26th Annual
Family Medicine Today
Primary Care Update: How to Know More About Everything

March 8-9, 2012
Holiday Inn Metrodome, Minneapolis, Minnesota

Sponsored by the Department of Family Medicine, HealthPartners Medical Group & Clinics and Center for Continuing Professional Development, HealthPartners Institute for Medical Education
Dear Colleague:
You are invited to join us for the 26th Annual Family Medicine Today conference! This year we focus on pertinent topics, striving to inspire you and enhance your primary care practice.

Presentations include modifying your clinic to meet the needs of the future, ADHD across a patient’s lifespan, current HIV practices, tick borne disease management, sleep apnea studies, COPD versus asthma, dermatological issues in patients of color, and updates in immigrant health care.

Also, we are excited to offer three case discussion breakouts:
- Integrating Chiropractic Evaluation and Management in Primary Care
- Pediatric Acute Cough and
- Synthetic Drug Abuse

We hope this program addresses topics that you find helpful in your practice. I look forward to seeing you in March!

Lori Ricke, MD
Course Director

Conference Objectives
At the conclusion of this learning activity, participants will be able to:

- Recognize how ADHD symptoms may change with developmental stages of growth from childhood to adult.
- Discuss strategies to prevent, evaluate and treat common overuse running injuries.
- Discuss changing standards for HIV care.
- Recognize the presentation and treatment of Lyme disease.
- Identify appropriate use of clinical history and objective testing to differentiate COPD versus asthma.
- Discuss how to improve preconception counseling and devise a medical management plan for pregnant women with chronic medical conditions.
- Acquire at least one of the following skills:
  - Discuss how to integrate chiropractic evaluation and patient management with primary care.
  - Discuss the etiologies and management of acute cough in children.
  - Recognize the impact and clinical effects of new synthetic drugs of abuse.

Accreditation
HealthPartners Institute for Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

HealthPartners Institute for Medical Education designates this live activity for a maximum of 12.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

HealthPartners, Inc. is approved by the Minnesota State Board of Pharmacy as a provider of continuing pharmaceutical education for Minnesota pharmacists. This program has been submitted for 12.75 hours of continuing education credit. Each pharmacist should claim only those hours of credit that he/she spent in this educational activity.

This program has been designed to meet the Minnesota Board of Nursing’s criteria for 15.3 contact hours of required continuing education. It is the responsibility of each nurse to determine whether a continuing education activity meets the criteria established by the Minnesota Board of Nursing.
Faculty and Planning Committee*

Jagdeep Bijwadia, MD, DABSM, Department Head, Pulmonary, Critical Care and Sleep Medicine, HealthPartners Medical Group & Clinics, Regions Hospital, St. Paul; Medical Director, HealthPartners Sleep Center, University of Minnesota Sleep Center; Assistant Professor, University of Minnesota, Minneapolis

Lisa Capell, MD, Assistant Professor of Psychiatry, University of Minnesota, Minneapolis; Consult-Liaison Psychiatrist, Regions Hospital, St. Paul

Nicole Chaisson, MD, Associate Program Director, University of Minnesota Medical Center, Smiley’s Family Medicine Residency, Minneapolis

Charles Crutchfield III, MD, MBB, FAAD, Medical Director, Crutchfield Dermatology, Eagan; Clinical Associate, Professor of Dermatology, University of Minnesota, Minneapolis

*Debra Curran, MA, RN, Director, Center for Continuing Professional Development, HealthPartners Institute for Medical Education, Minneapolis

Ryne DeVries, DC, Chiropractic Provider, HealthPartners Medical Group & Clinics, Cottage Grove; Associate Professor, Northwestern Health Sciences University, Bloomington, MN

Marifel Mitzi F. Fernandez, MD, Primary Care Sports Medicine, HealthPartners Medical Group & Clinics, Como Clinic, St. Paul

Jon Hallberg, MD, Assistant Professor, Department of Family Medicine and Community Health; Medical Director, Mill City Clinic; Creator and Host, Hippocrates Café, University of Minnesota, Minneapolis

Carson R. Harris, MD, FACEP, FAAEM, Director, Toxicology Education and Clinical Services, Regions Hospital, St. Paul; Associate Professor, Department of Emergency Medicine, University of Minnesota, Minneapolis

*Sara Hartfeld, MD, Department of Family Medicine, HealthPartners Medical Group & Clinics, Como Clinic, St. Paul

*Sue Hoyberg, Education Associate, Center for Continuing Professional Development, HealthPartners Institute for Medical Education, Minneapolis

Courtney Jordan Baechler, MD, MS, Director of Cardiac Preventive Services; Cardiologist, United Heart and Vascular Clinic, St. Paul

Teresa Kovarik, MD, Pediatrician, HealthPartners Medical Group & Clinics, Como Clinic, St. Paul; Breastfeeding Coordinator, Minnesota State Chapter of the American Academy of Pediatrics; Member, Academy of Breastfeeding Medicine; Associate Clinical Professor of Pediatrics, University of Minnesota, Minneapolis

Charlene McEvoy, MD, MPH, FCCP, Department of Pulmonary, Critical Care, and Sleep Medicine, HealthPartners Medical Group & Clinics, Regions Hospital, St. Paul; Investigator, HealthPartners Research Foundation; Assistant Professor of Medicine, University of Minnesota, Minneapolis

Mariona Mulet Pradera, DDS, MS, HealthPartners Dental Group, Como Clinic and Apple Valley; Associate Program Director, Orofacial Pain Graduate Studies, University of Minnesota, Minneapolis

Chrystian Pereira, PharmD, BCPS, Assistant Clinical Specialist, College of Pharmacy Smiley’s Clinic, University of Minnesota, Minneapolis

Nico Pronk, PhD, MA, FACSM, Vice President for Health Management and Health Science Officer; Senior Research Investigator, HealthPartners Research Foundation, HealthPartners, Minneapolis; Adjunct Professor of Society, Human Development and Health, Harvard School of Public Health, Boston, MA

Elizabeth Reeve, MD, Child and Adolescent Psychiatrist, HealthPartners Medical Group & Clinics, Regions Hospital, St. Paul; Assistant Clinical Professor, University of Minnesota, Minneapolis

*Lori Ricke, MD, Course Director; Department of Family Medicine, HealthPartners Medical Group & Clinics, Maplewood

*Kristin Robb, BAS, Education Specialist, HealthPartners Institute for Medical Education, Center for Continuing Professional Development, Minneapolis

Jonathan Sellman, MD, Infectious Disease Consultant and Department Head, HealthPartners Medical Group & Clinics, Infectious Disease Program, Regions Hospital, St. Paul; Clinical Scholar Assistant Professor, Department of Medicine, University of Minnesota, Minneapolis

Michael Stiffman, MD, MSPH, Family Physician, HealthPartners Medical Group & Clinics, Woodbury; Adjunct Associate Professor of Family Medicine, University of Minnesota, Minneapolis

Julie Thompson, MD, Department of Medicine, Division of Gastroenterology, Hepatology, and Nutrition, University of Minnesota, Minneapolis

Patricia F. Walker, MD, DTM&H, Center for International Health and Travel Medicine Clinics, HealthPartners Medical Group & Clinics, St. Paul

Disclosure Policy: It is the policy of HealthPartners Institute for Medical Education to provide balance, independence, objectivity, and scientific rigor in all of its sponsored educational activities. All faculty, course directors, and planning committee members participating in sponsored programs and/or their spouse/partners are required to disclose to the audience any real or apparent conflict of interest related to the content of this activity. Disclosure information is reviewed in advance in order to manage and resolve any potential conflicts of interest, and will be shared with the audience prior to the activity’s presentations.
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td><strong>7:15</strong></td>
<td>Registration and Continental Breakfast</td>
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| **7:50** | Welcome and Announcements  
*Lori Ricke, MD* |
| **8:00** | Adapting the Clinic to the Future  
*Jon Hallberg, MD* |
| **8:45** | ADHD Across the Lifespan  
*Elizabeth Reeve, MD* |
| **9:30** | Bipolar Disorder in Primary Care: Myths and Realities  
*Lisa Capell, MD* |
| **10:15** | Break and Exhibits                                                                                               |
| **10:30** | Case Discussion Break Out Sessions  
*Participants may select two sessions* |
| **A**  | Chiropractic? In a Primary Care Setting  
*Ryne DeVries, DC* |
| **B**  | The Discriminating Cough  
*Teresa Kovarik, MD* |
| **C**  | Synthetic Drugs of Abuse: An Ever-Changing Menace  
*Carson R. Harris, MD, FACEP, FAAEM* |
| **10:45** | Repeat Breakouts (A, B, C)                                                                                         |
| **12:00** | Lunch and Exhibits                                                                                               |
| **1:00** | Putting Prevention into Practice  
*Courtney Jordan Baechler, MD, MS* |
| **1:45** | Connecting Clinic with Worksite: Extending Reach, Improving Health  
*Nico Pronk, PhD, MA, FACSM* |
| **2:30** | Break and Exhibits                                                                                               |
| **2:45** | Common Overuse Running Injuries  
*Marifel Mitzi F. Fernandez, MD* |
| **3:30** | Updates in Liver Disease  
*Julie Thompson, MD* |
| **4:15** | Adjourn                                                                                                          |

**Friday, March 9, 2012**

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| **7:55** | Announcements  
*Lori Ricke, MD* |
| **8:00** | HIV 2012: It’s a Whole New Ballgame  
*Michael Stiffman, MD, MSPH* |
| **8:45** | Tick Borne Disease Review: Recent Controversies, Clinical Presentation, and Accepted Management  
*Jonathan Sellman, MD* |
| **9:30** | Break and Exhibits                                                                                               |
| **9:45** | COPD, or not COPD, (but Asthma): That is the Question  
*Charlene McEvoy, MD, MPH, FCCP* |
| **10:30** | Sleep Case Studies: One Very Common and One Very Rare  
*Jagdeep Bijwadia, MD, DABSM* |
| **11:10** | Oral Appliances for the Management of Sleep Apnea  
*Mariona Mulet Pradera, DDS, MS* |
| **11:30** | Panel Discussion  
*Jagdeep Bijwadia, MD, DABSM*  
*Mariona Mulet Pradera, DDS, MS* |
| **11:45** | Lunch and Exhibits                                                                                               |
| **12:30** | Chronic Medical Conditions and the Pregnant Patient: Cases in Medical Management  
*Nicole Chaissen, MD*  
*Chrystian Pereira, PharmD, BCPS* |
| **1:30** | Skin Issues in Patients of Color  
*Charles E. Crutchfield III, MD, FAAD, FABD* |
| **2:15** | What’s New in Immigrant Health?  
*Patricia F. Walker, MD, DTM&H* |
| **3:00** | Adjourn                                                                                                          |
Location and Accommodations

All activities for the 26th Annual Family Medicine Today conference will be held at the Holiday Inn Metrodome, 1500 Washington Avenue South, Minneapolis, Minnesota. Sleeping room rates begin at $102.00 (plus tax) per night and reservations should be made directly with the hotel by calling 612-333-4646 or 800-448-3663. When contacting the hotel, identify yourself as a participant of the HealthPartners Family Medicine conference to receive the group rate. Reservations should be made by February 15, 2012, after which date rooms are subject to availability and regular rates may apply.

Event Registration and Information

The conference registration fee is $330 for physicians, $230 for health care professionals, retired physicians, and resident physicians, and $75 for affiliated resident physicians (University of Minnesota). Registration includes conference materials, lunch, and refreshment breaks.

Room temperature in the hotel varies. To be comfortable, you may want to bring a sweater or jacket. If you have any special needs or dietary requirements, please notify us when registering so that we can make arrangements to accommodate you.

A confirmation letter with conference details and directions will be sent to your email address. For questions, please contact the registrar at 952-883-6225 or email: learn@HealthPartners.com.

How to Register

Online: healthpartnersIME.com
Mail: HealthPartners IME/CPD
      Attn: Registrar, Mailstop 21101B
      P.O. Box 1309
      Minneapolis, MN 55440-1309
      Fax: 952-883-7272

Refunds

The registration fee, less a $20 administrative charge, is refundable after the conference if cancellation is received 24 hours prior to program date.

Explore all of our educational opportunities!
Visit healthpartnersIME.com
Registration Form
26th Annual Family Medicine Today, March 8-9, 2012, Minneapolis, Minnesota

Name
Profession: MD, DO, PA, NP, etc

Institution or Clinic
Specialty: FM, IM, etc

Address
HOME or OFFICE – Include Mailstop
City
State
Zip

Telephone

Special Needs or Dietary Requirements

Conference Registration Fee
- $330 Physician
- $230 Health Professional/Retiree/Resident
- $75 Affiliated Resident (University of Minnesota)

Payment Method
- Check – Make payable in U.S. funds to: IME/CPD
- HealthPartners Physicians:
  Transfer fee from HealthPartners CME Account
- Charge to:
  - American Express
  - Discover
  - MasterCard
  - Visa

Charge Card Account Number

Expiration Date
Signature

Case Discussion Breakout Sessions
Thursday, March 8

Select one session for each rotation

10:30 am - 11:15 am
A Chiropractic in Primary Care
B Discriminating Cough
C Synthetic Drug Abuse

11:15 am - 12:00 pm
A Chiropractic in Primary Care
B Discriminating Cough
C Synthetic Drug Abuse

HealthPartners Institute for Medical Education
Center for Continuing Professional Development, Mailstop 21101B
P.O. Box 1309, Minneapolis, MN 55440-1309
Telephone: 952-883-6225
Fax: 952-883-7272
healthpartnersIME.com

Important registration information:
email

Confirmation letter and certificate will be sent to this address