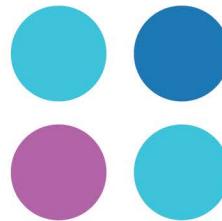


# OHPE Update:

A Newsletter for Residents, Students,  
& Clinician Educators



April 2021

## From the Office of Health Professional Education

Last month was an intense emotional experience for our community. It was also one where it was necessary more than ever, to remember our commitment to ensure every person feels welcomed, included and valued. Read more about how we supported one another, and how we're moving forward [here](#).

To join a series of all-colleague forums called *Our Voices, Our Stories: Conversations with Colleagues about Equity, Inclusion and Anti-Racism*, click [here](#). You can also find answers and updated information about safety and security [here](#).



Our office supports the clinical learning environment by providing [several resources for well-being and resilience](#). Trainees, clinician educators and our partners in health professional education can also find information relevant to training and education on our [myPartner site](#).

### Upcoming events and reminders

**MMCGME Services** is hosting a virtual Quality Forum on Wednesday, May 26, 2021 from 5:30 - 7:30 pm. The event is open to all medical students, residents and fellows to show their quality or patient safety initiatives. Three prizes of up to \$250 are up for grabs.

For more information, [visit the event website](#). Coordinators, please forward [this flyer](#) to your trainees!

**MMCGME PRESENTS**  
2021 Virtual  
**QUALITY FORUM**  
for Residents, Fellows, and Medical Students

## OHPE Announcements

### APC Preceptor Mentorship Program open for participation

Sign up link: <https://s.surveyplanet.com/KqnnBiN0l>

Consider participating in the Preceptor Mentorship Program this summer! The goal of the Preceptor Mentorship Program is to provide support to new and current preceptors of NP and PA students. New preceptors will take on the role of mentee; experienced preceptors will take on the role of mentor. Both mentees and mentors are volunteer roles. The Preceptor Mentorship Program pilot has grown out of the work of the Advanced Practice Consortium (APC). The APC is a state-wide consortium that is seeking to increase the number of quality clinical placements for Advanced Practice Registered Nurse (APRN) and Physician Assistant (PA) students in Minnesota. Multiple academic institutions and health care systems in Minnesota are involved in the work of APC.

Benefits of participating as a mentee or mentor:

- Become more confident in your role as a preceptor.
- Contribute to the education of healthcare professionals.
- Positively influence preceptor colleagues and students.
- Opportunity to network.
- Gain new knowledge and skills in precepting.
- Learn skills that can transfer to professional practice.
- Contribute to a systems-level effort to support preceptors.

This project is being led by Emily Wild, DNP/FNP student under the guidance of Michelle Ullery, DNP, APRN, CNP member of APC and faculty at Metropolitan State University. Please email Emily Wild ([emilywild720@gmail.com](mailto:emilywild720@gmail.com)) or Michelle Ullery ([michelle.ullery@metrostate.edu](mailto:michelle.ullery@metrostate.edu)) with any questions.

### Make a difference through the One Campaign

Let's make good happen! Through the One Campaign April 1-30 we have the opportunity to make a tremendous impact for our patients, colleagues and local communities. The One Campaign supports the work of eight of our foundations and a variety of community partners. Through this campaign, giving even a little helps a lot, because together, we have a wonderful collective power.



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Employee giving that supports our patients, colleagues and community

The One Campaign is now the only HealthPartners-wide employee giving campaign. It combines our One Campaign and our former Community Giving Campaign. The purpose and mission of the campaign remain true – to support and serve others. Plus, give in the month of April, and HealthPartners will make an additional special contribution to the One Campaign.

Please consider [making a donation now to the One Campaign](#). Your gift of any amount will truly make a difference.

Questions? Reach out to [one@healthpartners.com](mailto:one@healthpartners.com).

## Register for the virtual 14th Annual Day in Faculty Development

Faculty members are invited to join the 14th Annual Day in Faculty Development hosted by McMaster University's Faculty of Health Sciences. The virtual event will include parallel tracks of speakers/workshops and a Keynote address by Dr. Margaret Hay (Monash University) about coming challenges for healthcare leadership and education.

Event details: <https://www.macpf.ca/home/macpf14-conference>

Register here: <https://bit.ly/FacDevReg> (1st choice in the drop-down)



## 2020 Annual Institute Highlights showcases research and education partnerships

2020 Annual Highlights publication showcases the HealthPartners Institute's research and education work in areas such as COVID-19 initiatives, vaccines, cancer, diabetes, clinical simulation, fellowship programs, suicide prevention, occupational health, and health equity.

Read the highlights [here](#).



## Reminder to complete your Annual Engagement Survey

This annual engagement survey is a great opportunity for you to speak up and share your voice. The survey is an important tool that helps us measure how we are doing as an organization. Last year the COVID-19 pandemic prevented us from surveying colleagues, so it is especially important to hear from you now. You can take the survey 4/16-5/3/2021 by following the unique link in your inbox from [Survey.Invite@WillisTowersWatson.com](mailto:Survey.Invite@WillisTowersWatson.com).

Please check your HealthPartners email account and complete the survey. We value your input, and our goal is to have 100% of you complete this important survey. Once you finish the survey, you'll have an opportunity to make a difference for our communities by donating to one of three charities: Hunger Solutions, Common Bond Communities or the Twin Cities Urban League!

## People Updates



**Ankit Mehta, MD** recently published an article in the Journal of American Medical Association. [View article.](#)

Dr. Mehta has a keen interest in the intersection of medicine and the arts. Annually, he leads our REACH LIC medical students and our HP APC Fellows through a unique, collaborative [medical improv](#) learning series – teaching empathy and authenticity in our connections with patients through leveraging improvisational theater techniques. This year's 5-part series just wrapped and the feedback from learners has been amazing:

*"Prior to this class, I would spend a lot of time trying to anticipate the needs of the patients. I did this primarily because I was afraid to face the unknown and hated being uncomfortable. Most of the times, what I prepared for and had anticipated was often not what I was presented with. Medical Improv has taught me to be more spontaneous knowing that being uncomfortable and vulnerable is all a part of growing."*

### THE ARTS AND MEDICINE

#### "Self-Portrait as Exit Wounds" A Graphic Story

Ankit Mehta, MD

The coronavirus pandemic is again burning through our hospitals, disrupting our living and dying. Patients depart in austere circumstances without hugs from their loved ones, isolated and stripped of the basic dignity of touch. The virus ricochets in congregate

living facilities; the horror spirals, devastating families; and frontline health care workers bear witness to accumulating loss.

["Self-Portrait as Exit Wounds,"](#) a poem by Ocean Vuong from his acclaimed 2016 collection *Night Sky With*



## Residency and Wellness - A conversation with Courtney Burnett, MD



Last month, Dr. Courtney Burnett joined us for a conversation during the monthly OHPE Unplugged. As a Chief Resident in the Internal Medicine program, Courtney is involved in teaching and mentoring, and is the author of ["Difficult Gifts: A Physician's Journey to Heal Body and Mind,"](#) a book she wrote after being diagnosed with malignant brain cancer during third year of residency.

During the conversation, Courtney shared her journey of learning about her diagnosis; her experience of being a patient, and how her experience has changed the way she practices medicine.

Her book was recently featured in the [Books for Courage](#) segment on TwinCities.com. She also maintains a [blog](#), where her honesty and willingness to share her struggle has resonated with readers all over the world.

Watch [Residency and Wellness, a conversation with Courtney Burnett, MD](#)

## Program Updates

### HealthPartners Clinical Simulation partners with Regions Hospital patient safety leaders

The HealthPartners Clinical Simulation team recently partnered with Regions Hospital patient safety, quality and regulatory leaders simulating a mock Joint Commission Survey. Key outcomes of this simulation included:

- Notification when the surveyors have arrived
- Assigned responsibilities in The Joint Commission survey command center
- Resources needed during the survey to complete assigned responsibilities
- Learning how assigned role(s) fit in with the survey command structure
- Overall purpose of the Joint Commission survey command center during the survey
- Document control process during the survey
- Process for communicating with command center staff during the survey



## Creekside Residency Program residents bridging continuity of care

At the peak of the COVID-19 pandemic last spring, the Methodist Family Medicine Residency Program began following up with discharged HealthPartners postpartum patients who had COVID-19.

Starting in May 2020, post-partum patients from OB/GYN units across the HealthPartners system were able to schedule appointments for telemedicine visits with the residents. These visits are supervised by Family Medicine faculty. The opportunity to serve these patients, the majority of whom are from minority communities, has been a rewarding and educational experience for residents as well as program faculty.

Third year resident, Nate Schwartz, MD, who has participated in these visits from the beginning states, "With the combination of maternal health, infectious disease, newborn care and public health, the COVID-19 postpartum video visits really highlighted the versatility that we have as Family Medicine physicians. It was also another way to serve our community during the pandemic by filling this niche. Many of the moms I talked to were very grateful. Seeing families continue to grow in the middle of the pandemic has been a refreshing piece of normalcy in this churning year that was 2020."

The residency continues to provide this service to our system's COVID-19 positive postpartum patients seven days a week.

## Dermatology Residency match

Our dermatology residency program is very excited to share our matched applicants with you. Beginning July 1, 2022 Eric Cosky and Allison Smith will be starting their training in our program.



Eric is expected to graduate from Wayne State University School of Medicine this June.



Allison is currently in the Internal Medicine Residency program at Hennepin County Medical Center.

Emergency Medicine Residency class of 2024



## Welcomes EM Resident Class of 2024



**Abdiakim Abdullahi**  
University of Minnesota



**Nathan Baggett**  
University of Wisconsin



**William Bleifuss**  
Rush Medical College



**Richard Campbell**  
University of Minnesota



**Kelly Dubay**  
Creighton University



**Chris Han**  
Yale School of Medicine



**Heather Kaluzniak**  
University of North Dakota



**Rachael Nordby**  
Des Moines University



**Autumn Pace**  
University of Minnesota



**Joe Pasquarella**  
University of Minnesota



**Octavia Ruelas**  
University of Minnesota

## Psychiatry Residency match

Hennepin-Regions  
Psychiatry  
Welcomes our  
2021-2022  
PGY-1 Residents

**Sarah Islam**  
Indiana University



**Abdul-malik Kassim**  
American University of Antigua



**Terri McBride**  
University of Minnesota



**Maryssa Poderzay**  
University of Minnesota



**Whitney Savage**  
University of Minnesota



**John Scheuer**  
University of Minnesota



**Kiran Sharma**  
University of Iowa



## Connect with us

Visit the Institute website to learn more about Health Professional Education at HealthPartners:  
<https://www.healthpartners.com/institute/education/ohpe/>

If you have a story you would like to contribute to the monthly OHPE Update, email submissions to: [Pratakshya.x.Bhandari@healthpartners.com](mailto:Pratakshya.x.Bhandari@healthpartners.com)