tarrek Hegab, MD for being recognized with the Living our Values team award for providing expert guidance during the ongoing COVID-19 crisis. The 2020 President’s recognition is for their work developing and delivering the COVID-19 case conferences. The work has been instrumental in educating our clinicians on the rapidly-changing approaches and care of patients with COVID-19.

Read more about their recognition and other recipients on [myPartner](#)



## OHPE Announcements

### OHPE restructures leadership to support education priorities

The OHPE leadership team has been working to clarify the scope and priorities of our work in light of the growth in our programs, expanded work to support our organization during the COVID-19 pandemic, and our annual plan for 2021. As a result, we are excited to share changes in roles and responsibilities within the leadership team to best support this work. The changes are also designed to leverage the skills and expertise of each leadership team member.

In summary:

- **Julie Maust** will continue to provide leadership and expertise for GME accreditation and the clinical learning environment, collaborating with program leaders to strengthen new and existing programs.
- **Rachel Dahms, MD**, and **Meredith Wold, PA**, provide clinical leadership for medical student and advanced practice education, respectively. Meredith also co-leads the new Clinician Case Conference.
- We've aligned all program operations under **Cecily Spencer**, allowing us to coordinate resources and priorities across learner types. We are excited and grateful to Cecily for taking on this broader leadership role. **Willie Braziel** will continue as Manager of Operations and program coordination, reporting to Cecily along with **Kristin Robb**, Manager of Emergency Medical Education.
- **Michelle Noltimier** will continue to facilitate new program development based on the strategic needs of HealthPartners, and lead our expanded role in supporting clinical rotations for all learner types and our growing partnerships with schools.
- **Ryan Aga** is leading our innovative clinical simulation services across Methodist and Regions and will be working with stakeholders to design a single system-wide program for HealthPartners.

We are proud of everything the OHPE team has accomplished this year, and look forward to seeing how our work accelerates and grows with these new roles for our leadership team.

Please reach out to [Kelly Frisch, MD](#) or [Jeanette Augustson](#) if you have any questions or thoughts on future OHPE priorities.

### COVID-19 Case Conference series make a lasting impact

The COVID-19 Case Conferences provide case-based presentations and up-to-date education on approaches to care and workflows within our system. The objective of the conference series was to discuss "real-time" clinical presentations of patients from within our care system and learn from content experts in our care group.

Since April, the conferences have delivered over 3,000 hours of category one CME credit to HealthPartners clinicians. These recorded conferences are available on our [myPartner case conference page](#) and **clinicians are also able to view the recordings and claim CME credit.**

The positive impact of the case conference on our clinicians can be felt in the feedback we receive from attendees. The majority of conference attendees find concepts relevant and useful in their own practice and are able to apply the knowledge from day to day practice to caring for the critically ill and most vulnerable.

The weekly COVID-19 Case Conference is now offered monthly and continue to be co-lead by Tarrek Hegab, MD, and Meredith Wold, PA-C the second Tuesday of each month at 7 am.

## Social distance and mask reminders

As we see higher positivity rates and exposures in the community for COVID-19, **it remains extremely important to keep each other safe and reduce colleague-to-colleague exposures.**

Here are a few reminders:

•**Colleagues should remain socially distant and masked in common areas such as cafeterias and conference rooms.** Please do not rearrange chairs to sit closer together – even within your own team. Masks can be removed briefly while eating or drinking.

•**Practice social distancing, even with a mask.** Masks are not a substitute for social distancing, and social distancing is not a substitute for masks. Please continue to keep 6 feet of space between you and others as much as possible. Wear your mask whenever possible and remind your colleagues to do the same.

•**Wear a mask when entering and exiting any of our facilities.** Stay masked while inside our buildings.



The best way to lower the risk of exposure for yourself and others – at work and in the community – is to do ALL of these: Practice social distancing (6 feet or more), limit the time you're in close contact with others (less than 15 minutes, aggregate), wash your hands often with soap and water (for at least 20 seconds), wear a mask, and stay home when sick.

## Developing resources and providing clinician education support during COVID-19 pandemic

In April, the Office of Health Professional Education began collaborating with clinician content experts at HealthPartners to create educational resources for clinician educators.

Resources were created to provide key updates to clinicians and included weekly case conferences, and COVID-19 update courses for clinicians who may be redeployed to care for hospitalized patients during the COVID-19 pandemic.

All COVID-19 clinician resources, case conference archived videos and courses are available on our [COVID-19 Clinician Educational Resources page](#) on myPartner. We also collaborated with the Continuing Medical Education team to ensure clinicians receive CME credits for the courses.

## Influenza (Flu) immunization and reporting

HealthPartners requires all colleagues to participate in the annual health care worker influenza program or report their immunization decision by their company's deadline. To learn more about locations, deadlines, and other Influenza related information, visit the [Influenza information](#) page on myPartner.

### Influenza immunization/reporting information for Regions Hospital trainees:

Flu shot participation is NOT optional for students or residents. Regions requires all adult students, trainees, volunteers, vendors, and contract employees to report their influenza vaccination status annually between October 1st and March 31st.

If you received the vaccine prior to your rotation at Regions, complete the [FLU participation form](#) for Students and Residents and email the completed form to [Kristen.C.Wensmann@HealthPartners.Com](mailto:Kristen.C.Wensmann@HealthPartners.Com).

Trainees are required to complete this form upon starting their rotation at Regions between October 1, 2020 through March 31, 2021. Failure to do so puts trainees out of compliance with Regions policy.

## Influenza immunization/reporting for Methodist Hospital trainees:

### Ways to get your influenza immunization

1. Schedule an appointment in Employee Health: 952-993-5080, option 2, then option 2 again

- Located in the 3931 Specialty Center, EOHS, Suite W515 during business hours (M-F 7am-3:30pm). Appointments are required this year to ensure social distancing. There are 68 time slots available each day, spaced out with two offered every 15 minutes.
- Call 952-993-5080, Option 2, then Option 2 to make an appointment.

2. Receive flu vaccine in your department

#### On Methodist Hospital campus

- There will be no mass dispensing event for influenza vaccine this year
- On Hold. A roving cart will be available. More details coming soon.

#### At a Park Nicollet clinics

- Look for influenza vaccination details coming from your local clinic or department leader.
- Ambulatory clinics who perform their own flu immunization clinics should contact [eohs@parknicollet.com](mailto:eohs@parknicollet.com) for supplies, information, and resources. An email from EOHS was sent on 8/25 to leaders requesting vaccination needs for 2020.

3. Receive the influenza vaccine at a Park Nicollet or HealthPartners Clinic

- If you were immunized by a Park Nicollet on-site nurse or during a medical visit to your Park Nicollet or HealthPartners clinician and it was entered into EPIC, please check to see that your record has transferred to EOHS. Log into the [Employee Health Portal](#) at least 48 hours after vaccination. Flu vaccine should automatically transfer to EOHS if the record was entered into EPIC and if you have consented to this transfer through EOHS.
- If you have issues with your flu vaccine not showing up in your Employee Health Portal, first contact the person who gave you your flu vaccine to ensure they entered it in EPIC or have sent the paperwork to EOHS. Next, contact [eohs@parknicollet.com](mailto:eohs@parknicollet.com) with questions.

4. Report an influenza vaccine received elsewhere:

- While at work or on a VPN connection, if you choose to decline the flu vaccine, take the following action:
  - o Log into the Employee health portal
  - o Along the top menu, select Forms and then Flu Declination 2020-2021. (NOTE: Once you complete this form, it will no longer be accessible on your screen.)
  - o Complete the form by selecting the reason you are declining and entering any additional information, clicking on the box 'Check to Certify' and "Submit" your response.
- If you are at home, email [eohs@parknicollet.com](mailto:eohs@parknicollet.com) with your choice to decline and the reason for your declination.

## Expanding our support to track all student training at HealthPartners

Our office is committed to creating and maintaining a resilient education system. We developed the SharedSpace4Learning application to enable each member within the HealthPartners student learning environment to take an active role in creating, tracking, and evaluating their learning experiences.



As a result of the COVID-19 pandemic, HealthPartners decided to cancel all student rotations per guidelines from the department of health in March. However, we continued to find a way for learners and the student community to remain active and utilize remote opportunities to continue education opportunities.

As the decision was made to bring students back into the learning environment, our goal was to create criteria with safety as our first priority. We developed criteria for schools to follow as they prepared to have students back. This included a thorough analysis of capacity, and measurement of needs for PPE, protective masks, and other safety needs.

We expanded scope to support tracking of all learner types by piloting Institute/OHPE developed SharedSpace4Learning to pilot integration of students. It was determined that the SharedSpace4Learning application had the capability to support the tracking of students across our care system. Therefore we developed a pilot to increase the scope of SS4L to include all student types, beyond Advanced Practice students. Our [COVID-19 student rotation page](#) on myPartner provides more information about the student process.

Questions about SS4L? Join us every Tuesday 8a-9am during our open office hours. The office hour is open to all SS4L users to ask questions, and share feedback with us. WebEx link to join meeting: <https://healthpartners.webex.com/meet/mtnoltimier>

You can also email us at [sharedspace4learning@healthpartners.com](mailto:sharedspace4learning@healthpartners.com) with questions, suggestions and feedback

## HealthPartners Institute Training Programs and Support resource on myPartner

Looking for a contact, or just more information about a specific program? Find details about programs and their leaders on our [program contact list](#) located on myPartner.

## OHPE supports program leaders with virtual recruitment of trainees

To support the transition of medical and advanced practice student interview process from in-person to virtual, the Office of Health Professional Education developed a [video](#) that provides an overview of the HealthPartners Clinical Training Environment. The purpose of this video is to communicate an overview of the clinical learning environment and share the mission, vision, values, and culture at HealthPartners while visually highlighting training locations and community.

We also developed a [page on myPartner](#) to serve as a repository of clinical training environment videos from our programs. The purpose of this page is to allow easy access and sharing of videos between program leaders to facilitate and support virtual recruitment.

To add your video to the repository, email [Zandra.D.Taylor@HealthPartners.Com](mailto:Zandra.D.Taylor@HealthPartners.Com)

## Training program highlight: Prehospital Medicine/EMS Fellowship

"Critical care begins in the street." This belief guides the coordination of prehospital and in-hospital emergency care and the education of the ACGME Accredited Prehospital Medicine/EMS Fellowship program. The program was granted ACGME accreditation in 2018, and the first class of residents began their training in July 2019. For over 30 years, Regions EMS has been leading the East Metro in providing state of the art prehospital emergency care. In 2010 the program expanded to include our first prehospital medicine fellow. The fellowship will provide a broad based prehospital experience including EMS, disaster medicine, and event medicine.

Faculty include four board certified EMS physicians that work in collaboration with experienced prehospital personnel, critical care and emergency RNs, education professionals, and research coordinators. Fellows work closely alongside these teams throughout their training experience. Curriculum components include emergency medical services, disaster medicine, event/mass gathering medicine, and didactics.

Aaron Burnett, the Program Director, is a graduate of both the EMS Fellowship and the Regions Hospital Emergency Medicine Residency and Kristin Robb is the Program Coordinator for the Prehospital Medicine/EMS Fellowship program.

Visit the [program website](#) to learn more.

## Focus on Wellness

Did you know, the Be Well team at HealthPartners created an Election Care Kit to support colleagues through the stress and anxiety of election season?

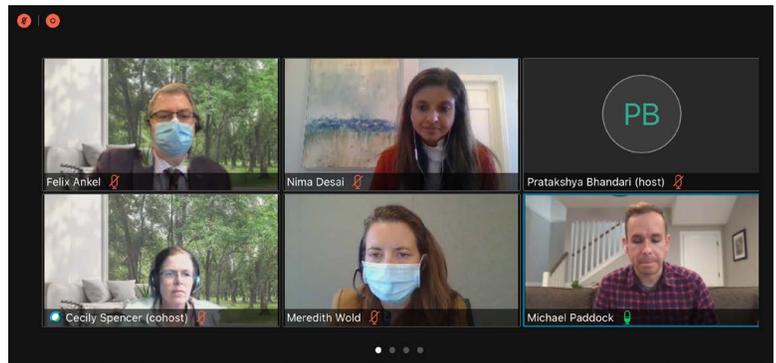
The printable resource is available [here](#).

Also check out the [Be Well page](#) on myPartner for other mental health and well-being resources.



## Fall 2020 Simplifying Precepting Course goes virtual

The Office of Health Professional Education offered the Simplifying Precepting Course virtually this year. The October course focused on key components of precepting; patient experience, role modeling, time management, and feedback. The course is led by HealthPartners Clinician Educators from across the system representing all learner types and is designed to cover the basics of teaching, regardless of specialty or learner type. Simplifying Precepting targets clinician with an interest in teaching and new educators but experienced educators are always welcome.



**Time Management:** Paula Skarda, MD provided resources for preceptors on teaching within the confines of competing agendas and time constraints.

**Feedback:** Meredith Wold, PA focused on the importance of assessment and reinforcing good behavior.

**Clinical Role Modeling:** Mike Paddock, DO focused on job roles and characteristics of the future medical educator and practical ways to implement these behaviors.

**Patient Experience:** Nima Desai, MD focused on teaching the art and practice of medicine and the importance of teaching relationship building.

Watch recording of the course [here](#).

## OHPE Unplugged - a new faculty development opportunity for clinician educators

OHPE Unplugged is a new faculty development opportunity for clinician educators to connect and share best practices in the areas of teaching and learning, scholarship, professionalism, leadership, well-being, and diversity & inclusion. The monthly series has featured clinicians Ankit Mehta, MD, Benji Mathews, MD, and Jeremy Springer, MD who discussed and shared based practices on Medical IMPROV, Virtual Rounding and Telemedicine, and Remote Teaching and Supervision. To learn more and view archived videos, visit the [OHPE Unplugged page](#) on myPartner.



# OHPE Unplugged

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## People Updates

### Felix Ankel, MD, recognized with Educator of the Year award



Felix Ankel, MD received the 2020 International Medical Educator of the Year Award, presented by the Royal College of Physicians and Surgeons of Canada. This award was established to recognize an international medical educator who has demonstrated a commitment to enhancing residency education as evidenced by innovation and impact beyond his/her program.

Dr. Ankel was nominated for the award by his peers to recognize his leadership and multidisciplinary focus on health professions education that has resulted in the implementation of an entire institute within his health system and inspired multiple initiatives around the state.

Learn more about Dr. Ankel and his work by watching [this video](#) and read more about his achievement [here](#).

### Meet the OHPE team: Pam Coppa



Pam Coppa is the Affiliate Education Coordinator for Park Nicollet Clinics and Methodist Hospital. Pam partners with the medical staff office, site directors, and preceptors to ensure that trainees who rotate through our clinics and hospitals have great educational experiences and that compliance standards are met.

To learn more fun facts about Pam, check out this [video](#)

## Program Updates

### New system-wide Clinical Simulation program celebrates healthcare simulation professionals

With a goal of maximizing resources and supporting organization-wide initiatives, the simulation programs at Regions Hospital and Methodist Hospital combined this year to create a new-system wide Clinical Simulation program at HealthPartners. Ryan Aga, RN, MSN is leading the program as Director of the Clinical Simulation program, partnering with stakeholders to design an approach to simulation services that meet the needs of our organization and advances our strategic priorities.

Before joining the Office of Health Professional Education as Director of Clinical Simulation in August, Ryan served as Nurse Manager of the Regions Hospital Emergency Department where he led a team of over 300 staff and implemented many initiatives to improve safety, quality, education, and the patient experience. He is recognized as an innovative leader who fosters trusting relationships and is committed to continuous improvement.

The newly combined program acknowledged and shared a [video](#) recognizing the contribution of simulation program to improving patient care, safety, processes and systems through innovative, simulation based education across our organization during the annual Healthcare Simulation Week in September.

Healthcare Simulation Week is an annual celebration of professionals who use simulation to improve the safety, effectiveness, and efficiency of healthcare delivery and patient outcomes and is sponsored by the Society for Simulation in Healthcare.

### Emergency Medicine Residency program website has a new look

The Regions Emergency Medicine Residency program recently upgraded the look of its residency website. Check out the newly refreshed website at <https://regionsem.org/>

### Meet the first Primary Care APC Fellows



The Office of Health Professional Education is excited to announce new fellows for the HealthPartners Primary Care Advanced Practice Fellowship program. The program offers a structured, comprehensive twelve-month didactic and clinical learning experience for physician assistants and nurse practitioners interested in Primary Care. Upon completion of the system-wide program, these APCs will have expertise, confidence, and relationships built across our system that will allow them to enter into practice at an accelerated rate.

Tasha Gastony, PA-C, Regional Medical Director and Institute board member, will serve as the initial Program Director. Tasha has been involved with the design of this program and we're thrilled at the experience and leadership she will bring.

The Primary Care APC Fellowship program was supposed to start in July 2020, however, due to COVID-19 and other factors, it will now begin in January 2021.

# Get to know our Primary Care APC Fellows



## Dana Feia, PA-C

**Undergrad:** University of Minnesota  
**Grad:** St. Catherine University

I graduated from the University of Minnesota with a degree in Biochemistry. Following this, I worked as a forensic scientist where I could use my love for science to help victims and their families. My choice to pursue healthcare was made when I realized I wanted a more direct connection with those I was working to help. I received my Master of Physician Assistant Studies from St. Catherine University in 2018. My favorite part about practicing medicine is getting to know patients and hearing their stories. I think preventive care is very important; it is a big part of why I chose to practice in Primary Care. I am very excited to have been chosen as a fellow for the Primary Care program, and I believe its unique opportunities will help me sharpen my skills and provide better care.

I am originally from Champlin, MN, but my husband and I now live in a suburb of St. Paul with our two young daughters. When I'm not working, I love spending time with friends and family. My family and I enjoy outdoor activities, including biking, softball, and downhill skiing. We also love watching sports, especially the St. Paul Saints!



## Kerriann Godwin CNP-FNP

**Undergrad:** Bethel University  
**Grad:** Purdue University Global

I have always been passionate about healthcare. I mastered my skills at the bedside and felt empowered to join the team that is able to assess the patient's needs, order and interpret diagnostic tests, and formulate treatment plans that will improve their outcomes.

The primary care fellowship program will undoubtedly help to boost my confidence, increase my knowledge, and improve my skills. This will result in me being able to provide high quality care as I strive to help make healthcare more accessible, affordable, and patient-centered for everyone that I will be privileged to be of service to.

When I am not working, I enjoy family time with my husband and 3 children, road cycling, listening to gospel as well as conscious reggae music.



## Nitasha Kaur, FNP-BC, FNP-C

**Undergrad:** Shenandoah University  
**Grad:** Spring Arbor University

I started my nursing journey in a high-paced, diverse urgent care in Washington D.C. As the quality of patients from underserved communities increased, I noticed most of them had one thing in common: the acute ailments that brought the patients into urgent care could have been prevented if they had adequate access to primary health care services. Recognizing the disparities in access to primary care, I was motivated to play a bigger role in helping patients prevent and manage disease by pursuing my degree as a family nurse practitioner (NP).

I chose the path of primary care because the environment provides a holistic opportunity for patients and their families to achieve and maintain optimal health. Through health promotion, disease prevention, and lifestyle education, I can partner with patients and navigate the health-care system.

While I am away from the clinical settings, the passion for health and wellness extends to my family and community members. I enjoy spending time outdoors, hiking, running, and playing tennis. During the Minnesotan winter months, I find joy in baking healthy snacks, reading, and indoor fitness classes at the local gym. My husband and our daughter also enjoy volunteering as a family, playing chess, and cooking.

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## Connect with us

Visit the Institute website, to learn more about Health Professional Education at HealthPartners:

<https://www.healthpartners.com/institute/education/ohpe/>

If you have a story you would like to contribute to the monthly OHPE Update, email submissions

to: [Pratakshya.x.Bhandari@healthpartners.com](mailto:Pratakshya.x.Bhandari@healthpartners.com)

