

**Curriculum Vitae****STEPHANIE A. HOOKER****PROFESSIONAL ADDRESS**

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 stephanie.a.hooker@healthpartners.com

**IDENTIFYING INFORMATION****Education**

<b>Degree</b>	<b>Institution</b>	<b>Date Degree Granted</b>
B.A.S.	University of Minnesota Duluth Major: Psychology Minor: Health Education	2009
M.S.	Syracuse University (APA Accredited) Clinical Psychology	2011
M.P.H.	Colorado School of Public Health, University of Colorado Denver   Anschutz Medical Campus (CEPH Accredited) Concentration: Applied Biostatistics	2015
Ph.D. Advisor: Kevin Masters, PhD	University of Colorado Denver (APA Accredited in Clinical Psychology) Major Area of Study: Clinical Health Psychology	2017
Clinical Internship	Rush University Medical Center (APA Accredited) Health Psychology Track	2016-2017
Postdoctoral Fellowship	University of Minnesota Medical School Primary Care Behavioral Health	2017-2019

**License, Certifications**

L.P.	Licensed Psychologist, State of Minnesota, #6342	Nov 2018 - Present
DBSM	Diplomate in Behavioral Sleep Medicine	July 2020 - Present

**Academic Appointments**

HealthPartners Institute, Minneapolis, MN (2019-present)		
Research Investigator		Jun 2021 – Present
Research Associate		Jun 2019 – Jun 2021
University of Minnesota, Twin Cities (2017-present)		
Adjunct Assistant Professor		Feb 2020 – Present
Postdoctoral Fellow		Aug 2017 – May 2019
Health Delivery Systems Center for Diabetes Translational Research (HDS-CDTR) (NIH P30DK092924)		
Affiliate Faculty		Sep 2020 – Jul 2021
Rush University Medical Center (2016-2017)		
Pre-doctoral Clinical Intern		Jul 2016 – Jun 2017
Behavioral Sleep Medicine Research Group		Jul 2016 – Jun 2017
University of Colorado Denver   Anschutz Medical Campus (2013-2016)		
MPH Practicum Student		Jan 2015 – May 2015

American Heart Association Pre-doctoral Fellow Graduate Research Assistant	Jan 2014 – Dec 2015 Jun 2013 – Jun 2016
Eastern Colorado VA Health Care System, Denver, CO (2011-2016) MPH Capstone Student Research Assistant (Without Compensation) Study Coordinator	Aug 2015 – Dec 2015 Nov 2012 – June 2016 Aug 2011 – Nov 2012
University of Colorado Denver, Department of Psychology (2011-2013) Graduate Research Assistant	Jun 2011 - Aug 2011, Aug 2012 – Dec 2013
Center for Integrated Healthcare, Syracuse VA Medical Center (2010-2011) Research Health Science Specialist	May 2010 – Jun 2011
University of Minnesota Duluth, Department of Psychology (2008-2009) Undergraduate Research Assistant	Sep 2008 - Jul 2009
University of Minnesota Medical School Duluth, Behavioral Medicine Lab (2008-2009) Lab Assistant	Jun 2008 - Jul 2009
University of Wisconsin-Superior (2007-2008) McNair Scholar	Oct 2007 - Sep 2008

### **Membership and Offices in Professional Organizations**

American College of Lifestyle Medicine (2021-present) Member	2021-present
Minnesota Psychological Association (2017-present) Member Student Member	2019-present 2017-2019
American Heart Association (2013-2020) Member Student Affiliate	2018-2020 2013-2018
Society for Health Psychology (American Psychological Association Division 38) (2011-present) Member Student Affiliate Student Council Chair Elect Student Council Chair Student Council Past Chair Member, Task Force on Branding	2018-present 2011-2017 2012-2013 2013-2014 2014-2015 2013-2015
American Psychological Association (2010-present) Member Graduate Student Affiliate	2018-present 2010-2017
Society of Behavioral Medicine (2009-present) Member Student Affiliate	2018-present 2009-2017
Association of Psychologists in Academic Health Centers (APAHC) (2018-2019) Member	2018-2019
International Society for Behavioral Nutrition and Physical Activity (2015-2016) Student Member	2015-2016
Association for Psychological Science (2008-2012) Student Affiliate	2008-2012
University of Minnesota Duluth Psychology Club/Psi Chi (2006-2009) Member	2006-2009

President	Hooker   3 2007-2009
University of Minnesota Duluth Honors Student Association (2006-2009)	
Member	2006-2009
Vice President	2006-2007

## HONORS AND AWARDS FOR RESEARCH, SCHOLARSHIP, PUBLIC ENGAGEMENT, AND SERVICE

### University of Minnesota, Duluth

- Dean's List for Academic Excellence (2005-2009)
- Darland All-American Scholarship (2008), *Awarded to 3 University of Minnesota Duluth students annually*
- Kamal Gindy Scholarship (2008), *Awarded to 1 University of Minnesota Duluth Psychology student annually*
- Arrowhead Award (2008), Awarded to students who demonstrate outstanding service to and participation in a student organization
- Distinguished Leadership Award (2007), University of Minnesota Duluth Honors Program

### External Sources

- Impact Award (2021), The Forum for Behavioral Science in Family Medicine
- CERA Best Paper Award (2021), Society for Teachers of Family Medicine
- Outstanding PhD Student (2017), University of Colorado Denver, College of Liberal Arts and Sciences
- Alumni Graduate Student Scholarship (2012), University of Colorado Denver
- Selected Mentored Poster (2012), Society of Behavioral Medicine
- McNair Fellowship (2009-2010), Syracuse University
- Researcher of the Year (2009), McNair Scholars Program, University of Wisconsin Superior

## RESEARCH AND SCHOLARSHIP

### Grants and Contracts

#### External Sources

#### Current (9):

*Role:* Co-Investigator

*PI:* Bobbi Jo Yarborough, PsyD

*Grant Number:* 1R01MH130548-01

*External Granting Agency:* National Institutes of Health / National Institute of Mental Health

*Grant Title:* Evaluating Effectiveness and Implementation of a Risk Model for Suicide Prevention Across Health Systems

*Project Dates:* 8/23/2022 – 05/31/2026

*Total Cost:* \$816,625 (Y1)

*% Effort/Salary Support:* 0.6-1.2 CMs/year

*Role:* Co-Investigator

*PI:* Gregory Clarke, PhD

*Grant Number:* PLACER-2020C3-20902

*External Granting Agency:* Patient-Centered Outcomes Research Institute (PCORI)

*Grant Title:* Large Pragmatic Trial to Prevent Suicide Attempts, Deaths in Moderate-to-High Risk Youth

*Project Dates:* 1/1/2022 – 9/30/2028

*Total Cost:* \$3,730,994

*% Effort/Salary Support:* 0.6-1.2 CMs/year

*Role:* Co-Investigator / Site PI / Chair, Publications, Presentations, & Ancillary Studies Committee

*MPIs:* Jamy Ard, MD & Kristina Henderson Lewis, MD, MPH

*Grant Number:* UG3HL155801

*External Granting Agency:* National Institutes of Health/ National Heart Lung and Blood Institute

*Grant Title:* Long-term Effectiveness of the Anti-obesity Medication Phentermine: LEAP Trial

*Project Dates:* 10/01/2021-6/30/2026

*Total Costs:* \$1,115,165

*% Effort/Salary Support:* 1.2-1.8 CMs/year

*Role:* Principal Investigator

*Grant Number:* R21AG070161

*External Granting Agency:* National Institutes of Health / National Institute on Aging

*Grant Title:* Development and Proof-of-Concept Trial of a Meaning and Theory-Based Physical Activity Intervention

*Project Dates:* 9/15/2021-5/31/2023

*Total Cost:* \$437,250

*% Effort/Salary Support:* 1.35-1.80 CMs/year

*Role:* Co-Investigator

*MPIs:* Romain Neugebauer, PhD & Patrick O'Connor, MD, MPH, MA

*Grant Number (If Applicable):* DB-2020C2-20318

*External Granting Agency:* Patient-Centered Outcomes Research Institute (PCORI)

*Grant Title:* Comparison of Type 2 Diabetes Pharmacotherapy Regimens Using Targeted Learning

*Project Dates:* 08/01/2021 – 07/30/2024

*Total Cost:* \$1,375,976

*% Effort/Salary Support:* 3.0 CMs/year

*Role:* Co-Investigator

*PI:* Patrick O'Connor, MD, MPH, MA

*Grant Number (If Applicable):* 1R01DK128281-01

*External Granting Agency:* National Institutes of Health / NIDDK

*Grant Title:* Reducing Clinical Inertia in Obesity Management of Diabetes in Primary Care: Cluster-Randomized Trial

*Project Dates:* 05/01/2021 – 04/30/2026

*Total Cost:* \$3,276,462

*% Effort/Salary Support:* 1.2-1.8 CMs/year

*Role:* Co-Investigator

*MPIs:* Gavin Bart, MD & Rebecca Rossom, MD MSCR

*Grant Number (If Applicable):* 3UG1DA040316-06S3

*External Granting Agency:* National Institutes of Health / National Institute on Drug Abuse

*Grant Title:* Suicide Prediction and Prevention for People at Risk for Opioid Use Disorder

*Project Dates:* 06/01/2020-02/28/2023

*Total Cost:* \$552,619

*% Effort/Salary Support:* 0.6-1.2 CMs/year

*Role:* Co-Investigator

*MPIs:* Gavin Bart, MD & Rebecca Rossom, MD MSCR

*Grant Number:* UG1DA040316

*External Granting Agency:* National Institutes of Health / National Institute on Drug Abuse

*Grant Title:* Opioid Use Disorder Clinical Decision Support (COMPUTE 2.0)

*Project Dates:* 08/01/2019 – 07/30/2024

*Total Cost:* \$4,027,828

*% Effort/Salary Support:* 1.8-2.4 CMs/year

*Role:* Consultant

*PI:* Robert Levy, MD

*Grant Number:* H79TI080248

*External Granting Agency:* SAMHSA / Minnesota Department of Human Services

*Grant Title:* Expansion of Integrated Clinical Services for Opioid Use Disorder in a Family Medicine Training Clinic

*Project Dates:* 09/01/2019-09/30/2022

*Total Cost:* \$103,028

*% Effort/Salary Support:* 0.86-2.31 CMs/year

**Past (15):**

*Role:* Co-Investigator

*PI:* Erik Zabel, PhD MPH

*Grant Number:* U60OH009855

*External Granting Agency:* National Institutes of Health/National Institute of Occupational Safety and Health

*Grant Title:* Minnesota Occupational Health and Safety Surveillance Program: Firefighters Vaccine Hesitancy Supplement

*Project Dates:* 7/01/2021-6/30/2022

*Total Cost:* \$45,026

*% Effort/Salary Support:* 0.50 CMs

*Role:* Co-Investigator

*PI:* Bobbi Jo Yarborough, PsyD

*Grant Number:* 75F40119C10097

*External Granting Agency:* Food and Drug Administration

*Grant Title:* Suicide-Related Risks Associated with Prescription Opioid Deprescribing

*Project Dates:* 09/01/2019 – 9/30/2022

*Total Cost:* \$227,420

*% Effort/Salary Support:* 0.12-1.68 CMs/year

*Role:* Co-Investigator

*MPIs:* Rebecca Rossom, MD, MS & Brian Ahmedani, PhD

*Grant Number:* 3U19MH121738-02S1

*External Granting Agency:* National Institutes of Health / National Institute of Mental Health

*Grant Title:* Impact and Implications of Rapid Transition to Virtual Mental Health Care during COVID-19

*Project Dates:* 7/1/2020-6/30/2021

*Total Cost:* \$70,065

*% Effort/Salary Support:* 0.25 CMs

*Role:* Site Principal Investigator

*MPIs:* Gavin Bart, MD & Rebecca Rossom, MD MSCR

*Grant Number:* 3UG1DA040316-06S4

*External Granting Agency:* National Institutes of Health / National Institute on Drug Abuse

*Grant Title:* Reducing Stigma toward People with Opioid Use Disorder among Primary Care Clinicians

*Project Dates:* 06/01/2020-02/28/2022

*Total Cost:* \$310,344

*% Effort/Salary Support:* 2.4 CMs

*Role:* Principal Investigator

*Grant Number (If Applicable):* P30DK092924

*External Granting Agency:* Health Delivery Systems Center for Diabetes Translational Research (NIH)

*Grant Title:* Understanding the Impact of COVID-19 on Type 2 Diabetes Care

*Project Dates:* August 2020 – July 2021

*Total Cost:* \$13,692

*% Effort/Salary Support:* 0.13 CM

*Role:* Co-Investigator

*PI:* Bobbi Jo Yarborough, PsyD

*Grant Number:* 1U19MH121738-01

*External Granting Agency:* National Institutes of Health / National Institute of Mental Health

*Grant Title:* Stakeholder Perspectives on Implementing Suicide Risk Prediction Models

*Project Dates:* 9/1/2019 – 6/30/2021

*Total Cost:*

*Direct Costs Per Year:*

*% Effort/Salary Support*

*Role:* Consultant

*PI:* Jennifer Lee, MD

*External Granting Agency:* Minnesota Academy of Family Physicians

*Grant Title:* Feasibility and Acceptability of a Brief, Novel Treatment for PTSD in a Family Medicine Residency Clinic

*Project Dates:* Oct 2019 – Sept 2021

*Total Cost:* \$3,000

*Salary Support:* \$750

*Role:* Co-Principal Investigator

*Name of PI (if not the candidate):*

*Grant Number:* UH1HP33881

*External Granting Agency:* Health Resources and Services Administration / National Center for Integrated Behavioral Health

*Grant Title:* Empowering Physicians to Manage Behavioral Health Concerns in Primary Care: Expansion and Dissemination of the Change that Matters Curriculum

*Project Dates:* 07/01/2019 – 06/30/2020

*Total Cost:* \$19,997

*% Effort/Salary Support:* In kind

*Role:* Co-Investigator

*PI:* Paul Stadem, MD

*External Granting Agency:* Minnesota Academy of Family Physicians

*Grant Title:* Examining Loneliness in an Urban, Underserved Family Medicine Residency Clinic

*Project Dates:* 12/01/2018-11/31/2020

*Total Cost:* \$3,000

*% Effort/Salary Support:* \$1,000

*Role:* Co-Investigator

*PI:* Jason Ricco, MD, MPH

*External Granting Agency:* UCare Foundation

*Grant Title:* Getting Connected: Bolstering Social Networks with a Community Health Worker Intervention to Improve Health

*Project Dates:* 01/01/2018 – 05/31/2020

*Total Cost:* \$95,000

*% Effort/Salary Support:* In kind

*Role:* Consultant

*PI:* Robert Levy, MD

*External Granting Agency:* Minnesota Department of Human Services

*Grant Title:* Expanding Integrated Clinical Services for Opioid Use Disorder at a Family Medicine Training Clinic

*Project Dates:* 04/01/2017-08/31/2019

*% Effort/Salary Support:* 5%

*Role:* Co-Investigator  
*PI:* Lucas Boyle, MD  
*External Granting Agency:* Minnesota Academy of Family Physicians  
*Grant Title:* Values-Based Behavioral Activation Intervention among Patients Living with Chronic Pain in an Urban Family Medicine Clinic  
*Project Dates:* 12/01/2017 – 12/01/2018  
*Total Cost:* \$3,000  
*% Effort/Salary Support:* \$1,000

*Role:* Principal Investigator  
*Grant Number:* 14PRE18710033  
*External Granting Agency:* American Heart Association Pre-doctoral Fellowship  
*Grant Title:* Meaning and Purpose as Predictors of Physical Activity Maintenance  
*Project Dates:* 01/01/2014 – 12/31/2015  
*Total Cost:* \$50,000  
*% Effort/Salary Support:* 50%

*Role:* Co-Sponsor  
*PI:* Abby Hughes, PhD  
*External Granting Agency:* American Psychological Association Committee on APA/Division Relations Interdivisional Grant  
*Grant Title:* Promoting Brief, Evidence-based Assessment and Intervention in Interdisciplinary Health Care Settings: An Online Educational Tool Kit and Conference Event for Students  
*Project Dates:* 01/01/2014 – 12/31/2014  
*Total Cost:* \$1,550  
*% Effort/Salary Support:* In kind

*Role:* Junior Clinical Researcher  
*PI:* Fred Wamboldt, MD  
*Grant Number:* R13 CA162827  
*External Granting Agency:* National Institutes of Health / National Cancer Institute  
*Grant Title:* Health Behavior Change in Cardiopulmonary Illness: Enhancing Theory and Models of Behavioral Mechanisms  
*Project Dates:* 04/01/2012 – 08/31/2015  
*% Effort/Salary Support:* In kind

## University of Minnesota Sources

### Past (1):

*Role:* Co-Investigator  
*Name of PI:* Michelle Sherman, PhD, LP, ABPP  
*Granting Agency:* University of Minnesota Academic Health Center Seed Grant  
*Grant Title:* Development and Evaluation of a Curriculum to Teach Physicians Evidence-based Skills for Promoting Health Behavior Change in Their Patients  
*Project Dates:* 06/01/2018-05/31/2019  
*Total Cost:* \$29,977  
*% Effort/Salary Support:* In kind

## Publications

### Impact Analytics Grid

<i>h-index</i>	<i>h(fl)-index</i>	Total Publications	First/Last Author Publications	Total Citations	First/Last Author Citations

19		57	30	1406	
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### Peer-Reviewed Publications

1. Yarborough, B. J. H., Stumbo, S. P., Schneider, J., Richards, J., **Hooker, S. A.**, & Rossom, R. C. (2022). Patient expectations of and experiences with a suicide risk identification algorithm in clinical practice. *BMC Psychiatry*, *22*, 294. <https://doi.org/10.1186/s12888-022-04129-1>
2. Masters, K. S., Emerson IV, R. W., & **Hooker, S. A.** (2022). Effects of devotional prayer and secular meditation on cardiovascular response to a faith challenge among Christians. *Psychology of Religion and Spirituality*, *14*(2), 251-259. <https://doi.org/10.1037/rel0000369>
3. **Hooker, S. A.**, Sherman, M. D., Lonergan-Cullum, M., Nissly, T., & Levy, R. (2022). What is success in treatment for opioid use disorder? Perspectives of physicians and patients in primary care settings. *Journal of Substance Abuse Treatment*, *141*, 108804. <https://doi.org/10.1016/j.jsat.2022.108804>.
4. Lonergan-Cullum, M., **Hooker, S. A.**, Levy, R., & Ricco, J. (2022). A new pandemic of loneliness: Importance of screening in primary care. *Journal of the American Board of Family Medicine*, *35*(3), 593-596. <https://doi.org/10.3122/jabfm.2022.03.210461>
5. **Hooker, S. A.**, Essien, I. J., Borgert-Spaniol, C. M., Rossom, R. C., Olson, A. W., Romagnoli, K. M., & Solberg, L. I. (2022). Patient perspectives on opioid risk discussions in primary care. *Journal of Patient Centered Research & Reviews*, *9*, 253-262.
6. **Hooker, S. A.**, O'Connor, P. J., Sperl-Hillen, J. M., Crain, A. L., Ohnsorg, K., Kane, S., Rossom, R. (2022). Depression and cardiovascular risk in primary care patients. *Journal of Psychosomatic Research*, *158*, 110920. <https://doi.org/10.1016/j.jpsychores.2022.110920>. Advanced online publication. PubMed PMID: 35461074.
7. **Hooker, S. A.**, Truitt, A., Anderson, J. P., Kane, S., O'Connor, P. J., & Sperl-Hillen, J. M. (2022). Impact of the COVID-19 pandemic on type 2 diabetes care delivery. *Clinical Diabetes*, *40*(3). <https://doi.org/10.2337/cd21-0116>
8. Rossom, R., **Hooker, S. A.**, O'Connor, P., Crain, A. L., & Sperl-Hillen, J. (2022). Cardiovascular risk for patients with and without schizophrenia, schizoaffective disorder or bipolar disorder. *Journal of the American Heart Association*, *11*(6), e021444. <https://doi.org/10.1161/JAHA.121.021444>. PubMed PMID: 35261265.
9. Rossom, R. C., Crain, A. L., O'Connor, P. J., Waring, S. C., **Hooker, S. A.**, Ohnsorg, K., Taran, A., Kopski, K. M., Sperl-Hillen, J. M. (2022). Effect of clinical decision support on cardiovascular risk among adults with bipolar disorder, schizoaffective disorder, or schizophrenia: A cluster randomized clinical trial. *JAMA Network Open*, *5*(3), e220202. <https://doi.org/10.1001/jamanetworkopen.2022.0202>. PubMed PMID: 35254433; PubMed Central PMCID: PMC8902652.
10. **Hooker, S. A.**, Sherman, M. D., Loth, K., Uy, M. J. A., & Slattengren, A. H. (2022). Change that Matters: A health behavior change and behavioral health curriculum for primary care. *Journal of Clinical Psychology in Medical Settings*. <https://doi.org/10.1007/s10880-021-09836-7>. [Epub ahead of print] PubMed PMID: 35048252.
11. Solberg, L. I., **Hooker, S. A.**, Rossom, R. C., Bergdall, A., & Crabtree, B. (2021). Clinician perceptions about a decision support system to identify and manage opioid use disorder. *Journal of the American Board of Family Medicine*, *34*, 1096-1102. <https://doi.org/10.3122/jabfm.2021.06.210126>
12. LaCaille, L. J., **Hooker, S. A.**, Marshall, E., LaCaille, R. J., & Owens, R. (2021). Change in perceived stress and health behaviors of emerging adults in the midst of the COVID pandemic: A longitudinal study. *Annals of Behavioral Medicine*, *55*, 1080-1088. <https://doi.org/10.1093/abm/kaab074>



13. Sattler, A. F., **Hooker, S. A.**, Levy, R., Sherman, M. D. Psychosocial needs of parents engaged in treatment for opioid use disorder. *Substance Use and Misuse*, 56(14), 2202-2213. <https://doi.org/10.1080/10826084.2021.1981386>. Epub 2021 Sep 30. PubMed PMID: 34590964.
14. Sherman, M.D., Sattler, A., Brandenburg, D., & **Hooker, S.** (2021). Providing psychotherapy in an underserved community during the COVID-19 pandemic. *Journal of Health Care for the Poor and Underserved*, 32(3), 1096-1101. <https://www.muse.jhu.edu/article/802244>
15. **Hooker, S. A.**, Lonergan-Cullum, M., Levy, R., Nissly, T., & Sherman, M. D. (2021). Longitudinal assessment of mental health and well-being in patients being treated with medications for opioid use disorder in primary care. *Addictive Behaviors Reports*, 13, 100348. <https://doi.org/10.1016/j.abrep.2021.100348>
16. Rush, C., **Hooker, S. A.**, Ross, K., Frers, A., Peters, J. C. & Masters, K. S. (2021). Brief report: Meaning in life is mediated by self-efficacy in the prediction of physical activity. *Journal of Health Psychology*, 26(5), 753-757. <https://doi.org/10.1177/1359105319828172>
17. **Hooker, S. A.**, Masters, K. S., Ross, K. M., Jackson, K. H., & Peters, J. C. (2021). Multiple dimensions of wellness: Development and psychometric properties of the Anschutz Wellness Evaluation 360 (AWE 360). *Journal of Well-being Assessment*, 4(2), 95-119. <https://doi.org/10.1007/s41543-020-00028-y>
18. **Hooker, S. A.**, Slattengren, A. H., Boyle, L., & Sherman, M. D. (2020). Values-based behavioral activation for chronic pain in primary care: A pilot study. *Journal of Clinical Psychology in Medical Settings*, 27, 633-642. <https://doi.org/10.1007/s10880-019-09655-x>
19. Sherman, M. D., **Hooker, S. A.**, & Swanson, K. (2020). Bring back the notepads: Drawing as an underutilized approach to improving patient comprehension and recall. *Patient Education and Counseling*, 103, 1662-1663. <https://doi.org/10.1016/j.pec.2020.02.038>
20. LaCaille, R. A., **Hooker, S. A.**, & LaCaille, L. J. (2020). Using self-determination theory to understand eating behaviors and weight change in emerging adults. *Eating Behaviors*, 39, 101433. Advance online publication. <https://doi.org/10.1016/j.eatbeh.2020.101433>
21. **Hooker, S. A.**, Stadem, P., Sherman, M. D., & Ricco, J. (2020). Patient loneliness in an urban, underserved family medicine residency clinic: prevalence and relationship to health care utilization. *Family Practice*, 37(6), 751-758. doi: 10.1093/fampra/cmaa065. PubMed PMID: 32632440.
22. Justesen, K., **Hooker, S. A.**, Sherman, M. D., Lonergan-Cullum, M., Nissly, T., & Levy, R. (2020). Predictors of family medicine patient retention in opioid medication-assisted treatment. *Journal of the American Board of Family Medicine*, 33(6), 848-857. <https://doi.org/10.3122/jabfm.2020.06.200086>
23. Sherman, M. D. & **Hooker, S. A.** (2020). Family medicine physicians' confidence and perceived effectiveness in delivering health behaviour change interventions. *Family Practice*, 37(4), 493-498. <https://doi.org/10.1093/fampra/cmaa001>
24. **Hooker, S. A.**, Masters, K. S., & Ranby, K. W. (2020). Integrating self-determination theory and meaning in life to predict physical activity adoption in previously inactive exercise initiates enrolled in a randomized trial. *Psychology of Sport & Exercise*. June 2020. Vol 49. <https://doi.org/10.1016/j.psychsport.2020.101704>
25. **Hooker, S. A.**, Post, R., & Sherman, M. D. (2020). Awareness of meaning in life is protective against burnout among family physicians: A CERA study. *Family Medicine*, 52, 11-16. <https://doi.org/10.22454/FamMed.2019.562297>  
*Recipient of the 2021 CERA Best Paper Award, Society of Teachers of Family Medicine*
26. **Hooker, S. A.**, Oswald, L. B., Reid, K. J., & Baron, K. G. (2020). Do physical activity, caloric intake, and sleep vary together day to day? Exploration of intraindividual variability in 3 key health behaviors. *Journal of Physical Activity & Health*, 17(1), 45-51. <https://doi.org/10.1123/jpah.2019-0207> PubMed PMID: 31756722; PubMed Central PMCID: PMC7211555.

27. **Hooker, S. A.**, Sherman, M. D., Lonergan-Cullum, M., Sattler, A., Liese, B. S., Justesen, K., Nissly, T., & Levy, R. (2020). Mental health and psychosocial needs of patients being treated for opioid use disorder in a primary care residency clinic. *Journal of Primary Care and Community Health, 11*, 1-8. <https://doi.org/10.1177/2150132720932017>
28. **Hooker, S. A.**, Masters, K. S., Vagnini, K. M., & Rush, C. (2020). Engaging in personally meaningful activities is associated with meaning salience and psychological well-being. *The Journal of Positive Psychology, 15*(6), 821-831. <https://doi.org/10.1080/17439760.2019.1651895>
29. Adkins, E. C., DeYonker, O., Duffecy, J., Wyatt, J., **Hooker, S. A.**, & Baron, K. G. (2019). Predictors of intervention interest among individuals with short sleep duration. *Journal of Clinical Sleep Medicine, 15*(8), 1143-1148. <https://doi.org/10.5664/jcsm.7808>
30. Sherman, M. D., **Hooker, S. A.**, Doering, A., & Walther, L. (2019). Communication tips for caring for survivors of sexual assault. *Family Practice Management, 26*, 19-23.
31. Buck, H. G., Bekelman, D., Cameron, J., Chung, M., **Hooker, S.**, Pucciarelli, G., ...Vellone, E. (2019). A body of work, a missed opportunity. *Journal of the American Geriatric Society, 67*(4), 854-855. <https://doi.org/10.1111/jgs.15749>
32. Sherman, M. D., & **Hooker, S. A.** (2018). Supporting families managing parental mental illness: Challenges and resources. *International Journal of Psychiatry in Medicine, 53*, 361-370. <https://doi.org/10.1177/0091217418791444>
33. Caldwell, A.E., Masters, K.S., Peters, J.C, Bryan, A.B., Grigsby, J., **Hooker, S.A.**, ...Hill, J. O. (2018). Harnessing centered identity transformation to reduce executive function burden for maintenance of health behavior change: The Maintain IT Model. *Health Psychology Review, 12*, 231-253. <https://doi.org/10.1080/17437199.2018.1437551>
34. Masters, K. S., Ross, K. M., **Hooker, S. A.**, & Wooldridge, J. S. (2018). A psychometric approach to theory-based behavior change intervention development: Example from the Colorado Meaning-Activity Project (COMAP). *Annals of Behavioral Medicine, 52*, 463-473. <https://doi.org/10.1093/abm/kay023>
35. Vogeli, J. M., **Hooker, S. A.**, Everhart, K. D., & Kaplan, P. S. (2018). Psychometric properties of the Postpartum Depression Screening Scale beyond the postpartum period. *Research in Nursing & Health, 41*, 185-194. <https://doi.org/10.1002/nur.21861>
36. **Hooker, S. A.**, & Masters, K. S. (2018). Daily meaning salience and physical activity in previously inactive exercise initiates. *Health Psychology, 37*, 344-354. <https://doi.org/10.1037/hea0000599>
37. **Hooker, S. A.**, Wooldridge, J. S., Ross, K., & Masters, K. S. (2018). Do monetary incentives increase fitness center utilization? It depends. *American Journal of Health Promotion, 32*, 606-612. <https://doi.org/10.1177/0890117116689321>
38. **Hooker, S. A.**, Punjabi, A., Justesen, K., Boyle, L., & Sherman, M. D. (2018). Encouraging health behavior change: Eight evidence-based strategies. *Family Practice Management, 25*, 31-36. <https://www.aafp.org/fpm/2018/0300/p31.html>
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42. **Hooker, S. A.**, Ross, K., Masters, K. S., Park, C., Hale-Smith, A., Allen, L., & Bekelman, D. B. (2017). Denver Spirited Heart: Mixed-methods pilot study of a psychospiritual intervention for heart failure patients. *Journal of Cardiovascular Nursing*, *32*, 226-235. <https://doi.org/10.1087/JCN.0000000000000337>
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44. **Hooker, S. A.**, Ross, K., Ranby, K. W., Masters, K. S., Peters, J. C., & Hill, J. O. (2016). Identifying groups at risk for 1-year membership termination from a fitness center at enrollment. *Preventive Medicine Reports*, *4*, 563-568. <https://doi.org/10.1016/j.pmedr.2016.10.016>
45. **Hooker, S. A.** & Masters, K. S. (2016). Purpose in life is associated with physical activity measured by accelerometer. *Journal of Health Psychology*, *21*(6), 962-971. <https://doi.org/10.1177/1359105314542822>
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51. **Hooker, S. A.**, MacGregor, K. L., Funderburk, J. S., & Maisto, S. A. (2013). Body mass index and depressive symptoms in primary care settings: Examining the moderating roles of smoking status, alcohol consumption, and vigorous exercise. *Clinical Obesity*, *4*, 21-29. <https://doi.org/10.1111/cob.12035>
52. Bekelman, D. B., **Hooker, S. A.**, Nowels, C. T., Main, D. S., Meek, P., McBryde, C., Hattler, B., Lorenz, K. A., & Heidenreich, P. A. (2014). Feasibility and acceptability of a collaborative care intervention to improve symptoms and quality of life in chronic heart failure: Mixed methods pilot trial. *Journal of Palliative Medicine*, *17*, 145-151. <https://doi.org/10.1089/jpm.2013.0143>
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57. Ceballos, N. A., **Hooker, S. A.**, & al'Absi, M. N. (2009). Sex-specific associations of body mass index with mood disturbance during smoking abstinence. *Neuropsychobiology*, *60*, 37-43. <https://doi.org/10.1159/000235800>

### Peer Reviewed Book Chapters & Encyclopedia Entries

1. **Hooker, S. A.** (2022). Research strategies with health. In R. A. R. Gurung (Ed.), *Routledge Encyclopedia of Psychology in the Real World*. <https://doi.org/10.4324/9780367198459-REPRW128-1>
2. Masters, K. S., & **Hooker, S. A.** (2020). Spirituality/religiosity and health. In K. Sweeny, M. L. Robbins, & L.M. Cohen (Eds.), *The Wiley encyclopedia of health psychology* (pp. 709-716). New York, NY: Wiley. <https://doi.org/10.1002/9781119057840.ch123>
3. LaCaille, R. A., & **Hooker, S. A.** (2019). Physical activity. In R. A. R. Gurung & T. Revenson (Eds.), *The handbook of health psychology* (pp. 105-118). New York, NY: Taylor & Francis/Routledge.
4. **Hooker, S.A.**, & Emery-Tiburcio, E.E. (2017). Interdisciplinary team. In J. Kruezer, J. DeLuca, & B. Caplan (Eds.), *Encyclopedia of clinical neuropsychology: A comprehensive major reference work for clinical neuropsychologists, cognitive scientists, and rehabilitation specialists* (2<sup>nd</sup> ed.). Heidelberg: Springer. doi: 10.1007/978-3-319-56782-2\_404-3
5. **Hooker, S. A.**, & Bekelman, D. B. (2014). Existential and spiritual issues. In S. Goodlin & M. Rich (Eds.), *End of life issues in cardiology* (pp. 155-169). London, UK: Springer-Verlag. doi:10.1007/978-1-4471-6521-7\_10
6. Masters, K. S., & **Hooker, S. A.** (2013). Religion, spirituality, and health. In R. F. Paloutzian & C. L. Park (Eds.), *Handbook of the psychology of religion and spirituality* (2<sup>nd</sup> ed.) (pp. 519-539). New York, NY: Guilford Press.
7. **Hooker, S. A.** (2013). Cardiovascular disease prevention. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 337-340). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9\_1611
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10. **Hooker, S. A.** (2013). Martin Seligman. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 1763-1764). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9\_1542
11. **Hooker, S. A.** (2012). Herbert Benson. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (p. 213-214). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9\_1365
12. **Hooker, S. A.** (2013). Self-blame. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 1731-1732). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9\_1496
13. **Hooker, S. A.** (2013). SF-36. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 1784-1786). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9\_1597
14. **Hooker, S. A.** (2013). Canonical correlation. In M. Gellman & J. R. Turner (Eds.), *Encyclopedia of behavioral medicine* (pp. 325-326). New York, NY: Springer. doi: 10.1107/978-1-4419-1005-9\_1579
15. Masters, K. S., & **Hooker, S. A.** (2012). Impact of religion and spirituality on health. In J. Aten, K. O'Grady, & E. Worthington (Eds.), *The psychology of religion and spirituality for clinicians: Using research in your practice* (pp. 357-386). New York, NY: Routledge.

## Non-Peer-Reviewed Publications

1. Sherman, M.D., Sattler, A., **Hooker, S.A.**, & Nissly, T. (2021). Got kids? An important question for physicians to ask patients living with opioid use disorder. *Minnesota Family Physician*, 5(3), 26.
2. **Hooker, S. A.**, Sherman, M. D., & Slattengren, A. (2020). Improving patient outcomes: Tools for promoting healthy behavior. *Minnesota Physician*, 34(7). <http://mppub.com/mp-s1-1020.html>
3. **Hooker, S. A.**, Loth, K., Ngaw, S., Uy, M., Moon, J., Justesen, K., & Sherman, M. (2019). So you want your patients to lose weight, sleep better, and quit drinking and smoking? Evidence-based resources for family physicians. *Minnesota Family Physician*, 3(2), 12-14.
4. **Hooker, S. A.** (2018, Spring). Early career professionals' corner: Defining your strengths and areas for growth as an ECP. *The Health Psychologist*. <https://div38healthpsychologist.com/2018/03/07/early-career-professionals-corner-defining-your-strengths-and-areas-for-growth-as-an-ecp/>
5. Masters, K. S. & **Hooker, S. A.** (2012). Getting to the heart of health psychology [Review of the book *Heart and mind: The practice of cardiac psychology (2nd ed.)*]. *PsycCRITIQUES*, 57(4). <https://doi.org/10.1037/a0026817>
6. **Hooker, S. A.** & LaCaille, L. J. (2009). External influences on hunger and psychological states: Is autonomous self-regulation protective? *The McNair Scholars Journal of the University of Wisconsin-Superior*, 9, 47-61.
7. **Hooker, S. A.** (2008). Model speech #3: Describing public discourse surrounding a controversy. In E. J. Nelson & D. S. Petersen-Perlman, *Public speaking: A developmental guide*. New York: Pearson Custom Publishing.

## Articles Submitted for Publication

1. Vagnini, K. M., **Hooker, S. A.**, & Masters, K. S. (under review). The Meaning Awareness Scale (MAS): Assessing salience of meaning in life.
2. Yarborough, B. J. H., Stumbo, S. P., Schneider, J., Richards, J., **Hooker, S. A.**, & Rossom, R. C. (under review). Clinical implementation of suicide risk prediction models in healthcare.
3. **Hooker, S. A.**, Crain, A. L., LaFrance, A. B., Kane, S., Fokuo, J. K., Bart, G., & Rossom, R. C. (under review). A randomized controlled trial of an intervention to reduce stigma toward people with opioid use disorder among primary care clinicians.
4. Rossom, R. C., Crain, A. L., O'Connor, P. J., Wright, E., Haller, I. V., **Hooker, S. A.**, ... Bart, G. (under review). Design of a pragmatic clinical trial to improve screening and treatment for opioid use disorder in primary care.
5. Rossom, R. C., Crain, A. L., Waring, S., Sperl-Hillen, J. M., **Hooker, S. A.**, Miley, K., & O'Connor, P. J. (under review). Differential effects of an intervention to reduce cardiovascular risk for patients with bipolar disorder, schizoaffective disorder or schizophrenia: A randomized clinical trial.

## Presentations

### Invited Oral Presentations at National Professional Meetings and Conferences

1. **Hooker, S. A.** & Sherman, M. D. (2020, August). *Change that Matters: A curriculum that empowers physicians with skills and resources in promoting health behavior change* [Invited webinar]. National Center for Integrated Behavioral Health.
2. **Hooker, S. A.** (2020, January). *Living like you mean it: Does meaning matter for health?* [Grand rounds presentation]. North Dakota State University Department of Psychology Grand Rounds, Fargo, ND, United States.

### Invited Oral Presentations at Local Professional Meetings and Conferences

1. **Hooker, S. A.** & Sherman, M. D. (2019, January). *Mental health* [Workshop presentation]. The Ladder, Minneapolis, MN, United States.

2. Sherman, M. D. & **Hooker, S. A.** (2018, June). *Health behavior change strategies for family medicine physicians* [Grand rounds presentation]. University of Minnesota Department of Family Medicine and Community Health Grand Rounds, Minneapolis, MN, United States.
3. **Hooker, S. A.** (2018, February). *Living like you mean it: Does meaning matter for health?* [Grand rounds presentation]. North Memorial Medical Center Hospital Grand Rounds, Robbinsdale, MN, United States.
4. Sherman, M. D. & **Hooker, S. A.** (2017, December). *Mental health* [Workshop presentation]. The Ladder, Minneapolis, MN, United States.
5. **Hooker, S. A.** (2017, June). *Meaning and purpose as resources for health behavior change maintenance* [Grand rounds presentation]. Rush University Medical Center Department of Behavioral Sciences Grand Rounds, Chicago, IL, United States.
6. **Hooker, S. A.** (2016, November). *Physical activity as an intervention for sleep disorders* [Oral presentation]. Sleep Medicine Seminar at Rush University Medical Center, Chicago, IL, United States.
7. Masters, K.S. & **Hooker, S.A.** (2016, November). *Live like you mean it: Does meaning matter for health?* [Invited address]. Center for Women's Health Research: Conversations About Women's Health. Denver, CO, United States.
8. Masters, K.S. & **Hooker, S.A.** (2016, July). *Life meaning salience and health behavior maintenance: Intriguing possibilities* [Invited address]. Colorado Integrative Medicine Conference. Estes Park, CO, United States.
9. **Hooker, S. A.** (2016, October). *Cases that keep you up at night: Behavioral sleep medicine* [Invited case presentation]. Illinois Sleep Society Conference, Oak Lawn, IL, United States.
10. **Hooker, S. A.** & Wooldridge, J. S. (2015, March). *Stress and emotional eating* [Invited presentation]. Weight Loss Group at the University of Colorado Lowry Internal Medicine Clinic, Denver, CO, United States.
11. **Hooker, S. A.** (2015, February). *Fitness center membership retention: What psychology can tell us about AHCW members* [Invited presentation]. Anschutz Health and Wellness Center Brown Bag Lunch and Learn Series, Aurora, CO, United States.
12. Bekelman, D. B. & **Hooker, S. A.** (2012, May). *Caregivers of heart failure patients: Contributions to symptom experience and self-care* [Oral presentation]. Palliative Care Research Group Monthly Meeting, Aurora, CO, United States.
13. **Hooker, S. A.** & Bekelman, D. B. (2012, April). *Caregivers of heart failure patients: Contributions to symptom experience and disease management* [Oral presentation]. Colorado Cardiovascular Outcomes Research Weekly Meeting, Aurora, CO, United States.

#### **Peer-reviewed Oral Presentations at International Professional Meetings and Conferences**

1. **Hooker, S. A.**, Sherman, M. D., Loth, K., & Uy, M. J. (2021, June). *Patient perspectives on the acceptability and utility of physician-led health behavior change interventions in primary care* [Paper presentation]. International Congress of Behavioral Medicine, Glasgow, Scotland, UK. (Conference postponed from 2020 to 2021)
2. **Hooker, S. A.**, Rush, C. L., Biggane, C., & Masters, K. S. (2021, June). *Meaning in life is associated with body composition, but not physical fitness, in previously inactive exercise initiates* [Paper presentation]. International Congress of Behavioral Medicine, Glasgow, Scotland, UK. (Conference postponed from 2020 to 2021)
3. **Hooker, S. A.**, Masters, K. S., Rush, C., & Biggane, C. (2020, June). *Using self-determination theory to predict fitness center visits in previously inactive exercise initiates* [Paper presentation]. Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Auckland, New Zealand. (Conference moved online; presented virtually)

4. **Hooker, S. A.**, & Masters, K. S. (2016, December). *Daily meaning salience predicts daily physical activity in previously sedentary exercise initiates* [Paper presentation]. International Congress of Behavioral Medicine, Melbourne, Australia.
5. Masters, K. S., **Hooker, S. A.**, & Wooldridge, J. S. (2015, June). *Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Based Activity Project (Co-MAP)* [Workshop presentation]. Annual Meeting for the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, UK.

#### Peer-reviewed Oral Presentations at National Professional Meetings and Conferences

1. Yarborough, B. J., Stumbo, S. Rosales, G., Jenkins, L. Ahmedani, B., Daida, Y., **Hooker, S.**, Negriff, S., Rossom, R. C., Yeung, K., & Perrin, N. (2022, June). Association between opioid tapering trajectories and suicide and opioid overdose outcomes [Paper presentation]. The 2022 Annual Research Meeting of AcademyHealth, Washington, DC, United States.  
*Selected as one of 8 "Best in Conference" abstracts.*
2. **Hooker, S. A.**, & Sherman, M.D. (2020, November). *Change that Matters: A curriculum to teach physicians behavior change strategies* [Workshop]. The 41<sup>st</sup> Forum for Behavioral Science in Family Medicine, Chicago, IL, United States. (Conference moved online)  
*Recipient of the Impact Award at the 42<sup>nd</sup> Forum for Behavioral Science in Family Medicine, 2021*
3. Ricco, J., **Hooker, S. A.**, Stadem, P., & Sherman, M. D. (2020, May). *Loneliness in an urban, underserved residency clinic: Prevalence and association with healthcare utilization* [Paper presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference moved online)
4. Levy, R., Sherman, M., Liese, B., Justesen, K., & **Hooker, S. A.** (2020, May). *Predictors of retention in treatment in an MAT program within a family medicine residency clinic* [Seminar presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference canceled)
5. Sherman, M., Loth, K., Justesen, K., Ngaw, S., Doering, A. & **Hooker, S. A.** (2020, May). *Change that Matters: A curriculum that empowers physicians with skills and resources in promoting health behavior change* [Seminar presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference moved online; invited to present during live session)
6. **Hooker, S.**, Slattengren, A., Boyle, L., & Sherman, M.D. (2019, May). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic* [Paper presentation]. Society for Teachers of Family Medicine Annual Conference, Toronto, ON, Canada.
7. **Hooker, S.**, Slattengren, A., Boyle, L., & Sherman, M.D. (2018, November). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic* [Oral presentation]. Family Medicine Midwest Conference, Madison, WI, United States.
8. Masters, K. S., & **Hooker, S. A.** (2017, March). *Living like you mean it just might be good for you* [Paper presentation]. Annual Meeting of the Society of Behavioral Medicine, San Diego, CA, United States.
9. Drerup, M., Baron, K. G., McCrae, C., **Hooker, S. A.**, & Domingo, S. (2017, March). *Behavioral sleep medicine: Career paths and future career opportunities* [Panel discussion]. Annual Meeting of the Society of Behavioral Medicine, San Diego, CA, United States.
10. Masters, K. S., **Hooker, S. A.**, Ross, K., & Wooldridge, J. S. (2016, March). *Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Activity Project (Co-MAP)*. In S. Michie, (Chair), *Developing and testing theory-based digital behavioral interventions* [Symposium]. Annual Meeting of the Society of Behavioral Medicine, Washington, D.C., United States.

11. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2013, March). *Qualitative evaluation of a psychospiritual intervention for chronic heart failure (HF) patients: The Denver Spirited Heart Pilot Study*. In K. S. Masters, (Chair), *Spiritually Informed Interventions in Behavioral Medicine* [Symposium]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States.
12. Jordan, K., Masters, K. S., & **Hooker, S. A.** (2012, November). *Using the interpersonal theory of personality, social, and clinical psychology to identify recurring patterns of social behavior associated with religiousness and spirituality* [Paper presentation]. Meeting of the Society for the Scientific Study of Religion, Phoenix, AZ, United States.
13. Maisto, S.A., Funderburk, J.S., MacGregor, K., Wheaton, K., **Hooker, S.**, & Sugarman, D. (2011, August). *A literature review of brief behavioral interventions that can be applied in co-located collaborative care settings* [Workshop presentation]. VA Mental Health Conference, Baltimore, MD, United States.
14. al'Absi, M. N., Nakajima, M., **Hooker, S. A.**, Krambeer, R., & Cragin, T. (2011, March). *Stress and taste: Potential mechanisms linking taste and affect regulation* [Paper presentation]. Annual Meeting of the American Psychosomatic Society, San Antonio, TX, United States.
15. Schultz, J. F., LaCaille, L. J., Dauner, K. N., LaCaille, R. A., **Hooker, S. A.**, & Klinger, J. (2010, November). *Impact of price and labeling on the purchase of locally and sustainably produced, organic, and healthy food* [Paper presentation]. Annual Meeting of the American Public Health Association, Denver, CO, United States.

#### Peer-reviewed Oral Presentations at Local Professional Meetings and Conferences

1. Sherman, M. D., Slattengren, A. H., Loth, K., & **Hooker, S. A.** (2021, March). *Change that Matters: A health behavior change curriculum* [Oral Presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
2. Nissly, T., Levy, R., Sherman, M. D., Justesen, K., & **Hooker, S. A.** (2020, March). *Full-spectrum care includes treatment of addiction: A primer on medication assisted therapy for opioid use disorder* [Seminar presentation]. Minnesota Academy of Family Physicians (MAFP) Spring Refresher Conference, Minneapolis, MN, United States. (Conference moved online)
3. **Hooker, S.**, Sherman, M.D., Slattengren, A., & Boyle, L. (2019, April). *Acceptability of a values-based behavioral activation intervention in patients living with chronic pain* [Oral presentation]. Integrated Behavioral Health Conference, Minneapolis, MN, United States.
4. **Hooker, S. A.**, Levy, R., Sherman, M. D., Justesen, K., Kent, K., & Nissly, T. (2019, March). *Predictors of retention for buprenorphine treatment* [Paper presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
5. Boyle, L., **Hooker, S.**, Slattengren, A., & Sherman, M.D. (2019, May). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic* [Oral presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
6. **Hooker, S. A.**, Loth, K., Ngaw, S., & Sherman, M. D. (2019, March). *So you want your patients to lose weight, sleep better, and quit smoking and drinking? Evidence-based resources to help!* [Oral presentation]. Minnesota Academy of Family Physicians (MAFP) Spring Refresher Conference, Minneapolis, MN, United States.
7. **Hooker, S. A.**, & Sherman, M. D. (2019, January). *Reinforcing the "health" in health service psychology: Brief, evidence-based interventions for health behavior change* [Workshop presentation]. First Friday Forum for the Minnesota Psychological Association, St. Paul, MN, United States.
8. **Hooker, S. A.**, & Sherman, M. D. (2018, April). *Integrating health behavior change into primary care: A population health approach* [Seminar presentation]. Integrated Behavioral Health Conference, Minneapolis, MN.



9. Sherman, M. D., & **Hooker, S. A.** (2018, April). *A population health-based model for health behavior change in primary care* [Seminar presentation]. Annual Convention for the Minnesota Psychological Association, Minneapolis, MN, United States.
10. **Hooker, S. A.**, Sherman, M. D., & Gits, A. (2018, March). *Intimate partner violence* [Paper presentation]. Minnesota Academy of Family Physicians (MAFP) Innovation & Research Forum, Bloomington, MN, United States.
11. Ross, K. M., **Hooker, S. A.**, Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2012, October). *Denver Spirited Heart: A resource-sparing psychospiritual palliative care intervention for patients with heart failure* [Paper presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
12. Bekelman, D. B., Nowels, C. T., & **Hooker, S. A.** (2012, October). *Collaborative Care to Alleviate Symptoms and Adjust to Illness (CASA) pilot study* [Paper presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
13. **Hooker, S. A.** (2009, April). *The immediate effect of advertisements on psychological states: Are we more resilient than previously thought?* [Paper presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.
14. Carlson, J., **Hooker, S.**, Dezelske, J., & Peterson, L. (2008, April). *Building bridges in the honors community: Development of a student-produced journal* [Paper presentation]. Upper Midwest Honors Conference, Menomonie, WI, United States.

#### Poster Abstract Presentations at Professional Meetings and Conferences

1. Leget, D., Marshall, E., Benzing, S., Rechtzigel, E., LaCaille, L., LaCaille, R., & **Hooker, S.** (2022, August). *College students' health behaviors and well-being: Longitudinal data during COVID-19* [Poster presentation]. Annual Convention of the American Psychological Association, Minneapolis, MN, United States.
2. **Hooker, S. A.**, Crain, A. L., LaFrance, A., Fokuo, K., Bart, G., & Rossom, R. C. (2022, June). *A randomized controlled trial of an online training to reduce primary care clinicians' stigma toward people with opioid use disorder* [Poster presentation]. The 84<sup>th</sup> Annual Scientific Meeting of the College on Problems of Drug Dependence, Minneapolis, MN, United States.
3. **Hooker, S. A.**, Olson, A., Essien, I., Borgert-Spaniol, C., Rossom, R., Romagnoli, K., & Solberg, L. (2022, April). *Perspectives from patients at high-risk for problems with opioids about discussing opioid risks with primary care clinician* [Poster presentation]. Annual Conference of the Health Care Systems Research Network, Pasadena, CA, United States.
4. **Hooker, S. A.**, Crain, A. L., LaFrance, A., Bart, G., & Rossom, R. C. (2021, June). *Using patient narratives to reduce stigma among primary care clinicians towards people with opioid use disorder* [Innovation Abstract]. National Academy of Medicine Stigma of Addiction Summit, Virtual Meeting.
5. **Hooker, S. A.**, Post, R., & Sherman, M. D. (2021, May). *Meaning salience and burnout among family medicine residency program directors.* [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Virtual meeting.
6. Sherman, M., **Hooker, S. A.**, Sattler, A., & Nissly, T. (2021, May). *Parenthood as a possible protective factor for wellbeing among patients receiving medications for opioid use disorder.* [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Virtual meeting.
7. Brandenburg, D., **Hooker, S. A.**, & Sherman, M. D. (2020, November). *Written exposure therapy: Feasibility of a brief treatment for PTSD in primary care* [Poster presentation]. The 41<sup>st</sup> Forum for Behavioral Science in Family Medicine, Chicago, IL, United States. (Conference moved online)
8. Sherman, M., Brandenburg, D., Lee, J., Miller, L., & **Hooker, S. A.** (2020, May). *Feasibility and acceptability of a brief, novel treatment for PTSD in a family medicine residency clinic* [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Presented electronically at the August virtual meeting)

9. Sperl-Hillen, J., McKearnan, S., O'Connor, P., Desai, J., Chumba, L., Margolis, K., **Hooker, S.**, Rossom, R., Vazquez-Benitez, G., & DeSilva, M. (2020, April). *Predictors of glycemic relapse in adults with type 2 diabetes* [Poster presentation]. Health Care Systems Research Network Conference, Philadelphia, PA, United States. (Conference canceled)
10. **Hooker, S.A.**, Sherman, M. D., Loth, K., Justesen, K., Moon, J., Ngaw, S., & Uy, M. (2020, April). *Change that Matters: Training primary care physicians in brief, evidence-based health behavior change interventions* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States. (Conference canceled)
11. Vagnini, K. M., Masters, K. S., & **Hooker, S. A.** (2020, March). *The Meaning Awareness Scale: Development and psychometric analysis of a measure of meaning salience* [Poster presentation]. Annual Meeting of the American Psychological Association Division 36 (Society for the Society of Religion and Spirituality) Conference, Denver, CO, United States. (Conference canceled)
12. Stadem, P., **Hooker, S. A.**, Sherman, M. D., & Ricco, J. (2019, November). *Loneliness in an urban, underserved family medicine residency clinic* [Poster presentation]. North American Primary Care Research Group (NAPCRG) Annual Meeting, Toronto, ON, Canada.
13. LaCaille, R.A., LaCaille, L.J., **Hooker, S.A.**, & Koball, A.M. (2019, May). *An examination of unhealthy weight control behaviors and need satisfaction and frustration in college students* [Poster presentation]. International Conference on Self-Determination Theory, Egmond aan Zee, Netherlands.
14. Levy, R., **Hooker, S.**, Sherman, M., Justesen, K., Kent, K., & Nissly, T. (2019, April). *Predictors of retention in a primary-care-based MAT program for opioid use disorder* [Poster presentation]. American Society of Addiction Medicine 50<sup>th</sup> Annual Conference, Orlando, FL, United States.
15. DeYonker, O., Duffecy, J., **Hooker, S. A.**, & Baron, K. G. (2018, June). *Attitudes of short sleepers towards sleep extension interventions* [Poster presentation]. Annual Meeting for Sleep Medicine, Baltimore, MD, United States.
16. **Hooker, S. A.**, Sherman, M. D., Boyle, L., Vang, N., Justesen, K., Moon, J., & Wootten, M. (2018, May). *Empowering physician with skills in promoting health behavior change* [Poster presentation]. Society of Teachers of Family Medicine 2018 Annual Spring Conference, Washington, DC, United States.
17. **Hooker, S. A.** & Sherman, M. D. (2018, April). *Primary care physicians' confidence in and delivery of health behavior change interventions* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA, United States.
18. **Hooker, S. A.**, Masters, K. S., & Wood, J.\* (2017, March). *An idiographic measure of meaningful activity participation is longitudinally associated with greater well-being* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
19. **Hooker, S. A.**, Bouchard, L. C., & Baron, K. G. (2017, March). *Variability in sleep and physical activity related to BMI in healthy adults* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
20. Rush, C., **Hooker, S. A.**, Ross, K. M., & Masters, K. S. (2017, March). *Spiritual well-being, meaning, and health and fitness confidence predict physical activity* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
21. **Hooker, S. A.**, Masters, K. S., & Ranby, K. W. (2016, June). *Integrating self-determination theory with a sense of meaning in life to predict physical activity adoption at a fitness center* [Poster presentation]. International Conference on Self-Determination Theory, Victoria, British Columbia, Canada.
22. LaCaille, L. J., LaCaille, R. A., Dauner, K. N., Klingner, J., & **Hooker, S. A.** (2016, June). *Integrating self-determination theory and theory of planned behavior in the context of healthy eating behavior*

- [Poster presentation]. International Conference on Self-Determination Theory, Victoria, British Columbia, Canada.
23. **Hooker, S. A.**, Stewart, J., Masters, K. S., Ross, K., & Wooldridge, J. S. (2015, June). *Behavioral incentives for exercise participation: More harm than good?* [Poster presentation]. Annual Meeting for the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, UK.
  24. Wooldridge, J. S., **Hooker, S. A.**, Ross, K. M., Masters, K. S., Ranby, K. W., & Hill, J. O. (2015, April). *Distinguishing early terminators from maintainers at a health and wellness fitness center* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, San Antonio, TX, United States.
  25. Nakamura, K.,\* **Hooker, S. A.**, & Masters, K. S. (2015, April). *Personal history of sports activity and current physical activity motivation* [Poster presentation]. Annual University of Colorado Denver Research and Creative Activities Symposium, Denver, CO, United States.
  26. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Ranby, K. W., & Hill, J. O. (2014, August). *Stress and life satisfaction predict retention at a health and wellness fitness center* [Poster presentation]. International Congress of Behavioural Medicine, Groningen, Netherlands.
  27. Grigsby, M.E., **Hooker, S.A.**, Allen, E. S., & Spence, A. (2014, August). *Religious service attendance and self-reported health: The role of couples' communication* [Poster presentation]. Annual Convention of the American Psychological Association, Washington, DC, United States.
  28. **Hooker, S.A.**, Grigsby, M.E., & Masters, K.S. (2014, August). *Having and searching for meaning and life satisfaction: The mediating roles of perceived stress and depressive symptoms* [Poster presentation]. Annual Convention of the American Psychological Association, Washington, DC, United States.
  29. Grigsby, M.E., **Hooker, S.A.**, Masters, K.S., Allen, E. S., & Spence, A. (2014, April). *Relationship factors and sleep quality: The role of anxiety and depressive symptoms* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Philadelphia, PA, United States.
  30. Ross, K., **Hooker, S.**, Masters, K., Park, C., Allen, L. A., Bekelman, D. B., & Hale-Smith, A. (2014, April). *Spiritual well-being parallels physical and psychological distress in patients with heart failure* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA, United States.
  31. **Hooker, S. A.**, Grigsby, M. E., Riegel, B., & Bekelman, D. B. (2013, October). *Relationships matter: A review of dyadic studies of heart failure patients and their informal family caregivers* [Poster presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
  32. **Hooker, S. A.**, Grigsby, M. E., Ross, K. M., Masters, K. S., & Steffen, P. R. (2013, August). *Are ill populations more spiritual? An analysis of the FACIT-Sp* [Poster presentation]. Annual Convention of the American Psychological Association, Honolulu, HI, United States.
  33. LaCaille, L., LaCaille, R., Schultz, J, Dauner, K., **Hooker, S.**, & Klingner, J. (2013, August). *Factors associated with healthy, organic, local and sustainable food choices* [Poster presentation]. Society for Consumer Psychology Conference at the American Psychological Association Annual Convention, Honolulu, HI, United States.
  34. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2013, March). *Effects of a spiritual intervention for heart failure patients: The Denver Spirited Heart Pilot Study* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States.
  35. Bekelman, D. B., Nowels, C. T., & **Hooker, S. A.** (2012, July). *Collaborative Care to Alleviate Symptoms and Adjust to Illness (CASA) pilot study* [Poster presentation]. Annual VA Health Services Research and Development Service (HSR&D) Conference, Baltimore, MD, United States.

36. Grigsby, M. E., **Hooker, S. A.**, & Masters, K.S. (2012, April). *Stress and sleep problems in college students: The role of spiritual well-being* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
37. **Hooker, S. A.**, & Masters, K. S. (2012, April). *Do positive or negative cognitive biases predict discrepancies between objective and self-report measures of physical activity?* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
38. **Hooker, S. A.**, & Masters, K. S. (2012, April). *Purpose in life is associated with physical activity measured by accelerometer* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
39. Arigo, D., Funderburk, J. Dundon, M., **Hooker, S.**, Catanese, S., DeMasi, C., DeSouza, C., Dickinson, E., Downey, S., Dubbert, P., Evans Hudnall, G., & O'Donahue, J. (2012, April). *Implementation of a nationwide weight loss program: Providers' feedback on the Veterans Health Administration-MOVE!® Weight Management Program for veterans (MOVE!)* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
40. **Hooker, S.**, Dundon, M., Arigo, D., Catanese, S., DeMasi, C., DeSouza, C., Dickinson, E., Downey, S., Dubbert, P., Evans Hudnall, G., O'Donahue, J., & Funderburk, J. (2012, April). *Veterans' Health Administration MOVE!® Weight Management Program for veterans: Providers' perceptions of attrition* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
41. **Hooker, S. A.**, MacGregor, K. L., Funderburk, J. S., & Maisto, S. A. (2011, April). *The relationship between body mass index, depressive symptoms, and health behaviors in primary care settings* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
42. **Hooker, S. A.**, & Masters, K. S. (2011, April). *Multidimensional assessment of religiosity/spirituality and healthy lifestyles in college students* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
43. al'Absi, M. N., **Hooker, S. A.**, Nakajima, M., Krambeer, R., & Cragin, T. (2011, April). *Exposure to acute stress is associated with attenuated sweet taste* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
44. LaCaille, R. A., LaCaille, L. J., **Hooker, S. A.**, Fortier, M., & Kuvaas, N. J. (2011, April). *Examination of a self-determination theory web-based physical activity intervention* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
45. Masters, K. S., Smith, T. W. & **Hooker, S. A.** (2011, April). *Interpersonal analysis of measures of religiousness and spirituality: Construct validation with relevance to health research* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
46. Labbe, A. K., MacGregor, K. L., **Hooker, S. A.**, Funderburk, J. S., & Maisto, S. A. (2011, April). *The utility of AUDIT-C cut-scores in VA primary care settings* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
47. **Hooker, S. A.**, al'Absi, M. N., Nakajima, M., Cragin, T., & Krambeer, R. (2010, March). *Effects of acute stress on adrenocortical response and taste perception* [Poster presentation]. Annual Meeting of the American Psychosomatic Society, Portland, OR, United States.
48. **Hooker, S. A.**, al'Absi, M. N., Kiefer, F., & Cragin, T. (2009, April). *Circulating leptin levels are associated with increased craving to smoke and withdrawal symptoms in abstinent smokers* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
49. LaCaille, L. J., **Hooker, S. A.**, & Krambeer, R. J. (2009, April). *Mindfulness, interoceptive awareness, and self-regulatory processes involved in eating behavior* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.

50. LaCaille, R. A., **Hooker, S. A.**, LaCaille, L. J., Kuvaas, N. J., & Dettviler, J. (2009, April). *Autonomous and controlling motives for exercise differentially predict psychological well-being* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
51. LaCaille, R. A., LaCaille, L. J., **Hooker, S. A.**, & Fortier, M. (2009, April). *Development and preliminary evaluation of a web-based exercise adoption intervention* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
52. Pedersen, J., SanCartier, M., & **Hooker, S. A.** (2009, April). *Craving carbs? You may just be hungry* [Poster presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.
53. **Hooker, S. A.** & LaCaille, L. J. (2008, October). *External influences on hunger and psychological states: Is autonomous self-regulation protective?* [Poster presentation]. Northern Lights Psychology Conference, Grand Forks, ND, United States.
54. LaCaille, R. A., LaCaille, L. J., Schouweiler, A. M., Kuvaas, N., Egan, A., & **Hooker, S.** (2008, May). *What motivates the marathoner? The relationship between self-regulatory approaches, goals and motives, and running performance* [Poster presentation]. Annual Convention for the Association for Psychological Science, Chicago, IL, United States.
55. **Hooker, S.**, Juetten, J., & Keister, M. (2008, April). *Exercise may enhance performance on cognitive tasks: A pilot study* [Poster presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.

\*Denotes mentee.

## TEACHING AND CURRICULUM DEVELOPMENT

### University of Minnesota, Twin Cities (2017-present)

#### Didactic Lectures (Targeting Medical Residents and Students)

- Health Behavior Change
- Insomnia
- Smoking/Alcohol Use
- Physical Activity
- Medication Adherence
- Intimate Partner Violence
- Healthy Eating
- Behavioral Health (Introduction to Integrated Primary Care, Risk Assessment)
- Motivational Interviewing
- Somatic Symptom Disorder
- Working with Victims of Sexual Assault
- Depression
- Chronic Pain
- Social Isolation
- Managing Stress & Anxiety
- Post-traumatic Stress Disorder
- Special Topics in Behavioral Health (Suicidality, Negotiating with Patients, and Boundary Setting)

#### Curriculum Development

- Co-created behavioral health didactics curriculum for family medicine residents.
- Created and led an interdisciplinary workgroup that developed and implemented a health behavior change curriculum residency-wide composed of didactic lectures, electronic medical record smart phrases (with specific suggestions of topics to discuss with patients), and interactive patient handouts (<https://changethatmatters.umn.edu>)

#### One-on-one Teaching

- Communication skills and motivational interviewing with family medicine residents during video review (reviewing videos of residents during patient encounters to give feedback on patient communication skills)
- Live shadowing (both in the clinic and on hospital rounds)

### Guest Lecturing

“Change that Matters: Strategies to Help Patients with Health Behavior Change” <i>HealthPartners, Occupational Medicine Residency Didactics</i>	Fall 2021
“BATHE/Motivational Interviewing” <i>University of Minnesota Medical School, Family Medicine Clerkship</i>	Summer 2018, Spring 2019
“Health Behavior Change” <i>North Memorial Medical Center / University of St. Thomas Psychology Internship</i>	Spring 2018
“Obesity” <i>University of Minnesota, School of Pharmacy</i> PHAR 6961: Women’s Health	Fall 2017
“Integrated Health Care” <i>University of St. Thomas, Graduate School of Professional Psychology</i>	Fall 2017

### University of Colorado Denver

#### Instructor

PSYC 2090: Introduction to Statistics and Research Methods      Fall 2012, Spring 2013, Spring 2016

#### Teaching Assistant

PSYC 2090: Introduction to Statistics and Research Methods      Summer 2012

#### Guest Lecture

“Interviewing for Graduate School”  
PSYC 4680: Behavioral Sciences Research Seminar      Fall 2015

### University of Minnesota Duluth

#### Teaching Assistant

PSY 2003: Psychology as a Discipline and Profession      Fall 2008, Spring 2008 & 2009  
PSY 3021: Experimental Design and Methodology      Fall 2008  
PSY 3022: Applied Methods and Measurement      Spring 2009

## ADVISING AND MENTORING

### Undergraduate Student Activities

#### Undergraduate Research Projects

Jean Wood	Lab Participation, <i>University of Colorado Denver</i>	2015-2016
Kaylae Nakamura	MARC U-STAR Scholar, <i>University of Colorado Denver</i>	2014-2015
Molly Siwula	Undergraduate Honors Research Project, <i>Syracuse University</i>	2010-2011
Frances Nieves Serret	Undergraduate Research Project, <i>Syracuse University</i>	2010-2011

### Graduate Student Activities

#### Master’s Committees Served On

Dakota Leget	University of Minnesota Duluth	2021-
Katie Vagnini	University of Colorado Denver	2019-2020

### Doctoral Committees Served On

Katie Vagnini	University of Colorado Denver	2021-
Christianne Biggane	University of Colorado Denver	2020-2022

### Statistical Consulting to Graduate Students for Dissertation and Thesis Projects

Lauren Piper	Dissertation Research Project, <i>Illinois Institute of Technology</i>	2017
Alison Buchholz	Dissertation Research Project, <i>Rosalind Franklin University of Medicine and Science</i>	2020-2022
Lacey Clement	Master's Thesis and Dissertation Research Projects, <i>University of Colorado Denver</i>	2013-2017
JoAnn Vogeli	Master's Thesis and Dissertation Research Projects, <i>University of Colorado Denver</i>	2014-2016
Jennifer Nguyen	Master's Thesis Project, <i>University of Colorado Denver</i>	2013

### SELECTED MEDIA COVERAGE

1. Wenner Moyer, M. (2022, April). Help loved ones make health changes. *Real Simple*, 63-65.
2. Sesetty, A., & Konka, S. (Hosts). (2022, March 23). Why it's okay not to be okay (with Dr. Stephanie Hooker) (Season 2, Episode 4). In *All over the place* [Audio podcast]. <https://rss.com/podcasts/allovertheplace/429507/>
3. Helmer, J. (2019, October 12). Having a sense of purpose could help you live a healthier life. *MyFitnessPal Blog*. Retrieved from <https://blog.myfitnesspal.com/having-a-sense-of-purpose-could-help-you-live-a-healthier-life/>
4. Joszt, L. (2019, February). Developing strategies to implement long-lasting healthy behaviors. *American Journal of Managed Care*. <https://www.ajmc.com/focus-of-the-week/developing-strategies-to-implementlonglasting-healthy-behaviors>
5. European Journal of Cardiovascular Nursing Journal Club. (2018, June 7). *EJCN Journal Club – Session 15* [video file]. Retrieved from <https://www.youtube.com/watch?v=aKPWbB2NlnQ>
6. The Editors of *Women's Health*. (2017, July 20). Meet your 2017 Next Fitness Star Finalists! The passionate personal trainers are here to change your life. *Women's Health*. Retrieved from <https://www.womenshealthmag.com/fitness/a19983190/next-fitness-star-finalists/>
7. Andrews, L. W. (2017, July 14). How a sense of purpose in life improves health. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/minding-the-body/201707/how-sense-purpose-in-life-improves-your-health>
8. Dolan, E. W. (2016, December 4). *Study: Greater sense of purpose in life linked to objectively measured physical activity*. Retrieved from <http://www.psypost.org/2016/12/study-greater-sense-purpose-life-linked-objectively-measured-physical-activity-46271>
9. Townsend, M. (Host). (2016, August 25). Hacked voting machines, Utah Shakespeare festival, fitness [Radio program]. *The Matt Townsend Show*. Provo, UT: BYU Radio. Retrieved from: <http://www.byuradio.org/episode/b09e752d-a876-4cf5-b0f0-8d303e937429/the-matt-townsend-show-hacked-voting-machines-utah-shakespeare-festival-fitness>
10. Sifferlin, A. (2016, July 14). You are more likely to exercise if you have a sense of purpose. *TIME*. Retrieved from <http://time.com/4368339/exercise-purpose-in-life/>

**CLINICAL SERVICE****Assessment Peer Supervisor**

*Psychology Clinic, University of Colorado Denver, Denver, CO*  
Supervisor: Edward Dill, PhD

Aug 2015 – May 2016

**Psychology Extern**

*Aurora Mental Health Center/Metro Community Provider Network, Hope, Health, & Wellness Clinic, Aurora, CO*  
Supervisor: Lauren Tolle, PhD

Sept 2014 – Aug 2015

**Psychology Extern**

*Sleep Medicine Clinic, National Jewish Health, Denver, CO*  
Supervisor: Jack Edinger, PhD

Jan 2014 – July 2014

**Practicum Student**

*Psychology Clinic, University of Colorado Denver, Denver, CO*  
Supervisors: Barbara Walker, PhD, Kristin Kilbourn, PhD, Edward Dill, PhD, Kevin Everhart, PhD

Jan 2012 – Aug 2014

**Practicum Student**

*Psychological Services Center, Syracuse University, Syracuse, NY*  
Supervisor: Mark Ginsberg, PhD

Jan 2011 – May 2011

**PROFESSIONAL SERVICE AND PUBLIC OUTREACH****Editorships/Journal Reviewer Experience**

Associate Editor, *Applied Psychology: Health and Well-being*

2021-present

Editorial Board Member, *Annals of Behavioral Medicine*

2020-present

Ad hoc Reviewer

2012-present

- *Addiction Science and Clinical Practice*
- *American Journal of Health Promotion*
- *Annals of Behavioral Medicine*
- *Behavioral Sleep Medicine*
- *Current Psychology*
- *Emotion*
- *European Journal of Cardiovascular Nursing*
- *Health Psychology*
- *Health Psychology and Behavioral Medicine*
- *Heart & Lung*
- *International Journal for the Psychology of Religion*
- *International Journal of Behavioral Medicine*
- *International Journal of Psychology*
- *Journal of Behavioral Medicine*
- *Journal of the American Board of Family Medicine*
- *Journal of Health Psychology*
- *Journal of Medical Education and Curricular Development*
- *Journal of Pacific Rim Psychology*
- *Journal of Pain and Symptom Management*
- *Journal of Palliative Medicine*
- *Journal of Personality*
- *Journal of Positive Psychology*
- *Journal of Primary Care & Community Health*
- *Journal of Psychology and Theology*
- *Journal of Psychosomatic Research*



- *Journal of Studies on Alcohol and Drugs*
- *Learning and Individual Differences*
- *Personality and Social Psychology Bulletin*
- *PLoS ONE*
- *Preventive Medicine*
- *Psychology of Religion and Spirituality*
- *Public Health Reports*

Senior Staff Editor, *UMD Honors Journal Aisthesis*

2007-2009

### **Review panels for external funding agencies**

- National Institute of Mental Health, Special Review Panel: Urgent Award: COVID-19 Mental Health Research (June 2022)

### **Program review experience**

- Reviewer, Society of Behavioral Medicine Theories and Techniques of Behavior Change SIG, Student Abstract Award (2020)
- Reviewer, PsycShorts Video Competition, American Psychological Association (2019)
- Reviewer, Student Research Award, Association for Psychological Science Student Caucus (2012)

### **Organization of conferences, workshops, panels, symposia**

Planning Committee Member, Health Care Systems Research Network (HCSRN) Conference, 2021-2023

### **Service to the University/Medical School/Department**

#### **University of Colorado Denver**

#### **Department Service**

Member, 2015 Faculty Search Committee, Department of Psychology (2014-2015)

### **Community Outreach Activities**

Partner, Integrated Care for High-Risk Pregnancies (ICHRP)/Healthy Black Pregnancies (2019-present)