

Curriculum Vitae**STEPHANIE A. HOOKER****PROFESSIONAL ADDRESS**

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 stephanie.a.hooker@healthpartners.com

IDENTIFYING INFORMATION**Education**

Degree	Institution	Date Degree Granted
B.A.S.	University of Minnesota Duluth Major: Psychology Minor: Health Education	2009
M.S.	Syracuse University (APA Accredited) Clinical Psychology	2011
M.P.H.	Colorado School of Public Health, University of Colorado Denver Anschutz Medical Campus (CEPH Accredited) Concentration: Applied Biostatistics	2015
Ph.D. Advisor: Kevin Masters, PhD	University of Colorado Denver (APA Accredited in Clinical Psychology) Major Area of Study: Clinical Health Psychology	2017
Clinical Internship	Rush University Medical Center (APA Accredited) Health Psychology Track	2016-2017
Postdoctoral Fellowship	University of Minnesota Medical School Primary Care Behavioral Health	2017-2019

License, Certifications

L.P.	Licensed Psychologist, State of Minnesota, #6342	Nov 2018 - Present
DBSM	Diplomate in Behavioral Sleep Medicine	July 2020 - Present
DipACLM	Certified Lifestyle Medicine Professional	Dec 2022 - Present

Academic Appointments

HealthPartners Institute, Minneapolis, MN (2019-present) Research Investigator Research Associate	Jun 2021 – Present Jun 2019 – Jun 2021
University of Minnesota, Twin Cities (2017-present) Adjunct Assistant Professor Postdoctoral Fellow	Feb 2020 – Present Aug 2017 – May 2019
Health Delivery Systems Center for Diabetes Translational Research (HDS-CDTR) (NIH P30DK092924) Affiliate Faculty	Sep 2020 – Jul 2021
Rush University Medical Center (2016-2017) Pre-doctoral Clinical Intern Behavioral Sleep Medicine Research Group	Jul 2016 – Jun 2017 Jul 2016 – Jun 2017
University of Colorado Denver Anschutz Medical Campus (2013-2016)	

MPH Practicum Student	Jan 2015 – May 2015
American Heart Association Pre-doctoral Fellow	Jan 2014 – Dec 2015
Graduate Research Assistant	Jun 2013 – Jun 2016
Eastern Colorado VA Health Care System, Denver, CO (2011-2016)	
MPH Capstone Student	Aug 2015 – Dec 2015
Research Assistant (Without Compensation)	Nov 2012 – June 2016
Study Coordinator	Aug 2011 – Nov 2012
University of Colorado Denver, Department of Psychology (2011-2013)	
Graduate Research Assistant	Jun 2011 - Aug 2011, Aug 2012 – Dec 2013
Center for Integrated Healthcare, Syracuse VA Medical Center (2010-2011)	
Research Health Science Specialist	May 2010 – Jun 2011
University of Minnesota Duluth, Department of Psychology (2008-2009)	
Undergraduate Research Assistant	Sep 2008 - Jul 2009
University of Minnesota Medical School Duluth, Behavioral Medicine Lab (2008-2009)	
Lab Assistant	Jun 2008 - Jul 2009
University of Wisconsin-Superior (2007-2008)	
McNair Scholar	Oct 2007 - Sep 2008

Membership and Offices in Professional Organizations

International Association of Applied Psychology (2023-present)	
Member	2023-present
American College of Lifestyle Medicine (2021-present)	
Member	2021-present
Minnesota Psychological Association (2017-2023)	
Member	2019-2023
Student Member	2017-2019
Health Care Systems Research Network (2020-present)	
Co-Chair, Membership Committee	2024-present
Conference Planning Committee	2021-2024
American Heart Association (2013-2020)	
Member	2018-2020
Student Affiliate	2013-2018
Society for Health Psychology (American Psychological Association Division 38) (2011-present)	
Member	2018-present
Student Affiliate	2011-2017
Student Council Chair Elect	2012-2013
Student Council Chair	2013-2014
Student Council Past Chair	2014-2015
Member, Task Force on Branding	2013-2015
American Psychological Association (2010-present)	
Member	2018-present
Graduate Student Affiliate	2010-2017
Society of Behavioral Medicine (2009-present)	
Member	2018-present
Student Affiliate	2009-2017
Association of Psychologists in Academic Health Centers (APAHC) (2018-2019)	
Member	2018-2019

International Society for Behavioral Nutrition and Physical Activity (2015-2016)	Hooker 3
Student Member	2015-2016
Association for Psychological Science (2008-2012)	
Student Affiliate	2008-2012
University of Minnesota Duluth Psychology Club/Psi Chi (2006-2009)	
Member	2006-2009
President	2007-2009
University of Minnesota Duluth Honors Student Association (2006-2009)	
Member	2006-2009
Vice President	2006-2007

HONORS AND AWARDS FOR RESEARCH, SCHOLARSHIP, PUBLIC ENGAGEMENT, AND SERVICE

University of Minnesota, Duluth

- Dean's List for Academic Excellence (2005-2009)
- Darland All-American Scholarship (2008), *Awarded to 3 University of Minnesota Duluth students annually*
- Kamal Gindy Scholarship (2008), *Awarded to 1 University of Minnesota Duluth Psychology student annually*
- Arrowhead Award (2008), Awarded to students who demonstrate outstanding service to and participation in a student organization
- Distinguished Leadership Award (2007), University of Minnesota Duluth Honors Program

External Sources

- Early-Stage Investigator Award (2024), Academy of Behavioral Medicine Research
- Impact Award (2021), The Forum for Behavioral Science in Family Medicine
- CERA Best Paper Award (2021), Society for Teachers of Family Medicine
- Outstanding PhD Student (2017), University of Colorado Denver, College of Liberal Arts and Sciences
- Alumni Graduate Student Scholarship (2012), University of Colorado Denver
- Selected Mentored Poster (2012), Society of Behavioral Medicine
- McNair Fellowship (2009-2010), Syracuse University
- Researcher of the Year (2009), McNair Scholars Program, University of Wisconsin Superior

RESEARCH AND SCHOLARSHIP

Grants and Contracts

External Sources

Current (8):

Role: Co-Investigator/ Site Principal Investigator

PI: Faris Zuraikat, PhD

Grant Number (If Applicable): R01HL173190

External Granting Agency: NIH/NHLBI

Grant Title: SLEAP: A Sleep Ancillary to the Long-term Effectiveness of the Anti-Obesity Medication Phentermine Trial

Project Dates: 05/15/2024 – 04/30/2028

Total Cost: \$37,981

% Effort/Salary Support: .24 CMs

Role: Co-Investigator/ Site Principal Investigator

PI: Bob Levy, MD

Grant Number (If Applicable): N/A

External Granting Agency: Hennepin County

Grant Title: Let's do BETTER – Behavioral health, Education, and Treatment to Empower Recovery

Project Dates: 10/01/2024 – 12/31/2025

Total Cost: \$11,690

% Effort/Salary Support: .24 CMs

Role: Co-Investigator/ Site Principal Investigator

PI: Bob Levy, MD

Grant Number (If Applicable): N/A

External Granting Agency: Minnesota Department Human Services

Grant Title: Caring for Everyone: Expanding MOUD Education and Stigma Reduction in Primary Care

Project Dates: 01/01/2024 – 12/31/2026

Total Cost: \$78,815

% Effort/Salary Support: 1.2 CMs

Role: Co-Investigator

PI: Bruce Alexander, PhD

Grant Number (If Applicable): N/A

External Granting Agency: Minnesota Department of Labor & Industry

Grant Title: Work-related PTSD Study

Project Dates: 10/01/2023 – 07/01/2025

Total Cost: \$69,639

% Effort/Salary Support: 0.6 CMs

Role: Co-Investigator

PI: Patrick O'Connor, MD, MPH, MA

Grant Number (If Applicable): R01CA283332-01A1

External Granting Agency: National Institutes of Health / NCI

Grant Title: Randomized Trial to Improve Care of Patients with Hereditary Cancer Syndromes

Project Dates: 04/01/2024 – 03/31/2029

Total Cost: \$3,358,308

% Effort/Salary Support: 1.8-2.4 CMs/year

Role: Co-Investigator

PI: Bobbi Jo Yarborough, PsyD

Grant Number: 1R01MH130548-01

External Granting Agency: National Institutes of Health / National Institute of Mental Health

Grant Title: Evaluating Effectiveness and Implementation of a Risk Model for Suicide Prevention Across Health Systems

Project Dates: 8/23/2022 – 05/31/2026

Total Cost: \$827,544

% Effort/Salary Support: 0.6-1.2 CMs/year

Role: Co-Investigator / Site PI / Chair, Publications, Presentations, & Ancillary Studies Committee

MPIs: Jamy Ard, MD & Kristina Henderson Lewis, MD, MPH

Grant Number: UG3HL155801/UH3HL155801

External Granting Agency: National Institutes of Health/ National Heart Lung and Blood Institute

Grant Title: Long-term Effectiveness of the Anti-obesity Medication Phentermine: LEAP Trial

Project Dates: 10/01/2021-6/30/2026

Total Costs: \$1,160,412

% Effort/Salary Support: 1.2-1.8 CMs/year

Role: Co-Investigator

PI: Patrick O'Connor, MD, MPH, MA

Grant Number (If Applicable): 1R01DK128281-01

External Granting Agency: National Institutes of Health / NIDDK
Grant Title: Reducing Clinical Inertia in Obesity Management of Diabetes in Primary Care: Cluster-Randomized Trial
Project Dates: 05/01/2021 – 04/30/2026
Total Cost: \$3,276,462
% Effort/Salary Support: 1.2-1.8 CMs/year

Internal Sources

Current (2):

Role: Principal Investigator
Grant Number (If Applicable): N/A
Granting Agency: Park Nicollet Foundation
Grant Title: Impact of Behavioral Health Consultants on Patient Outcomes
Project Dates: 02/01/2025 – 01/31/2026
Total Cost: \$63,641
% Effort/Salary Support: In-Kind

Role: Co-Principal Investigator
MPIs: Laura Ross, PA-C and Stephanie Hooker, PhD, MPH
Grant Number (If Applicable): N/A
Granting Agency: Park Nicollet Foundation
Grant Title: HeartBeet Clinic Pilot Trial
Project Dates: 05/01/2024 – 04/30/2025
Total Cost: \$75,000
% Effort/Salary Support: In-Kind

Role: Co-Investigator
PI: Patrick O'Connor, MD, MPH, MA
Grant Number (If Applicable): N/A
Granting Agency: HealthPartners Institute
Grant Title: Internal Depression Wizard Grant
Project Dates: 01/01/2024 – 04/30/2025
Total Cost: \$72,429
% Effort/Salary Support: 0.36 CM

External Sources

Past (23):

Role: Co-Principal Investigator
MPIs: Stephanie Hooker, PhD, MPH and Holly Willis, PhD
Grant Number (If Applicable): N/A
Granting Agency: Internal Funds
Grant Title: MAP CGM Development
Project Dates: 06/01/2024 – 02/28/2025
Total Cost: \$80,000
% Effort/Salary Support: 1.2 CMs

Role: Co-Investigator
MPIs: Romain Neugebauer, PhD & Patrick O'Connor, MD, MPH, MA
Grant Number (If Applicable): DB-2020C2-20318
External Granting Agency: Patient-Centered Outcomes Research Institute (PCORI)
Grant Title: Comparison of Type 2 Diabetes Pharmacotherapy Regimens Using Targeted Learning
Project Dates: 08/01/2021 – 12/31/2024
Total Cost: \$1,376,185
% Effort/Salary Support: 3.0 CMs/year

Role: Principal Investigator
Grant Number: L30DA054572
External Granting Agency: National Institutes of Health / National Institute on Drug Abuse
Grant Title: Predicting Buprenorphine Adherence among Patients with Opioid Use Disorder
Project Dates: 10/01/2021-09/30/2023
% Effort/Salary Support: N/A (Loan Repayment)

Role: Co-Investigator
MPIs: Gavin Bart, MD & Rebecca Rossom, MD MSCR
Grant Number: UG1DA040316
External Granting Agency: National Institutes of Health / National Institute on Drug Abuse
Grant Title: Opioid Use Disorder Clinical Decision Support (COMPUTE 2.0)
Project Dates: 08/01/2019 – 07/30/2024
Total Cost: \$4,893,349
% Effort/Salary Support: 1.8-2.4 CMs/year

Role: Principal Investigator
Grant Number: R21AG070161
External Granting Agency: National Institutes of Health / National Institute on Aging
Grant Title: Development and Proof-of-Concept Trial of a Meaning and Theory-Based Physical Activity Intervention
Project Dates: 9/15/2021-5/31/2024
Total Cost: \$437,250
% Effort/Salary Support: 1.35-1.80 CMs/year

Role: Co-Investigator
MPIs: Gavin Bart, MD & Rebecca Rossom, MD MSCR
Grant Number (If Applicable): 3UG1DA040316-06S3
External Granting Agency: National Institutes of Health / National Institute on Drug Abuse / National Institute of Neurological Disorders and Stroke
Grant Title: Suicide Prediction and Prevention for People at Risk for Opioid Use Disorder
Project Dates: 06/01/2020-02/28/2023
Total Cost: \$552,619
% Effort/Salary Support: 0.6-1.2 CMs/year

Role: Consultant
PI: Robert Levy, MD
Grant Number: H79TI080248
External Granting Agency: SAMHSA / Minnesota Department of Human Services
Grant Title: Expansion of Integrated Clinical Services for Opioid Use Disorder in a Family Medicine Training Clinic
Project Dates: 09/01/2019-09/30/2023
Total Cost: \$103,028
% Effort/Salary Support: 0.86-2.31 CMs/year

Role: Co-Investigator
PI: Gregory Clarke, PhD
Grant Number: PLACER-2020C3-20902
External Granting Agency: Patient-Centered Outcomes Research Institute (PCORI)
Grant Title: Large Pragmatic Trial to Prevent Suicide Attempts, Deaths in Moderate-to-High Risk Youth
Project Dates: 1/1/2022 – 7/31/2023
Total Cost: \$3,730,994
% Effort/Salary Support: 0.6-1.2 CMs/year

Role: Co-Investigator
PI: Erik Zabel, PhD MPH
Grant Number: U60OH009855
External Granting Agency: National Institute of Occupational Safety and Health
Grant Title: Minnesota Occupational Health and Safety Surveillance Program: Firefighters Vaccine Hesitancy Supplement
Project Dates: 7/01/2021-6/30/2022
Total Cost: \$45,026
% Effort/Salary Support: 0.50 CMs

Role: Co-Investigator
PI: Bobbi Jo Yarborough, PsyD
Grant Number: 75F40119C10097
External Granting Agency: Food and Drug Administration
Grant Title: Suicide-Related Risks Associated with Prescription Opioid Deprescribing
Project Dates: 09/01/2019 – 9/30/2022
Total Cost: \$227,420
% Effort/Salary Support: 0.12-1.68 CMs/year

Role: Co-Investigator
MPIs: Rebecca Rossom, MD, MS & Brian Ahmedani, PhD
Grant Number: 3U19MH121738-02S1
External Granting Agency: National Institutes of Health / National Institute of Mental Health
Grant Title: Impact and Implications of Rapid Transition to Virtual Mental Health Care during COVID-19
Project Dates: 7/1/2020-6/30/2021
Total Cost: \$70,065
% Effort/Salary Support: 0.25 CMs

Role: Site Principal Investigator
MPIs: Gavin Bart, MD & Rebecca Rossom, MD MSCR
Grant Number: 3UG1DA040316-06S4
External Granting Agency: National Institutes of Health / National Institute on Drug Abuse
Grant Title: Reducing Stigma toward People with Opioid Use Disorder among Primary Care Clinicians
Project Dates: 06/01/2020-02/28/2022
Total Cost: \$310,344
% Effort/Salary Support: 2.4 CMs

Role: Principal Investigator
Grant Number (If Applicable): P30DK092924
External Granting Agency: Health Delivery Systems Center for Diabetes Translational Research (NIH)
Grant Title: Understanding the Impact of COVID-19 on Type 2 Diabetes Care
Project Dates: August 2020 – July 2021
Total Cost: \$13,692
% Effort/Salary Support: 0.13 CM

Role: Co-Investigator
PI: Bobbi Jo Yarborough, PsyD
Grant Number: 1U19MH121738-01
External Granting Agency: National Institutes of Health / National Institute of Mental Health
Grant Title: Stakeholder Perspectives on Implementing Suicide Risk Prediction Models
Project Dates: 9/1/2019 – 6/30/2021
Total Cost:
Direct Costs Per Year:
% Effort/Salary Support:

Role: Consultant

PI: Jennifer Lee, MD

External Granting Agency: Minnesota Academy of Family Physicians

Grant Title: Feasibility and Acceptability of a Brief, Novel Treatment for PTSD in a Family Medicine Residency Clinic

Project Dates: Oct 2019 – Sept 2021

Total Cost: \$3,000

Salary Support: \$750

Role: Co-Principal Investigator

Grant Number: UH1HP33881

External Granting Agency: Health Resources and Services Administration / National Center for Integrated Behavioral Health

Grant Title: Empowering Physicians to Manage Behavioral Health Concerns in Primary Care: Expansion and Dissemination of the Change that Matters Curriculum

Project Dates: 07/01/2019 – 06/30/2020

Total Cost: \$19,997

% Effort/Salary Support: In kind

Role: Co-Investigator

PI: Paul Stadem, MD

External Granting Agency: Minnesota Academy of Family Physicians

Grant Title: Examining Loneliness in an Urban, Underserved Family Medicine Residency Clinic

Project Dates: 12/01/2018-11/31/2020

Total Cost: \$3,000

% Effort/Salary Support: \$1,000

Role: Co-Investigator

PI: Jason Ricco, MD, MPH

External Granting Agency: UCare Foundation

Grant Title: Getting Connected: Bolstering Social Networks with a Community Health Worker Intervention to Improve Health

Project Dates: 01/01/2018 – 05/31/2020

Total Cost: \$95,000

% Effort/Salary Support: In kind

Role: Consultant

PI: Robert Levy, MD

External Granting Agency: Minnesota Department of Human Services

Grant Title: Expanding Integrated Clinical Services for Opioid Use Disorder at a Family Medicine Training Clinic

Project Dates: 04/01/2017-08/31/2019

% Effort/Salary Support: 5%

Role: Co-Investigator

PI: Lucas Boyle, MD

External Granting Agency: Minnesota Academy of Family Physicians

Grant Title: Values-Based Behavioral Activation Intervention among Patients Living with Chronic Pain in an Urban Family Medicine Clinic

Project Dates: 12/01/2017 – 12/01/2018

Total Cost: \$3,000

% Effort/Salary Support: \$1,000

Role: Principal Investigator

Grant Number: 14PRE18710033

External Granting Agency: American Heart Association Pre-doctoral Fellowship
Grant Title: Meaning and Purpose as Predictors of Physical Activity Maintenance
Project Dates: 01/01/2014 – 12/31/2015
Total Cost: \$50,000
% Effort/Salary Support: 50%

Role: Co-Sponsor
PI: Abby Hughes, PhD
External Granting Agency: American Psychological Association Committee on APA/Division Relations
 Interdivisional Grant
Grant Title: Promoting Brief, Evidence-based Assessment and Intervention in Interdisciplinary Health Care
 Settings: An Online Educational Tool Kit and Conference Event for Students
Project Dates: 01/01/2014 – 12/31/2014
Total Cost: \$1,550
% Effort/Salary Support: In kind

Role: Junior Clinical Researcher
PI: Fred Wamboldt, MD
Grant Number: R13 CA162827
External Granting Agency: National Institutes of Health / National Cancer Institute
Grant Title: Health Behavior Change in Cardiopulmonary Illness: Enhancing Theory and Models of
 Behavioral Mechanisms
Project Dates: 04/01/2012 – 08/31/2015
% Effort/Salary Support: In kind

University of Minnesota Sources

Past (1):

Role: Co-Investigator
Name of PI: Michelle Sherman, PhD, LP, ABPP
Granting Agency: University of Minnesota Academic Health Center Seed Grant
Grant Title: Development and Evaluation of a Curriculum to Teach Physicians Evidence-based Skills for
 Promoting Health Behavior Change in Their Patients
Project Dates: 06/01/2018-05/31/2019
Total Cost: \$29,977
% Effort/Salary Support: In kind

Publications

Impact Analytics Grid

<i>h-index</i>	<i>h(fl)- index</i>	<i>Total Publications</i>	<i>First/Last Author Publications</i>	<i>Total Citations</i>	<i>First/Last Author Citations</i>
20	12	81	41	1420	764

Peer-Reviewed Publications

*Denotes mentee.

1. Beran, M. S., Ekstrom, H. L., Crain, A. L., **Hooker, S. A.**, Chumba, L., Appana, D., Kromrey, K., Kunisetty, G., McKinney, Z., Pronk, N., Sharma, R., Vesely, J., & O'Connor, P. J. (2025). Clinical decision support to improve primary care obesity management in adults with diabetes: Clinic-randomized study design. *Contemporary Clinical Trials*, 150, 107830. <https://doi.org/10.1016/j.cct.2025.107830>

2. Rossom, R. C., Yeh, H.-H., Penfold, R., Owen-Smith, A., **Hooker, S.**, Simon, G., Matero, L., Akinyemi, E., & Ahmedani, B. (2025). Psychotherapy engagement before and after a rapid transition to telehealth during COVID-19 for older adults with dementia. *Journal of Applied Gerontology*, 44(2), 337-346. <https://doi.org/10.1177/07334648241271922>
3. **Hooker, S. A.**, Ziegenfuss, J. Y., Muegge, J. M., Dinh, J. M., Zabel, E. W., Dabrowski, D. S., Nadeau, A. M., & McKinney, Z. J. (2025). COVID-19 vaccine hesitancy and uptake among firefighters: An application of the health belief model. *Journal of Occupational and Environmental Medicine*, 67(1), 19-26. <https://doi.org/10.1097/JOM.0000000000003232>
4. Olson, A. W., Bucaloiu, A., Allen, C. I., Tusing, L. D., Henzler-Buckingham, H. A., Gregor, C. M., **Hooker, S. A.**, Rossom, R. C., Solberg, L. I., Wright, E. A., Haller, I. V., & Romagnoli, K. M. (2025). Do they care? A qualitative examination of patient perspectives on primary care clinician communication related to opioids in the USA. *BMJ Open*, 15, e090462. <https://doi.org/10.1136/bmjopen-2024-090462>
5. **Hooker, S. A.**, Starkey, C., Bart, G., Rossom, R. C., Kane, S., & Olson, A. W. (2024). Predicting buprenorphine adherence among patients with opioid use disorder in primary care settings. *BMC Primary Care*, 25(1), 361. <https://doi.org/10.1186/s12875-024-02609-9>. PubMed PMID: 39394565; PubMed Central PMCID: PMC11468455.
6. Rossom, R. C., Crain, A. L., Bart, G., Richards, J. E., Boggs, J. M., O'Connor, P. J., Borgert-Spaniol, C., Kane, S. & **Hooker, S. A.** (2024). Randomized pilot of a clinical decision support tool to increase suicide screening for at-risk primary care patients with opioid use disorder. *AJPM Focus*, 3(6), 100280. <https://doi.org/10.1016/j.focus.2024.100280>
7. **Hooker, S. A.**, Kim, H., Lonergan-Cullum, M., Busch, A. M., Nissly, T., & Levy, R. (2024). Adapting behavioral activation for patients receiving medications for opioid use disorder in primary care: A pilot study. *Frontiers in Psychology*, 15, 1439946. <https://doi.org/10.3389/fpsyg.2024.1439946>
8. Jude, T. A.,* Vagnini, K. M, Masters, K. S., & **Hooker, S. A.** (2024). Meaning salience as a moderator of the relationship between presence of meaning in life and wellness. *Discover Psychology*, 4 (121). <https://doi.org/10.1007/s44202-024-00227-1>
9. **Hooker, S. A.**, Olson-Bullis, B., Levin, A., Ziegenfuss, J. Y., Margolis, K. L., & Rossom, R. C. (2024). Depression and anxiety among K-12 teachers in the United States: A systematic review. *School Psychology*. Advance online publication. <https://dx.doi.org/10.1037/spq0000666>. PMID: 39264662
10. **Hooker, S. A.**, Crain, A. L., Muegge, J., Rossom, R. C., Pronk, N. P., Pasumarthi, D. P., Kunisetty, G., & Masters, K. S. (2024). Applying meaning and self-determination theory to the development of a web-based mHealth physical activity intervention: A proof-of-concept pilot trial. *JMIR Formative Research*, 8, e55722. <https://doi.org/10.2196/55722>.
11. **Hooker, S. A.**, Solberg, L. I., Miley, K. M., Borgert-Spaniol, C. M., Rossom, R. C. (2024). Barriers and facilitators to using a clinical decision support tool for opioid use disorder in primary care. *Journal of the American Board of Family Medicine*, 37, 389-398. <https://doi.org/10.3122/jabfm.2023.230308R1>.
12. Leget, D. L., LaCaille, L. J., **Hooker, S. A.**, LaCaille, R. A., & Lauritsen, M. W. (2024). Applying self-determination theory to internalized weight stigma and mental health correlates among young and middle adult women: A structural equation model. *Journal of Health Psychology*, 1-15. Advance online publication. <https://doi.org/10.1177/13591053241248283>
13. Yarborough, B.-J. H., Stumbo, S. P., Schneider, J. M., Ahmedani, B. K., Daida, Y. G., **Hooker, S. A.**, Negriff, S., Rossom, R. C., & Lapham, G. T. (2024). Impact of opioid dose reductions on patient-reported mental health and suicide-related behavior and relationship to patient choice in tapering decisions. *Journal of Pain*, 25(4), 1094-1105. <https://doi.org/10.1016/j.jpain.2023.11.002>
14. Thomas, T. W., **Hooker, S. A.**, & Schmittiel, J. (2024). Principles for stakeholder engagement in observational health research. *JAMA Health Forum*, 5(3), e240114. <https://doi.org/10.1001/jamahealthforum.2024.0114>

15. Yarborough, B. J., Stumbo, S. P., Schneider, J. L., Ahmedani, B. K., Daida, Y. G., **Hooker, S. A.**, Lapham, G. T., Negriff, S., & Rossom, R. C. (2024). Patient perspectives on mental health and pain management support needed versus received during opioid deprescribing. *Journal of Pain*, 25 (7), 104485. <https://doi.org/10.1016/j.jpain.2024.01.350>.
16. Ahmedani, B. K., Yeh, H.-H., Penfold, R. B., Simon, G. E., Miller-Matero, L., Akinyemi, E., Fallone, M., **Hooker, S. A.**, Owen-Smith, A., Knowlton, G., Bishop, L. A., Levin, A., Rossom, R. C. (2024). Psychotherapy disruption before and after rapid transition to virtual mental health care. *Psychiatric Services*, 75(2), 108-114. <https://doi.org/10.1176/appi.ps.20230181>
17. Miller-Matero, L. R., Knowlton, G., Vagnini, K. M., Yeh, H.-H., Rossom, R. C., Penfold, R. B., Simon, G. E., Akinyemi, E., Abdole, L., **Hooker, S. A.**, Owen-Smith, A. A., & Ahmedani, B. K. (2024). The rapid shift to virtual mental health care: Examining psychotherapy disruption by rurality status. *The Journal of Rural Health*, 40(3), 500-508. <https://doi.org/10.1111/jrh.12818>
18. Miley, K. M., **Hooker, S. A.**, Crain, A. L., O'Connor, P. J., Haapala, J. L., Bond, D. J., & Rossom, R. C. (2023). 30-year cardiovascular disease risk for young adults with serious mental illness. *General Hospital Psychiatry*, 85, 139-147. <https://doi.org/10.1016/j.genhosppsych.2023.10.015>
19. Whipple, M. O., Bergouignan, A., & **Hooker, S. A.** (2023). Development and initial validation of a measure to assess self-efficacy to reduce sedentary behavior. *Medicine & Science in Sports & Exercise*, 55(10), 1933-1939. <https://doi.org/10.1249/MSS.0000000000003215>
20. Olson, A. W., Haapala, J. L., **Hooker, S. A.**, Solberg, L. I., Borgert-Spaniol, C. M., Romagnoli, K. M., Allen, C. I., Tusing, L. D., Wright, E. A., Haller, I. A., & Rossom, R. C. (2023). The potential impact of clinical decision support on non-waivered primary care clinicians' prescribing of buprenorphine. *Health Affairs Scholar*, 1(4), qxad051. <https://doi.org/10.1093/haschl/qxad051>
21. Rossom, R. C., Crain, A. L., Waring, S., Sperl-Hillen, J. M., **Hooker, S. A.**, Miley, K., & O'Connor, P. J. (2023). Differential effects of an intervention to reduce cardiovascular risk for patients with bipolar disorder, schizoaffective disorder or schizophrenia: A randomized clinical trial. *The Journal of Clinical Psychiatry*, 84(4), 22m14710. <https://doi.org/10.4088/JCP.22m14710>
22. **Hooker, S. A.**, Crain, A. L., LaFrance, A. B., Kane, S., Fokuo, J. K., Bart, G., & Rossom, R. C. (2023). A randomized controlled trial of an intervention to reduce stigma toward people with opioid use disorder among primary care clinicians. *Addiction Science & Clinical Practice*, 18, 10. <https://doi.org/10.1186/s13722-023-00366-1>
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Peer Reviewed Book Chapters & Encyclopedia Entries

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Non-Peer-Reviewed Publications

1. **Hooker, S. A.**, Marchese, S. H., & Mandelbaum, J. (2023). Include exercise in your weight loss plans. *Society of Behavioral Medicine Healthy Living Series*. <https://www.sbm.org/healthy-living/include-exercise-in-your-weight-loss-plans>
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5. **Hooker, S. A.** (2018, Spring). Early career professionals' corner: Defining your strengths and areas for growth as an ECP. *The Health Psychologist*. <https://div38healthpsychologist.com/2018/03/07/early-career-professionals-corner-defining-your-strengths-and-areas-for-growth-as-an-ecp/>
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Articles Submitted for Publication

1. Vagnini, K. M., Masters, K. S., & **Hooker, S. A.** (under review). The Meaning Awareness Scale (MAS): Assessing salience of meaning in life.
2. Yarborough, B.-J. H., Stumbo, S. P., Rosales, A. G., Daida, Y. G., Negriff, S., Rossom, R. C., **Hooker, S. A.**, Yeung, K., Lapham, G. T., & Perrin, N. (under review). Association between opioid prescribing trajectories and risks for suicide and opioid-related overdose.
3. Stumbo, S. P., Schneider, J. M., Ahmedani, B. K., Daida, Y. G., **Hooker, S. A.**, Lapham, G. T., Negriff, S., Rossom, R. C., & Yarborough, B.-J. H., (under review). Reasons for cannabis use during and following prescription opioid tapering.
4. Kottke, T. E., Palmer, B. A., **Hooker, S. A.**, Pronk, N. P., Arena, R. A., & Woodard, C. (under review). The mental health burden of gun violence on the American public.
5. **Hooker, S. A.**, Chumba, L. Ekstrom, H., Beran, M. S., Pronk, N. P., Vesely, J., & O'Connor, P. J. (under review). Attitudes towards different weight loss approaches among people with obesity and type 2 diabetes.
6. Ziegenfuss, J., Sour, E., Roelofs, E., Vesely, J., Margolis, K., & **Hooker, S. A.** (under review). A randomized study comparing patient portal and email communications for trial recruitment.
7. Rossom, R. C., Yeh, H.-H., Ma, L., Penfold, R. B., **Hooker, S. A.**, Miller-Matero, L. R., Simon, G., Owen-Smith, A., Borgert-Spaniol, C., & Ahmedani, B. (under review). Cohort observational study of in-person and virtual outpatient mental health visits before and during the COVID-19 pandemic.
8. Rossom, R. C., Crain, A. L. Wright, E. A., Olson, A. W., Haller, I., Haapala, J., Dehmer, S. P., **Hooker, S. A.**, Solberg, L., O'Connor, P. J., Borgert-Spaniol, C., Gorodisher, J., Miley, K., Romagnoli, K., Allen, C., Tusing, L., Ekstrom, H., Appana, D., Sperl-Hillen, J. M., Kobylinski, M., Huntley, K., McCormack, J., Chen, W., & Bart, G. (under review). Randomized trial of a clinical decision support system for primary care of opioid use disorder.
9. Gaffey, A. E., **Hooker, S. A.**, Lampert, R., Gehi, A. K., & Rosman, L. (under review). Psychological aspects of wearable health technologies in patients with cardiovascular disease.
10. Levy, R., Nissly, T., Ricco, J., Doering, A., Lonergan-Cullum, M., Jones, C., Maynard, S., Kim, H., Fletcher, L., & **Hooker, S. A.** (under review). Racial disparities in urine toxicology screening among pregnant people admitted to labor and delivery.
11. Rossom, R. C., Yeh, H.-H., Penfold, R., Simon, G., **Hooker, S. A.**, Ma, L., Miller-Matero, L., Owen-Smith, A., Ahmedani, B. (under review). Disruptions in psychiatric medication fills in the United States before and during the COVID-19 pandemic.
12. Krahe Dombrowski, S., An, J., Huang, X., Lewis, M., Hayduk, V. A., Neugebauer, R., O'Connor, P., Schmittiel, J., **Hooker, S. A.**, Karter, A. J., Oshiro, C. E. S., Cassidy-Bushrow, A. E., Nance, N., Nolan, M. B., Gilliam, L. K., Graham, J., & Wright, E. A. (under review). Patterns of medication adherence and persistence in older adults with diabetes.
13. Luo, J., **Hooker, S. A.**, Kroenke, C. H., Hendryx, M., Naughton, M. J., Du, Y., Tindle, H. A., Bellinger, T. J., Jung, S. Y., Weitlauf, J., Benzo, R. M., Qi, L., Lane, D. S., & Margolis, K. L. (under review). Purpose in life and mortality among breast cancer survivors.

14. Stumbo, S., **Hooker, S. A.**, Rossom, R. C., Miley, K. M., Ahmedani, B. K., Lockhart, E., Yeh, H.-H., & Yarborough, B. -J. H. (under review). Study protocol for a stepped-wedge, randomized controlled trial to evaluate implementation of a suicide risk identification model among behavioral health patients.
15. Thapa, B., Schmittiel, J. A., Arterburn, D., Neugebauer, R., Dyer, W., O'Connor, P. J., An, J., Cassidy-Bushrow, A. E., Gilliam, L. K., **Hooker, S. A.**, Nolan, M. B., Oshiro, C. E. S., Thomas, T., Simonson, G., & Rodriguez, L. A. (under review). Indicators of diabetes remission in six integrated health care systems: A retrospective cohort study.

Presentations

Invited Oral Presentations at National Professional Meetings and Conferences

1. Christensen, K., Coleman, K., & **Hooker, S. A.** (2024, April). *Pre-conference NIH grant writing workshop* [Workshop presentation]. Healthcare Systems Research Network Annual Conference, Milwaukee, WI, United States.
2. **Hooker, S. A.** & Sherman, M. D. (2020, August). *Change that Matters: A curriculum that empowers physicians with skills and resources in promoting health behavior change* [Invited webinar]. National Center for Integrated Behavioral Health.
3. **Hooker, S. A.** (2020, January). *Living like you mean it: Does meaning matter for health?* [Grand rounds presentation]. North Dakota State University Department of Psychology Grand Rounds, Fargo, ND, United States.

Invited Oral Presentations at Local Professional Meetings and Conferences

1. **Hooker, S. A.** (2022, November). *Positive mental health* [Invited presentation]. American Association of University Women, Minneapolis, MN, United States.
2. **Hooker, S. A.** & Sherman, M. D. (2019, January). *Mental health* [Workshop presentation]. The Ladder, Minneapolis, MN, United States.
3. Sherman, M. D. & **Hooker, S. A.** (2018, June). *Health behavior change strategies for family medicine physicians* [Grand rounds presentation]. University of Minnesota Department of Family Medicine and Community Health Grand Rounds, Minneapolis, MN, United States.
4. **Hooker, S. A.** (2018, February). *Living like you mean it: Does meaning matter for health?* [Grand rounds presentation]. North Memorial Medical Center Hospital Grand Rounds, Robbinsdale, MN, United States.
5. Sherman, M. D. & **Hooker, S. A.** (2017, December). *Mental health* [Workshop presentation]. The Ladder, Minneapolis, MN, United States.
6. **Hooker, S. A.** (2017, June). *Meaning and purpose as resources for health behavior change maintenance* [Grand rounds presentation]. Rush University Medical Center Department of Behavioral Sciences Grand Rounds, Chicago, IL, United States.
7. **Hooker, S. A.** (2016, November). *Physical activity as an intervention for sleep disorders* [Oral presentation]. Sleep Medicine Seminar at Rush University Medical Center, Chicago, IL, United States.
8. Masters, K.S. & **Hooker, S.A.** (2016, November). *Live like you mean it: Does meaning matter for health?* [Invited address]. Center for Women's Health Research: Conversations About Women's Health. Denver, CO, United States.
9. Masters, K.S. & **Hooker, S.A.** (2016, July). *Life meaning salience and health behavior maintenance: Intriguing possibilities* [Invited address]. Colorado Integrative Medicine Conference. Estes Park, CO, United States.
10. **Hooker, S. A.** (2016, October). *Cases that keep you up at night: Behavioral sleep medicine* [Invited case presentation]. Illinois Sleep Society Conference, Oak Lawn, IL, United States.

11. **Hooker, S. A.** & Wooldridge, J. S. (2015, March). *Stress and emotional eating* [Invited presentation]. Weight Loss Group at the University of Colorado Lowry Internal Medicine Clinic, Denver, CO, United States.
12. **Hooker, S. A.** (2015, February). *Fitness center membership retention: What psychology can tell us about AHCW members* [Invited presentation]. Anschutz Health and Wellness Center Brown Bag Lunch and Learn Series, Aurora, CO, United States.
13. Bekelman, D. B. & **Hooker, S. A.** (2012, May). *Caregivers of heart failure patients: Contributions to symptom experience and self-care* [Oral presentation]. Palliative Care Research Group Monthly Meeting, Aurora, CO, United States.
14. **Hooker, S. A.** & Bekelman, D. B. (2012, April). *Caregivers of heart failure patients: Contributions to symptom experience and disease management* [Oral presentation]. Colorado Cardiovascular Outcomes Research Weekly Meeting, Aurora, CO, United States.

Peer-reviewed Oral Presentations at International Professional Meetings and Conferences

1. LaCaille, L., LaCaille, R., **Hooker, S.**, & Leget, D. (2023, June). A 3-year longitudinal examination of weight change in young adults: The role of need frustration [Paper presentation]. The 8th International Self-Determination Theory Conference, Orlando, FL, United States.
2. **Hooker, S. A.**, Sherman, M. D., Loth, K., & Uy, M. J. (2021, June). *Patient perspectives on the acceptability and utility of physician-led health behavior change interventions in primary care* [Paper presentation]. International Congress of Behavioral Medicine, Glasgow, Scotland, UK. (Conference postponed from 2020 to 2021)
3. **Hooker, S. A.**, Rush, C. L., Biggane, C., & Masters, K. S. (2021, June). *Meaning in life is associated with body composition, but not physical fitness, in previously inactive exercise initiates* [Paper presentation]. International Congress of Behavioral Medicine, Glasgow, Scotland, UK. (Conference postponed from 2020 to 2021)
4. **Hooker, S. A.**, Masters, K. S., Rush, C., & Biggane, C. (2020, June). *Using self-determination theory to predict fitness center visits in previously inactive exercise initiates* [Paper presentation]. Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, Auckland, New Zealand. (Conference moved online; presented virtually)
5. **Hooker, S. A.**, & Masters, K. S. (2016, December). *Daily meaning salience predicts daily physical activity in previously sedentary exercise initiates* [Paper presentation]. International Congress of Behavioral Medicine, Melbourne, Australia.
6. Masters, K. S., **Hooker, S. A.**, & Wooldridge, J. S. (2015, June). *Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Based Activity Project (Co-MAP)* [Workshop presentation]. Annual Meeting for the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, UK.

Peer-reviewed Oral Presentations at National Professional Meetings and Conferences

1. Krahe Dombrowski, S., An, J., Lewis, M., Hayduk, V. A., Neugebauer, R., O'Connor, P. J., Schmittiel, J., **Hooker, S. A.**, Karter, A. J., Oshiro, C. E. S., Cassidy-Bushrow, A. E., Nolan, M. B., Gilliam, L. K., Graham, J., & Wright, E. A. (2025, April). *Trends in annual medication possession in older adults with type 2 diabetes* [Oral Presentation]. Health Care Systems Research Network Annual Conference, St. Louis, MO, United States.
2. Dinh, J. M., Ziegenfuss, J. Y., Weniger, H., Ghore, E., & **Hooker, S. A.** (2024, November). *Email subject line variations on web survey response rates* [Oral Presentation]. Annual Conference for the Midwest Association for Public Opinion Research, Chicago, IL, United States.
3. **Hooker, S. A.**, Crain, A. L., Ekstrom, H., Chumba, L., Vesely, J., Beran, M., Brewster, N., Trower, N., Appana, D., Sharma, R., Kromrey, K., Kunisetty, G., McKinney, Z. J., Pronk, N. P., & O'Connor, P. J. (2024, April). *Patient-reported shared decision-making and intentions to engage in treatment in a*

randomized trial for weight loss clinical decision support [Oral Presentation]. Health Care Systems Research Network Annual Conference, Milwaukee, WI, United States.

4. **Hooker, S. A.**, Crain, A. L., Muegge, J. M., Rossom, R. C., Pronk, N. P., Pasumarthi, D. P., Kunisetty, G., & Masters, K. S. (2024, March). *Meaning salience as a behavior change strategy in a web-based mHealth physical activity intervention: A proof-of-concept pilot* [Oral Presentation]. 45th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA, United States.
5. **Hooker, S. A.**, Muegge, J. M., Crain, A. L., Masters, K. S., Rossom, R. C., Pronk, N. P., Pasumarthi, D. P., & Kunisetty, G. (2023, November). *Applying meaning and self-determination theory to the development of a mHealth physical activity intervention for middle-aged adults* [Oral Presentation]. The International Association of Applied Psychology Early Career Marathon, Virtual Conference.
6. **Hooker, S. A.**, Masters, K. S., Rossom, R. C., Pronk, N. P., Muegge, J. M., Crain, A. L., Pasumarthi, D. P., & Kunisetty, G. (2023, April). *Development of a meaning and theory-based mHealth physical activity intervention for middle-aged adults*. In E. Feig, (Chair), *Using positive psychological approaches to improve physical and mental health* [Symposium]. 44th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Phoenix, AZ, United States.
7. Borgert-Spaniol, C. M., Haapala, J. L., Muegge, J. M., **Hooker, S. A.**, Solberg, L. I., Crain, A. L., & Rossom, R. C. (2023, February). *Patient experience of an intervention addressing opioid use in primary care* [Oral presentation]. 2023 Health Care Systems Research Network Conference, Denver, CO, United States.
8. Wright, E., Rossom, R., Bart, G., Haller, I. V., Haapala, J., Crain, L., **Hooker, S.** ...Henzler-Buckingham, H. (2023, February). *Frequencies of opioid use disorder identification using a predictive model in primary care* [Oral presentation]. 2023 Health Care Systems Research Network Conference, Denver, CO, United States.
9. Yarborough, B. J., Stumbo, S., Rosales, G., Jenkins, L., Ahmedani, B., Daida, Y., **Hooker, S.**, Negriff, S., Rossom, R. C., Yeung, K., & Perrin, N. (2022, June). *Association between opioid tapering trajectories and suicide and opioid overdose outcomes* [Paper presentation]. The 2022 Annual Research Meeting of AcademyHealth, Washington, DC, United States.

Selected as one of 8 "Best in Conference" abstracts.

10. **Hooker, S. A.**, & Sherman, M.D. (2020, November). *Change that Matters: A curriculum to teach physicians behavior change strategies* [Workshop]. The 41st Forum for Behavioral Science in Family Medicine, Chicago, IL, United States. (Conference moved online)
Recipient of the Impact Award at the 42nd Forum for Behavioral Science in Family Medicine, 2021
11. Ricco, J., **Hooker, S. A.**, Stadem, P., & Sherman, M. D. (2020, May). *Loneliness in an urban, underserved residency clinic: Prevalence and association with healthcare utilization* [Paper presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference moved online)
12. Levy, R., Sherman, M., Liese, B., Justesen, K., & **Hooker, S. A.** (2020, May). *Predictors of retention in treatment in an MAT program within a family medicine residency clinic* [Seminar presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference canceled)
13. Sherman, M., Loth, K., Justesen, K., Ngaw, S., Doering, A. & **Hooker, S. A.** (2020, May). *Change that Matters: A curriculum that empowers physicians with skills and resources in promoting health behavior change* [Seminar presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Conference moved online; invited to present during live session)
14. **Hooker, S.**, Slattengren, A., Boyle, L., & Sherman, M.D. (2019, May). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic*

[Paper presentation]. Society for Teachers of Family Medicine Annual Conference, Toronto, ON, Canada.

15. **Hooker, S.**, Slattengren, A., Boyle, L., & Sherman, M.D. (2018, November). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic* [Oral presentation]. Family Medicine Midwest Conference, Madison, WI, United States.
16. Masters, K. S., & **Hooker, S. A.** (2017, March). *Living like you mean it just might be good for you* [Paper presentation]. Annual Meeting of the Society of Behavioral Medicine, San Diego, CA, United States.
17. Drerup, M., Baron, K. G., McCrae, C., **Hooker, S. A.**, & Domingo, S. (2017, March). *Behavioral sleep medicine: Career paths and future career opportunities* [Panel discussion]. Annual Meeting of the Society of Behavioral Medicine, San Diego, CA, United States.
18. Masters, K. S., **Hooker, S. A.**, Ross, K., & Wooldridge, J. S. (2016, March). *Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Activity Project (Co-MAP)*. In S. Michie, (Chair), *Developing and testing theory-based digital behavioral interventions* [Symposium]. Annual Meeting of the Society of Behavioral Medicine, Washington, D.C., United States.
19. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2013, March). *Qualitative evaluation of a psychospiritual intervention for chronic heart failure (HF) patients: The Denver Spirited Heart Pilot Study*. In K. S. Masters, (Chair), *Spiritually Informed Interventions in Behavioral Medicine* [Symposium]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States.
20. Jordan, K., Masters, K. S., & **Hooker, S. A.** (2012, November). *Using the interpersonal theory of personality, social, and clinical psychology to identify recurring patterns of social behavior associated with religiousness and spirituality* [Paper presentation]. Meeting of the Society for the Scientific Study of Religion, Phoenix, AZ, United States.
21. Maisto, S.A., Funderburk, J.S., MacGregor, K., Wheaton, K., **Hooker, S.**, & Sugarman, D. (2011, August). *A literature review of brief behavioral interventions that can be applied in co-located collaborative care settings* [Workshop presentation]. VA Mental Health Conference, Baltimore, MD, United States.
22. al'Absi, M. N., Nakajima, M., **Hooker, S. A.**, Krambeer, R., & Cragin, T. (2011, March). *Stress and taste: Potential mechanisms linking taste and affect regulation* [Paper presentation]. Annual Meeting of the American Psychosomatic Society, San Antonio, TX, United States.
23. Schultz, J. F., LaCaille, L. J., Dauner, K. N., LaCaille, R. A., **Hooker, S. A.**, & Klinger, J. (2010, November). *Impact of price and labeling on the purchase of locally and sustainably produced, organic, and healthy food* [Paper presentation]. Annual Meeting of the American Public Health Association, Denver, CO, United States.

Peer-reviewed Oral Presentations at Local Professional Meetings and Conferences

1. **Hooker, S. A.** (2024, September). *Loneliness: Fostering social connection to promote health and well-being* [Oral presentation]. Midwest Health Promotion Conference, St. Paul, MN, United States.
2. **Hooker, S. A.**, Crain, A. L., Muegge, J. M., Rossom, R. C., Pronk, N. P., Pasumarthi, D. P., Kunisetty, G., & Masters, K. S. (2024, September). *MAP to Health: A proof-of-concept pilot trial of a digital physical activity intervention for adults in midlife* [Oral presentation]. In *Digital Health in LHS: Challenges and Opportunities* [Panel Discussion]. Advances in Learning Health System Sciences Conference, Minneapolis, MN, United States.
3. **Hooker, S. A.**, Kim, H., Lonergan-Cullum, M., Busch, A., Nissly, T., & Levy, R. (2023, March). *Behavioral activation for people receiving medications for opioid use disorder in primary care: An open pilot trial* [Oral Presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Minneapolis, MN, United States.

4. Sherman, M. D., Slattengren, A. H., Loth, K., & **Hooker, S. A.** (2021, March). *Change that Matters: A health behavior change curriculum* [Oral Presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
5. Nissly, T., Levy, R., Sherman, M. D., Justesen, K., & **Hooker, S. A.** (2020, March). *Full-spectrum care includes treatment of addiction: A primer on medication assisted therapy for opioid use disorder* [Seminar presentation]. Minnesota Academy of Family Physicians (MAFP) Spring Refresher Conference, Minneapolis, MN, United States. (Conference moved online)
6. **Hooker, S.**, Sherman, M.D., Slattengren, A., & Boyle, L. (2019, April). *Acceptability of a values-based behavioral activation intervention in patients living with chronic pain* [Oral presentation]. Integrated Behavioral Health Conference, Minneapolis, MN, United States.
7. **Hooker, S. A.**, Levy, R., Sherman, M. D., Justesen, K., Kent, K., & Nissly, T. (2019, March). *Predictors of retention for buprenorphine treatment* [Paper presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
8. Boyle, L., **Hooker, S.**, Slattengren, A., & Sherman, M.D. (2019, May). *Values-based behavioral activation intervention among patients living with chronic pain in an urban family medicine clinic* [Oral presentation]. Minnesota Academy of Family Physicians Innovation & Research Forum, Bloomington, MN, United States.
9. **Hooker, S. A.**, Loth, K., Ngaw, S., & Sherman, M. D. (2019, March). *So you want your patients to lose weight, sleep better, and quit smoking and drinking? Evidence-based resources to help!* [Oral presentation]. Minnesota Academy of Family Physicians (MAFP) Spring Refresher Conference, Minneapolis, MN, United States.
10. **Hooker, S. A.**, & Sherman, M. D. (2019, January). *Reinforcing the "health" in health service psychology: Brief, evidence-based interventions for health behavior change* [Workshop presentation]. First Friday Forum for the Minnesota Psychological Association, St. Paul, MN, United States.
11. **Hooker, S. A.**, & Sherman, M. D. (2018, April). *Integrating health behavior change into primary care: A population health approach* [Seminar presentation]. Integrated Behavioral Health Conference, Minneapolis, MN.
12. Sherman, M. D., & **Hooker, S. A.** (2018, April). *A population health-based model for health behavior change in primary care* [Seminar presentation]. Annual Convention for the Minnesota Psychological Association, Minneapolis, MN, United States.
13. **Hooker, S. A.**, Sherman, M. D., & Gits, A. (2018, March). *Intimate partner violence* [Paper presentation]. Minnesota Academy of Family Physicians (MAFP) Innovation & Research Forum, Bloomington, MN, United States.
14. Ross, K. M., **Hooker, S. A.**, Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2012, October). *Denver Spirited Heart: A resource-sparing psychospiritual palliative care intervention for patients with heart failure* [Paper presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
15. Bekelman, D. B., Nowels, C. T., & **Hooker, S. A.** (2012, October). *Collaborative Care to Alleviate Symptoms and Adjust to Illness (CASA) pilot study* [Paper presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
16. **Hooker, S. A.** (2009, April). *The immediate effect of advertisements on psychological states: Are we more resilient than previously thought?* [Paper presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.
17. Carlson, J., **Hooker, S.**, Dezelske, J., & Peterson, L. (2008, April). *Building bridges in the honors community: Development of a student-produced journal* [Paper presentation]. Upper Midwest Honors Conference, Menomonie, WI, United States.

Poster Abstract Presentations at Professional Meetings and Conferences

1. Levy, R., Nissly, T., Ricco, J., Doering, A., Lonergan-Cullum, M., Jones, C., Maynard, S., & **Hooker, S. A.** (2025, April). *Racial disparities in urine toxicology screening for labor and delivery admissions* [Poster]. American Society of Addiction Medicine (ASAM) Annual Conference, Denver, CO USA.
Recipient of the Best Overall Submission Award at the ASAM Annual Conference, 2025
2. **Hooker, S. A.**, Neugebauer, R. S., Schmittiel, J. A., An, J., Cassidy-Bushrow, A. E., Krahe Dombrowski, S., Oshiro, C. E. S., Bergenstal, R., Gilliam, L. K., Nolan, M. B., Thomas, T., Rossom, R. C., Kaur, J., & O'Connor P.J. (2025, April). *Comparative effectiveness of four glucose-lowering pharmacotherapy classes on incident depression in adults with type 2 diabetes* [Poster presentation]. HCSRN 2025 Annual Conference, St. Louis, MO, USA.
3. **Hooker, S. A.**, LaCaille, L. J., & LaCaille, R. A. (2025, March). *Relatedness satisfaction in self-determination theory predicts physical activity in people who prefer to exercise alone and with others* [Poster presentation]. 46th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA, United States.
4. McKinney, Z. J., Ziegenfuss, J. Y., Muegge, J. M., & **Hooker, S. A.** (2024, October). *Who do firefighters trust about COVID-19 vaccines/ Associations with vaccination status* [Poster presentation]. Annual Meeting and Expo of the American Public Health Association, Minneapolis, MN United States.
5. **Hooker, S. A.**, Gustner, A., Krause, M., & Ross, L. (2024, May). *The HeartBeet clinic: A lifestyle medicine program to improve cardiovascular health and well-being* [Poster presentation]. International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Omaha, NE, United States.
6. Ross, L., & **Hooker, S.** (2024, April). *Group visits improve access to lifestyle medicine education and can be reimbursed* [Poster presentation]. 73rd Annual Meeting of the American College of Cardiology, Atlanta, GA, United States.
7. **Hooker, S. A.**, Chumba, L., Ekstrom, H., Appana, D., Beran, M. S., Crain, A. L., Kromrey, K., Kunisetty, G., McKinney, Z. J., Pronk, N. P., Sharma, R., Vesely, J., & O'Connor, P. J. (2023, October). *Attitudes towards different weight loss approaches among people with obesity and type 2 diabetes* [Poster presentation]. ObesityWeek, Dallas, TX, United States.
8. LaCaille, R., Leget, D., LaCaille, L., & **Hooker, S.** (2023, June). *Validation of the treatment self-regulation questionnaire for weight-related behaviors* [Poster presentation]. 8th International Self-Determination Theory Conference, Orlando, FL, United States.
9. Leget, D., LaCaille, L., **Hooker, S.**, LaCaille, R., & Lauritsen, M. (2023, June). *The role of psychological needs and motivation in internalized weight stigma* [Poster presentation]. 8th International Self-Determination Theory Conference, Orlando, FL, United States.
10. Whipple, M. O., Bergouignan, A., & **Hooker, S. A.** (2023, May). *Development and validation of a measure to assess self-efficacy to reduce sedentary behavior* [Poster presentation]. The 2023 Annual Meeting and World Congresses of the American College of Sports Medicine, Denver, CO, United States.
11. **Hooker, S. A.**, McKinney, Z. J., Muegge, J. M., Ziegenfuss, J. Y., Dinh, J. M., Belser, N., Dabrowski, D. S., & Nadeau, A. M. (2023, April). *Understanding COVID-19 vaccine hesitancy among firefighters: Application of the Health Belief Model* [Poster presentation]. 44th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Phoenix, AZ, United States.
12. Thirumalai, V., Appana, D., **Hooker, S.**, Kashyap, B., & McEvoy, C. (2023, April). *SleepHealthPal: Proof-of-concept voice based conversational AI technology to improve the public health problem of insufficient sleep* [Poster presentation]. Bridge to AI Voice Symposium, Washington, DC, United States.
13. Leget, D., Marshall, E., Benzing, S., Rehtzigtel, E., LaCaille, L., LaCaille, R., & **Hooker, S.** (2022, August). *College students' health behaviors and well-being: Longitudinal data during COVID-19* [Poster presentation]. Annual Convention of the American Psychological Association, Minneapolis, MN, United States.

14. **Hooker, S. A.**, Crain, A. L., LaFrance, A., Fokuo, K., Bart, G., & Rossom, R. C. (2022, June). *A randomized controlled trial of an online training to reduce primary care clinicians' stigma toward people with opioid use disorder* [Poster presentation]. The 84th Annual Scientific Meeting of the College on Problems of Drug Dependence, Minneapolis, MN, United States.
15. **Hooker, S. A.**, Olson, A., Essien, I., Borgert-Spaniol, C., Rossom, R., Romagnoli, K., & Solberg, L. (2022, April). *Perspectives from patients at high-risk for problems with opioids about discussing opioid risks with primary care clinician* [Poster presentation]. Annual Conference of the Health Care Systems Research Network, Pasadena, CA, United States.
16. **Hooker, S. A.**, Crain, A. L., LaFrance, A., Bart, G., & Rossom, R. C. (2021, June). *Using patient narratives to reduce stigma among primary care clinicians towards people with opioid use disorder* [Innovation Abstract]. National Academy of Medicine Stigma of Addiction Summit, Virtual Meeting.
17. **Hooker, S. A.**, Post, R., & Sherman, M. D. (2021, May). *Meaning salience and burnout among family medicine residency program directors*. [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Virtual meeting.
18. Sherman, M., **Hooker, S. A.**, Sattler, A., & Nissly, T. (2021, May). *Parenthood as a possible protective factor for wellbeing among patients receiving medications for opioid use disorder*. [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Virtual meeting.
19. Brandenburg, D., **Hooker, S. A.**, & Sherman, M. D. (2020, November). *Written exposure therapy: Feasibility of a brief treatment for PTSD in primary care* [Poster presentation]. The 41st Forum for Behavioral Science in Family Medicine, Chicago, IL, United States. (Conference moved online)
20. Sherman, M., Brandenburg, D., Lee, J., Miller, L., & **Hooker, S. A.** (2020, May). *Feasibility and acceptability of a brief, novel treatment for PTSD in a family medicine residency clinic* [Poster presentation]. Society for Teachers of Family Medicine Annual Spring Conference, Salt Lake City, UT, United States. (Presented electronically at the August virtual meeting)
21. Sperl-Hillen, J., McKearnan, S., O'Connor, P., Desai, J., Chumba, L., Margolis, K., **Hooker, S.**, Rossom, R., Vazquez-Benitez, G., & DeSilva, M. (2020, April). *Predictors of glycemic relapse in adults with type 2 diabetes* [Poster presentation]. Health Care Systems Research Network Conference, Philadelphia, PA, United States. (Conference canceled)
22. **Hooker, S.A.**, Sherman, M. D., Loth, K., Justesen, K., Moon, J., Ngaw, S., & Uy, M. (2020, April). *Change that Matters: Training primary care physicians in brief, evidence-based health behavior change interventions* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States. (Conference canceled)
23. Vagnini, K. M., Masters, K. S., & **Hooker, S. A.** (2020, March). *The Meaning Awareness Scale: Development and psychometric analysis of a measure of meaning salience* [Poster presentation]. Annual Meeting of the American Psychological Association Division 36 (Society for the Society of Religion and Spirituality) Conference, Denver, CO, United States. (Conference canceled)
24. Stadem, P., **Hooker, S. A.**, Sherman, M. D., & Ricco, J. (2019, November). *Loneliness in an urban, underserved family medicine residency clinic* [Poster presentation]. North American Primary Care Research Group (NAPCRG) Annual Meeting, Toronto, ON, Canada.
25. LaCaille, R.A., LaCaille, L.J., **Hooker, S.A.**, & Koball, A.M. (2019, May). *An examination of unhealthy weight control behaviors and need satisfaction and frustration in college students* [Poster presentation]. International Conference on Self-Determination Theory, Egmond aan Zee, Netherlands.
26. Levy, R., **Hooker, S.**, Sherman, M., Justesen, K., Kent, K., & Nissly, T. (2019, April). *Predictors of retention in a primary-care-based MAT program for opioid use disorder* [Poster presentation]. American Society of Addiction Medicine 50th Annual Conference, Orlando, FL, United States.

27. DeYonker, O., Duffecy, J., **Hooker, S. A.**, & Baron, K. G. (2018, June). *Attitudes of short sleepers towards sleep extension interventions* [Poster presentation]. Annual Meeting for Sleep Medicine, Baltimore, MD, United States.
28. **Hooker, S. A.**, Sherman, M. D., Boyle, L., Vang, N., Justesen, K., Moon, J., & Wootten, M. (2018, May). *Empowering physician with skills in promoting health behavior change* [Poster presentation]. Society of Teachers of Family Medicine 2018 Annual Spring Conference, Washington, DC, United States.
29. **Hooker, S. A.** & Sherman, M. D. (2018, April). *Primary care physicians' confidence in and delivery of health behavior change interventions* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA, United States.
30. **Hooker, S. A.**, Masters, K. S., & Wood, J.* (2017, March). *An idiographic measure of meaningful activity participation is longitudinally associated with greater well-being* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
31. **Hooker, S. A.**, Bouchard, L. C., & Baron, K. G. (2017, March). *Variability in sleep and physical activity related to BMI in healthy adults* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
32. Rush, C., **Hooker, S. A.**, Ross, K. M., & Masters, K. S. (2017, March). *Spiritual well-being, meaning, and health and fitness confidence predict physical activity* [Poster presentation]. Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA, United States.
33. **Hooker, S. A.**, Masters, K. S., & Ranby, K. W. (2016, June). *Integrating self-determination theory with a sense of meaning in life to predict physical activity adoption at a fitness center* [Poster presentation]. International Conference on Self-Determination Theory, Victoria, British Columbia, Canada.
34. LaCaille, L. J., LaCaille, R. A., Dauner, K. N., Klingner, J., & **Hooker, S. A.** (2016, June). *Integrating self-determination theory and theory of planned behavior in the context of healthy eating behavior* [Poster presentation]. International Conference on Self-Determination Theory, Victoria, British Columbia, Canada.
35. **Hooker, S. A.**, Stewart, J., Masters, K. S., Ross, K., & Wooldridge, J. S. (2015, June). *Behavioral incentives for exercise participation: More harm than good?* [Poster presentation]. Annual Meeting for the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, UK.
36. Wooldridge, J. S., **Hooker, S. A.**, Ross, K. M., Masters, K. S., Ranby, K. W., & Hill, J. O. (2015, April). *Distinguishing early terminators from maintainers at a health and wellness fitness center* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, San Antonio, TX, United States.
37. Nakamura, K.,* **Hooker, S. A.**, & Masters, K. S. (2015, April). *Personal history of sports activity and current physical activity motivation* [Poster presentation]. Annual University of Colorado Denver Research and Creative Activities Symposium, Denver, CO, United States.
38. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Ranby, K. W., & Hill, J. O. (2014, August). *Stress and life satisfaction predict retention at a health and wellness fitness center* [Poster presentation]. International Congress of Behavioural Medicine, Groningen, Netherlands.
39. Grigsby, M.E., **Hooker, S.A.**, Allen, E. S., & Spence, A. (2014, August). *Religious service attendance and self-reported health: The role of couples' communication* [Poster presentation]. Annual Convention of the American Psychological Association, Washington, DC, United States.
40. **Hooker, S.A.**, Grigsby, M.E., & Masters, K.S. (2014, August). *Having and searching for meaning and life satisfaction: The mediating roles of perceived stress and depressive symptoms* [Poster presentation]. Annual Convention of the American Psychological Association, Washington, DC, United States.

41. Grigsby, M.E., **Hooker, S.A.**, Masters, K.S., Allen, E. S., & Spence, A. (2014, April). *Relationship factors and sleep quality: The role of anxiety and depressive symptoms* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Philadelphia, PA, United States.
42. Ross, K., **Hooker, S.**, Masters, K., Park, C., Allen, L. A., Bekelman, D. B., & Hale-Smith, A. (2014, April). *Spiritual well-being parallels physical and psychological distress in patients with heart failure* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA, United States.
43. **Hooker, S. A.**, Grigsby, M. E., Riegel, B., & Bekelman, D. B. (2013, October). *Relationships matter: A review of dyadic studies of heart failure patients and their informal family caregivers* [Poster presentation]. Palliative Care Research Days Conference, Aurora, CO, United States.
44. **Hooker, S. A.**, Grigsby, M. E., Ross, K. M., Masters, K. S., & Steffen, P. R. (2013, August). *Are ill populations more spiritual? An analysis of the FACIT-Sp* [Poster presentation]. Annual Convention of the American Psychological Association, Honolulu, HI, United States.
45. LaCaille, L., LaCaille, R., Schultz, J, Dauner, K., **Hooker, S.**, & Klingner, J. (2013, August). *Factors associated with healthy, organic, local and sustainable food choices* [Poster presentation]. Society for Consumer Psychology Conference at the American Psychological Association Annual Convention, Honolulu, HI, United States.
46. **Hooker, S. A.**, Ross, K. M., Masters, K. S., Park, C., Allen, L. A., Bekelman, D. B., & Grigsby, M. (2013, March). *Effects of a spiritual intervention for heart failure patients: The Denver Spirited Heart Pilot Study* [Poster presentation]. Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA, United States.
47. Bekelman, D. B., Nowels, C. T., & **Hooker, S. A.** (2012, July). *Collaborative Care to Alleviate Symptoms and Adjust to Illness (CASA) pilot study* [Poster presentation]. Annual VA Health Services Research and Development Service (HSR&D) Conference, Baltimore, MD, United States.
48. Grigsby, M. E., **Hooker, S. A.**, & Masters, K.S. (2012, April). *Stress and sleep problems in college students: The role of spiritual well-being* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
49. **Hooker, S. A.**, & Masters, K. S. (2012, April). *Do positive or negative cognitive biases predict discrepancies between objective and self-report measures of physical activity?* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
50. **Hooker, S. A.**, & Masters, K. S. (2012, April). *Purpose in life is associated with physical activity measured by accelerometer* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
51. Arigo, D., Funderburk, J. Dundon, M., **Hooker, S.**, Catanese, S., DeMasi, C., DeSouza, C., Dickinson, E., Downey, S., Dubbert, P., Evans Hudnall, G., & O'Donahue, J. (2012, April). *Implementation of a nationwide weight loss program: Providers' feedback on the Veterans Health Administration-MOVE!® Weight Management Program for veterans (MOVE!)* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
52. **Hooker, S.**, Dundon, M., Arigo, D., Catanese, S., DeMasi, C., DeSouza, C., Dickinson, E., Downey, S., Dubbert, P., Evans Hudnall, G., O'Donahue, J., & Funderburk, J. (2012, April). *Veterans' Health Administration MOVE!® Weight Management Program for veterans: Providers' perceptions of attrition* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, New Orleans, LA, United States.
53. **Hooker, S. A.**, MacGregor, K. L., Funderburk, J. S., & Maisto, S. A. (2011, April). *The relationship between body mass index, depressive symptoms, and health behaviors in primary care settings* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.

54. **Hooker, S. A.**, & Masters, K. S. (2011, April). *Multidimensional assessment of religiosity/spirituality and healthy lifestyles in college students* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
55. al'Absi, M. N., **Hooker, S. A.**, Nakajima, M., Krambeer, R., & Cragin, T. (2011, April). *Exposure to acute stress is associated with attenuated sweet taste* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
56. LaCaille, R. A., LaCaille, L. J., **Hooker, S. A.**, Fortier, M., & Kuvaas, N. J. (2011, April). *Examination of a self-determination theory web-based physical activity intervention* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
57. Masters, K. S., Smith, T. W. & **Hooker, S. A.** (2011, April). *Interpersonal analysis of measures of religiousness and spirituality: Construct validation with relevance to health research* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
58. Labbe, A. K., MacGregor, K. L., **Hooker, S. A.**, Funderburk, J. S., & Maisto, S. A. (2011, April). *The utility of AUDIT-C cut-scores in VA primary care settings* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Washington, DC, United States.
59. **Hooker, S. A.**, al'Absi, M. N., Nakajima, M., Cragin, T., & Krambeer, R. (2010, March). *Effects of acute stress on adrenocortical response and taste perception* [Poster presentation]. Annual Meeting of the American Psychosomatic Society, Portland, OR, United States.
60. **Hooker, S. A.**, al'Absi, M. N., Kiefer, F., & Cragin, T. (2009, April). *Circulating leptin levels are associated with increased craving to smoke and withdrawal symptoms in abstinent smokers* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
61. LaCaille, L. J., **Hooker, S. A.**, & Krambeer, R. J. (2009, April). *Mindfulness, interoceptive awareness, and self-regulatory processes involved in eating behavior* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
62. LaCaille, R. A., **Hooker, S. A.**, LaCaille, L. J., Kuvaas, N. J., & Detviler, J. (2009, April). *Autonomous and controlling motives for exercise differentially predict psychological well-being* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
63. LaCaille, R. A., LaCaille, L. J., **Hooker, S. A.**, & Fortier, M. (2009, April). *Development and preliminary evaluation of a web-based exercise adoption intervention* [Poster presentation]. Annual Meeting for the Society of Behavioral Medicine, Montreal, Quebec, Canada.
64. Pedersen, J., SanCartier, M., & **Hooker, S. A.** (2009, April). *Craving carbs? You may just be hungry* [Poster presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.
65. **Hooker, S. A.** & LaCaille, L. J. (2008, October). *External influences on hunger and psychological states: Is autonomous self-regulation protective?* [Poster presentation]. Northern Lights Psychology Conference, Grand Forks, ND, United States.
66. LaCaille, R. A., LaCaille, L. J., Schouweiler, A. M., Kuvaas, N., Egan, A., & **Hooker, S.** (2008, May). *What motivates the marathoner? The relationship between self-regulatory approaches, goals and motives, and running performance* [Poster presentation]. Annual Convention for the Association for Psychological Science, Chicago, IL, United States.
67. **Hooker, S.**, Juetten, J., & Keister, M. (2008, April). *Exercise may enhance performance on cognitive tasks: A pilot study* [Poster presentation]. Annual Twin Ports Undergraduate Psychology Conference, Duluth, MN, United States.

TEACHING AND CURRICULUM DEVELOPMENT

University of Minnesota, Twin Cities (2017-present)

Didactic Lectures (Targeting Medical Residents and Students)

- Health Behavior Change
- Insomnia
- Smoking/Alcohol Use
- Physical Activity
- Medication Adherence
- Intimate Partner Violence
- Healthy Eating
- Behavioral Health (Introduction to Integrated Primary Care, Risk Assessment)
- Motivational Interviewing
- Somatic Symptom Disorder
- Working with Victims of Sexual Assault
- Depression
- Chronic Pain
- Social Isolation
- Managing Stress & Anxiety
- Post-traumatic Stress Disorder
- Special Topics in Behavioral Health (Suicidality, Negotiating with Patients, and Boundary Setting)

Curriculum Development

- Co-created behavioral health didactics curriculum for family medicine residents.
- Created and led an interdisciplinary workgroup that developed and implemented a health behavior change curriculum residency-wide composed of didactic lectures, electronic medical record smart phrases (with specific suggestions of topics to discuss with patients), and interactive patient handouts (<https://changethatmatters.umn.edu>)

One-on-one Teaching

- Communication skills and motivational interviewing with family medicine residents during video review (reviewing videos of residents during patient encounters to give feedback on patient communication skills)
- Live shadowing (both in the clinic and on hospital rounds)

Guest Lecturing

“Post-traumatic stress disorder”	Spring 2025
<i>University of Minnesota, PUBH 6120: Injury Prevention in the Workplace, Community, and Home</i>	
“Non-Academic Careers in Psychology”	Fall 2024
<i>University of Minnesota, PSY 5960: Race and the Life Course</i>	
“MAP to Health”	Fall 2024
<i>T32 Mental Health Research Network, Grand Rounds Presentation</i>	
“Positive Psychology Strategies to Improve Well-being”	Fall 2023
<i>T32 Mental Health Research Network, Grand Rounds Presentation</i>	
“Health Behavior Change”	Fall 2022
<i>T32 Mental Health Research Network, Grand Rounds Presentation</i>	
“Change that Matters: Strategies to Help Patients with Health Behavior Change”	Fall 2021
<i>HealthPartners, Occupational Medicine Residency Didactics</i>	
“BATHE/Motivational Interviewing”	Summer 2018, Spring 2019
<i>University of Minnesota Medical School, Family Medicine Clerkship</i>	
“Health Behavior Change”	Spring 2018
<i>North Memorial Medical Center / University of St. Thomas Psychology Internship</i>	
“Obesity”	Fall 2017
<i>University of Minnesota, PHAR 6961: Women’s Health</i>	

“Integrated Health Care”

University of St. Thomas, Graduate School of Professional Psychology

Fall 2017

University of Colorado Denver

Instructor

PSYC 2090: Introduction to Statistics and Research Methods Fall 2012, Spring 2013, Spring 2016

Teaching Assistant

PSYC 2090: Introduction to Statistics and Research Methods Summer 2012

Guest Lecture

“Interviewing for Graduate School”

PSYC 4680: Behavioral Sciences Research Seminar Fall 2015

University of Minnesota Duluth

Teaching Assistant

PSY 2003: Psychology as a Discipline and Profession Fall 2008, Spring 2008 & 2009

PSY 3021: Experimental Design and Methodology Fall 2008

PSY 3022: Applied Methods and Measurement Spring 2009

ADVISING AND MENTORING

Undergraduate Student Activities

Undergraduate Research Projects

Jean Wood Lab Participation, *University of Colorado Denver* 2015-2016

Kaylae Nakamura MARC U-STAR Scholar, *University of Colorado Denver* 2014-2015

Molly Siwula Undergraduate Honors Research Project, *Syracuse University* 2010-2011

Frances Nieves Serret Undergraduate Research Project, *Syracuse University* 2010-2011

Post-baccalaureate Student Activities

Thomas Jude HealthPartners Institute 2022-2024

Graduate Student Activities

Master's Committees Served On

Dakota Leget University of Minnesota Duluth 2021-2022

Katie Vagnini University of Colorado Denver 2019-2020

Doctoral Committees Served On

Katie Vagnini University of Colorado Denver 2021-2023

Christianne Biggane University of Colorado Denver 2020-2022

Statistical Consulting to Graduate Students for Dissertation and Thesis Projects

Lauren Piper Dissertation Research Project, *Illinois Institute of Technology* 2017

Alison Buchholz Dissertation Research Project, *Rosalind Franklin University of Medicine and Science* 2017

Lacey Clement	Master's Thesis and Dissertation Research Projects, <i>University of Colorado Denver</i>	
JoAnn Vogeli	Master's Thesis and Dissertation Research Projects, <i>University of Colorado Denver</i>	2014-2016
Jennifer Nguyen	Master's Thesis Project, <i>University of Colorado Denver</i>	2013

Early Career Investigator Activities

Mentoring Committees Served On

Lilian Chumba, MBBS, MS	HealthPartners Institute	2022-
Amanda Hermann, PhD	HealthPartners Institute	2022-

SELECTED MEDIA COVERAGE

1. Davis, A., & Brown, G. (2024, April 3). *The loneliness epidemic: Why we're lonely and how we can build connections* [Radio broadcast]. MPR News. <https://www.mprnews.org/episode/2024/04/03/the-loneliness-epidemic-why-were-lonely-and-how-we-can-build-connections>
2. Freyer, F. J. (2023, December 1). What's your risk of dementia? Tool from Mass. General helps assess brain health. *Boston Globe*. Retrieved from <https://www.bostonglobe.com/2023/12/01/metro/brain-care-score-prevent-strokes-dementia/>
3. Tatta, J. (Host). (2023, September 9). How a sense of purpose transforms pain into wellness with Stephanie Hooker PhD (Episode 317). In *The Healing Pain Podcast* [Audio podcast]. https://integrativepainscienceinstitute.com/latest_podcast/how-a-sense-of-purpose-transforms-pain-into-wellness-with-stephanie-hooker-phd
4. Berman, R. (2022, November). Having a sense of purpose may help you live longer, research shows. *Medical News Today*. <https://www.medicalnewstoday.com/articles/longevity-having-a-purpose-may-help-you-live-longer-healthier>
5. Wenner Moyer, M. (2022, April). Help loved ones make health changes. *Real Simple*, 63-65.
6. Sesetty, A., & Konka, S. (Hosts). (2022, March 23). Why it's okay not to be okay (with Dr. Stephanie Hooker) (Season 2, Episode 4). In *All over the place* [Audio podcast]. <https://rss.com/podcasts/allovertheplace/429507/>
7. Helmer, J. (2019, October 12). Having a sense of purpose could help you live a healthier life. *MyFitnessPal Blog*. Retrieved from <https://blog.myfitnesspal.com/having-a-sense-of-purpose-could-help-you-live-a-healthier-life/>
8. Joszt, L. (2019, February). Developing strategies to implement long-lasting healthy behaviors. *American Journal of Managed Care*. <https://www.ajmc.com/focus-of-the-week/developing-strategies-to-implementlonglasting-healthy-behaviors>
9. European Journal of Cardiovascular Nursing Journal Club. (2018, June 7). *EJCN Journal Club – Session 15* [video file]. Retrieved from <https://www.youtube.com/watch?v=aKPWbB2NlnQ>
10. The Editors of *Women's Health*. (2017, July 20). Meet your 2017 Next Fitness Star Finalists! The passionate personal trainers are here to change your life. *Women's Health*. Retrieved from <https://www.womenshealthmag.com/fitness/a19983190/next-fitness-star-finalists/>
11. Andrews, L. W. (2017, July 14). How a sense of purpose in life improves health. *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/minding-the-body/201707/how-sense-purpose-in-life-improves-your-health>

12. Dolan, E. W. (2016, December 4). *Study: Greater sense of purpose in life linked to objectively measured physical activity*. Retrieved from <http://www.psypost.org/2016/12/study-greater-sense-purpose-life-linked-objectively-measured-physical-activity-46271>
13. Townsend, M. (Host). (2016, August 25). Hacked voting machines, Utah Shakespeare festival, fitness [Radio program]. *The Matt Townsend Show*. Provo, UT: BYU Radio. Retrieved from: <http://www.byuradio.org/episode/b09e752d-a876-4cf5-b0f0-8d303e937429/the-matt-townsend-show-hacked-voting-machines-utah-shakespeare-festival-fitness>
14. Sifferlin, A. (2016, July 14). You are more likely to exercise if you have a sense of purpose. *TIME*. Retrieved from <http://time.com/4368339/exercise-purpose-in-life/>

CLINICAL SERVICE

Assessment Peer Supervisor

Aug 2015 – May 2016

Psychology Clinic, University of Colorado Denver, Denver, CO

Supervisor: Edward Dill, PhD

Psychology Extern

Sept 2014 – Aug 2015

Aurora Mental Health Center/Metro Community Provider Network, Hope, Health, & Wellness Clinic, Aurora, CO

Supervisor: Lauren Tolle, PhD

Psychology Extern

Jan 2014 – July 2014

Sleep Medicine Clinic, National Jewish Health, Denver, CO

Supervisor: Jack Edinger, PhD

Practicum Student

Jan 2012 – Aug 2014

Psychology Clinic, University of Colorado Denver, Denver, CO

Supervisors: Barbara Walker, PhD, Kristin Kilbourn, PhD, Edward Dill, PhD, Kevin Everhart, PhD

Practicum Student

Jan 2011 – May 2011

Psychological Services Center, Syracuse University, Syracuse, NY

Supervisor: Mark Ginsberg, PhD

PROFESSIONAL SERVICE AND PUBLIC OUTREACH

Editorships/Journal Reviewer Experience

Associate Editor, *Applied Psychology: Health and Well-being*

2021-present

Editorial Board Member, *Annals of Behavioral Medicine*

2020-present

Ad hoc Reviewer

2012-present

- *Addiction*
- *Addiction Science and Clinical Practice*
- *Aging & Mental Health*
- *American Journal of Health Promotion*
- *American Journal of Occupational Therapy*
- *Annals of Behavioral Medicine*
- *Behavioral Sleep Medicine*
- *Current Psychology*
- *Emotion*
- *European Journal of Cardiovascular Nursing*
- *Family Medicine*
- *Family Practice*
- *Health Psychology*
- *Health Psychology and Behavioral Medicine*

- *Heart & Lung*
- *International Journal for the Psychology of Religion*
- *International Journal of Behavioral Medicine*
- *International Journal of Mental Health and Addiction*
- *International Journal of Psychology*
- *Journal for the Measurement of Physical Behavior*
- *Journal of Behavioral Medicine*
- *Journal of the American Board of Family Medicine*
- *Journal of Health Psychology*
- *Journal of Medical Education and Curricular Development*
- *Journal of Pacific Rim Psychology*
- *Journal of Pain and Symptom Management*
- *Journal of Palliative Medicine*
- *Journal of Personality*
- *Journal of Positive Psychology*
- *Journal of Primary Care & Community Health*
- *Journal of Psychology and Theology*
- *Journal of Psychosomatic Research*
- *Journal of Studies on Alcohol and Drugs*
- *Learning and Individual Differences*
- *PeerJ*
- *Personality and Social Psychology Bulletin*
- *PLoS ONE*
- *Preventive Medicine*
- *Psychology of Religion and Spirituality*
- *Public Health Reports*
- *Social Indicators Research*
- *SSM – Mental Health*

Senior Staff Editor, *UMD Honors Journal Aisthesis*

2007-2009

Review panels for external funding agencies

- Veteran's Health Administration Rehabilitation Research and Development (RR&D): Career Development Awards (February 2025)
- National Institute on Drug Abuse, Clinical Trials Network (November 2024)
- Department of Defense, Peer-Reviewed Medical Research Program Review Panel (August 2024)
- Veteran's Health Administration Rehabilitation Research and Development (RR&D): Career Development Awards (August 2024)
- Veteran's Health Administration Rehabilitation Research and Development (RR&D): Career Development Awards (February 2024)
- Patient Centered Outcomes Research Institute (PCORI) Review Panel (November 2023)
- Veteran's Health Administration Rehabilitation Research and Development (RR&D): Career Development Awards (August 2023)
- Patient Centered Outcomes Research Institute (PCORI) Review Panel (July 2023)
- Veteran's Health Administration Rehabilitation Research and Development (RR&D): Career Development Awards (February 2023)
- National Institute of Mental Health, Special Review Panel: Urgent Award: COVID-19 Mental Health Research (June 2022)

Program review experience

- Reviewer, Society of Behavioral Medicine Annual Conference, Abstract Submissions (2024)
- Reviewer, Society of Behavioral Medicine Annual Conference, Abstract Submissions (2023)

- Reviewer, Society of Behavioral Medicine Theories and Techniques of Behavior Change SIG, Student Abstract Award (2020)
- Reviewer, PsycShorts Video Competition, American Psychological Association (2019)
- Reviewer, Student Research Award, Association for Psychological Science Student Caucus (2012)

Organization of conferences, workshops, panels, symposia

Planning Committee Member, Health Care Systems Research Network (HCSRN) Conference, 2021-2024

Service to the University/Medical School/Department

University of Colorado Denver

Department Service

Member, 2015 Faculty Search Committee, Department of Psychology (2014-2015)

Community Outreach Activities

Partner, Integrated Care for High-Risk Pregnancies (ICHRP)/Healthy Black Pregnancies (2019-present)