

# **MARY SUE BERAN, M.D., M.P.H.**

Park Nicollet Health Services  
3800 Park Nicollet Blvd.  
St. Louis Park, MN 55416

## **Education**

- 2001-03 Fellowship. Robert Wood Johnson Clinical Scholars Program. UCLA Department of General Internal Medicine and Health Services Research.
- 2001-03 MPH. UCLA School of Public Health.
- 1997-99 Residency. General Internal Medicine. Hennepin County Medical Center. Minneapolis, Minnesota
- 1996-97 Internship. General Internal Medicine. Abbott Northwestern Hospital. Minneapolis, Minnesota.
- 1992-96 M.D. University of Minnesota School of Medicine. Minneapolis, Minnesota
- 1987-91 B. S. Bethel College, St. Paul, Minnesota  
Mathematics, Biology

## **Medical License**

- 1996 to present Minnesota State License #40540

## **Board Certification**

- 1999 American Board of Internal Medicine

## Professional Experience

- 6/16-present Clinician Investigator, HealthPartners Institute
- 11/03-12/15 Clinician Investigator, Park Nicollet Clinic and Research Institute
- 11/03-present Staff Physician, Park Nicollet Clinic. Minneapolis, Minnesota.  
8/99-6/01
- 2001-03 Southern California Kaiser Permanente, Department of Internal Medicine,  
Per-diem.

## Other Activities

- 1/10 – 2015 Site leader for Carlson Clinic Internal Medicine department:
  - Led effort to redesign department into team care, with outcomes of improved access, financials, and physician satisfaction.
- 1/08 – 2010 Chair, Practice-Based Research Work Group, Park Nicollet  
9/07 Park Nicollet Institute President Search Committee member  
6/06 -2010 Park Nicollet Institute Board member  
2002 - 2005 Reviewer, RWJF Faith in Action grant applications.

## Memberships

American College of Physicians  
American Medical Association  
Alpha Omega Alpha, National Medical Honor Society

## Honors and Awards

- 2014, 2015, 2016, 2017 Top Doctor award. Mpls/St. Paul Magazine.  
2012-2017 Top Doctor award. Minnesota Monthly Magazine.  
2013 Top Doctor for Women award. Minnesota Monthly Magazine.
- 2010 Researcher of the Year, Park Nicollet Institute  
1999 Outstanding Primary Care Resident Award  
1996 Member of Alpha Omega Alpha, National Medical Honor Society  
1991 Magna Cum Laude. Bethel College, St. Paul, Minnesota.

## Volunteer Experience

8/99            Medical Relief Team member. Honduras  
8/92            St. Mary's Health Clinic. Minneapolis, Minnesota  
6/92 – 8/92    Mission Hospital. Mwanzi, Zambia  
1/89 – 5/91    Leader. Homeless Shelter Team. Minneapolis, Minnesota  
5/88 – 8/88    Mission Team member. Nairobi, Kenya

## Publications

**Beran, M**, Stephen E. Asche, Anna R. Bergdall, Karen L. Margolis, et. al. "Key Components of Success in a Randomized Trial of Blood Pressure Telemonitoring with Medication Therapy Management (MTM) Pharmacists". *Journal of the American Pharmacists Association*. July 2018.

Schousboe, JT, Richer, SA, **Beran, M**. Potential Clinical Impact of Abdominal Aortic Calcification on bone density lateral spine images. *Journal of Clinical Densitometry*. 2016 Oct;19(4):436-443. Epub 2016 Jul 8 2016.

**Beran, M**, Craft, C. Medicare Annual Wellness Visits: Understanding the Patient and Physician Perspective. *Minnesota Medicine*. March 2015: 38-41.

**Beran, M**, Kind E, Craft C, Fowles. Medical Homes: Easing the burden of primary care. *Minnesota Physician*. August 2011: 25 (5).

**Beran M**, Fowles J, Kind E, Craft C. Communicating with patients on a weighty topic. *Minnesota Physician*. Sep 2008;22(6).

**Beran M**, Fowles JB, Kind E, Craft C. "Patient and Physician Communication about weight management: can we close the gap?" *American Journal of Lifestyle Medicine*. 2008;2:75-83.

**Beran, M**. Collision course? High deductible health plans, pay-for-performance incentives and the patient-physician relationship. *Minnesota Physician*. Nov 2007;21(8).

Nissen M, **Beran M**, Lee M, Mehta S, Pine D, Swenson K. Views of primary care providers on follow-up care of cancer patients. *Family Medicine*. 2007;37(7):477-82.

**Beran M**, Cunningham W, Landon B, Wilson I, Wong M. Clinician gender is more important than gender concordance in quality of HIV care. *Gender Medicine*. 2007;4(1):72-84.

**Beran M**, Laouri M, Suttorp M, Brook R. Medication costs: The role physicians play with their senior patients. *J Am Geriatr Soc*. 2007; 55:102-107.

Kersey M, **Beran M**, McGovern P, Biros M, Lurie N. The Prevalence and Effects of Hunger in an Emergency Department Patient Population. *Academic Emergency Medicine*. 1999; Nov. 6(11): 1109-1114.

## **Abstracts**

Beran M, Laouri M, Brook RH. “Medication Costs: The Role Physicians Play with their Senior Patients.” Society of General Internal Medicine Annual Meeting, Chicago, IL, May 2004.

Beran M, Laouri M, Brook RH. “Medication Costs: The Role Physicians Play with their Senior Patients.” AcademyHealth Annual Research Meeting, San Diego, CA, June 2004.

## **Presentations**

Improving Blood Pressure Control, Can the Medical Home Help? Poster presentation. AcademyHealth Annual Research meeting. Boston, MA. June 2010.

Improving Blood Pressure Control, Can the Medical Home Help? Plenary Session presentation for SGIM Annual meeting. Minneapolis, MN. April 2010.

Improving Blood Pressure Control, Can the Medical Home Help? Minnesota Health Services Research Conference. St. Paul, Minnesota. March 2010.

Panel Discussant: When worlds collide: Pay-for-Performance and High Deductible Health Plans. Hilton Hotel. Minneapolis, Minnesota. April 24, 2008.

Incorporating Nephropathy and Retinopathy Screening and Management into your practice. Diabetes Update. Park Nicollet Clinic. St. Louis Park, Minnesota. October 4, 2007.

Patient and Physician Communication about weight management: can we close the gap? Minnesota Health Services Research Conference. Minneapolis, MN, March 2006.

Motivating patients to lose weight. Cardiology Update. Park Nicollet Clinic. St. Louis Park, Minnesota. October 2004.

**Grants:**

Date	RESEARCH PROJECT AND FUNDER	ROLE	AMOUNT
6/2016-present	<b>Pragmatic Trial Comparing Telehealth Care and Optimized Clinic-Based Care for Uncontrolled High Blood Pressure</b> Short Title: Hyperlink 3 (15-103) PCORI Award IHS-150731146 HealthPartners Institute, PI Dr. Karen Margolis	Co-Investigator	
6/2013-2015	Medicare Annual Wellness Visits. <ul style="list-style-type: none"> <li>• Park Nicollet Institute.</li> </ul>	Principal Investigator	\$20,000
8/08-2014	Research Evaluation for the Medical Home Pilot Intervention <ul style="list-style-type: none"> <li>• Park Nicollet Foundation</li> </ul>	Principal Investigator	\$450,000
2007	Patient and Physician Incentives (Pay for performance, High deductible health plans) <ul style="list-style-type: none"> <li>• Park Nicollet Foundation</li> </ul>	Principal Investigator	\$68,000
2004-2006	Patient and Physician communication about weight management <ul style="list-style-type: none"> <li>• Park Nicollet Foundation</li> </ul>	Principal Investigator	\$31,000
2001-2003	Medication costs: the role physicians play with their senior patients. <ul style="list-style-type: none"> <li>• Robert Wood Johnson Foundation</li> </ul>	Principal Investigator	\$35,000