

## Regions Hospital PGY-2 Psychiatric Pharmacy Residency Program

**NMS Code:** 63607

**ASHP Accreditation Status:** Candidate - The status granted to a program that has a resident(s) in training, has applied to ASHP for accreditation, and is awaiting the official site survey, and review and evaluation by the Commission on Credentialing.

**Start Date:** July 2022; flexible pending end date of PGY1 program, relocation requirements, etc.

**Salary:** \$56,160

**Benefits:** Medical, dental and life insurance, long-term disability insurance, 15 days of PTO which covers vacation, sick time and holidays, free parking, travel/meeting allowance, free access to onsite fitness center

**Staffing Requirements:** Every third weekend, 0700-1500, MH specific profile review and order verification

**Meeting Attendance:** CPNP Annual Meeting with poster submission; Potential for Midwest Pharmacy Residency Conference, ASHP Midyear, and local meetings pending COVID status and HP travel restrictions.

**Other Pharmacy Residents on Location:** PGY1 x3; PGY2 Critical Care x1

**Work Supplies:** Desk, portable work phone, laptop, remote access, Regions Medical Library access

**Certifications:** ACLS paid for by Regions Hospital, if not already completed during PGY1 Year

**Ideal Candidate:** We are looking for a highly-motivated, passionate, independent, accountable team-player. A good candidate will be flexible and open to giving and receiving frequent feedback about the program and their performance and interested in leaving their personal touch on this program. They will be driven to go above and beyond, realizing that the first impressions and relationships they develop will be building blocks for future residents of the program. Applicants will have an eye for innovation and quality improvement, with a willingness to explore and express ideas related to the ultimate goal of further expanding psychiatric pharmacy FTE and clinical services at Regions Hospital. Applicants will understand that they will be training in an interprofessional practice environment in which pharmacy is an integral team member, where they will have the support of the pharmacy department and other disciplines to help ensure their success.

## Practice Site

Regions Hospital is the largest provider of inpatient mental health services in the Twin Cities East Metro. The psychiatric hospital is a 100-bed locked facility located in the North-East (NE) section of the campus that treats patients requiring an acute level of psychiatric care. About one-third of people who come to Regions Emergency Center for help with mental health or substance abuse are admitted to the hospital. There are five floors in the NE building, each staffed by two prescribers, either two psychiatrists, or a psychiatrist and a physician assistant. The acuity of the floors range from the psychiatric intensive care unit (NE4) to short-stay crisis stabilization (NE7). With the repurposing of another Health System's entire St. Paul Hospital and the addition of 20 Regions inpatient psychiatry beds in 2021 (to a total of 120), we anticipate large increases in the number of psychiatric patients that will be seen in our emergency department, and admitted to our inpatient psychiatry and medical services. By adding a PGY2 Psychiatric Pharmacy Resident, we plan to extend our clinical pharmacy services not only to the increased inpatient psychiatry beds, but also to our outpatient partial hospitalization program, mental health crisis center in the ED, and Consultation and Liaison Psychiatry Service, among others.

As a teaching hospital, we regularly have medical, physician assistant, occupational therapy, nursing, and pharmacy students, psychiatry residents, physician assistant fellows, and PGY1 pharmacy residents participate in team rounds. This interprofessional care model and learning environment is ideal for a PGY2 psychiatric pharmacy resident to grow as a capable specialist caring for a diverse patient population, and to grow as a teacher and mentor to pharmacy learners, and learners in other disciplines. Educational partnerships with our psychiatry residency program and physician assistant fellowship program will provide a unique learning opportunity for our resident. Quality improvement projects and research will help further demonstrate how psychiatric pharmacists and residents improve patient care, with the hopes of further expanding our program.

Regions Hospital is a primary training site of the Hennepin-Regions Psychiatry Residency Program and the Physician Assistant Psychiatry Fellowship Program.

Regions Hospital Website:

<https://www.healthpartners.com/care/hospitals/regions/>

## Scope of Training

The training provided by Regions Hospital PGY2 Psychiatric Pharmacy Residency Program is intended to prepare residents to sit for their BCPP exam upon graduation from the program.

ASHP outlines the minimum acceptable training topics for a PGY2 Psychiatric Pharmacy Resident as follows:

### 1. Required Education

- a. The resident will explain signs and symptoms, epidemiology, risk factors, pathogenesis, natural history of disease, pathophysiology, clinical course, etiology, and treatment of diseases and conditions listed below. The resident will also have experience managing patients with these diseases and conditions.
- b. The resident will explain the mechanism of action, pharmacokinetics, pharmacodynamics, pharmacogenomics, pharmacoeconomics, usual regimen (dose, schedule, form, route, and method of administration), indications, contraindications, interactions, adverse reactions, and therapeutics of medications and non-traditional therapies, where relevant, that are applicable to the diseases and conditions listed below.
- c. The resident will explain various forms of non-medication therapy, including life-style modification and the use of devices for disease prevention and treatment, for diseases and conditions listed below.
  - i. Schizophrenia and other psychotic disorders
  - ii. Bipolar Disorder
  - iii. Major Depressive Disorder
  - iv. Anxiety disorders (GAD, Panic, OCD, SAD, PTSD)
  - v. Psychoactive substance-use disorders (including information on routes of administration of psychoactive substances and common street names)
  - vi. Dual diagnosis
  - vii. Personality disorders
  - viii. The following required areas may be accomplished through didactic discussion, reading assignments, case presentations, written assignments, and/or direct patient care experiences.)
    1. Sleep disorders
    2. Eating disorders
    3. Geriatric psychiatry (acute, ambulatory, or long-term care)
    4. Psychiatric disorders in children and adolescents
    5. Neurological disorders (e.g., pain, movement, seizures, headache, dementia, traumatic brain injury, autoimmune disorders)
    6. Developmental disorders (e.g., autism spectrum disorder, Down syndrome, Wilson's, Prader-Willi Syndrome)
    7. Syndromes associated with aggression, hostility, or agitation
    8. Delirium
    9. Pregnancy and postpartum psychiatric disorders

## Program Structure

### Required Rotations

- Orientation 4 weeks
- Adult Inpatient Psychiatry (NE3, 4, 5, 6, 7, 8) 24 weeks
- DayBridge Partial Hospitalization Program 2 weeks
- Project Management Longitudinal
- Practice Management Longitudinal
- Staffing Longitudinal

### Selected Rotations

- Consultation Liaison Psychiatry 4 weeks
- Substance Use Disorders/Addiction Medicine 4 weeks

### Elective Rotations

- Emergency psychiatry 4 weeks
- Other (based upon the identified needs of the individual resident and the resources available to the residency program)

Each resident will complete additional required residency activities during the residency year, which may include, but not be limited to the following. These required activities complement the residency objectives discussed above. Each activity must be accomplished at least once. Those activities followed by a number in a parenthesis indicate that the activity must be performed that number of times. However, a resident may perform some of these activities multiple times based on opportunities and requirements of different learning experiences.

- Research Project
- Medication Use Evaluation or Quality Improvement Project with focus on demonstrating value of pharmacy services
- Regular didactics with psychiatry residents and physician assistant psychiatry fellow
- Precept PGY1 pharmacy residents on their psychiatry rotations (up to 3 throughout the year); pharmacy students as applicable, either students on their APPE psychiatry rotation or student on their Acute Care APPE rotations who have interest in a brief psychiatry experience
- Psychiatry Grand Rounds Presentation
- Psychiatry Provider Journal Clubs/Lunch and Learns
- University of Minnesota College of Pharmacy Psychiatry Elective-- Foundations for Integrative Mental Health and Psychiatric Practice—Teaching/Mentorship opportunity with preceptor as available
- Lectures to Hennepin-Regions Psychiatry Residents
- Hospital Meetings
  - Residents are expected to attend and participate in a variety of meetings throughout the year to broaden the residency experience and prepare themselves to represent pharmacy and hospital and organizational levels in their area of specialty. These may include departmental, administrative, committee or clinical meetings. Preceptors, pharmacy administrators, or the program director may request additional attendance at other specific

meetings to advance the resident's educational experience or assist with project development.

- Required Attendance
  - Pharmacy Grand Rounds
  - Psychiatry Grand Rounds
  - PGY2 Psychiatric Pharmacy Residency Advisory Committee (as applicable)
  - Behavioral Health Advisory Group—Formulary Management HealthPartners
  - Pharmacy and Therapeutics Committee (as applicable)
  - Workplace Violence Committee (as applicable)
  - Unit Practice Committee (as applicable)
  - Peer Review Committee—Psychiatry (as applicable)
  - Decentralized Pharmacist Meetings
  - Preceptor meetings (quarterly)
  - Pharmacist Staff meetings
  - Meetings as specified by rotation and current preceptor
  - Daily rounds as specified by current preceptor
  - Residency Program Director Meetings
  - Student presentations (as applicable)
- Professional Meetings
  - Residents are expected to attend and participate in local, state, and national professional meetings throughout the residency year. Participation at these meeting will allow residents to network with other clinicians, share their research, gain valuable continuing education, and begin to develop their own strategy for ongoing professional growth in their career.
  - Required Attendance
    - ASHP
    - CPNP
    - MSHP

**Program Director/Preceptor**

Jacob Held, PharmD, BCPP

Clinical Pharmacy Specialist—Psychiatry

[Jacob.T.Held@HealthPartners.com](mailto:Jacob.T.Held@HealthPartners.com)

**Preceptor**

Allison Gibbs, PharmD, BCPP

Clinical Pharmacy Specialist—Psychiatry

[Allison.J.Gibbs@HealthPartners.com](mailto:Allison.J.Gibbs@HealthPartners.com)

**Pharmacy Manager, Clinical, Compliance, Med Safety**

Katy Botsford, PharmD, BCCCP

[Kathryn.L.Botsford@HealthPartners.com](mailto:Kathryn.L.Botsford@HealthPartners.com)

**Director of Pharmacy**

Tanya Barnhart, PharmD, BCPS

[Tanya.Y.Barnhart@HealthPartners.com](mailto:Tanya.Y.Barnhart@HealthPartners.com)

**Current Resident**

Cassandra Walters, PharmD

[Cassandra.T.Walters@HealthPartners.Com](mailto:Cassandra.T.Walters@HealthPartners.Com)