



Protect your
PROSTATE

Prostate cancer is the most common non-skin cancer in America, affecting one in six men. But there is good news – if detected early enough, prostate cancer is nearly 100 percent curable.

Common symptoms of prostate cancer include:

- Trouble urinating, frequent urination or weaker than normal urination
- Feeling like your bladder is not emptying completely when you urinate
- Pain or burning when you urinate, or blood in your urine
- Deep pain in your lower back, belly, hip or pelvis

If you are experiencing any of these symptoms, call your doctor today for a checkup. Talk to him or her about the best screening options for you.

To find out more, visit the HealthPartners Health Information Library at healthpartners.com/healthlibrary.