

Foot and Ankle Surgery

EXTERNSHIP MANUAL
2014-2015



HealthPartners Institute for Education and Research/Regions Hospital

Regions Hospital
640 Jackson Street
St. Paul, Minnesota 55101

Troy Boffeli, DPM, FACFAS

Director, Foot and Ankle Surgery
PMSR/RRA Residency Training Program

Ryan Pfannenstien, DPM, FACFAS

Externship Director

Typical Extern Schedule

Monday	AM rounds Surgery with Dr. Pfannenstein/Dr. Donohue/Dr. Collier Clinic with Dr. Boffeli at HPSC
Tuesday	AM rounds Orthopedic Conference 7–8am Surgery with Dr. Kuglar/Dr. Mintz Clinic with Dr. Boffeli at HPSC or Dr. Pfannenstein at Riverside Clinic Surgical Case Planning with Dr. Boffeli 12noon–1pm
Wednesday	AM rounds Surgery with Dr. Boffeli Medicine Grand Rounds 12noon–1pm
Thursday	AM rounds Weekly Journal Club/Book Review at 6:30 am Clinic with Dr. Boffeli or Dr. Pfannenstein at HPSC Surgical Case Planning with Drs. Pfannenstein/Boffeli
Friday	AM rounds Friday Morning Conference 6:15am Surgery with Dr. Boffeli/Dr. Collier Work on learning objectives
Weekend	Student on call with resident; assists with rounds/calls
Daily Rounds	Time of rounds each day depends on number of inpatients, meetings, lectures, and surgeries. Rounds can be as early as 5am, but usually 6:30–7am. Check with on-call resident at end of each day — they will typically text you. One student each week will be on call for the whole week, including weekends. We will call your cell phone with any ED calls.

Planning your Month

1. Feel free to bring your own lunch. There are refrigerators and microwaves available. There is also a cafeteria at the hospital and clinic.
2. Plan to be on call, including nights and weekends; usually one week per month. This is home call.
3. If you know you need time off, let us know when you get here so we can plan around it.
4. You will need a vehicle to travel to/from the hospital and clinic.
5. Any evaluation forms that need to be done should be given to Dr. Pfannenstien or the 2nd year residents.
6. Students should wear clinic attire on Tuesday and Thursday at clinic, while scrubs are fine for the other days. Light blue scrubs are available at the HPSC; dark green scrubs are available at Regions Hospital (Regions scrubs are not allowed to leave the facility). Men do not need to wear a tie. Students will be provided with long white coats to wear at clinic. Do not bring you coat to clinic. No coat is needed in the hospital either. Clinic is on the 3rd floor at HPSC.
7. If you ever have any questions, feel free to page any of the residents. Cell phones are not a great way to contact us during the day as we don't always carry them in the hospital.

Housing

We do not provide housing and know that finding short-term housing can be difficult while an extern. To help with this process, we suggest you look on the site below for a variety of short-term housing options through the University of Minnesota. Please keep in mind that these listings have not been inspected or endorsed by the University of Minnesota. Many students have been very happy with some of these listings in the past. We recommend being within twenty minutes of the hospital (640 Jackson Street, St. Paul, MN).

Website: <http://www.housing.umn.edu/offcampus/temp.shtml>

Hospital/Rounds

Rounds are done daily in the morning on inpatients. You may be assigned a patient to follow while in house and present to attending during rounds. Students should arrive a little before rounds to review patient's chart such as labs, vitals, and notes from the night before. Review the Foot & Ankle Inpatient Census sheet daily to review patients. Be sure to check cultures daily on infection patients, as residents and staff rely on students to be aware of culture results as they become available. On rounds, students should get the dressing supplies and participate in bandage removal and reapplication. Students may also be asked to do full H&P's so you may want to keep your stethoscope with you.

Surgery

Surgery takes place at Regions Hospital or at the Same Day Surgery Center (4th floor, same building as clinic). Check with resident the day prior to confirm location. Both sites provide scrubs. You will participate in cases. Usually one student and one resident unless it is a big case.

Student responsibilities: Drawing up local (usually 24cc of 0.5% marcaine plain), pulling up X-rays, applying the tourniquet, Mayo or digital blocks (ankle blocks typically done by resident). Pulling gloves for the resident scrubbing your case is helpful, but not expected. Just let them know either way. When multiple students are with the same attending for surgery, one student is scrubbing, while the other helps with patient prep. Try to be early on surgery days to "pre-scrub" so that you only have to use the waterless surgical scrub prior to the remaining cases.

Directions to HealthPartners Specialty Center (HPSC)

435 Phalen Boulevard, St. Paul, MN 55101 651-245-8380

From the hospital take University Avenue going east. Turn left on Oliver Street. Turn right on Phalen Blvd. Take a left at Cayuga Street, and the building is on the right. You can park in the lot or under the ramp. The surgery center is on the 4th floor and clinic is on the 3rd floor.

Directions to Riverside Clinic

2220 Riverside Avenue, Minneapolis, MN 55454 612-341-1805

This is not our primary clinic location, but you may be spending some time in clinic here at some point during the month. Take I-94 west to Riverside Avenue (exit). Take a right onto Riverside Avenue. Right on 23rd Avenue South, you will see a HealthPartners clinic building on your left. Park in the yellow parking ramp on the left side attached to the HealthPartners building. Take a parking ticket; you can get this validated by the staff in clinic. Podiatry clinic is on the 3rd floor.

Important Phone Numbers and other Pertinent Information

Regions Hospital Switchboard	651-254-3456
HealthPartners Specialty Clinic (Podiatry hotline)	651-254-8380
Surgery Center	651-254-8000
Riverside Clinic	612-341-1800
Regions Hospital Medical Library/2 nd Floor	card access after hours
Copier codes	7606, 7506, 7610, 0939
Resident office (Regions, 2 nd Floor, North Section)	card access

Michael Boland, Residency Coordinator
Foot and Ankle Surgery Residency Program
T: 651-254-2864
F: 651-254-5044

Regions Hospital
Office of Medical Education
Mail Stop: 11501G
640 Jackson Street
St. Paul, MN 55101

Meet the Foot and Ankle Surgery Team

STAFF



Troy Boffeli, DPM, FACFAS
Residency Director
Staff Surgeon

Current Practice HealthPartners Medical Group, Department
Head of Foot and Ankle Surgery (1994-
Present)

Professional Interests Surgeon, author, medical photography,
teacher, research

Medical School College of Podiatric Medicine & Surgery at
Des Moines University

Residency Detroit Medical Center, 1990-1993



Ryan Pfannenstein, DPM, FACFAS
Externship Director
Staff Surgeon

Current Practice HealthPartners Specialty Center and
Riverside Clinic, Regions Hospital

Professional Interests Complex deformity correction, foot and ankle
trauma, devastating infections and wounds,
and arthroscopic surgery

Medical School College of Podiatric Medicine & Surgery at
Des Moines University

Residency Regions Hospital, 2001-2004

Undergraduate St. Olaf College, Northfield, MN

Hometown St. Cloud, MN

Hobbies/Interests Spending time with family, guitar, and steel
guitar



Jaclyn Bohm, DPM, AACFAS
Staff Surgeon

Current Practice Fairview Clinics and Hospitals

Professional Interests All aspects of foot surgery, ankle scopes,
ankle fracture repair, wound care

Medical School Ohio College of Podiatric Medicine

Residency Regions Hospital, 2008-2011



Rachel Collier, DPM
Staff Surgeon

Current Practice HealthPartners Inver Grove Heights Clinic,
Regions Hospital

Professional Interests Arthritic conditions, foot and ankle fractures,
forefoot and rearfoot deformity correction,
infections and wounds

Medical School Scholl College of Podiatric Medicine at
Rosalind Franklin University

Residency Regions Hospital, 2010-2013

Undergraduate University of Wisconsin, La Crosse

Hometown New Berlin, Wisconsin

Hobbies/Interests Traveling running, waterskiing, boating, and
painting



John Donohue, DPM, FACFAS
Staff Surgeon

Current Practice HealthPartners Anoka/Riverway, Bloomington
and West Clinics, Regions Hospital

Professional Interests Bunion surgery, reconstructive forefoot
surgery

Medical School Ohio College of Podiatric Medicine

Residency Harris County Hospital District, 1980

Hobbies/Interests Scuba diving, amateur astronomy, spending
time with my wife at our lake cabin in
Michigan



Jeremy Fleischmann, DPM, AACFAS
Staff Surgeon

Current Practice Fairview Clinics and Hospitals

Professional Interests Foot and ankle reconstruction, trauma care,
diabetic limb salvage

Medical School Ohio College of Podiatric Medicine

Residency Regions Hospital, 2006-2009



Bill Kuglar DPM, FCFAS
Staff Surgeon

Current Practice HealthPartners Specialty Center and
Bloomington Clinic, Regions Hospital

Professional Interests Diabetic foot surgery, reconstructive foot
surgery, and sports medicine

Medical School Ohio College of Podiatric Medicine

Residency Harris County Hospital District, 1980

Hobbies/Interests Skiing, golf, scuba diving, playing the drums



Audra Mintz, DPM
Staff Surgeon

Current Practice HealthPartners Anoka/Riverway Clinic,
Regions Hospital

Professional Interests Diabetes, infections, wound care, sports
medicine, preventive care, reconstructive foot
surgery

Medical School California School of Podiatric Medicine at
Samuel Merritt University

Residency Regions Hospital, 2007-2010

Undergraduate Tulane University

Hometown St. Louis Park, Minnesota

Hobbies/Interests Reading, skiing, cooking, and playing with my
kiddos



Mike Reid, DPM, FCFAS
Staff Surgeon

Current Practice Fairview Clinics and Hospitals

Professional Interests Diabetes-related foot problems and wound
care, foot and ankle injuries and
reconstructive surgery

Medical School College of Podiatric Medicine & Surgery at
Des Moines University

Residency Regions Hospital, 2004-2007



Gina Ruesch, DPM
Staff Podiatrist

Current Practice HealthPartners Specialty Center and
Riverside Clinic

Professional Interests Wound care, fracture care, sports medicine

Medical School College of Podiatric Medicine & Surgery at
Des Moines University

Residency Minneapolis VA, 2002-2003

Hometown Worthington, Minnesota

Hobbies/Interests In my free time I enjoy traveling with my
husband and son as well as playing hand
bells in my church's hand bell choir

RESIDENTS



**Shelby Hyllengren, DPM
PGY-3**

Medical School College of Podiatric Medicine & Surgery at Des Moines University
Undergraduate Hamline University
Hometown Cannon Falls, Minnesota
Hobbies/Interests Traveling, skiing, playing volleyball, cooking, Minnesota Twins & Wild, renovating our new house



**Jessica Tabatt, DPM
PGY-3**

Medical School College of Podiatric Medicine & Surgery at Des Moines University
Undergraduate College of St. Scholastica, Duluth, Minnesota
Hometown Randall, Minnesota
Hobbies/Interests Reading, watching movies, going to the dog park with my poodles.



**Kevin Mahoney, DPM
PGY-2**

Medical School College of Podiatric Medicine & Surgery at Des Moines University
Undergraduate Presentation College, Aberdeen, South Dakota
Hometown Glenwood, Minnesota
Hobbies/Interests Sports, especially baseball, hunting and spending time with my wife and daughters



Brett Waverly, DPM
PGY-2

Medical School Western University of Health Sciences,
Pomona, California

Undergraduate California Lutheran University, Thousand
Oaks, California

Hometown Beaverton, Oregon

Hobbies/Interests Mountain biking, camping, outdoor activities,
and photography



Sam Gervais, DPM
PGY-1

Medical School College of Podiatric Medicine & Surgery at
Des Moines University

Undergraduate St. John's University, St. Joseph, Minnesota

Hometown Brainerd, Minnesota

Hobbies/Interests Mountain biking, camping, outdoor activities



Steven Smith, DPM
PGY-1

Medical School Scholl College of Podiatric Medicine at
Rosalind Franklin University School of
Medicine and Science, North Chicago, Illinois

Undergraduate University of Wisconsin, Madison, Wisconsin

Hometown West Bend, Wisconsin

Hobbies/Interests Hockey, mountain biking, running, swimming,
water skiing, and enjoying time with my
fiancée and my dog