

International Diabetes Center
Professional Education



Clinical Diabetes Management

for **Primary Care Clinicians**

2025

Thursday and Friday, October 2-3

International Diabetes Center

Professional Education

Clinical Diabetes Management

for **Primary Care Clinicians**

Physicians

Nurse Practitioners

Physician Assistants

Pharmacists

2025

Thursday and Friday

October 2-3

Naegele Auditorium

Park Nicollet Clinic & Specialty Center

3800 Park Nicollet Blvd.

St. Louis Park, Minnesota

Tuition

\$575 for physicians

\$475 for other professionals

Includes continental breakfast,
lunch and refreshments.

Presentations will be available for
download before the conference.

See website for additional details

cme.healthpartners.com

International Diabetes Center is
part of HealthPartners Institute.

Learn more at

internationaldiabetescenter.com

Diabetes is a very common and serious disease. New diabetes therapies and technologies are expanding dramatically and evidence-based guidelines are continually changing, making management more challenging. Keeping current with the latest therapies for the management of diabetes and related comorbidities is difficult and time consuming.

Primary care clinicians are increasingly responsible for diabetes management and education. This requires extensive knowledge of the natural history of diabetes and recommended treatment options, as well as the ability to teach people how to successfully manage their disease. Given the complex and diverse nature of diabetes, education on evidence-based practice guidelines and protocols is vital to a clinician's ability to effectively treat individuals with diabetes.

This program uses lectures and interactive learning activities based on the latest research and clinically proven therapies. With an emphasis on application, this comprehensive program for medical professionals includes practice-based case studies. This program will give providers increased knowledge, skills and confidence, and provide tools to manage this complex chronic disease.

Program

Day 1 (Thursday, Oct. 2)

- 7:30 am Registration and light breakfast
- 8:00 Welcome and announcements
- 8:15 **Diabetes Management Today**
(Included 15-minute pre-test on CMEcentral)
- 9:15 **Medical Nutrition Therapy for Diabetes**
- 9:55 **Commonly Asked Nutrition Questions**
- 10:15 Refreshment break
- 10:30 **CVD in Diabetes: Focus on HTN and Lipid Management**
- 11:30 Lunch
- 12:15 pm **Navigating the Maze of Noninsulin Therapies**
- 1:45 **Moving the Needle on Insulin Therapy**
- 2:30 Refreshment Break
- 2:45 **Glucose Pattern Management: Focus on Insulin**
- 3:45 **Diabetes Management in Gestational Diabetes and Type 2 Diabetes in Pregnancy**
- 4:15 **How Diabetes Affects Sexual Health**
- 5:00 Adjourn

Day 2 (Friday, Oct. 3)

- 7:45 am Light breakfast
- 8:00 **Diabetes and the Foot: Neuropathy and Wound Care**
- 8:30 **Ask the Endocrinologist**
- 9:45 Refreshment break
- 10:00 **Options for the Person with Overweight/Obesity**
- 11:00 **Use of Continuous Glucose Monitoring in Type 2 Diabetes Management**
- 11:45 Lunch
- 12:30 pm **Integrating CGM into Your Practice**
- 2:00 **Type 2 Diabetes Prevention in Adolescents**
- 2:30 Post-test
- 2:45 **Kidney Disease and Diabetes**
- 3:30 Adjourn



Program objectives

Following this learning activity, participants will be able to:

- Discuss the underlying defects and natural history of diabetes
- Evaluate noninsulin diabetes therapies and identify principles for selecting, combining and advancing therapies
- Initiate insulin therapy based on individual assessment and adjust insulin doses based on blood glucose monitoring pattern management or continuous glucose monitoring (CGM) data
- Apply strategies to improve adherence to diabetes self-management activities such as lifestyle changes and glucose monitoring
- Outline a systematic approach for screening and managing the complications of diabetes: hypertension, dyslipidemia, renal disease, neuropathy, wound care and sexual function
- Describe diabetes management in special populations such as pregnancy and the elderly
- Discuss evidence-based strategies to address obesity

Faculty and Planning Committee

Richard Bergenstal, MD

Anders Carlson, MD

Molly Carlson, MD

Kristin Christiansen, MD

Katrina Flakerud, MS, RDN, LD, CDCES

Elizabeth Johnson, RDN, LD, CDCES

Andrew Kummer, MD

Kathryn Leet, RN, CDCES*

Thomas Martens, MD*

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Shannon Neale, MD*

Laura Ross, PA-C

Betsy Schwartz, MD

Gregg Simonson, PhD*

Jeremy Springer, MD*

Jennifer Vesely, MD

*Planning committee

Register today

Visit cme.healthpartners.com

Questions?

email: CME@healthpartners.com

Accreditation

HealthPartners is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

HealthPartners Office of Continuing Medical Education designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This program is designed to meet the Minnesota Board of Nursing requirements. It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

Application for pharmacy credit has been filed with the Minnesota Board of Pharmacy. Determination of credit is pending.

Register today

Visit cme.healthpartners.com

Questions?

email: CME@healthpartners.com

Cancellation and refund policy

In the event you need to cancel your registration, the registration fee, less a \$75 administrative fee, will be refunded to the same form of payment used for registration.

Cancellations must be received by 5:00 p.m. Central Time at least five business days before the start of the conference. No refunds will be issued after this time. Request for cancellations must be submitted via email to CME@healthpartners.com

Right to cancel or postpone

HealthPartners Office of Continuing Medical Education reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event that an event must be cancelled or postponed, the registration fee will be fully refunded. HealthPartners Office of CME is not responsible for any related costs, charges or expenses to participants, including fees assessed by airline, travel or lodging agencies.

International Diabetes Center®

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- Live training provides hands-on experience and networking opportunities
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Register online

cme.healthpartners.com