

Stephanie A. Hooker
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EDUCATION

- Ph.D.** 2017 **University of Colorado Denver**, Denver, CO (APA Accredited in Clinical Psychology)
Major Area of Study: Clinical Health Psychology
Dissertation: *"Integrating Meaning, Purpose, and Self-Determination Theory as Predictors of Physical Activity Maintenance"*
Chair: Krista Ranby, PhD; Advisor: Kevin Masters, PhD
Pre-doctoral Clinical Internship: Rush University Medical Center, Chicago, IL (APA Accredited), Health Psychology Track, 2016-2017
- M.P.H.** 2015 **Colorado School of Public Health, University of Colorado Denver | Anschutz Medical Campus**, Aurora, CO (CEPH Accredited)
Concentration: Applied Biostatistics
Capstone: *"Dyadic Associations of Relationship Quality on Heart Failure Patient and Caregiver Self-care"*
- M.S.** 2011 **Syracuse University**, Syracuse, NY (APA Accredited)
Clinical Psychology
Thesis: *"Positive Life Perspective, Intrinsic Motivation, Physical Activity, and Health"*
- B.A.S.** 2009 **University of Minnesota Duluth**, Duluth, MN
Summa cum laude, with distinction
Major: Psychology; Minor: Health Education

LICENSURE & CERTIFICATIONS

- L.P.** **Licensed Psychologist**, State of Minnesota, #6342 Nov 2018 - Present
- DBSM** **Diplomate in Behavioral Sleep Medicine** July 2020 - Present

INTERESTS AND SPECIALTY AREAS

Health psychology; behavioral medicine; health behavior change and maintenance; theory-based interventions; physical activity; cardiovascular disease; heart failure; obesity; prevention; meaning and purpose in life; primary care; behavioral sleep medicine; psychological well-being; wellness; opioid use disorder

POSITIONS

- Research Investigator** June 2021 – Present
Research Associate June 2019 – June 2021
HealthPartners Institute, Minneapolis, MN
- Adjunct Assistant Professor** Feb 2020 – Present
University of Minnesota, Department of Family Medicine and Community Health
- Affiliate Faculty** Sept 2020 – July 2021
Health Delivery Systems Center for Diabetes Translational Research (HDS-CDTR) (NIH P30DK092924)
- Postdoctoral Fellow, Primary Care Behavioral Health** Aug 2017 – May 2019
University of Minnesota, Department of Family Medicine and Community Health
Duties: Evaluate and treat behavioral health issues in an integrated primary care setting. Work with a team of family medicine physicians and residents to provide integrated care services. Teach behavioral health

and communication skills to family medicine residents. Conduct research and program evaluations in an integrated primary care setting.

Supervisors: Michelle Sherman, PhD LP ABPP, Christine Danner, PhD, Dana Brandenburg, PsyD, Eli Coleman, PhD

Pre-doctoral Intern, Health Psychology Track

July 2016 – June 2017

Rush University Medical Center, Department of Behavioral Sciences

Behavioral Sleep Medicine

Duties: Conducted outpatient evaluations and provided psychological treatment for the management of sleep disorders (CBT-I, IRT, CPAP desensitization).

Supervisors: Kelly Baron, PhD, MPH, CBSM, James Wyatt, PhD, CBSM

Geriatric & Rehabilitation Psychology

Duties: Evaluated psychological and cognitive functioning in an inpatient medical rehabilitation setting. Recommended and implemented tailored psychological interventions and served as a member of an interdisciplinary rehabilitation team.

Supervisors: Jay Behel, PhD, Susan Buehler, PhD

Outpatient Psychotherapy/Behavioral Medicine

Duties: Evaluated and treated adults presenting to a hospital-affiliated outpatient psychology clinic with a variety of psychological and health-related issues. Conducted pre-bariatric surgery psychological evaluations.

Supervisors: Joyce Corsica, PhD, Megan Hood, PhD

Psychosocial Oncology

Duties: Provided inpatient consultation and treatment of psychosocial issues for patients with a variety of cancer diagnoses.

Supervisors: Vanessa Tirone, PhD, Rebecca Hunter, PhD, Sarah Thilges, PhD

American Heart Association Pre-doctoral Fellow

Jan 2014 – Dec 2015

University of Colorado Denver, Department of Psychology and Anschutz Health and Wellness Center, Anschutz Medical Campus

Duties: Designed, conducted, analyzed, and disseminated, “*Meaning and Purpose as Predictors of Physical Activity Maintenance.*”

Supervisor: Kevin Masters, PhD

Graduate Research Assistant

June 2013 – June 2016

Anschutz Health and Wellness Center – University of Colorado Denver | Anschutz Medical Campus

Duties: Analyzed data from the fitness center members to predict membership retention. Developed new research protocols to examine retention and to enhance current Wellness Center programming. Developed and led stress management group with the cast members of ABC’s Extreme Weight Loss television show. Assisted in the redevelopment and validation of a multidimensional wellness assessment report.

Supervisors: Kevin Masters, PhD, James Hill, PhD, John Peters, PhD, Holly Wyatt, MD

Study Coordinator

Aug 2011 – Nov 2012

Eastern Colorado VA Health Care System, Denver, CO

Duties: Coordinated a multi-site research project examining two interventions designed to improve quality of life in patients with chronic heart failure. Lead interventionist for the psychospiritual intervention arm, in which patients received mailed stress-management modules with a spirituality component. Recruited and tracked study subjects. Created the study manual, data collection forms, data map, and variable list.

Supervisors: David Bekelman, MD, MPH, Kevin Masters, PhD

Graduate Research Assistant

June 2011 - Aug 2011, Aug 2012 – Dec 2013

University of Colorado Denver, Department of Psychology

Duties: Analyzed data and wrote research papers. Helped develop new protocols. Attended weekly lab meetings. Created intervention modules for mailed psychospiritual intervention.

Supervisor: Kevin Masters, PhD

Research Health Science Specialist

May 2010 – June 2011

Center for Integrated Healthcare, Syracuse VA Medical Center

Duties: Managed studies of mood and health behaviors (alcohol use, exercise, smoking) in veterans, including intervention and descriptive studies. Conducted in-person and telephone research assessments, monitored study progress, and executed data management and statistical analyses using SAS and SPSS statistical software programs. Coordinated a multi-VISN survey study to assess provider's perspectives of Veterans attrition from MOVE! Weight Management Program.

Supervisors: Stephen Maisto, PhD, Jennifer Funderburk, PhD, Margaret Dundon, PhD

Undergraduate Research Assistant

Mar 2009 - July 2009

University of Minnesota Duluth, Department of Psychology

Grant: Healthy Food, Healthy Lives Institute Seed Grant: Institutional and Consumer Decision-Making in the Hospital Setting: An Evaluation of a Healthy Food Practices Model

Duties: Assisted with survey development, collected surveys from nearly 900 hospital employees, and maintained database.

Supervisors: Jennifer Schultz, PhD, Lara LaCaille, PhD

Research Assistant

Sept 2008 - May 2009

University of Minnesota Duluth, Department of Psychology

Grant: Development and Examination of a Self-Determination Theory Web-Based Exercise Adoption Intervention

Duties: Screened participants, assisted with the development of materials, and gave feedback to 60 participants during the 10-week intervention using motivational interviewing framework.

Supervisor: Rick LaCaille, PhD

Lab Assistant

June 2008 - July 2009

University of Minnesota Medical School Duluth, Behavioral Medicine Lab

Project: Stress, Cortisol, & Appetite/Eating Behavior

Duties: Developed and carried out independent research project, including designing the protocol, writing applications for approval for use of human subjects, adapting experimental materials and writing a laboratory manual, screening participants, running laboratory sessions, and using biomedical equipment. As a lab assistant, aided in completing other laboratory tasks (i.e., scoring questionnaires, modifying and checking databases, and setting up lab equipment).

Supervisor: Mustafa al'Absi, PhD

AWARDS

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| 2021 | Impact Award The Forum for Behavioral Science in Family Medicine |
| 2021 | CERA Best Paper Award Society for Teachers of Family Medicine |
| 2017 | Outstanding PhD Student University of Colorado Denver, College of Liberal Arts and Sciences |
| 2012 | Alumni Graduate Student Scholarship University of Colorado Denver |
| 2012 | Selected Mentored Poster Society of Behavioral Medicine |
| 2009-2010 | McNair Fellowship Syracuse University |
| 2005-2009 | Dean's List for Academic Excellence University of Minnesota Duluth |
| 2009 | Researcher of the Year McNair Scholars Program, University of Wisconsin Superior |
| 2008 | Darland All-American Scholarship <i>Awarded to 3 University of Minnesota Duluth students annually</i> |
| 2008 | Kamal Gindy Scholarship <i>Awarded to 1 University of Minnesota Duluth Psychology student annually</i> |
| 2008 | Arrowhead Award |

University of Minnesota Duluth
 Awarded to students who demonstrate outstanding service to and participation in
 a student organization
Distinguished Leadership Award
 University of Minnesota Duluth Honors Program

2007

GRANT SUPPORT

Current:

Minnesota Occupational Health and Safety Surveillance Program: Firefighters Vaccine Hesitancy Supplement

Role: Co-Investigator
Agency: National Institutes of Health (U60OH009855)
Principal Investigator: Eric Zabel, PhD MPH
Funding Period: 7/01/2021-6/30/2022

Long-term Effectiveness of the Anti-obesity Medication Phentermine: LEAP Trial

Role: Site Principal Investigator; Chair, Publications, Presentations, & Ancillary Studies Committee
Agency: National Institutes of Health (U24HL155802)
Principal Investigators: Jamy Ard, MD & Kristina Henderson Lewis, MD, MPH
Funding Period: 10/01/2021-6/30/2026

Development and Proof-of-Concept Trial of a Meaning and Theory-Based Physical Activity Intervention

Role: Principal Investigator
Agency: National Institutes of Health (R21AG070161)
Funding period: 9/15/2021-5/31/2023

Comparison of Type 2 Diabetes Pharmacotherapy Regimens Using Targeted Learning

Role: Co-Investigator
Agency: PCORI (DB-2020C2-20318)
Principal Investigator: Romain Neugebauer, PhD & Patrick O'Connor, MD, MPH, MA
Funding period: 08/01/2021 – 07/30/2024

Reducing Clinical Inertia in Obesity Management of Diabetes in Primary Care: Cluster-Randomized Trial

Role: Co-Investigator
Agency: National Institutes of Health (1R01DK128281-01)
Principal Investigator: Patrick O'Connor, MD, MPH, MA
Funding period: 05/01/2021 – 04/30/2026

Reducing Stigma toward People with Opioid Use Disorder among Primary Care Clinicians

Role: Site Principal Investigator
Agency: National Institutes of Health (3UG1DA040316-06S4)
Principal Investigator: Gavin Bart, MD & Rebecca Rossom, MD MSCR
Funding period: 06/01/2020-02/28/2022

Suicide Prediction and Prevention for People at Risk for Opioid Use Disorder

Role: Co-Investigator
Agency: National Institutes of Health/3UG1DA040316-06S3
Principal Investigator: Gavin Bart, MD & Rebecca Rossom, MD MSCR
Funding period: 06/01/2020-02/28/2022

Suicide-Related Risks Associated with Prescription Opioid Deprescribing

Role: Co-Investigator
Agency: Food and Drug Administration (75F40119C10097)
Principal Investigator: Bobbi Jo Yarborough, PsyD
Funding period: 09/01/2019 – 8/31/2022

Opioid Use Disorder Clinical Decision Support (COMPUTE 2.0)

Role: Co-Investigator
Agency: National Institutes of Health (UG1DA040316)
Co-leads: Gavin Bart, MD & Rebecca Rossom, MD MSCR

December 2021

Funding period: 08/01/2019 – 07/30/2024

Expansion of Integrated Clinical Services for Opioid Use Disorder in a Family Medicine Training Clinic

Role: Consultant

Agency: Minnesota Department of Human Services (SAMHSA/ H79TI080248)

Principal Investigator: Robert Levy, MD

Funding period: 09/01/2019-09/30/2021

Past:

Understanding the Impact of COVID-19 on Type 2 Diabetes Care

Role: Principal Investigator

Agency: Health Delivery Systems Center for Diabetes Translational Research (NIH P30DK092924)

Funding period: August 2020 – July 2021

Stakeholder Perspectives on Implementing Suicide Risk Prediction Models

Role: Co-Investigator

Agency: National Institutes of Health (1U19MH121738-01)

Principal Investigator: Bobbi Jo Yarborough, PsyD

Funding period: Sept 2019 – June 2021

Feasibility and Acceptability of a Brief, Novel Treatment for PTSD in a Family Medicine Residency Clinic

Role: Consultant

Direct Costs: \$3,000

Agency: Minnesota Academy of Family Physicians

Funding period: Oct 2019 – Sept 2021

Empowering Physicians to Manage Behavioral Health Concerns in Primary Care: Expansion and Dissemination of the Change that Matters Curriculum

Role: Co-Principal Investigator

Direct Costs: \$19,997

Agency: Health Resources and Services Administration (UH1HP33881)/ National Center for Integrated Behavioral Health

Funding Period: July 2019 – June 2020

Examining Loneliness in an Urban, Underserved Family Medicine Residency Clinic

Role: Co-Investigator

Principal Investigator: Paul Stadem, MD

Direct Costs: \$3,000

Agency: Minnesota Academy of Family Physicians

Funding Period: Dec 2018 – Dec 2020

Getting Connected: Bolstering Social Networks with a Community Health Worker Intervention to Improve Health

Role: Co-Investigator

Principal Investigator: Jason Ricco, MD, MPH

Direct Costs: \$95,000

Agency: UCare Foundation Systems Grant

Funding Period: Jan 2018 – May 2020

Development and Evaluation of a Curriculum to Teach Physicians Evidence-based Skills for Promoting Health Behavior Change in Their Patients

Role: Co-Investigator

Principal Investigator: Michelle Sherman, PhD, LP, ABPP

Direct Costs: \$29,977

Agency: University of Minnesota Academic Health Center Seed Grant

Funding Period: June 2018 – May 2019

Expanding Integrated Clinical Services for Opioid Use Disorder at a Family Medicine Training Clinic

Role: Consultant

Agency: Minnesota Department of Human Services
Principal Investigator: Robert Levy, MD
Funding Period: Apr 2017-Aug 2019

Values-Based Behavioral Activation Intervention among Patients Living with Chronic Pain in an Urban Family Medicine Clinic

Role: Co-Investigator
Principal Investigator: Lucas Boyle, MD
Direct Costs: \$3,000
Agency: Minnesota Academy of Family Physicians
Funding Period: Dec 2017 – Dec 2018

Meaning and Purpose as Predictors of Physical Activity Maintenance

Role: Principal Investigator
Direct Costs: \$50,000
Agency: American Heart Association Pre-doctoral Fellowship (14PRE18710033)
Funding Period: Jan 2014 – Dec 2015

Promoting Brief, Evidence-based Assessment and Intervention in Interdisciplinary Health Care Settings: An Online Educational Tool Kit and Conference Event for Students

Role: Co-Sponsor
Project Coordinator: Abby Hughes, PhD
Direct Costs: \$1,550
Agency: American Psychological Association Committee on APA/Division Relations Interdivisional Grant Program
Funding Period: Jan 2014 – Dec 2014

RESEARCH EXPERIENCE (Unpaid)

Behavioral Sleep Medicine Research Group

July 2016 – June 2017

Rush University Medical Center, Chicago, IL

Duties: Assisted with the design and implementation of a CPAP engagement telehealth project to increase adherence to CPAP. Conducted secondary analyses and write-up of data on the relationship between physical activity and sleep behaviors. Attended research meetings.
Supervisor: Kelly Baron, PhD, MPH, CBSM

MPH Capstone Student

Aug 2015 – Dec 2015

Eastern Colorado VA Healthcare System, Denver, CO

Duties: Designed a dyadic study of the associations among relationship quality, caregiver burden, and self-care behaviors in heart failure patients and caregivers. Conducted analyses, prepared manuscript for publication, and presented poster and oral presentations at final capstone MPH public health forum.
Supervisor: David Bekelman, MD, MPH

MPH Practicum Student

Jan 2015 – May 2015

Anschutz Health and Wellness Center – University of Colorado Denver | Anschutz Medical Campus

Duties: Revised a comprehensive Wellness Assessment to be implemented at the Wellness Center. Designed the validity study, managed the IRB, managed database, conducted analyses (descriptive, missing data, exploratory and confirmatory factor analysis), and wrote and presented results.
Supervisors: Kevin Masters, PhD, John Peters, PhD

Research Assistant (Without Compensation)

Nov 2012 – June 2016

Eastern Colorado VA Health Care System, Denver, CO

Duties: Assisted in data analysis and publication.
Supervisors: David Bekelman, MD, MPH, Kevin Masters, PhD

Junior Clinical Researcher

Apr 2012 – Aug 2015

Colorado Consortium for Health Behavior Change

Fred Wamboldt, MD (PI): NIH Conference Grant (R13 CA162827) titled: “Health Behavior Change in Cardiopulmonary Illness: Enhancing Theory and Models of Behavioral Mechanisms”

Consortium met for 8 quarterly meetings to appraise, review, and enhance existing theoretical models of health behavior change in order to improve prevention and intervention strategies relating to cardiopulmonary illness.

Honors Senior Capstone Project

Sept 2008 - April 2008

University of Minnesota Duluth, Department of Psychology

Project: The immediate effect of advertisements on psychological states: Are we more resilient than previously thought?"

Duties: Expanded upon McNair Scholar research project by adding more subjects and changing protocol to address previous limitations.

Supervisor: Lara LaCaille, PhD

McNair Scholar

Oct 2007 - Sept 2008

University of Wisconsin Superior

Project: Self-determination, self-regulation, and eating behavior

Duties: Designed experiment to study the effect of subtle environmental cues on hunger and psychological states that have been shown to impact eating behavior, while using dispositional motivational style as a moderating variable. Carried out protocol, analyzed data using SPSS, and wrote final manuscript.

Faculty Mentor: Lara LaCaille, PhD

Experimental Design and Applied Methods Research Student

Sept 2007 - May 2008

University of Minnesota Duluth, Department of Psychology

Project: Exercise may enhance performance on cognitive tasks: A pilot study

Duties: Designed experiment to study the effect of an acute bout of exercise on memory and attention tasks. Carried out experiment and analyzed data using SPSS.

Faculty Mentor: Rick LaCaille, PhD

Self-Determination Theory (SDT) Research Group

Sept 2007 - May 2009

University of Minnesota Duluth, Department of Psychology

Duties: Met weekly with a small group of students and faculty to discuss journal articles related to SDT and health, propose research topics, and prepare undergraduate research projects.

Supervisors: Rick LaCaille, PhD, Lara LaCaille, PhD

PEER-REVIEWED JOURNAL ARTICLES (*h*-index = 13)

1. Sattler, A., **Hooker, S. A.**, Sherman, M. D., & Levy, R. (2021). Parenthood as a possible protective factor for wellbeing among patients receiving medications for opioid use disorder. *Substance Use & Misuse*, 56 (14), 2202-2213. <https://doi.org/10.1080/10826084.2021.1981386>
2. LaCaille, L. J., **Hooker, S. A.**, Marshall, E., LaCaille, R. J., & Owens, R. (2021). Change in perceived stress and health behaviors of emerging adults in the midst of the COVID pandemic: A longitudinal study. *Annals of Behavioral Medicine*, 55, 1080-1088. <https://doi.org/10.1093/abm/kaab074>
3. Solberg, L. I., **Hooker, S. A.**, Rossom, R. C., Bergdall, A., & Crabtree, B. (2021). Clinician perceptions about a decision support system to identify and manage opioid use disorder. *Journal of the American Board of Family Medicine*, 34, 1096-1102. <https://doi.org/10.3122/jabfm.2021.06.210126>
4. Sherman, M.D., Sattler, A., Brandenburg, D., & **Hooker, S.** (2021). Providing psychotherapy in an underserved community during the COVID-19 pandemic. *Journal of Health Care for the Poor and Underserved*, 32(3), 1096-1101. <https://www.muse.jhu.edu/article/802244>
5. **Hooker, S. A.**, Lonergan-Cullum, M., Levy, R., Nissly, T., & Sherman, M. D. (2021). Longitudinal assessment of mental health and well-being in patients being treated with medications for opioid use disorder in primary care. *Addictive Behaviors Reports*, 13, 100348. <https://doi.org/10.1016/j.abrep.2021.100348>
6. Rush, C., **Hooker, S. A.**, Ross, K., Frers, A., Peters, J. C. & Masters, K. S. (2021). Brief report: Meaning in life is mediated by self-efficacy in the prediction of physical activity. *Journal of Health Psychology*, 26(5), 753-757. <https://doi.org/10.1177/1359105319828172>

7. **Hooker, S. A.**, Masters, K. S., Ross, K. M., Jackson, K. H., & Peters, J. C. (2021). Multiple dimensions of wellness: Development and psychometric properties of the Anschutz Wellness Evaluation 360 (AWE 360). *Journal of Well-being Assessment*, 4(2), 95-119. <https://doi.org/10.1007/s41543-020-00028-y>
8. **Hooker, S. A.**, Slattengren, A. H., Boyle, L., & Sherman, M. D. (2020). Values-based behavioral activation for chronic pain in primary care: A pilot study. *Journal of Clinical Psychology in Medical Settings*, 27, 633-642. <https://doi.org/10.1007/s10880-019-09655-x>
9. LaCaille, R. A., **Hooker, S. A.**, & LaCaille, L. J. (2020). Using self-determination theory to understand eating behaviors and weight change in emerging adults. *Eating Behaviors*, 39, 101433. Advance online publication. <https://doi.org/10.1016/j.eatbeh.2020.101433>
10. **Hooker, S. A.**, Stadem, P., Sherman, M. D., & Ricco, J. (2020). Patient loneliness in an urban, underserved family medicine residency clinic: prevalence and relationship to health care utilization. *Family Practice*, 37(6), 751-758. doi: 10.1093/fampra/cmaa065. PubMed PMID: 32632440.
11. Justesen, K., **Hooker, S. A.**, Sherman, M. D., Lonergan-Cullum, M., Nissly, T., & Levy, R. (2020). Predictors of family medicine patient retention in opioid medication-assisted treatment. *Journal of the American Board of Family Medicine*, 33(6), 848-857. <https://doi.org/10.3122/jabfm.2020.06.200086>
12. Sherman, M. D. & **Hooker, S. A.** (2020). Family medicine physicians' confidence and perceived effectiveness in delivering health behaviour change interventions. *Family Practice*, 37(4), 493-498. <https://doi.org/10.1093/fampra/cmaa001>
13. **Hooker, S. A.**, Masters, K. S., & Ranby, K. W. (2020). Integrating self-determination theory and meaning in life to predict physical activity adoption in previously inactive exercise initiates enrolled in a randomized trial. *Psychology of Sport & Exercise*. June 2020. Vol 49. <https://doi.org/10.1016/j.psychsport.2020.101704>
14. **Hooker, S. A.**, Post, R., & Sherman, M. D. (2020). Awareness of meaning in life is protective against burnout among family physicians: A CERA study. *Family Medicine*, 52, 11-16. <https://doi.org/10.22454/FamMed.2019.562297>
Recipient of the 2021 CERA Best Paper Award, Society of Teachers of Family Medicine
15. **Hooker, S. A.**, Oswald, L. B., Reid, K. J., & Baron, K. G. (2020). Do physical activity, caloric intake, and sleep vary together day to day? Exploration of intraindividual variability in 3 key health behaviors. *Journal of Physical Activity & Health*, 17(1), 45-51. <https://doi.org/10.1123/jpah.2019-0207> PubMed PMID: 31756722; PubMed Central PMCID: PMC7211555.
16. **Hooker, S. A.**, Sherman, M. D., Lonergan-Cullum, M., Sattler, A., Liese, B. S., Justesen, K., Nissly, T., & Levy, R. (2020). Mental health and psychosocial needs of patients being treated for opioid use disorder in a primary care residency clinic. *Journal of Primary Care and Community Health*, 11, 1-8. <https://doi.org/10.1177/2150132720932017>
17. Masters, K. S., Emerson, R. W., & **Hooker, S. A.** (2020). Effects of devotional prayer and secular meditation on cardiovascular response to a faith challenge among Christians. *Psychology of Religion and Spirituality*. Advance online publication. <https://doi.org/10.1037/rel0000369>
18. Adkins, E. C., DeYonker, O., Duffecy, J., Wyatt, J., **Hooker, S. A.**, & Baron, K. G. (2019). Predictors of intervention interest among individuals with short sleep duration. *Journal of Clinical Sleep Medicine*, 15(8), 1143-1148. <https://doi.org/10.5664/jcsm.7808>
19. Sherman, M. D., **Hooker, S. A.**, Doering, A., & Walther, L. (2019). Communication tips for caring for survivors of sexual assault. *Family Practice Management*, 26, 19-23.
20. **Hooker, S. A.**, Masters, K. S., Vagnini, K. M., & Rush, C. (2020). Engaging in personally meaningful activities is associated with meaning salience and psychological well-being. *The Journal of Positive Psychology*, 15(6), 821-831. <https://doi.org/10.1080/17439760.2019.1651895>
21. Sherman, M. D., & **Hooker, S. A.** (2018). Supporting families managing parental mental illness: Challenges and resources. *International Journal of Psychiatry in Medicine*, 53, 361-370. <https://doi.org/10.1177/0091217418791444>

22. Caldwell, A.E., Masters, K.S., Peters, J.C, Bryan, A.B., Grigsby, J., **Hooker, S.A.**, ...Hill, J. O. (2018). Harnessing centered identity transformation to reduce executive function burden for maintenance of health behavior change: The Maintain IT Model. *Health Psychology Review*, 12, 231-253. <https://doi.org/10.1080/17437199.2018.1437551>
23. Masters, K. S., Ross, K. M., **Hooker, S. A.**, & Wooldridge, J. S. (2018). A psychometric approach to theory-based behavior change intervention development: Example from the Colorado Meaning-Activity Project (COMAP). *Annals of Behavioral Medicine*, 52, 463-473. <https://doi.org/10.1093/abm/kay023>
24. Vogeli, J. M., **Hooker, S. A.**, Everhart, K. D., & Kaplan, P. S. (2018). Psychometric properties of the Postpartum Depression Screening Scale beyond the postpartum period. *Research in Nursing & Health*, 41, 185-194. <https://doi.org/10.1002/nur.21861>
25. **Hooker, S. A.**, & Masters, K. S. (2018). Daily meaning salience and physical activity in previously inactive exercise initiates. *Health Psychology*, 37, 344-354. <https://doi.org/10.1037/hea0000599>
26. **Hooker, S. A.**, Wooldridge, J. S., Ross, K., & Masters, K. S. (2018). Do monetary incentives increase fitness center utilization? It depends. *American Journal of Health Promotion*, 32, 606-612. <https://doi.org/10.1177/0890117116689321>
27. **Hooker, S. A.**, Punjabi, A., Justesen, K., Boyle, L., & Sherman, M. D. (2018). Encouraging health behavior change: Eight evidence-based strategies. *Family Practice Management*, 25, 31-36. <https://www.aafp.org/fpm/2018/0300/p31.html>
28. **Hooker, S. A.**, Schmiede, S. J., Trivedi, R. B., Amoyal, N. R., & Bekelman, D. B. (2018). Mutuality and heart failure self-care in patients and their informal caregivers. *European Journal of Cardiovascular Nursing*, 17, 102-113. <https://doi.org/10.1177/1474515117730184>
29. **Hooker, S. A.**, Masters, K. S., & Park, C. L. (2018). A meaningful life is a healthy life: A conceptual model linking meaning and meaning salience to health. *Review of General Psychology*, 22, 11-24. <https://doi.org/10.1037/gpr0000115>
30. Dionne-Odom, J. N., **Hooker, S. A.**, Bekelman, D. B., Ejem, D., McGhan, G., Kitko, L., ...Bakitas, M. A. (2017). Family caregiving for persons with heart failure at the intersection of heart failure and palliative care: A state of the science review. *Heart Failure Reviews*, 22, 543-557. <https://doi.org/10.1007/s10741-017-9597-4>
31. **Hooker, S. A.**, Ross, K., Masters, K. S., Park, C., Hale-Smith, A., Allen, L., & Bekelman, D. B. (2017). Denver Spirited Heart: Mixed-methods pilot study of a psychospiritual intervention for heart failure patients. *Journal of Cardiovascular Nursing*, 32, 226-235. <https://doi.org/10.1087/JCN.0000000000000337>
32. Baron, K. G., & **Hooker, S. A.** (2017). Next steps for patients who fail to respond to cognitive behavioral therapy for insomnia (CBT-I): The perspective from behavioral sleep medicine psychologists. *Current Sleep Medicine Reports*, 3, 327-332. <https://doi.org/10.1007/s40675-017-0096-x>
33. **Hooker, S. A.**, Ross, K., Ranby, K. W., Masters, K. S., Peters, J. C., & Hill, J. O. (2016). Identifying groups at risk for 1-year membership termination from a fitness center at enrollment. *Preventive Medicine Reports*, 4, 563-568. <https://doi.org/10.1016/j.pmedr.2016.10.016>
34. **Hooker, S. A.** & Masters, K. S. (2016). Purpose in life is associated with physical activity measured by accelerometer. *Journal of Health Psychology*, 21(6), 962-971. <https://doi.org/10.1177/1359105314542822>
35. Arigo, D., Funderburk, J.S., **Hooker, S.**, Dundon, M., Evans-Hudnall, G., Dubbert, P., ...O'Donohue, J. (2015). Veterans Health Administration's MOVE!® Weight Management Program: Primary care clinicians' perceptions of program implementation. *Military Medicine*, 180, 1027-1033. <https://doi.org/10.7205/milmed-d-14-00366>
36. **Hooker, S. A.**, Grigsby, M. E., Riegel, B., & Bekelman, D. B. (2015). The impact of relationship quality on health-related outcomes in heart failure patients and informal family caregivers: An integrative review. *Journal of Cardiovascular Nursing*, 30, S52-S63. <https://doi.org/10.1097/jcn.0000000000000270>

37. Arigo, D., **Hooker, S.**, Funderburk, J., Dundon, M., Evans Hudnall, G., Dubbert, P., ...DeSouza, C. (2015). Provider and staff perceptions of veterans' attrition from a national primary care weight management program. *Primary Health Care Research & Development*, *16*, 147-156. <https://doi.org/10.1017/s1463423614000139>
38. Jordan, K. D., Masters, K. S., **Hooker, S. A.**, Ruiz, J. M., & Smith, T. W. (2014). An interpersonal approach to religiousness and spirituality as influences on health and well-being. *Journal of Personality*, *82*, 418-431. <https://doi.org/10.1111/jopy.12072>
39. Lum, H., Lo, D., **Hooker, S. A.**, & Bekelman, D. B. (2014). Caregiving in heart failure: Relationship quality is associated with caregiver benefit finding and caregiver burden. *Heart & Lung: The Journal of Acute and Critical Care*, *43*, 306-310. <https://doi.org/10.1016/j.hrting.2014.05.002>
40. **Hooker, S. A.**, MacGregor, K. L., Funderburk, J. S., & Maisto, S. A. (2013). Body mass index and depressive symptoms in primary care settings: Examining the moderating roles of smoking status, alcohol consumption, and vigorous exercise. *Clinical Obesity*, *4*, 21-29. <https://doi.org/10.1111/cob.12035>
41. Bekelman, D. B., **Hooker, S. A.**, Nowels, C. T., Main, D. S., Meek, P., McBryde, C., Hattler, B., Lorenz, K. A., & Heidenreich, P. A. (2014). Feasibility and acceptability of a collaborative care intervention to improve symptoms and quality of life in chronic heart failure: Mixed methods pilot trial. *Journal of Palliative Medicine*, *17*, 145-151. <https://doi.org/10.1089/jpm.2013.0143>
42. **Hooker, S. A.**, Masters, K. S., & Carey, K. B. (2014). Multidimensional assessment of religiousness/spirituality is related to health behaviors in college students. *International Journal for the Psychology of Religion*, *24*, 228-240. <https://doi.org/10.1080/10508619.2013.808870>
43. Masters, K. S. & **Hooker, S. A.** (2013). Religiousness/spirituality, cardiovascular disease, and cancer: Cultural integration for health research and intervention. *Journal of Consulting and Clinical Psychology*, *81*, 206-216. <https://doi.org/10.1037/a0030813>
44. al'Absi, M. N., Nakajima, M., **Hooker, S. A.**, Wittmers, L. E. & Cragin, T. (2012). Exposure to acute stress is associated with attenuated sweet taste. *Psychophysiology*, *49*, 96-103. <https://doi.org/10.1111/j.1469-8986.2011.01289.x>
45. al'Absi, M. N., **Hooker, S. A.**, Fujiwara, K., Kiefer, F., von der Goltz, C., Cragin, T., & Wittmers, L. E. (2011). Circulating leptin levels are associated with increased craving to smoke in abstinent smokers. *Pharmacology, Biochemistry, and Behavior*, *97*, 507-513. <https://doi.org/10.1016/j.pbb.2010.10.004>
46. Ceballos, N. A., **Hooker, S. A.**, & al'Absi, M. N. (2009). Sex-specific associations of body mass index with mood disturbance during smoking abstinence. *Neuropsychobiology*, *60*, 37-43. <https://doi.org/10.1159/000235800>

PEER-REVIEWED BOOK CHAPTERS & ENCYCLOPEDIA ENTRIES

1. **Hooker, S. A.** (in press). Research methods with health. In R. A. R. Gurung (Ed.), *Routledge Encyclopedia of Psychology in the Real World*.
2. Masters, K. S., & **Hooker, S. A.** (2020). Spirituality/religiosity and health. In L.M. Cohen (Editor in Chief), *The Wiley encyclopedia of health psychology* (pp. 709-715). New York, NY: Wiley.
3. LaCaille, R. A., & **Hooker, S. A.** (2019). Physical activity. In R. A. R. Gurung & T. Revenson (Eds.), *The handbook of health psychology* (pp. 105-118). New York, NY: Taylor & Francis/Routledge.
4. **Hooker, S.A.**, & Emery-Tiburcio, E.E. (2017). Interdisciplinary team. In J. Kruezer, J. DeLuca, & B. Caplan (Eds.), *Encyclopedia of clinical neuropsychology: A comprehensive major reference work for clinical neuropsychologists, cognitive scientists, and rehabilitation specialists* (2nd ed.). Heidelberg: Springer. doi: 10.1007/978-3-319-56782-2_404-3
5. **Hooker, S. A.**, & Bekelman, D. B. (2014). Existential and spiritual issues. In S. Goodlin & M. Rich (Eds.), *End of life issues in cardiology* (pp. 155-169). London, UK: Springer-Verlag. doi:10.1007/978-1-4471-6521-7_10

6. Masters, K. S., & **Hooker, S. A.** (2013). Religion, spirituality, and health. In R. F. Paloutzian & C. L. Park (Eds.), *Handbook of the psychology of religion and spirituality* (2nd ed.) (pp. 519-539). New York, NY: Guilford Press.
7. **Hooker, S. A.** (2013). Cardiovascular disease prevention. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 337-340). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9_1611
8. **Hooker, S. A.** (2013). Robert Wood Johnson Foundation. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (p. 1694). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9_1493
9. **Hooker, S. A.** (2013). Society of Behavioral Medicine. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (p. 1848). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9_1544
10. **Hooker, S. A.** (2013). Martin Seligman. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 1763-1764). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9_1542
11. **Hooker, S. A.** (2012). Herbert Benson. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (p. 213-214). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9_1365
12. **Hooker, S. A.** (2013). Self-blame. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 1731-1732). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9_1496
13. **Hooker, S. A.** (2013). SF-36. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 1784-1786). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9_1597
14. **Hooker, S. A.** (2013). Canonical correlation. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 325-326). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9_1579
15. Masters, K. S., & **Hooker, S. A.** (2012). Impact of religion and spirituality on health. In J. Aten, K. O'Grady, & E. Worthington (Eds.), *The psychology of religion and spirituality for clinicians: Using research in your practice* (pp. 357-386). New York, NY: Routledge.

MANUSCRIPTS IN PROGRESS

1. **Hooker, S. A.**, Sherman, M. D., Loth, K., Uy, M. J. A., & Slattengren, A. H. (under review). Change that Matters: A multicomponent curriculum empowering primary care physicians with evidence-based strategies regarding health behavior change and behavioral health.
2. Rossom, R., **Hooker, S. A.**, O'Connor, P., Crain, A. L., & Sperl-Hillen, J. (under review). Cardiovascular risk for patients with and without schizophrenia, schizoaffective disorder or bipolar disorder.
3. **Hooker, S. A.**, O'Connor, P., Sperl-Hillen, J., Crain, A. L., Kane, S., & Rossom, R. (under review). Depression and cardiovascular risk in primary care patients.
4. Vagnini, K. M., **Hooker, S. A.**, & Masters, K. S. (under review). The Meaning Awareness Scale (MAS): Assessing salience of meaning in life.
5. Rossom, R. C., Crain, A. L., O'Connor, P. J., **Hooker, S. A.**, Ohnsorg, K., Waring, S., Taran, A., Kopski, K., & Sperl-Hillen, J. M. (under review). Impact of a cluster-randomized controlled trial to address cardiovascular risk for people with schizophrenia or bipolar disorder.
6. Yarborough, B. J. H., Stumbo, S. P., Schneider, J., Richards, J., **Hooker, S. A.**, & Rossom, R. C. (under review). Clinical implementation of suicide risk prediction models in healthcare.
7. **Hooker, S. A.**, Truitt, A., Kane, S., O'Connor, P. J., & Sperl-Hillen, J. M. (under review). Impact of the COVID-19 pandemic on type 2 diabetes care delivery.
8. Lonergan-Cullum, M., **Hooker, S. A.**, Levy, R., & Ricco, J. (under review). A new pandemic of loneliness: Importance of screening in primary care.

BOOK REVIEWS, LETTERS, AND OTHER PUBLICATIONS

1. Sherman, M.D., Sattler, A., **Hooker, S.A.**, & Nissly, T. (2021). Got kids? An important question for physicians to ask patients living with opioid use disorder. *Minnesota Family Physician*. In press.
2. **Hooker, S. A.**, Sherman, M. D., & Slattengren, A. (2020). Improving patient outcomes: Tools for promoting healthy behavior. *Minnesota Physician*, 34(7). <http://mppub.com/mp-s1-1020.html>
3. Sherman, M. D., **Hooker, S. A.**, & Swanson, K. (2020). Bring back the notepads: Drawing as an underutilized approach to improving patient comprehension and recall. *Patient Education and Counseling*, 103, 1662-1663. <https://doi.org/10.1016/j.pec.2020.02.038>
4. **Hooker, S. A.**, Loth, K., Ngaw, S., Uy, M., Moon, J., Justesen, K., & Sherman, M. (2019). So you want your patients to lose weight, sleep better, and quit drinking and smoking? Evidence-based resources for family physicians. *Minnesota Family Physician*, 3(2), 12-14.
5. Buck, H. G., Bekelman, D., Cameron, J., Chung, M., **Hooker, S.**, Pucciarelli, G., ...Vellone, E. (2019). A body of work, a missed opportunity. *Journal of the American Geriatric Society*, 67(4), 854-855. <https://doi.org/10.1111/jgs.15749>
6. **Hooker, S. A.** (2018, Spring). Early career professionals corner: Defining your strengths and areas for growth as an ECP. *The Health Psychologist*. <https://div38healthpsychologist.com/2018/03/07/early-career-professionals-corner-defining-your-strengths-and-areas-for-growth-as-an-ecp/>
7. Masters, K. S. & **Hooker, S. A.** (2012). Getting to the heart of health psychology [Review of the book *Heart and mind: The practice of cardiac psychology (2nd ed.)*]. *PsycCRITIQUES*, 57(4). <https://doi.org/10.1037/a0026817>
8. **Hooker, S. A.** & LaCaille, L. J. (2009). External influences on hunger and psychological states: Is autonomous self-regulation protective? *The McNair Scholars Journal of the University of Wisconsin-Superior*, 9, 47-61.
9. **Hooker, S. A.** (2008). Model speech #3: Describing public discourse surrounding a controversy. In E. J. Nelson & D. S. Petersen-Perlman, *Public speaking: A developmental guide*. New York: Pearson Custom Publishing.

SYMPOSIA AND ORAL PRESENTATIONS

1. **Hooker, S. A.**, Sherman, M. D., Loth, K., & Uy, M. J. (2021, June). *Patient perspectives on the acceptability and utility of physician-led health behavior change interventions in primary care* [Paper presentation]. International Congress of Behavioral Medicine, Glasgow, Scotland, UK. (Conference postponed from 2020 to 2021)
2. **Hooker, S. A.**, Rush, C. L., Biggane, C., & Masters, K. S. (2021, June). *Meaning in life is associated with body composition, but not physical fitness, in previously inactive exercise initiates* [Paper presentation]. International Congress of Behavioral Medicine, Glasgow, Scotland, UK. (Conference postponed from 2020 to 2021)
3. Sherman, M. D., Slattengren, A. H., Loth, K., & **Hooker, S. A.** (2021, March). *Change that Matters: A health behavior change curriculum* [Oral Presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
4. **Hooker, S. A.**, & Sherman, M.D. (2020, November). *Change that Matters: A curriculum to teach physicians behavior change strategies* [Workshop]. The 41st Forum for Behavioral Science in Family Medicine, Chicago, IL, United States. (Conference moved online)
Recipient of the Impact Award at the 42nd Forum for Behavioral Science in Family Medicine, 2021
5. **Hooker, S. A.**, Masters, K. S., Rush, C., & Biggane, C. (2020, June). *Using self-determination theory to predict fitness center visits in previously inactive exercise initiates* [Paper presentation]. Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Auckland, New Zealand. (Conference moved online; presented virtually)
6. Ricco, J., **Hooker, S. A.**, Stadem, P., & Sherman, M. D. (2020, May). *Loneliness in an urban, underserved residency clinic: Prevalence and association with healthcare utilization* [Paper presentation]. Society for

- Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference moved online)
7. Levy, R., Sherman, M., Liese, B., Justesen, K., & **Hooker, S. A.** (2020, May). *Predictors of retention in treatment in an MAT program within a family medicine residency clinic* [Seminar presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference canceled)
 8. Sherman, M., Loth, K., Justesen, K., Ngaw, S., Doering, A. & **Hooker, S. A.** (2020, May). *Change that Matters: A curriculum that empowers physicians with skills and resources in promoting health behavior change* [Seminar presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference moved online; invited to present during live session)
 9. Nissly, T., Levy, R., Sherman, M. D., Justesen, K., & **Hooker, S. A.** (2020, March). *Full-spectrum care includes treatment of addiction: A primer on medication assisted therapy for opioid use disorder* [Seminar presentation]. Minnesota Academy of Family Physicians (MAFP) Spring Refresher Conference, Minneapolis, MN, United States. (Conference moved online)
 10. **Hooker, S.**, Slattengren, A., Boyle, L., & Sherman, M.D. (2019, May). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic* [Paper presentation]. Society for Teachers of Family Medicine Annual Conference, Toronto, ON, Canada.
 11. **Hooker, S.**, Sherman, M.D., Slattengren, A., & Boyle, L. (2019, April). *Acceptability of a values-based behavioral activation intervention in patients living with chronic pain* [Oral presentation]. Integrated Behavioral Health Conference, Minneapolis, MN, United States.
 12. **Hooker, S. A.**, Levy, R., Sherman, M. D., Justesen, K., Kent, K., & Nissly, T. (2019, March). *Predictors of retention for buprenorphine treatment* [Paper presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
 13. Boyle, L., **Hooker, S.**, Slattengren, A., & Sherman, M.D. (2019, May). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic* [Oral presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
 14. **Hooker, S. A.**, Loth, K., Ngaw, S., & Sherman, M. D. (2019, March). *So you want your patients to lose weight, sleep better, and quit smoking and drinking? Evidence-based resources to help!* [Oral presentation]. Minnesota Academy of Family Physicians (MAFP) Spring Refresher Conference, Minneapolis, MN, United States.
 15. **Hooker, S. A.**, & Sherman, M. D. (2019, January). *Reinforcing the "health" in health service psychology: Brief, evidence-based interventions for health behavior change* [Workshop presentation]. First Friday Forum for the Minnesota Psychological Association, St. Paul, MN, United States.
 16. **Hooker, S.**, Slattengren, A., Boyle, L., & Sherman, M.D. (2018, November). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic* [Oral presentation]. Family Medicine Midwest Conference, Madison, WI, United States.
 17. **Hooker, S. A.**, & Sherman, M. D. (2018, April). *Integrating health behavior change into primary care: A population health approach* [Seminar presentation]. Integrated Behavioral Health Conference, Minneapolis, MN.
 18. Sherman, M. D., & **Hooker, S. A.** (2018, April). *A population health-based model for health behavior change in primary care* [Seminar presentation]. Annual Convention for the Minnesota Psychological Association, Minneapolis, MN, United States.
 19. **Hooker, S. A.**, Sherman, M. D., & Gits, A. (2018, March). *Intimate partner violence* [Paper presentation]. Minnesota Academy of Family Physicians (MAFP) Innovation & Research Forum, Bloomington, MN, United States.
 20. Masters, K. S., & **Hooker, S. A.** (2017, March). *Living like you mean it just might be good for you* [Paper presentation]. Annual Meeting of the Society of Behavioral Medicine, San Diego, CA, United States.

21. Drerup, M., Baron, K. G., McCrae, C., **Hooker, S. A.**, & Domingo, S. (2017, March). *Behavioral sleep medicine: Career paths and future career opportunities* [Panel discussion]. Annual Meeting of the Society of Behavioral Medicine, San Diego, CA, United States.
22. **Hooker, S. A.**, & Masters, K. S. (2016, December). *Daily meaning salience predicts daily physical activity in previously sedentary exercise initiates* [Paper presentation]. International Congress of Behavioral Medicine, Melbourne, Australia.
23. Masters, K. S., **Hooker, S. A.**, Ross, K., & Wooldridge, J. S. (2016, March). *Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Activity Project (Co-MAP)*. In S. Michie, (Chair), *Developing and testing theory-based digital behavioral interventions* [Symposium]. Annual Meeting of the Society of Behavioral Medicine, Washington, D.C., United States.
24. Masters, K. S., **Hooker, S. A.**, & Wooldridge, J. S. (2015, June). *Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Based Activity Project (Co-MAP)* [Workshop presentation]. Annual Meeting for the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, UK.
25. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2013, March). *Qualitative evaluation of a psychospiritual intervention for chronic heart failure (HF) patients: The Denver Spirited Heart Pilot Study*. In K. S. Masters, (Chair), *Spiritually Informed Interventions in Behavioral Medicine* [Symposium]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States.
26. Jordan, K., Masters, K. S., & **Hooker, S. A.** (2012, November). *Using the interpersonal theory of personality, social, and clinical psychology to identify recurring patterns of social behavior associated with religiousness and spirituality* [Paper presentation]. Meeting of the Society for the Scientific Study of Religion, Phoenix, AZ, United States.
27. Ross, K. M., **Hooker, S. A.**, Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2012, October). *Denver Spirited Heart: A resource-sparing psychospiritual palliative care intervention for patients with heart failure* [Paper presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
28. Bekelman, D. B., Nowels, C. T., & **Hooker, S. A.** (2012, October). *Collaborative Care to Alleviate Symptoms and Adjust to Illness (CASA) pilot study* [Paper presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
29. Maisto, S.A., Funderburk, J.S., MacGregor, K., Wheaton, K., **Hooker, S.**, & Sugarman, D. (2011, August). *A literature review of brief behavioral interventions that can be applied in co-located collaborative care settings* [Workshop presentation]. VA Mental Health Conference, Baltimore, MD, United States.
30. al'Absi, M. N., Nakajima, M., **Hooker, S. A.**, Krambeer, R., & Cragin, T. (2011, March). *Stress and taste: Potential mechanisms linking taste and affect regulation* [Paper presentation]. Annual Meeting of the American Psychosomatic Society, San Antonio, TX, United States.
31. Schultz, J. F., LaCaille, L. J., Dauner, K. N., LaCaille, R. A., **Hooker, S. A.**, & Klinger, J. (2010, November). *Impact of price and labeling on the purchase of locally and sustainably produced, organic, and healthy food* [Paper presentation]. Annual Meeting of the American Public Health Association, Denver, CO, United States.
32. **Hooker, S. A.** (2009, April). *The immediate effect of advertisements on psychological states: Are we more resilient than previously thought?* [Paper presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.
33. Carlson, J., **Hooker, S.**, Dezelske, J., & Peterson, L. (2008, April). *Building bridges in the honors community: Development of a student-produced journal* [Paper presentation]. Upper Midwest Honors Conference, Menomonie, WI, United States.

POSTER PRESENTATIONS

1. **Hooker, S. A.**, Crain, A. L., LaFrance, A., Bart, G., & Rossom, R. C. (2021, June). *Using patient narratives to reduce stigma among primary care clinicians towards people with opioid use disorder* [Innovation Abstract]. National Academy of Medicine Stigma of Addiction Summit, Virtual Meeting.
2. **Hooker, S. A.**, Post, R., & Sherman, M. D. (2021, May). *Meaning salience and burnout among family medicine residency program directors*. [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Virtual meeting.
3. Sherman, M., **Hooker, S. A.**, Sattler, A., & Nissly, T. (2021, May). *Parenthood as a possible protective factor for wellbeing among patients receiving medications for opioid use disorder*. [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Virtual meeting.
4. Brandenburg, D., **Hooker, S. A.**, & Sherman, M. D. (2020, November). *Written exposure therapy: Feasibility of a brief treatment for PTSD in primary care* [Poster presentation]. The 41st Forum for Behavioral Science in Family Medicine, Chicago, IL, United States. (Conference moved online)
5. Sherman, M., Brandenburg, D., Lee, J., Miller, L., & **Hooker, S. A.** (2020, May). *Feasibility and acceptability of a brief, novel treatment for PTSD in a family medicine residency clinic* [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Presented electronically at the August virtual meeting)
6. Sperl-Hillen, J., McKearnan, S., O'Connor, P., Desai, J., Chumba, L., Margolis, K., **Hooker, S.**, Rossom, R., Vazquez-Benitez, G., & DeSilva, M. (2020, April). *Predictors of glycemic relapse in adults with type 2 diabetes* [Poster presentation]. Health Care Systems Research Network Conference, Philadelphia, PA, United States. (Conference canceled)
7. **Hooker, S.A.**, Sherman, M. D., Loth, K., Justesen, K., Moon, J., Ngaw, S., & Uy, M. (2020, April). *Change that Matters: Training primary care physicians in brief, evidence-based health behavior change interventions* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States. (Conference canceled)
8. Vagnini, K. M., Masters, K. S., & **Hooker, S. A.** (2020, March). *The Meaning Awareness Scale: Development and psychometric analysis of a measure of meaning salience* [Poster presentation]. Annual Meeting of the American Psychological Association Division 36 (Society for the Society of Religion and Spirituality) Conference, Denver, CO, United States. (Conference canceled)
9. Stadem, P., **Hooker, S. A.**, Sherman, M. D., & Ricco, J. (2019, November). *Loneliness in an urban, underserved family medicine residency clinic* [Poster presentation]. North American Primary Care Research Group (NAPCRG) Annual Meeting, Toronto, ON, Canada.
10. LaCaille, R.A., LaCaille, L.J., **Hooker, S.A.**, & Koball, A.M. (2019, May). *An examination of unhealthy weight control behaviors and need satisfaction and frustration in college students* [Poster presentation]. International Conference on Self-Determination Theory, Egmond aan Zee, Netherlands.
11. Levy, R., **Hooker, S.**, Sherman, M., Justesen, K., Kent, K., & Nissly, T. (2019, April). *Predictors of retention in a primary-care-based MAT program for opioid use disorder* [Poster presentation]. American Society of Addiction Medicine 50th Annual Conference, Orlando, FL, United States.
12. DeYonker, O., Duffecy, J., **Hooker, S. A.**, & Baron, K. G. (2018, June). *Attitudes of short sleepers towards sleep extension interventions* [Poster presentation]. Annual Meeting for Sleep Medicine, Baltimore, MD, United States.
13. **Hooker, S. A.**, Sherman, M. D., Boyle, L., Vang, N., Justesen, K., Moon, J., & Wootten, M. (2018, May). *Empowering physician with skills in promoting health behavior change* [Poster presentation]. Society of Teachers of Family Medicine 2018 Annual Spring Conference, Washington, DC, United States.
14. **Hooker, S. A.** & Sherman, M. D. (2018, April). *Primary care physicians' confidence in and delivery of health behavior change interventions* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA, United States.

15. **Hooker, S. A.**, Masters, K. S., & Wood, J.* (2017, March). *An idiographic measure of meaningful activity participation is longitudinally associated with greater well-being* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
16. **Hooker, S. A.**, Bouchard, L. C., & Baron, K. G. (2017, March). *Variability in sleep and physical activity related to BMI in healthy adults* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
17. Rush, C., **Hooker, S. A.**, Ross, K. M., & Masters, K. S. (2017, March). *Spiritual well-being, meaning, and health and fitness confidence predict physical activity* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
18. **Hooker, S. A.**, Masters, K. S., & Ranby, K. W. (2016, June). *Integrating self-determination theory with a sense of meaning in life to predict physical activity adoption at a fitness center* [Poster presentation]. International Conference on Self-Determination Theory, Victoria, British Columbia, Canada.
19. LaCaille, L. J., LaCaille, R. A., Dauner, K. N., Klingner, J., & **Hooker, S. A.** (2016, June). *Integrating self-determination theory and theory of planned behavior in the context of healthy eating behavior* [Poster presentation]. International Conference on Self-Determination Theory, Victoria, British Columbia, Canada.
20. **Hooker, S. A.**, Stewart, J., Masters, K. S., Ross, K., & Wooldridge, J. S. (2015, June). *Behavioral incentives for exercise participation: More harm than good?* [Poster presentation]. Annual Meeting for the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, UK.
21. Wooldridge, J. S., **Hooker, S. A.**, Ross, K. M., Masters, K. S., Ranby, K. W., & Hill, J. O. (2015, April). *Distinguishing early terminators from maintainers at a health and wellness fitness center* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, San Antonio, TX, United States.
22. Nakamura, K.,* **Hooker, S. A.**, & Masters, K. S. (2015, April). *Personal history of sports activity and current physical activity motivation* [Poster presentation]. Annual University of Colorado Denver Research and Creative Activities Symposium, Denver, CO, United States.
23. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Ranby, K. W., & Hill, J. O. (2014, August). *Stress and life satisfaction predict retention at a health and wellness fitness center* [Poster presentation]. International Congress of Behavioural Medicine, Groningen, Netherlands.
24. Grigsby, M.E., **Hooker, S.A.**, Allen, E. S., & Spence, A. (2014, August). *Religious service attendance and self-reported health: The role of couples' communication* [Poster presentation]. Annual Convention of the American Psychological Association, Washington, DC, United States.
25. **Hooker, S.A.**, Grigsby, M.E., & Masters, K.S. (2014, August). *Having and searching for meaning and life satisfaction: The mediating roles of perceived stress and depressive symptoms* [Poster presentation]. Annual Convention of the American Psychological Association, Washington, DC, United States.
26. Grigsby, M.E., **Hooker, S.A.**, Masters, K.S., Allen, E. S., & Spence, A. (2014, April). *Relationship factors and sleep quality: The role of anxiety and depressive symptoms* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Philadelphia, PA, United States.
27. Ross, K., **Hooker, S.**, Masters, K., Park, C., Allen, L. A., Bekelman, D. B., & Hale-Smith, A. (2014, April). *Spiritual well-being parallels physical and psychological distress in patients with heart failure* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA, United States.
28. **Hooker, S. A.**, Grigsby, M. E., Riegel, B., & Bekelman, D. B. (2013, October). *Relationships matter: A review of dyadic studies of heart failure patients and their informal family caregivers* [Poster presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
29. **Hooker, S. A.**, Grigsby, M. E., Ross, K. M., Masters, K. S., & Steffen, P. R. (2013, August). *Are ill populations more spiritual? An analysis of the FACIT-Sp* [Poster presentation]. Annual Convention of the American Psychological Association, Honolulu, HI, United States.
30. LaCaille, L., LaCaille, R., Schultz, J, Dauner, K., **Hooker, S.**, & Klingner, J. (2013, August). *Factors associated with healthy, organic, local and sustainable food choices* [Poster presentation]. Society for

Consumer Psychology Conference at the American Psychological Association Annual Convention, Honolulu, HI, United States.

31. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2013, March). *Effects of a spiritual intervention for heart failure patients: The Denver Spirited Heart Pilot Study* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States.
32. Bekelman, D. B., Nowels, C. T., & **Hooker, S. A.** (2012, July). *Collaborative Care to Alleviate Symptoms and Adjust to Illness (CASA) pilot study* [Poster presentation]. Annual VA Health Services Research and Development Service (HSR&D) Conference, Baltimore, MD, United States.
33. Grigsby, M. E., **Hooker, S. A.**, & Masters, K.S. (2012, April). *Stress and sleep problems in college students: The role of spiritual well-being* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
34. **Hooker, S. A.**, & Masters, K. S. (2012, April). *Do positive or negative cognitive biases predict discrepancies between objective and self-report measures of physical activity?* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
35. **Hooker, S. A.**, & Masters, K. S. (2012, April). *Purpose in life is associated with physical activity measured by accelerometer* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
36. Arigo, D., Funderburk, J. Dundon, M., **Hooker, S.**, Catanese, S., DeMasi, C., DeSouza, C., Dickinson, E., Downey, S., Dubbert, P., Evans Hudnall, G., & O'Donahue, J. (2012, April). *Implementation of a nationwide weight loss program: Providers' feedback on the Veterans Health Administration-MOVE!® Weight Management Program for veterans (MOVE!)* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
37. **Hooker, S.**, Dundon, M., Arigo, D., Catanese, S., DeMasi, C., DeSouza, C., Dickinson, E., Downey, S., Dubbert, P., Evans Hudnall, G., O'Donahue, J., & Funderburk, J. (2012, April). *Veterans' Health Administration MOVE!® Weight Management Program for veterans: Providers' perceptions of attrition* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
38. **Hooker, S. A.**, MacGregor, K. L., Funderburk, J. S., & Maisto, S. A. (2011, April). *The relationship between body mass index, depressive symptoms, and health behaviors in primary care settings* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
39. **Hooker, S. A.**, & Masters, K. S. (2011, April). *Multidimensional assessment of religiosity/spirituality and healthy lifestyles in college students* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
40. al'Absi, M. N., **Hooker, S. A.**, Nakajima, M., Krambeer, R., & Cragin, T. (2011, April). *Exposure to acute stress is associated with attenuated sweet taste* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
41. LaCaille, R. A., LaCaille, L. J., **Hooker, S. A.**, Fortier, M., & Kuvaas, N. J. (2011, April). *Examination of a self-determination theory web-based physical activity intervention* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
42. Masters, K. S., Smith, T. W. & **Hooker, S. A.** (2011, April). *Interpersonal analysis of measures of religiousness and spirituality: Construct validation with relevance to health research* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
43. Labbe, A. K., MacGregor, K. L., **Hooker, S. A.**, Funderburk, J. S., & Maisto, S. A. (2011, April). *The utility of AUDIT-C cut-scores in VA primary care settings* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.

44. **Hooker, S. A.**, al'Absi, M. N., Nakajima, M., Cragin, T., & Krambeer, R. (2010, March). *Effects of acute stress on adrenocortical response and taste perception* [Poster presentation]. Annual Meeting of the American Psychosomatic Society, Portland, OR, United States.
45. **Hooker, S. A.**, al'Absi, M. N., Kiefer, F., & Cragin, T. (2009, April). *Circulating leptin levels are associated with increased craving to smoke and withdrawal symptoms in abstinent smokers* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
46. LaCaille, L. J., **Hooker, S. A.**, & Krambeer, R. J. (2009, April). *Mindfulness, interoceptive awareness, and self-regulatory processes involved in eating behavior* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
47. LaCaille, R. A., **Hooker, S. A.**, LaCaille, L. J., Kuvaas, N. J., & Denviler, J. (2009, April). *Autonomous and controlling motives for exercise differentially predict psychological well-being* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
48. LaCaille, R. A., LaCaille, L. J., **Hooker, S. A.**, & Fortier, M. (2009, April). *Development and preliminary evaluation of a web-based exercise adoption intervention* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
49. Pedersen, J., SanCartier, M., & **Hooker, S. A.** (2009, April). *Craving carbs? You may just be hungry* [Poster presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.
50. **Hooker, S. A.** & LaCaille, L. J. (2008, October). *External influences on hunger and psychological states: Is autonomous self-regulation protective?* [Poster presentation]. Northern Lights Psychology Conference, Grand Forks, ND, United States.
51. LaCaille, R. A., LaCaille, L. J., Schouweiler, A. M., Kuvaas, N., Egan, A., & **Hooker, S.** (2008, May). *What motivates the marathoner? The relationship between self-regulatory approaches, goals and motives, and running performance* [Poster presentation]. Annual Convention for the Association for Psychological Science, Chicago, IL, United States.
52. **Hooker, S.**, Juetten, J., & Keister, M. (2008, April). *Exercise may enhance performance on cognitive tasks: A pilot study* [Poster presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.

*Denotes mentee.

INVITED ADDRESSES AND COMMUNITY/PROFESSIONAL PRESENTATIONS

1. **Hooker, S. A.** & Sherman, M. D. (2020, August). *Change that Matters: A curriculum that empowers physicians with skills and resources in promoting health behavior change* [Invited webinar]. National Center for Integrated Behavioral Health.
2. **Hooker, S. A.** (2020, January). *Living like you mean it: Does meaning matter for health?* [Grand rounds presentation]. North Dakota State University Department of Psychology Grand Rounds, Fargo, ND, United States.
3. **Hooker, S. A.** & Sherman, M. D. (2019, January). *Mental health* [Workshop presentation]. The Ladder, Minneapolis, MN, United States.
4. Sherman, M. D. & **Hooker, S. A.** (2018, June). *Health behavior change strategies for family medicine physicians* [Grand rounds presentation]. University of Minnesota Department of Family Medicine and Community Health Grand Rounds, Minneapolis, MN, United States.
5. **Hooker, S. A.** (2018, February). *Living like you mean it: Does meaning matter for health?* [Grand rounds presentation]. North Memorial Medical Center Hospital Grand Rounds, Robbinsdale, MN, United States.
6. Sherman, M. D. & **Hooker, S. A.** (2017, December). *Mental health* [Workshop presentation]. The Ladder, Minneapolis, MN, United States.

7. **Hooker, S. A.** (2017, June). *Meaning and purpose as resources for health behavior change maintenance* [Grand rounds presentation]. Rush University Medical Center Department of Behavioral Sciences Grand Rounds, Chicago, IL, United States.
8. **Hooker, S. A.** (2016, November). *Physical activity as an intervention for sleep disorders* [Oral presentation]. Sleep Medicine Seminar at Rush University Medical Center, Chicago, IL, United States.
9. Masters, K.S. & **Hooker, S.A.** (2016, November). *Live like you mean it: Does meaning matter for health?* [Invited address]. Center for Women's Health Research: Conversations About Women's Health. Denver, CO, United States.
10. Masters, K.S. & **Hooker, S.A.** (2016, July). *Life meaning salience and health behavior maintenance: Intriguing possibilities* [Invited address]. Colorado Integrative Medicine Conference. Estes Park, CO, United States.
11. **Hooker, S. A.** (2016, October). *Cases that keep you up at night: Behavioral sleep medicine* [Invited case presentation]. Illinois Sleep Society Conference, Oak Lawn, IL, United States.
12. **Hooker, S. A.** & Wooldridge, J. S. (2015, March). *Stress and emotional eating* [Invited presentation]. Weight Loss Group at the University of Colorado Lowry Internal Medicine Clinic, Denver, CO, United States.
13. **Hooker, S. A.** (2015, February). *Fitness center membership retention: What psychology can tell us about AHWC members* [Invited presentation]. Anschutz Health and Wellness Center Brown Bag Lunch and Learn Series, Aurora, CO, United States.
14. Bekelman, D. B. & **Hooker, S. A.** (2012, May). *Caregivers of heart failure patients: Contributions to symptom experience and self-care* [Oral presentation]. Palliative Care Research Group Monthly Meeting, Aurora, CO, United States.
15. **Hooker, S. A.** & Bekelman, D. B. (2012, April). *Caregivers of heart failure patients: Contributions to symptom experience and disease management* [Oral presentation]. Colorado Cardiovascular Outcomes Research Weekly Meeting, Aurora, CO, United States.

SELECTED MEDIA COVERAGE

1. Helmer, J. (2019, October 12). Having a sense of purpose could help you live a healthier life. *MyFitnessPal Blog*. Retrieved from <https://blog.myfitnesspal.com/having-a-sense-of-purpose-could-help-you-live-a-healthier-life/>
2. Joszt, L. (2019, February). Developing strategies to implement long-lasting healthy behaviors. *American Journal of Managed Care*. <https://www.ajmc.com/focus-of-the-week/developing-strategies-to-implementlonglasting-healthy-behaviors>
3. European Journal of Cardiovascular Nursing Journal Club. (2018, June 7). *EJCN Journal Club – Session 15* [video file]. Retrieved from <https://www.youtube.com/watch?v=aKPWbB2NlnQ>
4. The Editors of *Women's Health*. (2017, July 20). Meet your 2017 Next Fitness Star Finalists! The passionate personal trainers are here to change your life. *Women's Health*. Retrieved from <https://www.womenshealthmag.com/fitness/a19983190/next-fitness-star-finalists/>
5. Andrews, L. W. (2017, July 14). How a sense of purpose in life improves health. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/minding-the-body/201707/how-sense-purpose-in-life-improves-your-health>
6. Dolan, E. W. (2016, December 4). *Study: Greater sense of purpose in life linked to objectively measured physical activity*. Retrieved from <http://www.psypost.org/2016/12/study-greater-sense-purpose-life-linked-objectively-measured-physical-activity-46271>
7. Townsend, M. (Host). (2016, August 25). Hacked voting machines, Utah Shakespeare festival, fitness [Radio program]. *The Matt Townsend Show*. Provo, UT: BYU Radio. Retrieved from: <http://www.byuradio.org/episode/b09e752d-a876-4cf5-b0f0-8d303e937429/the-matt-townsend-show-hacked-voting-machines-utah-shakespeare-festival-fitness>

8. Sifferlin, A. (2016, July 14). You are more likely to exercise if you have a sense of purpose. *TIME*. Retrieved from <http://time.com/4368339/exercise-purpose-in-life/>

TEACHING EXPERIENCE

Adjunct Assistant Professor

Feb 2020 – present

University of Minnesota North Memorial Family Medicine Residency

Didactic lectures: Health Behavior Change; Depression; Chronic Pain; Social Isolation; Managing Stress & Anxiety; Post-traumatic Stress Disorder; Special Topics in Behavioral Health (Suicidality, Negotiating with Patients, and Boundary Setting)

Postdoctoral Fellow / Instructor

Aug 2017- May 2019

University of Minnesota North Memorial Family Medicine Residency

Curriculum development: Co-created behavioral health didactics curriculum for family medicine residents. Created and led an interdisciplinary workgroup that developed and implemented a health behavior change curriculum residency-wide composed of didactic lectures, electronic medical record smart phrases (with specific suggestions of topics to discuss with patients), and interactive patient handouts

Didactic lectures: Health Behavior Change; Insomnia; Smoking/Alcohol Use; Physical Activity; Medication Adherence; Intimate Partner Violence; Healthy Eating; Behavioral Health (Introduction to Integrated Primary Care, Risk Assessment); Motivational Interviewing; Somatic Symptom Disorder; Working with Victims of Sexual Assault; Depression; Chronic Pain; Social Isolation; Managing Stress & Anxiety

One-on-one teaching: Communication skills and motivational interviewing with family medicine residents during video review (reviewing videos of residents during patient encounters to give feedback on patient communication skills) and live shadowing (both in the clinic and on hospital rounds)

Integrated clinical care: Provided live consultation and informal supervision to family medicine residents regarding psychiatric and health psychology issues with their patients in an integrated care setting

Instructor

Fall 2012, Spring 2013, Spring 2016

University of Colorado Denver, Department of Psychology

PSYC 2090: Introduction to Statistics and Research Methods

Teaching Assistant

Summer 2012

University of Colorado Denver, Department of Psychology

Assisted David Albeck, PhD with PSYC 2090: Introduction to Statistics and Research Methods

Teaching Assistant

Fall 2008, Spring 2008 & 2009

University of Minnesota Duluth, Department of Psychology

Assisted Lara LaCaille, PhD and Kathy Dowell, PhD with PSY 2003: Psychology as a Discipline and Profession

Teaching Assistant

Fall 2008 & Spring 2009

University of Minnesota Duluth, Department of Psychology

Assisted Randall Gordon, PhD with PSY 3021: Experimental Design and Methodology and PSY 3022: Applied Methods and Measurement

GUEST LECTURING EXPERIENCE

“Change that Matters: Strategies to Help Patients with Health Behavior Change”

Fall 2021

HealthPartners

Occupational Medicine Residency Didactics

“BATHE/Motivational Interviewing”

Summer 2018, Spring 2019

University of Minnesota Medical School

Family Medicine Clerkship

“Health Behavior Change”

Spring 2018

North Memorial Medical Center / University of St. Thomas Psychology Internship

“Obesity”

Fall 2017

University of Minnesota, School of Pharmacy

PHAR 6961: Women's Health

"Integrated Health Care"

University of St. Thomas, Graduate School of Professional Psychology

Fall 2017

"Interviewing for Graduate School"

University of Colorado Denver, Department of Psychology

Fall 2015

PSYC 4680: Behavioral Sciences Research Seminar

MENTORING & STATISTICAL CONSULTING EXPERIENCE

| | |
|-----------|---|
| 2021- | Dissertation Committee Member – Katie Vagnini <i>University of Colorado Denver</i> |
| 2021- | Thesis Committee Member – Dakota Leget <i>University of Minnesota Duluth</i> |
| 2020- | Dissertation Committee Member – Christianne Biggane <i>University of Colorado Denver</i> |
| 2019-2020 | Ad Hoc Thesis Committee Member – Katie Vagnini <i>University of Colorado Denver</i> |
| 2017 | Statistical Consultant to Lauren Piper Dissertation Research Project, <i>Illinois Institute of Technology</i> |
| 2017 | Statistical Consultant to Alison Buchholz Dissertation Research Project, <i>Rosalind Franklin University of Medicine and Science</i> |
| 2013-2017 | Statistical and Research Methods Consultant to Lacey Clement Master's Thesis and Dissertation Research Projects, <i>University of Colorado Denver</i> |
| 2014-2016 | Statistical Consultant to JoAnn Vogeli Master's Thesis and Dissertation Research Projects, <i>University of Colorado Denver</i> |
| 2015-2016 | Graduate Mentor to Jean Wood Research Assistant, <i>University of Colorado Denver</i> |
| 2014-2015 | Graduate Mentor to Kaylae Nakamura MARC U-STAR Scholar, <i>University of Colorado Denver</i> |
| 2013 | Statistical and Research Methods Consultant to Jennifer Nguyen Master's Thesis Project, <i>University of Colorado Denver</i> |
| 2010-2011 | Graduate Mentor to Molly Siwula Undergraduate Honors Research Project, <i>Syracuse University</i> |
| 2010-2011 | Graduate Mentor to Frances Nieves Serret Undergraduate Research Project, <i>Syracuse University</i> |

CLINICAL PRACTICA

Assessment Peer Supervisor

Psychology Clinic, University of Colorado Denver, Denver, CO

Supervisor: Edward Dill, PhD

Aug 2015 – May 2016

Psychology Extern

Aurora Mental Health Center/Metro Community Provider Network, Hope, Health, & Wellness Clinic,

Aurora, CO

Supervisor: Lauren Tolle, PhD

Sept 2014 – Aug 2015

Jan 2014 – July 2014

Psychology Extern*Sleep Medicine Clinic, National Jewish Health, Denver, CO*Supervisor: Jack Edinger, PhD

Jan 2012 – Aug 2014

Practicum Student*Psychology Clinic, University of Colorado Denver, Denver, CO*Supervisors: Barbara Walker, PhD, Kristin Kilbourn, PhD, Edward Dill, PhD, Kevin Everhart, PhD

Jan 2011 – May 2011

Practicum Student*Psychological Services Center, Syracuse University, Syracuse, NY*Supervisor: Mark Ginsberg, PhD**SERVICE AND PROFESSIONAL ACTIVITIES**

| | |
|--------------|---|
| 2021-present | Associate Editor , <i>Applied Psychology: Health and Well-being</i> |
| 2021-2022 | Planning Committee Member , Health Care Systems Research Network (HCSRN) Conference |
| 2020 | Reviewer , <i>Society of Behavioral Medicine Theories and Techniques of Behavior Change SIG</i> , Student Abstract Award |
| 2020-present | Editorial Board Member , <i>Annals of Behavioral Medicine</i> |
| 2012-present | Ad Hoc Reviewer , <i>Addiction Science and Clinical Practice, American Journal of Health Promotion, Annals of Behavioral Medicine, Behavioral Sleep Medicine, Current Psychology, Emotion, European Journal of Cardiovascular Nursing, Health Psychology and Behavioral Medicine, International Journal for the Psychology of Religion, International Journal of Behavioral Medicine, International Journal of Psychology, Journal of Behavioral Medicine, Journal of Health Psychology, Journal of Medical Education and Curricular Development, Journal of Pacific Rim Psychology, Journal of Pain and Symptom Management, Journal of Palliative Medicine, Journal of Personality, Journal of Primary Care and Community Health, Journal of Positive Psychology, Journal of Psychology and Theology, Journal of Studies on Alcohol and Drugs, Learning and Individual Differences, Personality and Social Psychology Bulletin, PLoS ONE, Preventive Medicine, Psychology of Religion and Spirituality, Public Health Reports</i> |
| 2019 | Reviewer, PsycShorts Video Competition , <i>American Psychological Association</i> |
| 2014-2015 | Member, 2015 Faculty Search Committee , <i>University of Colorado Denver, Department of Psychology</i> |
| 2012 | Reviewer, Student Research Award , <i>Association for Psychological Science Student Caucus</i> |
| 2007-2009 | Senior Staff Editor , <i>UMD Honors Journal Aisthesis</i> |

ACADEMIC AND PROFESSIONAL AFFILIATIONS

American College of Lifestyle Medicine

Member, 2021-present

Minnesota Psychological Association

Member, 2019-present

Student Member, 2017-2019

American Heart Association

Member, 2018-2020

Student Affiliate, 2013-2018

American Psychological Association

Member, 2018-present

Graduate Student Affiliate, 2010-2017

Society for Health Psychology (American Psychological Association Division 38)

Member, 2018-present

Student Affiliate, 2011-2017

Student Council Chair Elect, 2012-2013

Student Council Chair, 2013-2014

Student Council Past Chair, 2014-2015

Member, Task Force on Branding, 2013-2015

Society of Behavioral Medicine

Member, 2018-present

Student Affiliate, 2009-2017

Association of Psychologists in Academic Health Centers (APAHC)

Member, 2018-2019

International Society for Behavioral Nutrition and Physical Activity

Student Member, 2015-2016

Colorado Psychological Association

Student Affiliate, 2013

Association for Psychological Science

Student Affiliate, 2008-2012

University of Minnesota Duluth Psychology Club/Psi Chi

Member, 2006-2009

President, 2007-2009

University of Minnesota Duluth Honors Student Association

Member, 2006-2009

Vice President, 2006-2007