

Foot and Ankle Surgery Externship Manual 2011-2012

Regions Hospital
640 Jackson Street
St. Paul, MN 55101

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Residency Training Program
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Typical Extern Schedule

Mondays: AM rounds
Surgery with Dr. Pfannenstein/Dr. Donohue/Dr. Olson

Tuesdays: AM Rounds
Orthopedic Conference 7-8:00am
Clinic with Dr. Boffeli at HPSC or Dr. Pfannenstein at
Riverside
Surgical Case Planning with Dr. Boffeli 12-1pm
(X-ray conference 1st Tuesday of the Month
6-9pm at HPSC)

Wednesday: AM rounds
Surgery with Dr. Boffeli/ Dr. Mintz
Medicine Grand Rounds 12-1

Thursday: AM rounds
Weekly lectures/Meetings/Journal Club at 6:30am
Clinic with Dr. Boffeli and Dr. Pfannenstein
Surgical Case Planning with Dr. Pfannenstein

Friday: AM rounds
Surgeries with Dr. Boffeli/Dr. Le/Dr. Olson
Work on Presentation/Watch Present lecture

Sat/Sun: Student on call with Resident comes in and
helps with rounds

Daily:

Time of rounds each day depends on number of inpatients, meetings, lectures, and surgeries. Rounds can be as early as 5am, but usually 6-6:30am. Check with resident at end of each day. One student each week

will be on call for the whole week, including weekends. We will call your cell phone.

Planning your month:

1. Feel free to bring your own lunch. There are refrigerators and microwaves available. There is also a cafeteria at the hospital and clinic.
2. Plan to be on call, including nights and weekends, usually one week at a time. This is home call.
3. If you know you need time off, let us know when you get here so we can plan around it.
4. You will need a vehicle because we travel to and from the hospital and clinic.
5. Any evaluation forms that need to be done should be given to Dr. Pfannenstein or the 2nd year resident.
6. Students should wear clinic attire on tues and thurs at clinic, scrubs are fine for the other days. Men do not need to wear a tie. Students will be provided with long white coats to wear at clinic. Do not bring your coat to clinic. Clinic is on the 3rd floor at HPSC.
7. Plan to present a power point presentation your last Tuesday here. Usually you are assigned a topic but if there are any you would like to cover, feel free to let us know.

Hospital/Rounds:

Rounds are done daily in the morning on inpatients. You may be assigned a patient to follow while in house and present to attending during rounds. Students should arrive a little before rounds to review patients chart such as labs, vitals, and notes from the night before. On rounds, students should get the dressing supplies and participate in bandage removal and reapplication. Students may also be asked to do full H& P's so you may want to keep your stethoscope with you.

Surgery:

Surgery takes place at Regions Hospital or at the Same Day Surgery Center (4th floor, same building as clinic). Check with resident the day prior to confirm location. Both sites provide scrubs. You will participate in cases. Usually one student and one resident unless it is a big case. Student responsibilities: drawing up local (usually 24cc of 0.5% marcaine plain), putting up X-rays, applying the tourniquet, Mayo or digital blocks (ankle blocks done by resident).

Directions to HealthPartners Specialty Center (HPSC)

This is where you go for clinic and same day surgery center.

435 Phalen Blvd
St. Paul, MN 55101
651-245-8380

From the hospital, take University Ave going east. Turn left on Olive St. Turn right on Phalen Blvd. Take a left at the next stop light (about ¼ mile down the road). It is the building on the right.

Park in the lot or under the ramp, the Surgery center is on the 4th floor and Clinic is on the 3rd floor, cafeteria on the second.

Directions to Riverside Clinic

2220 Riverside Ave
Minneapolis, MN 55454

Take I-94 West to Riverside Ave (exit)
At top of the exit, take a right. It's on the right hand side.
Turn in and there is a parking ramp on the left hand side.

X-ray Conference

1st Tuesday of every month at the Health Partners Specialty Clinic, 3rd floor meeting rooms. 6pm-9pm