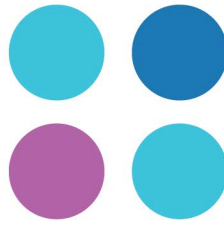


OHPE Update:

A Newsletter for Residents, Students,
& Clinician Educators



November 2021

From the Office of Health Professional Education

As we're entering the holiday season along with a surge in COVID cases in our community, we want to reiterate the key messages of gratitude expressed by our leaders last week, as shared in this message from Megan Remark, President, Regions Hospital.

- Each and every colleague is making a difference
- We are providing more life-saving care than ever before
- We are demonstrating the patience and will to keep going by providing patient care, or support those who do each and every day!
- Feeling of pride and gratefulness resonate throughout our organization when we think about how much we value each other.



To our trainees, clinicians and administrative colleagues, we also want to share a reminder that there are many resources available for support. Visit our well-being and resilience page for resources specific to trainees and clinician educators. The following are mental health support resources available to all HealthPartners colleagues:

- **Employee Assistance Programs:** Our [Employee Assistance Programs](#) (HealthPartners EAP and Park Nicollet VITAL WorkLife) provide free 24/7 support, online or over the phone. Colleagues can speak directly to a counselor or find resources on the website. Along with mental health support, there's also guidance on life topics such as parenting, financials, career and more.
- **Programs and resources at healthpartners.com/wellbeing:** Colleagues have year-round access to programs to support health and well-being. [Sign in](#) for a wide variety of programs, including Well-being Phone Coaching, the myStrength digital program with tools tailored to each individual's unique needs, and many more.
- **Resources also available from Minnesota Department of Health:** MDH has compiled a wide variety of mental well-being tools and support both for the [general public](#) and for [health care workers](#) specifically.

Upcoming events and reminders

Upcoming All-Colleague connect: Wed., Dec. 1, at noon

Special topic: DEI in the workplace

Co-hosts: Toweya Brown-Ochs, Director of Diversity and Inclusion, and Dr. Pat Courneya, Chief Health Plan Medical Officer

For future session info, visit [myPartner](#).

HealthPartners is launching a new platform for scheduled video visits on December 8!

Amwell, our new system-wide virtual care platform, will replace Google Duo for scheduled video visits in December and will offer solutions for hospital-based services and group therapy in the coming months. If you haven't yet, review information about training sessions, resources and FAQs on [myPartner](#).

OHPE Announcements

Listen to ACGME'S AWARE Well-Being Podcast: Transitions to Practice and Fellowship

ACGME Senior Scholar for Well-Being Dr. Stuart Slavin joins pediatric hospitalist Dr. Anu Gorukanti and neurologist Dr. Jeffrey Dewey, who launched their careers as specialists during the pandemic, for this month's episode on the common challenges presented in the transition from residency to fellowship or practice.

Together they explore the impact of these challenges on graduates and how the pandemic has amplified them. They share their personal stories and insights to help residents and fellows prepare for these challenges.

Access the AWARE Well-Being Podcast series on [Spotify](#), [RadioPublic](#), [Apple Podcasts](#), and other platforms, as well as in [Learn at ACGME](#).



OHPE Unplugged December session with Dr. Amy Bonifas



Due to a systemwide network outage, the October OHPE Unplugged session had to be cancelled, and has been rescheduled for Dec 16. Join us as **Dr. Amy Bonifas** reflects on her journey to her new role as Program Director and what she wishes she knew beforehand.

Click [here](#) to download calendar invite for December session.

This month, **Dr. Brian Rank** discussed his leadership journey and vision for medical education in the future as he comes to a pivotal point in his career. Recording of the session will be available on our [OHPE Unplugged myPartner page](#).

Partnering with CLUES for community giving

This year, our office is partnering with Hospital Medicine and the Emergency Department to support CLUES, an organization that advances social and economic equity and wellbeing for Latinos.

As we head into a season of giving, we invite you to give back to the community and make a difference. The Latino community has been disproportionately affected by economic, health, and housing challenges due to the COVID-19 pandemic. CLUES is a nonprofit organization located that serves this community's special needs and serves approximately 15,000 individuals annually. They provide support in many areas including community health, advocacy, mental health services, education, family services, youth empowerment, COVID-19 relief, and vaccination clinics.

How can you help?

Toy Drive - Every year CLUES hosts an event called Al Niño Con Cariño - To A Child With Love Event. This year the event will be held at the St. Paul CLUES' building where families will be able to shop for a holiday gift for their children. Families will be able to pick a toy for their child and stocking stuffers. If you feel compelled to help, please reach out and let's make this a memorable holiday for these families. We can collect these items up until Wednesday, December 1st.

Current Needs:

- New toys for ages 0-14 (\$20-25)
- Gift wrapping supplies
- Stocking stuffers

Essential hygiene items drive - There is a need for essential household items and hygiene products. This includes: full size toothpaste, toothbrushes, soap, shampoo/conditioner, lotion, shaving supplies, feminine hygiene products, and deodorants. This we collect all the way up until Christmas so is another idea of a way to give with the gift of a little more time.

Cash donations - Finally, cash donations of any amount are always greatly appreciated and support CLUES work from housing payment to legal aid, and the overall COVID response efforts. You can directly donate to CLUES at www.clues.org.

Where can you drop off donations?

Methodist Hospital

- Physician's Lounge

Regions Hospital:

- Outside the OHPE Office/inside the Medical Library
- Hospitalist Offices – 8th or 9th Floor South
- Emergency Department

Connect with us

Visit the Institute website, to learn more about Health Professional Education at HealthPartners:

<https://www.healthpartners.com/institute/education/ohpe/>

If you have a story you would like to contribute the monthly OHPE Update, email submissions to:

Pratakshya.x.Bhandari@healthpartners.com

